

Table S1 – Chrononutritional variables (mean and 95% CI) according to regions and seasons of Brazil.

	Brazil	North (n=3,003)		Northeast (n=7,504)		Midwest (n=2,963)		Southeast (n=4,545)		South (n=2,607)	
		Spring- Summer	Fall- Winter	Spring- Summer	Fall- Winter	Spring- Summer	Fall- Winter	Spring- Summer	Fall- Winter	Spring- Summer	Fall- Winter
Chrononutritional variables	Mean (95% CI)	Mean (95% CI)	Mean (95% CI)	Mean (95% CI)	Mean (95% CI)	Mean (95% CI)	Mean (95% CI)	Mean (95% CI)	Mean (95% CI)	Mean (95% CI)	Mean (95% CI)
First food intake time	07:41 (07:38- 07:43)	07:35 (07:28- 07:43)	07:29 (07:22- 07:37)	07:16* (07:12- 07:20)	07:28* (07:24- 07:33)	07:33 (07:25- 07:41)	07:37 (07:27- 07:46)	07:54* (07:46- 08:03)	07:43* (07:35- 07:50)	07:58 08:05)	07:57 (07:49- 08:04)
Last food intake time	20:01 (19:58- 20:05)	19:47 (19:39- 19:55)	19:50 (19:41- 19:59)	19:29 (19:23- 19:35)	19:29 (19:23- 19:35)	19:51 (19:42- 20:01)	19:48 (19:38- 19:58)	20:19 (20:09- 20:29)	20:13 (20:06- 20:21)	20:37* (20:28- 20:45)	20:21* (20:11- 20:30)
Eating midpoint	13:51 (13:49- 13:53)	13:41* (13:35- 13:47)	13:40* (13:33- 13:46)	13:22* (13:18- 13:26)	13:29* (13:24- 13:33)	13:42 (13:36- 13:49)	13:42 (13:35- 13:49)	14:07* (14:00- 14:13)	13:58* (13:53- 14:03)	14:17* (14:11- 14:23)	14:09* (14:02- 14:15)

Means are described in clock hours (hh:min).