Supplemental Table S1. Characteristics of participants who were included in the analysis, and participants who were excluded from the analysis.

|  | Included $(n=9576)$ | Excluded $(n=10023)$ | $p$ Value |
| :---: | :---: | :---: | :---: |
| Age (year) | $49.7 \pm 0.3$ | $51.4 \pm 0.3$ | <0.0001 |
| No. of participants (\%) |  |  | <0.0001 |
| Men | 3852 (40.2) | 4609 (46.0) |  |
| Women | 5724 (59.8) | 5414 (54.0) |  |
| Income level (\%) |  |  | 0.01 |
| Low | 2305 (24.1) | 2440 (24.3) |  |
| Medium | 4896 (51.1) | 4846 (48.3) |  |
| High | 2375 (24.8) | 2737 (27.3) |  |
| Educational level (\%) |  |  | 0.10 |
| Elementary school ( $\leq 6$ y) | 2392 (25.0) | 2214 (26.7) |  |
| Middle/ high school (7-12 y) | 4230 (44.2) | 3657 (44.1) |  |
| College or higher (>12 y) | 2954 (30.8) | 2413 (29.1) |  |
| Smoking status (\%) |  |  | $<0.0001$ |
| Never | 5810 (60.7) | 4756 (47.5) |  |
| Former | 1901 (19.9) | 1731 (17.3) |  |
| Current | 1865 (19.5) | 3536 (35.3) |  |
| Alcohol consumption (\%) |  |  | <0.0001 |
| Never | 2584 (27.0) | 2514 (30.6) |  |
| < 2 times/week | 5031 (52.5) | 3965 (48.2) |  |
| $\geq 2$ times/week | 1961 (20.5) | 1742 (21.2) |  |
| Physical activity |  |  |  |
| Regular | 4518 (47.2) | 3722 (37.6) | $<0.0001$ |
| Body mass index ( $\mathrm{kg} / \mathrm{m}^{2}$ ) | $23.6 \pm 0.0$ | $23.7 \pm 0.0$ | 0.12 |
| Energy intake (kcal/day) | $2003.5 \pm 10.8$ | $1910.8 \pm 12.7$ | <0.0001 |
| Beverage intake |  |  |  |
| Green tea (cups/week) | $1.79 \pm 0.05$ | $1.97 \pm 0.11$ | 0.78 |
| Coffee (cups/day) | $1.33 \pm 0.01$ | $1.25 \pm 0.02$ | <0.0001 |
| Food intake (times/day) |  |  |  |
| Vegetable | $4.23 \pm 0.03$ | $4.25 \pm 0.05$ | 0.58 |
| Fruit | $1.05 \pm 0.01$ | $1.05 \pm 0.02$ | 0.60 |
| Red meat | $0.46 \pm 0.01$ | $0.44 \pm 0.01$ | <0.0001 |
| Fish | $0.92 \pm 0.01$ | $0.93 \pm 0.02$ | 0.73 |

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[^0]:    ${ }^{\text {a }}$ Values are means $\pm$ SE or numbers (percentages); All $p$ values are significant at $p<0.05$; Data were missing for the following variables: education, $n=1739$; alcohol consumption, $n=1802$.

