

Figure S1. Study flow diagram.

Table S1. Associations of total and trimester-specific gestational weight gain rate with infant weight-for-length z-score from birth to 6 months using linear mixed effects model

| | Total GWG rate | 1^{st} & 2^{nd} trimesters GWG rate | 3 rd trimester GWG rate |
|---------|-----------------------|-------------------------------------------------------|------------------------------------|
| | (kg/wk) | (kg/wk) | (kg/wk) |
| | | β (95% CI) , (n=801) | |
| WFLZ | | | |
| Model 1 | 0.80 (0.29, 1.31) ** | 0.70 (0.22, 1.18) ** | 0.14 (-0.09, 0.36) |
| Model 2 | 0.96 (0.44, 1.47) *** | 0.84 (0.36, 1.32) ** | 0.16 (-0.07, 0.38) |
| Model 3 | 0.96 (0.45, 1.47) *** | 0.88 (0.40, 1.36) *** | 0.14 (-0.08, 0.36) a |

Model 1: adjusted for exact age of infants at each measurement

Model 2: Model 1 + pre-pregnancy body mass index

Model 3: Model 2 + maternal age, race, parity, education, household income, smoking status, paternal body mass index

^a: Further adjust 1st & 2nd trimesters GWG rate, gestational diabetes

WFLZ, weight-for-length z-score; **: p<0.01, ***: p<0.001

Table S2. Associations of total and trimester-specific gestational weight gain rate with infant growth measures from birth to 6 months using linear mixed effects model, further adjusting for infant feeding style, television watching and secondhand smoking exposure at 1 month.

| | Total GWG rate | 1^{st} & 2^{nd} trimesters GWG rate | 3 rd trimester GWG rate |
|------|-----------------------|-------------------------------------------------------|------------------------------------|
| | (kg/wk) | (kg/wk) | $(kg/wk)^a$ |
| | | β (95% CI), (n=663) | |
| BMIZ | 1.32 (0.83, 1.82) *** | 1.31 (0.85, 1.77) *** | 0.08 (-0.14, 0.29) |
| WFLZ | 0.95 (0.44, 1.46) *** | 0.87 (0.39, 1.35) *** | 0.14 (-0.09, 0.36) |
| WFAZ | 1.20 (0.76, 1.63) *** | 1.08 (0.68, 1.49) *** | 0.07 (-0.12, 0.26) |
| LFAZ | 0.51 (-0.04, 1.07) | 0.41 (-0.11, 0.93) | -0.03 (-0.28, 0.21) |

Adjusted for exact age of infants at each measurement, pre-pregnancy body mass index, maternal age, race, parity, education, household income, smoking status, paternal body mass index, infant feeding style at 1 month, infant television watching status at 1 month, second hand smoking exposure at 1 month.

BMIZ, body mass index-for-age and sex z-score; WFAZ, weight-for-age z-score; LFAZ, length-for-age z-score; WFLZ, weight-for-length z-score; ***: p<0.001

^a: Further adjust 1st & 2nd trimesters GWG rate, gestational diabetes

Table S3. Associations of pre-pregnancy weight status with infant growth measures from birth to 6 months

| | Pre-pregnancy BMI (kg/m²) |
|----------|---------------------------|
| BMIZ | β (95% CI), (n=801) |
| 0 month | 0.20 (0.07, 0.33) |
| 1 month | 0.20 (0.09, 0.31) |
| 3 months | 0.23 (0.11, 0.35) |
| 6 months | 0.24 (0.11, 0.38) |

Adjusted for gestational weight gain rate, maternal age, race, parity, education, household income, smoking status, paternal body mass index.

BMI, body mass index; BMIZ, body mass index-for-age and sex z-score