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index							on any hypoglycemic agents		
total cholesterol level		-3.60 (-16.26 to 9.07) mg/dL	4	265	39.0				
high-density lipoprotein cholesterol		-1.25 (-5.48 to 2.99) mg/dL	4	265	59.0				
low-density lipoprotein cholesterol level		-6.36 (-14.89 to 2.16) mg/dL	4	265	0.0				
triglycerides levels		-10.40 (-24.68 to 3.89)mg/dL	4	265	0.0				
high-sensitivity C-reactive protein (hs-CRP)		-1.37 (-1.94 to -0.81) mg/L	4	275	24.0				
nitric oxide (NO)		2.42 (0.80 to 4.04) μmol/L	3	165	0.0				
malondialdehyde (MDA)		-0.77 (-0.99 to -0.56) μmol/L	4	221	0.0				
glutathione (GSH)		13.73 (-35.84 to 63.31) μmol/L	3	165	48.0				
total antioxidant capacity (TAC)		93.46 (-7.31 to 194.22) mmol/L	3	165	78.0				
incidence of pre-eclampsia		0.89 (0.32 to 2.46)	3	217	0.0			probiotics vs. control	OR
gestational age at delivery		0.04 (-0.30 to 0.38) week	4	301	0.0			probiotics vs. placebo	MD
the likelihood of cesarean delivery		0.66 (0.34 to 1.29)*	4	301	39.0				OR
macrosomia		0.42 (0.19	5	361	12.0				

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\* No statistical significance; CI, confidence interval; RCT, randomized controlled trial; RR, relative risk; HR, hazard ratio; MD, mean

difference; SMD, standard mean difference; WMD, weighted mean difference; OR, odds ratio; NA, not available; NP, not published.



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