

**Table S1. Most important protein food sources per ethnic group, based on the contribution to the total daily protein intake**

	<b>DUTCH ( N = 562 )</b>	<b>SOUTH ASIAN SURINAME ( N = 319 )</b>	<b>AFRICAN SURINAMESE ( N = 373 )</b>	<b>TURKISH ( N = 61 )</b>	<b>MOROCCAN ( N = 100 )</b>
1	Whole wheat bread	Semi skimmed milk	Chicken meat	Lamb, mutton	Moroccan bread
2	Dutch cheese 40+	Whole wheat bread	White rice	Turkish bread	Whole wheat bread
3	Semi skimmed milk	White rice	Dutch cheese 40+	Brown bread	Lamb, mutton
4	Brown bread	Salted and dried cod	Whole wheat bread	Turkish wheat bread	Chicken fillet
5	Dutch cheese 20+	Chicken	Smoked chicken slices	Whole wheat bread	Crustaceans
6	Chicken fillet	Brown bread	Salted and dried cod	Minced beef	Semi skimmed milk
7	Lean beef	Sardines, mackerel, salmon, eel, herring	Brown bread	Veal	Moroccan minced beef
8	Boiled chicken egg	Peanut butter	Nuts, peanuts	Boiled chicken egg	Brown bread
9	Minced beef	Dutch cheese 40+	Dutch cheese 20+	Turkish legumes soup	Boiled chicken egg
10	White pasta	Surinamese legumes	Peanut butter	Legumes	Legumes