



Supplementary Figure S1: Correlation of the changes in gut *Faecalibacterium* abundance with the changes in peripheral lymphocyte subsets (namely, A: CD3⁻CD56⁺; B: CD3⁺CD45RA⁻CD45RO⁺; C: CD3⁺CD45RA⁻CD45RO⁻) in the participants of the CS and the CN group, before and after the intervention described in the study