

Supplementary information for

Effects of Glucomannan Supplementation on Type II Diabetes Mellitus in Humans: a Meta-Analysis

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Egger's test results for:

### 1. TG

. metabias WMD sehMD, egger

Note: data input format **theta se\_theta** assumed

Egger's test for small-study effects:  
Regress standard normal deviate of intervention  
effect estimate against its standard error

Number of studies = 6 Root MSE = 2.123

Std_Eff	Coefficient	Std. err.	t	P> t	[95% conf. interval]	
slope	.0668407	.3097372	0.22	0.840	-.7931276	.9268091
bias	-.2884644	2.139682	-0.13	0.899	-6.229173	5.652244

Test of H0: no small-study effects P = 0.899

### 2. TC

. metabias WMD sehMD, egger

Note: data input format **theta se\_theta** assumed

Egger's test for small-study effects:  
Regress standard normal deviate of intervention  
effect estimate against its standard error

Number of studies = 6 Root MSE = 2.124

Std_Eff	Coefficient	Std. err.	t	P> t	[95% conf. interval]	
slope	-.1069534	.2111928	-0.51	0.639	-.6933186	.4794118
bias	-1.949235	1.851461	-1.05	0.352	-7.089714	3.191244

Test of H0: no small-study effects P = 0.352

### 3. HDL

. metabias WMD sehMD, egger

Note: data input format **theta se\_theta** assumed

Egger's test for small-study effects:  
Regress standard normal deviate of intervention  
effect estimate against its standard error

Number of studies = 6 Root MSE = 1.045

Std_Eff	Coefficient	Std. err.	t	P> t	[95% conf. interval]	
slope	-.0198727	.0323349	-0.61	0.572	-.1096486	.0699033
bias	.0358645	1.005967	0.04	0.973	-2.757148	2.828877

Test of H0: no small-study effects P = 0.973

### 4. LDL

```
. metabias WMD sehMD, egger
```

Note: data input format **theta se\_theta** assumed

Egger's test for small-study effects:  
Regress standard normal deviate of intervention  
effect estimate against its standard error

```
.
Number of studies = 5                                Root MSE      = 1.693
```

Std_Eff	Coefficient	Std. err.	t	P> t	[95% conf. interval]	
slope	-.0326876	.1759782	-0.19	0.864	-.5927289	.5273536
bias	-3.40185	2.086358	-1.63	0.201	-10.04157	3.237871

Test of H0: no small-study effects                      P = 0.201

## 5. FBG

```
. metabias WMD sehMD, egger
```

Note: data input format **theta se\_theta** assumed

Egger's test for small-study effects:  
Regress standard normal deviate of intervention  
effect estimate against its standard error

```
.
Number of studies = 5                                Root MSE      = .9195
```

Std_Eff	Coefficient	Std. err.	t	P> t	[95% conf. interval]	
slope	.336673	.3101145	1.09	0.357	-.6502498	1.323596
bias	-4.134289	1.056561	-3.91	0.030	-7.496736	-.7718422

Test of H0: no small-study effects                      P = 0.030

## 6. P2hBG

## 7. FINS

```
. metabias WMD seWMD, egger
```

Note: data input format **theta se\_theta** assumed

Egger's test for small-study effects:  
Regress standard normal deviate of intervention  
effect estimate against its standard error

```
.
Number of studies = 4                                Root MSE      = 1.74
```

Std_Eff	Coefficient	Std. err.	t	P> t	[95% conf. interval]	
slope	.3784644	.9440902	0.40	0.727	-3.683628	4.440557
bias	-4.149487	2.099595	-1.98	0.187	-13.18332	4.884343

Test of H0: no small-study effects                      P = 0.187

## 8. BW

```
. metabias WMD seWMD, egger
```

Note: data input format **theta se\_theta** assumed

Egger's test for small-study effects:  
Regress standard normal deviate of intervention  
effect estimate against its standard error

```
.
Number of studies = 3                                Root MSE      = .0463
```

Std_Eff	Coefficient	Std. err.	t	P> t	[95% conf. interval]	
slope	-.7905337	.0627152	-12.61	0.050	-1.587405	.0063378
bias	.0703693	.0432554	1.63	0.351	-.4792424	.619981

Test of H0: no small-study effects                      P = 0.351