

Supplemental Table S1. Dairy consumption over 10-year following up in the Caerphilly Prospective Cohort Study.

Dairy consumption (g/d)	Baseline		5-years		10-years		<i>P</i> -value (baseline vs. 5-year)*	<i>P</i> -value (baseline vs. 10-year) †
	Mean	SE	Mean	SE	Mean	SE		
Milk	288.4	4.5	241.7	4.6	188.7	4.7	<0.0001	<0.0001
Cheese	18.4	0.3	18.3	0.3	15.2	0.3	0.7335	<0.0001
Cream	1.7	0.1	1.4	0.1	1.3	0.1	0.004	<0.0001
Butter	24.5	0.5	17.9	0.4	11.5	0.4	0.004	<0.0001
Total dairy	333.0	4.5	279.4	4.7	216.6	4.9	<0.0001	<0.0001

SE: Standard Error;

*Data show *t*-test significance between baseline and 5-year following up.

†Data show *t*-test significance between baseline and 10-year following up.