

Table S1. Calorie intake among the respondents (total and from different food groups).

No	Food Group	Calorie intake (kcal/cap/day) ¹								
		Adults (Mean±SD)			Adolescents (Mean±SD)			School-age children (Mean±SD)		
		Male	Female	All	Male	Female	All	Male	Female	All
1	Bakery products	61±90	53±119	57±107	60±90	68±128	64±111	67±109	81±147	73±128
2	Beverages	212±194	167±225	187±210	92±83	143±154	119±128	148±190	103±108	127±159
3	Cereals and cereal products	853±330	683±280	759±314	1044±436	762±274	897±386	781±346	698±250	742±306
4	Eggs and egg products	62±54	31±28	45±45	53±55	41±44	47±50	58±51	78±58	67±56
5	Fish and fish products	77±125	48±89	61±108	48±71	35±61	42±68	37±58	37±80	37±69
6	Fruits and fruit products	42±117	42±66	42±91	22±42	20±50	21±45	12±46	24±65	17±58
7	Legumes and legume products	89±108	65±97	76±102	43±72	45±70	44±70	45±81	36±121	41±97
8	Meat and meat products	42±137	45±211	44±180	49±180	38±139	43±159	28±96	21±105	25±98
9	Milk and dairy products	13±56	15±107	14±84	63±119	77±126	70±122	125±108	96±105	111±106
10	Chicken and poultry products	114±96	109±142	111±123	139±144	146±167	143±156	145±117	140±111	142±115
11	Snacks	192±241	215±181	205±207	205±228	205±216	205±221	278±261	246±257	263±259
12	Vegetables and vegetable products	96±84	106±132	101±113	81±136	56±65	68±106	59±62	58±79	58±70
Total		1854±491a²	1579±537b	1702±533A³	1901±651a	1636±494a	1762±586A	1781±591a	1618±493a	1705±551A
Min-Max value		743-2917	648-2920	648-2920	941-4176	682-2692	682-4176	1047-3915	749-3046	749-3915
Percentile 75		2241	1889	2054	2296	1978	2090	2052	1757	1944

¹ Calorie intake was expressed as mean ± SD in kcal/capita/day; ² Different lower case letters within the total calorie intake row indicate significant differences between male and female respondents within each age group, determined by independent samples t-test (p-value < 0.05); ³ Different capital letters within the total calorie intake row indicate significant differences between different age groups (p-value < 0.05).