

Frame S1. Factors used in the estimation of daily consumption of foods included in the FFQ.

Reported Frequency	Daily Frequency
3 or more times/day	$3 \times 1 = 3$
2 to 3 times/day	$2.5 \times 1 = 2.5$
1 time/day	$1 \times 1 = 1$
5 to 6 times/week	$5.5/7 = 0.79$
2 to 4 times/week	$3/7 = 0.43$
1 time/week	$1/7 = 0.14$
1 to 3 times/month	$2/30 = 0.07$
1 time/month	$1/30 = 0.03$
Never/Almost never	0

Table S1: Food groups taken from the the FFQ and their respective foods. Santo Antônio de Jesus, Bahia, Brazil, 2012 a 2013.

Group	Pregnancy trimesters	Foods
Cereals, roots and tubers	First trimester	Rice; Pasta; Manioc Flour; Sweet Biscuits; Cakes; Savoury Biscuits; Corn/Maize; Oats;
	Third trimester	Couscous; Tapioca; Bread; Potato and Cassava.
Legumes	First trimester	Beans and Pidgeon Pea
	Third trimester	
Vegetables	First trimester	Lettuce; Chayote; Carrot; Collard Greens;
	Third trimester	Cabbage; Tomato; Pumpkin; Cucumber; Scarlet Eggplant; Onion; Garlic and Peppers
Fruit	First trimester	Banana; Papaya; Orange; Apple;
	Third trimester	Watermelon; Pineapple; Tangerine; Breadfruit; Avocado; Mango; Lime; Passion fruit; Guava; Natural Juice and Plantains.
Sugars and sweets	First trimester	Sugar; Caramels and sweets; Powdered
	Third trimester	chocolate and Guava paste
Processed and industrialized foods	First trimester	Ready-made products (Soft drinks; Artificial Juice; Stock; Ready-made Soup and Sauces). Cured meat products (Linguiça; Mortadella; Carne-do-sol; Jerky and Bacon).
	Third trimester	
Milk and dairy products	First trimester	Whole milk; Cheese; Full-fat Yoghurt and Requeijão.
	Third trimester	
Meat and eggs	First trimester	Eggs; Offal; Beef with bones; Boneless Beef;
	Third trimester	Chicken; Fish and Pork.
Fats	First trimester	Margerine and Butter
	Third trimester	
Fried Snacks	First trimester	Fried Snacks
	Third trimester	
Coffee	First trimester	Coffee.
	Third trimester	