

Additional File 1: Visual Analogue Scale for Appetite Measure

1. How hungry do you feel? <small>* must provide value</small>	<div>I am not hungry at all</div> <div>I have never been more hungry</div> <div><div></div></div> <div>Change the slider above to set a response</div> <div>reset</div>
2. How strong is your desire to eat your favorite food? <small>* must provide value</small>	<div>Not strong at all</div> <div>Extremely strong</div> <div><div></div></div> <div>Change the slider above to set a response</div> <div>reset</div>
3. How satisfied do you feel? <small>* must provide value</small>	<div>I am completely empty</div> <div>I cannot eat another bite</div> <div><div></div></div> <div>Change the slider above to set a response</div> <div>reset</div>
4. How full do you feel? <small>* must provide value</small>	<div>Not at all full</div> <div>Totally full</div> <div><div></div></div> <div>Change the slider above to set a response</div> <div>reset</div>
5. How much do you think you can eat? <small>* must provide value</small>	<div>Nothing at all</div> <div>A lot</div> <div><div></div></div> <div>Change the slider above to set a response</div> <div>reset</div>
6. Would you like to eat something sweet? <small>* must provide value</small>	<div>Yes, very much</div> <div>No, not at all</div> <div><div></div></div> <div>Change the slider above to set a response</div> <div>reset</div>
7. Would you like to eat something salty? <small>* must provide value</small>	<div>Yes, very much</div> <div>No, not at all</div> <div><div></div></div> <div>Change the slider above to set a response</div> <div>reset</div>
8. Would you like to eat something savory? <small>* must provide value</small>	<div>Yes, very much</div> <div>No, not at all</div> <div><div></div></div> <div>Change the slider above to set a response</div> <div>reset</div>
9. Would you like to eat something fatty? <small>* must provide value</small>	<div>Yes, very much</div> <div>No, not at all</div> <div><div></div></div> <div>Change the slider above to set a response</div> <div>reset</div>