

**Supplemental Table S1** Comparison of seven-year follow-up participants and non participants, intent-to-treat population.

	participants	non participants	<i>p</i> -value
Male sex (%)	54.0	43.2	0.093
Maternal education Basic/Additional/Tertiary (%)	1.9/60.9/37.3	9.5/53.7/36.8	0.019
Mother smoked during pregnancy (%)	20.5	32.6	0.030
Age of mother at delivery (years, mean±SD)	31.7±4.8	29.7±5.6	0.004

Continuous variables tested with Student's t-test (Satterthwaite), categorical data tested with Chi-Square test

**Supplemental Table S2.** Anthropometry and body composition at seven years of age follow-up (mean $\pm$ SD), per protocol population.

	Formula groups		IF vs. CF <sup>1</sup>	Estimated difference between IF and CF	Breastfed group		IF vs. BF <sup>1</sup>	CF vs. BF <sup>1</sup>
	Intervention (n=32)	Control (n=20)			(n=36)			
Weight (kg)	26.7 $\pm$ 4.8	25.4 $\pm$ 3.3	0.267	0.99 [-1.57;3.54] <sup>2</sup>	26.4 $\pm$ 5.2	0.835	0.380	
Weight-for-age (z-score)	0.95 $\pm$ 1.06	0.68 $\pm$ 0.92	0.347	0.22 [-0.38;0.82] <sup>2</sup>	0.88 $\pm$ 1.15	0.813	0.479	
Height (cm)	128.9 $\pm$ 5.0	128.2 $\pm$ 4.1	0.597	0.56 [-2.18;3.30] <sup>2</sup>	129.0 $\pm$ 5.1	0.928	0.534	
Height-for-age (z-score)	1.41 $\pm$ 0.93	1.30 $\pm$ 0.77	0.648	0.12 [-0.39;0.63] <sup>2</sup>	1.42 $\pm$ 0.94	0.951	0.598	
Head circumference (cm)	52.8 $\pm$ 1.9	52.5 $\pm$ 1.6	0.512	0.22 [-0.71;1.16] <sup>2</sup>	52.7 $\pm$ 1.5	0.766	0.653	
BMI (kg/m <sup>2</sup> )	16.0 $\pm$ 2.5	15.4 $\pm$ 1.4	0.265	0.46 [-0.74;1.65] <sup>2</sup>	15.8 $\pm$ 2.7	0.779	0.436	
BMI-for-age (z-score)	0.15 $\pm$ 1.28	-0.14 $\pm$ 1.09	0.390	0.22 [-0.44;0.88] <sup>2</sup>	0.00 $\pm$ 1.48	0.671	0.678	
Body fat from BIA (%)	14.9 $\pm$ 7.6	14.6 $\pm$ 5.4	0.980	0.35 [-3.67;4.38] <sup>3</sup>	12.8 $\pm$ 6.9	0.231	0.215	
Triceps (mm)	11.6 $\pm$ 4.6	10.4 $\pm$ 3.5	0.314	1.40 [-0.90;3.70] <sup>3</sup>	11.2 $\pm$ 3.9	0.750	0.428	
Subscapular (mm)	7.4 $\pm$ 3.8	6.4 $\pm$ 1.5	0.196	1.05 [-0.76; 2.86] <sup>3</sup>	7.6 $\pm$ 3.9	0.880	0.133	
Body fat from skinfolds (%) <sup>1</sup>	17.7 $\pm$ 6.0	16.0 $\pm$ 4.0	0.231	1.91 [-1.08;4.90] <sup>3</sup>	17.6 $\pm$ 5.6	0.936	0.229	

Mean  $\pm$  SD. <sup>1</sup>p-values from Student's t-test (Satterthwaite), significance at  $p<0.05$  <sup>2</sup> Slaughter et al. 1988 <sup>2</sup> Derived from ANCOVA adjusted for age, maternal age at 7-year-follow-up, sex, smoking mother at 7-year-follow-up, value at age 1 month: : mean [95% CI] <sup>3</sup> Derived from ANCOVA adjusted for age, maternal age at 7-year-follow-up, sex, smoking mother at 7-year-follow up: mean [95% CI]

**Supplemental Table S3.** Absolute change of weight, length and BMI z-scores (mean $\pm$ SD) at 7 years of life in comparison to month one, month four and four years (IF = interventional formula, CF = control formula, BF = breast fed), intent-to-treat population.

	n	IF	n	CF	IF vs. CF <sup>a</sup>	n	BF	IF vs. BF <sup>a</sup>	CF cv. BF <sup>a</sup>
<b>Change in weight-for-age z-scores</b>									
7 years – 1 month	54	1.32 $\pm$ 1.14	50	1.15 $\pm$ 1.02	0.428	57	0.87 $\pm$ 1.08	0.038	0.177
7 years – 4 months	54	0.72 $\pm$ 1.02	50	0.99 $\pm$ 0.88	0.149	57	0.83 $\pm$ 1.08	0.591	0.391
7 years – 4 years	52	0.32 $\pm$ 0.69	48	0.31 $\pm$ 0.67	0.902	57	0.16 $\pm$ 0.61	0.185	0.232
<b>Change in height-for-age z-scores</b>									
7 years – 1 month	54	1.16 $\pm$ 1.08	50	1.09 $\pm$ 1.01	0.731	57	0.69 $\pm$ 1.02	0.021	0.045
7 years – 4 months	54	0.80 $\pm$ 0.96	50	1.00 $\pm$ 0.82	0.264	57	0.85 $\pm$ 0.82	0.771	0.360
7 years – 4 years	52	0.35 $\pm$ 0.57	48	0.41 $\pm$ 0.56	0.547	57	0.45 $\pm$ 0.51	0.326	0.747
<b>Change in BMI-for-age z-scores</b>									
7 years – 1 month	54	0.89 $\pm$ 1.35	50	0.70 $\pm$ 1.15	0.434	57	0.57 $\pm$ 1.45	0.222	0.596
7 years – 4 months	54	0.32 $\pm$ 1.38	50	0.52 $\pm$ 1.16	0.437	57	0.37 $\pm$ 1.32	0.836	0.555
7 years – 4 years	52	0.18 $\pm$ 0.94	48	0.12 $\pm$ 1.00	0.744	57	-0.17 $\pm$ 0.89	0.046	0.120

<sup>a</sup> p-values from Student's t-test (Satterthwaite), significance at  $p<0.05$