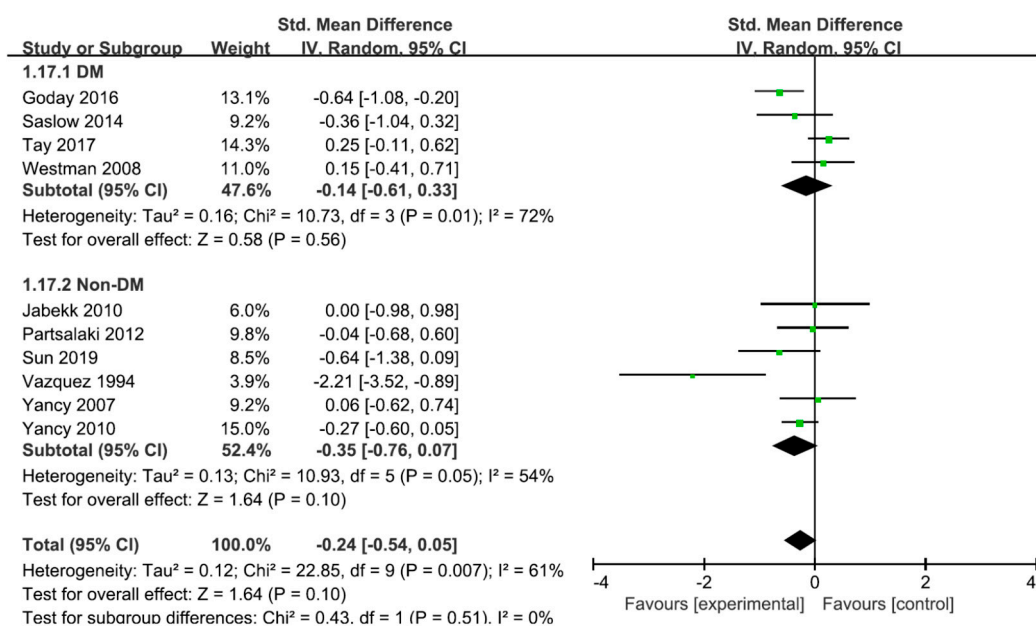


Supplementary material

(a) Fasting glucose



(b) Fasting insulin

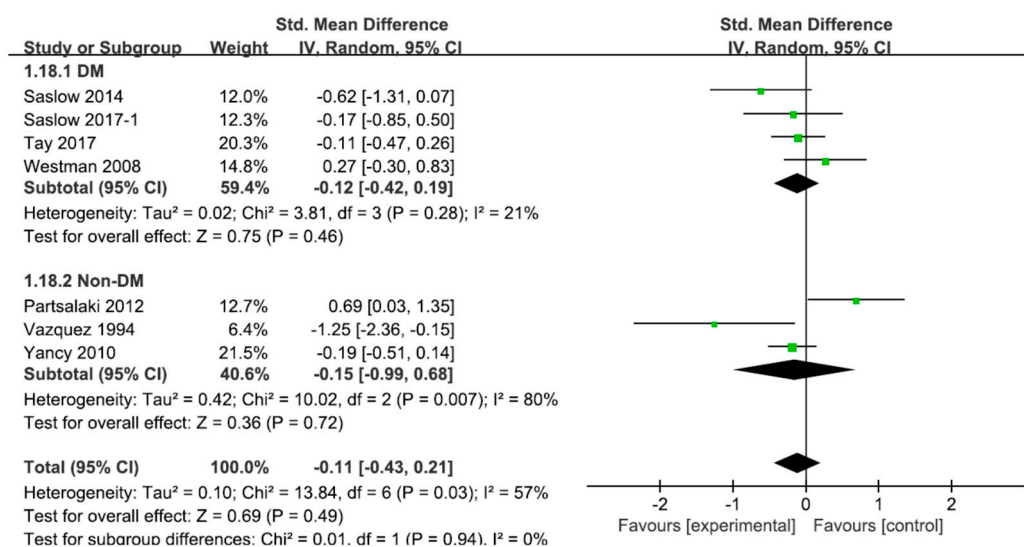


Figure S1. Forest plot for association between glycemic control and ketogenic diet in patients with overweight or obesity and with or without T2DM: (a) Changes in fasting glucose; (b) Changes in fasting insulin.

Abbreviations: CI, confidence interval; DM, diabetes mellitus; Non-DM, non-diabetes mellitus; T2DM, type 2 diabetes mellitus.

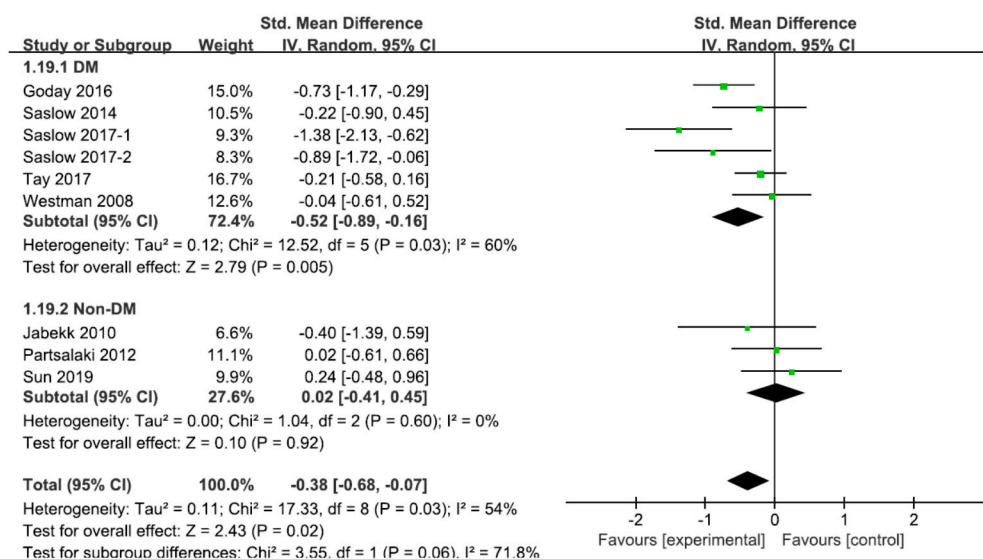


Figure S2. Forest plots for association between triglyceride control and ketogenic diet in patients with overweight or obesity and with or without T2DM.

Abbreviations: CI, confidence interval; DM, diabetes mellitus; Non-DM, non-diabetes mellitus; T2DM, type 2 diabetes mellitus.