

Supplementary Table C - Sample Data Extraction Form

Characteristics of Study		Ref
Study Id		
Article Title		
Author		
Funding		
Country		
Ethics		
Aims		
Study Design		
Setting		
Subjects Inclusion Exclusion Sample Size calculation		
Dependant Variable Measure of sex hormone Micronutrient		
Independent variable Intervention Control		
Intervention N = Age (mean) Gender (M/F) Ethnicity BMI		
Control N = Age (mean) Gender (M/F) Ethnicity BMI		
Duration of study		

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Length of Follow-up & Frequency		
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Outcome Data		Ref
Type of analysis		
Outcome name		
Conclusion		

No of participants		Lost to follow-up	INTERVENTION			
M	F		Baseline (s.d)	Post INTERVENTION (s.d)	P-Value	Ref

No of participants		Lost to follow-up	CONTROL			
M	F		Baseline (s.d)	Post CONTROL (s.d)	P-Value	Ref