

Online Supplementary Material

Effect of nicotinamide mononucleotide concentration in human milk on neurodevelopmental outcome: the Tohoku Medical Megabank Project Birth and Three-Generation Cohort Study.

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Supplementary Table S3. Quantiles of NAD-related substances in breast milk.

Analyte	unit	N	mean	SD	Median	min	max	10%	25%	50%	75%	90%
NAD	μM	150	2.5	1.2	2.2	0.2	7.0	1.3	1.6	2.2	3.0	4.0
NMN	μM	150	9.2	3.5	9.2	0.2	24.1	5.4	7.0	9.2	11.2	13.3
NAM	μM	150	3.5	2.3	2.7	1.3	14.1	1.8	2.1	2.7	4.2	6.3
NR	μM	150	1.1	1.2	0.8	0.0	6.0	0.0	0.2	0.8	1.7	2.6
NA	μM	150	0.0	0.1	0.0	0.0	0.9	0.0	0.0	0.0	0.0	0.0

NAD: Nicotinamide adenine dinucleotide, NMN: Nicotinamide mononucleotide, NAM: Nicotinamide, NR: Nicotinamide riboside, and NA: Nicotinic acid.