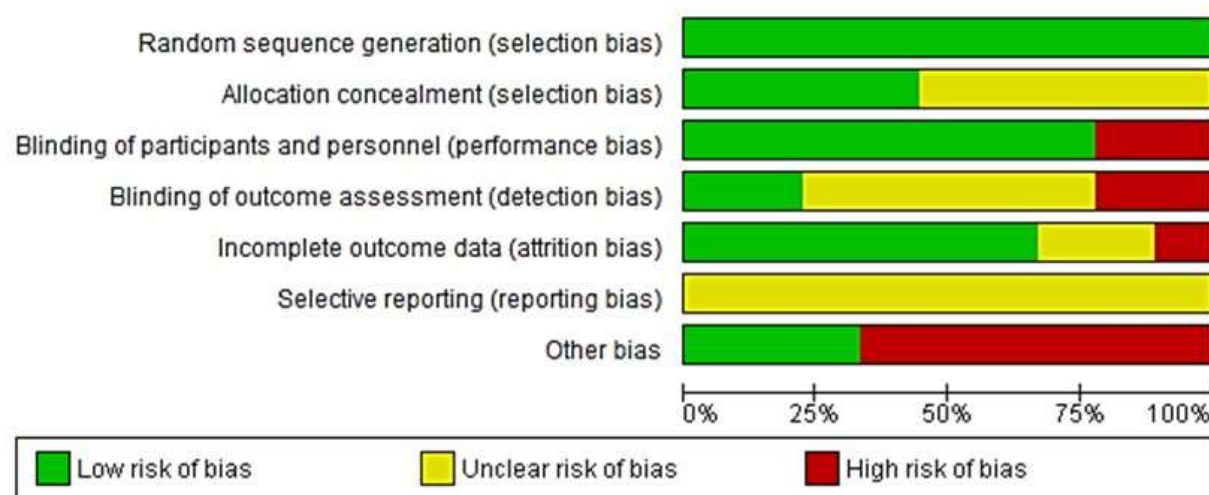


	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Kim et al. (1983) [36]	+	?	+	?	+	?	+
Lin et al. (1991) [37]	+	?	+	+	+	?	+
Lin et al. (1998) [35]	+	?	+	?	+	?	+
Montes et al. (1995) [29]	+	?	+	+	+	?	+
Ojetti et al. (2010) [32]	+	?	+	?	+	?	+
Pakdaman et al. (2016) [30]	+	+	+	+	+	?	+
Roškar et al. (2017) [31]	+	+	+	?	?	?	+
Savaiano et al. (2013) [33]	+	+	+	+	+	?	+
Vitellio et al. (2019) [34]	+	+	+	?	?	?	+

Supplemental Figure 1. Risk of bias summary: review of authors' judgements on each risk of bias item for each included study



Supplemental Figure 2. Risk of bias graph: review of authors' judgements on each risk of bias item presented as percentages across the studies