

Supplementary Tables

Table S1: modified GLIM criteria

PHENOTYPIC CRITERIA

Weight loss > 5% in the last 6 months or > 10% beyond 6 months

Low BMI: < 20 if age < 70 years or < 22 if age > 70 years

ETIOLOGIC CRITERIA

Reduced food intake or assimilation

Inflammation: acute disease or chronic disease

Table S2: Variables included in the computation of the frailty index

Variables included in the computation of the frailty index
Istitutionalized
Hypertension
Diabetes
Dyslipidemia
Coronary artery disease
Atrial fibrillation
Heart Failure
Pulmonary Embolism/Deep venous thrombosis
Asthma
Stroke/TIA
Parkinson
Alzheimer
Other dementia
Other neurologic disorders
Arthrosis
Depression
Hepatic disease
Anemia (chronic)
myelodysplastic syndrome/myeloproliferative syndrome
Solid tumor
taking psychoactive drugs
polytherapy
Chronic ACB score elevated
Any ACB elevated during hospital stay
Any Na high or low
Any SO ₂ /FiO ₂ moderately altered
Any K low or high
Any ANEMIA of moderate degree
Any glycemia > 200 mg/dl

Table S3: evaluations performed during the study

	Hospital admission	Hospital stay	One month after hospital discharge
MUST	x		
GLIM criteria of malnutrition	x		x
MNA-SF			x
4AT	x	x	
Height			x
Weight			x
Calf circumference			x
Waist circumference			x
SARC-F			x
SPPB			x
6MWT			x
LEGEND			
MUST	Malnutrition Universal Screening Tool		
GLIM	Modified Global Leadership Initiative on Malnutrition		
MNA-SF	Mini-Nutritional Assessment Short Form		
SARC-F	Strength, Assistance with walking, Rising from a chair, Climbing stairs, and Falls		
SPPB	Short Physical Performance Battery		
6MWT	6-minute walk test		