Table S1. Serum lipids concentrations of per-protocol population after 12 weeks of CEM treatment.

Change in Lipid Profiles [1]	CEM 840 mg/day (N = 21)	CEM 1,200 mg/day (N = 27)	Placebo (N = 23)	P value [2]
Triglycerides (mg/dL)	−24.1 (11.0) [3]	**−28.4 (9.7) ***	4.3 (10.2)	**0.049**
Total cholesterol (mg/dL)	−5.9 (5.8)	−0.8 (5.1)	4.9 (5.3)	0.387
HDL-C (mg/dL)	−1.0 (2.0)	2.4 (1.7)	0.6 (1.8)	0.437
LDL-C (mg/dL)	−0.6 (5.2)	3.8 (4.6)	7.8 (4.8)	0.497
VLDL-C mg/dL)	−4.8 (2.2)	**−5.7 (1.9) ***	0.9 (2.0)	**0.049**

[1] All changes are from baseline to week 12.
[2] Analysis of covariance adjusted for intake.
[3] All values are mean (SD).
* Statistically significantly difference vs. placebo by LSD *post hoc* test.
Bold values indicate statistical significance.
HDL-C, high-density lipoprotein cholesterol; LDL-C, low-density lipoprotein cholesterol; VLDL-C, very low-density lipoprotein cholesterol.