

**Supplementary Table S2. Summary of evidence classification for meta-analyses.**

<b>Evidence</b>	<b>Criteria</b>
I, Consistent	<ul style="list-style-type: none"><li>• &gt;1000 Cases</li><li>• <math>P &lt; 1 \times 10^{-6}</math></li><li>• 95% prediction interval excludes null</li><li>• The largest original study reporting a statistically significant result (<math>P &lt; 0.05</math>)</li><li>• No large heterogeneity (<math>I^2 &lt; 50\%</math>)</li><li>• No evidence of small-study effect (<math>P &gt; 0.10</math>)</li><li>• No excess significance bias (<math>P &gt; 0.10</math>)</li></ul>
II, Highly suggestive	<ul style="list-style-type: none"><li>• &gt;1000 Cases</li><li>• <math>P &lt; 1 \times 10^{-6}</math></li><li>• The largest original study reporting a statistically significant result (<math>P &lt; 0.05</math>)</li></ul>
III, Suggestive	<ul style="list-style-type: none"><li>• &gt;1000 Cases</li><li>• <math>p &lt; 1 \times 10^{-3}</math></li></ul>
IV, Weak	<ul style="list-style-type: none"><li>• Remaining <math>p &lt; 0.05</math></li></ul>
V, Not significant	<ul style="list-style-type: none"><li>• <math>p \geq 0.05</math></li></ul>