

Supplementary Table S1. Timing of initiating complementary feeding (CF) according to ESPGHAN classifications [20].

Infant Age	Study Proportions Within This Period [Reference]
Early (< 4 month/<17 weeks)	43% [29]
	17% (Indian), 12% (Pakistani), 14% (Bangladeshi) [32]
	16% [34]
	20.6% (Pakistani), 12.1% (Other SA) [36]
	49% [37]
	70% (Indian), 73% (Pakistani), 72% (Bangladeshi) [39]
	Various discussion groups reported supplementing at 3 months [41]
	Mean introduction of 2.3 months (juice), 3.1 months (cereal) [33]
	1.11% [38]
	4.3% ≤15 weeks, 34.1% 16-23 weeks [40]
Timely (17-26 weeks/4-6 months)	57% [29]
	74% commenced <6 months (detail not provided) [30]
	Most mothers introduced solids in this period [32]
	71% [34]
	Mean of 20 (Pakistani), 22 weeks (Other SA) [36]
	36% [37]
	29% (Indian), 25% (Pakistani), 27% (Bangladeshi) [39]
	88.33% [38]
Delayed (7+ months/27+ weeks)	34.1% 16-23 weeks, 58.7% 24-31 weeks [40]
	13% [34]
	15% [37]
	1% (Indian), 2% (Pakistani), 1% (Bangladeshi) [39]
	10.55% [38]
	58.7% 24-31 weeks, 2.9% ≥32 weeks [40]