



Table S1. Quality assessment based on Jadad score of randomized controlled trials reviewed.

Study	Randomization	Blinding	Account of All Patients	Total
Moosavian et al. [11,12]	2	2	1	5
Chandran et al. [13]	2	0	0	2
Amalraj et al. [14]	1	1	0	2
Aryaeian et al. [13,14]	2	2	0	4
Shishehbor et al. [17]	2	1	1	4
Hamidi et al. [18]	2	2	1	5