

## Supplementary File

**Table S1.** Effect of ethyl acetate fraction from *Aruncus dioicus* var. *kamtschaticus* (EFAD) on body weight and food intake of HFD-induced obese mice.

	Control	HFD	EFAD20	EFAD40
Initial body weight (g)	22.46 ± 1.21 <sup>a</sup>	23.00 ± 1.10 <sup>a</sup>	22.91 ± 1.81 <sup>a</sup>	23.64 ± 2.45 <sup>a</sup>
Final body weight (g)	31.14 ± 1.07 <sup>c</sup>	49.38 ± 2.83 <sup>a</sup>	45.71 ± 2.29 <sup>b</sup>	45.43 ± 2.51 <sup>b</sup>
Food intake (g/week)	26.18 ± 1.74 <sup>a</sup>	18.35 ± 0.84 <sup>b</sup>	18.18 ± 1.64 <sup>b</sup>	17.73 ± 1.93 <sup>b</sup>
Energy intake (kcal/week)	100.77 ± 6.71 <sup>a</sup>	96.15 ± 4.40 <sup>a</sup>	95.24 ± 8.60 <sup>a</sup>	92.88 ± 10.11 <sup>a</sup>

The data were statistically considered at  $p < 0.05$  when comparing with the control group and statistical differences were represented as different small letters.