

Supplemental Table 1. Crude data without waste correction for all food groups and for each year of the observation period

	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
Fruit	401	366	393	367	424	421	442	442	426	478	418	394	355	382	331	355	324	310
Vegetables	547	447	404	485	548	509	447	439	427	490	415	404	378	364	358	378	376	367
Legumes	15	15	15	15	15	15	15	15	15	15	15	13	14	15	14	14	14	14
Nuts	17	18	19	17	20	20	23	21	21	20	22	23	19	21	19	20	23	23
Potatoes	118	113	110	102	113	108	108	108	103	110	110	106	105	105	98	100	99	98
Cereals	443	447	444	442	437	428	430	429	428	433	424	425	430	433	431	444	444	441
Beef meat	68	66	66	68	64	65	67	66	63	65	63	59	57	51	53	47	46	43
Pork meat	103	109	109	110	109	106	110	112	107	109	115	110	109	110	101	107	105	120
Poultry	52	50	49	41	43	42	37	43	47	48	48	50	52	51	51	51	51	52
Fish	62	67	65	67	66	69	72	71	69	69	71	72	70	70	77	81	82	82
Eggs	34	33	32	32	32	32	30	32	32	35	32	32	33	37	33	31	32	32
Milk and dairies	735	741	737	718	717	742	738	707	734	708	706	714	700	676	686	661	618	626
Animal Fat	37	37	37	35	35	36	37	37	38	35	35	34	37	35	16	16	15	15
Tropical Oils	4	4	4	5	4	4	4	5	6	8	9	10	10	12	10	10	10	10
Non-tropical Oils	64	64	65	66	62	59	66	67	66	62	64	65	63	60	56	56	58	58
Sugars	85	87	86	86	88	87	82	81	81	81	82	84	86	88	90	86	89	89