



Article Retrieving Soil Moisture in the Permafrost Environment by Sentinel-1/2 Temporal Data on the Qinghai–Tibet Plateau

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Abstract: Soil moisture (SM) products presently available in permafrost regions, especially on the Qinghai–Tibet Plateau (QTP), hardly meet the demands of evaluating and modeling climatic, hydrological, and ecological processes, due to their significant bias and low spatial resolution. This study developed an algorithm to generate high-spatial-resolution SM during the thawing season using Sentinel-1 (S1) and Sentinel-2 (S2) temporal data in the permafrost environment. This algorithm utilizes the seasonal backscatter differences to reduce the effect of surface roughness and uses the normalized difference vegetation index (NDVI) and the normalized difference moisture index (NDMI) to characterize vegetation contribution. Then, the SM map with a grid spacing of 50 m \times 50 m in the hinterland of the QTP with an area of 505 km imes 246 km was generated. The results were independently validated based on in situ data from active layer monitoring sites. It shows that this algorithm can retrieve SM well in the study area. The coefficient of determination (R^2) and root-mean-square error (RMSE) are 0.82 and 0.06 m³/m³, respectively. This study analyzed the SM distribution of different vegetation types: the alpine swamp meadow had the largest SM of $0.26 \text{ m}^3/\text{m}^3$, followed by the alpine meadow (0.23), alpine steppe (0.2), and alpine desert (0.16), taking the Tuotuo River basin as an example. We also found a significantly negative correlation between the coefficient of variation (CV) and SM in the permafrost area, and the variability of SM is higher in drier environments and lower in wetter environments. The comparison with ERA5-Land, GLDAS, and ESA CCI showed that the proposed method can provide more spatial details and achieve better performance in permafrost areas on QTP. The results also indicated that the developed algorithm has the potential to be applied in the entire permafrost regions on the QTP.

Keywords: soil moisture; SAR; retrieval algorithm; high spatial resolution; permafrost

1. Introduction

Soil moisture (SM) is an essential component of the terrestrial hydrological cycle ecosystem [1,2]. In ecology, SM affects the growth and activity of vegetation and microorganisms by controlling the division of water [3], and can also mitigate changes in soil organic carbon content caused due to climate warming [4]. In hydrology, SM is not only an important parameter of the water cycle but is also used to infer surface- and ground-water exchanges [5]. In climatology, SM affects regional climate through changing surface albedo, evapotranspiration intensity, and sensible and latent heat fluxes [6]. In the permafrost environment of the Qinghai–Tibet Plateau (QTP), the SM in the active layer is significantly altered by the seasonal freezing and thawing processes and influences the energy



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Copyright: © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). exchange between permafrost terrain and the atmosphere [7,8]. The accurate information on the spatial and temporal distribution of SM helps advance hydrological, ecological, and climatological studies in permafrost areas [9].

In the permafrost area of 1.06×10^6 km² of the QTP [10], it is critical for various scientific studies to obtain accurate spatial distribution data of SM on a large scale. Due to the harsh environment and inconvenience of accessing the QTP, the traditional methods of obtaining SM by sampling measurement and monitoring are limited. Several meteorological and hydrological stations have been deployed over the past few decades, and data scarcity has been filled to a degree [11]. These restricted sites are unevenly distributed on the edge of permafrost areas or on seasonally frozen ground areas, which makes it challenging to study SM with high spatial heterogeneity [6,12]. Remote sensing technology has achieved significant advances in SM monitoring, with its unique large-area observation capabilities, and some remote sensing products and reanalysis data have been produced, such as the fifth generation of the land component of the European Centre for Medium-Range Weather Forecast atmospheric reanalysis (ERA5-Land) [13], the European Space Agency Climate Change Initiative (ESA CCI) [14], and the Noah land surface model driven by Global Land Data Assimilation System (GLDAS-Noah) [15]. Xing et al. evaluated seven SM data products (SMAP, SMOS-IC, ASCAT, ERA5-Land, ESA CCI, LPRM, AMSR2) over the permafrost region of the QTP based on in situ SM measurements and found that the SM data of ESA CCI had the highest accuracy [16]. Due to the lack of adequate measurement data, SM products generated by the model assimilation are significantly biased in the QTP [17]. In addition, the SM product data at a spatial resolution of tens of kilometers are affected by mixed pixels and do not accurately describe the SM distribution. The coefficient of variation (CV) analysis is often used to describe significant patterns in regional mean SM content, with the relationship between CV and SM often showing a hysteresis pattern in spatial variability [18–20]. The spatial-temporal SM variations have never been revealed over the permafrost area in the QTP, where the relationship between the CV and mean SM is similar to that found in other regions is unclear [21,22]. The lack of high-spatial-resolution SM data in the permafrost region of the QTP greatly limits the studies of the spatial-temporal distribution characteristics of SM. Few studies are able to analyze the spatial-temporal variations of SM in permafrost areas on a fine scale.

Synthetic Aperture Radar (SAR) has proven its high potential for retrieving highspatial-resolution SM using the backscatter coefficient (σ°) [23,24]. Some empirical [25,26], semi-empirical [27], and physical scattering models [28] have been developed to relate backscattering with surface SM, roughness, and vegetation. Surface scattering models are commonly used for bare soil including the semi-empirical Dubios model [29], the Oh model [30], and the physically based Integrate Equation Model (IEM) [31]. These are usually integrated with vegetation scattering models, such as semi-empirical water cloud models (WCM), to predict scattering from vegetated areas [32,33]. Studies have developed algorithms for retrieving SM based on IEM or WCM inversion using minimization, LUT, and machine learning approaches. In 2014, He et al. estimated SM in the alpine meadow region by coupling the IEM and the WCM with R^2 and RMSE reaching 0.71 and 0.03 m³/m³, respectively [34]. In 2017, Bai et al. first estimated SM in the alpine steppe region of Magu using Sentinel-1 (S1) data with the WCM [35]. In 2021, Yang et al. coupled the improved Oh model in 2004 and WCM to estimate SM in the Nagqu region based on S1 data and MODIS optical data with the assumption of constant surface roughness [36]. Despite the significant advance in scattering modeling, SM inversion from these microwave scattering models are commonly ill-posed and complicated [37,38]. Besides utilizing microwave scattering, several algorithms have been successively developed and widely used to retrieve SM, such as change detection (CD) and neural network (NN) [39–41]. NN are mathematical models that are commonly trained by vegetation coefficients, backscatter coefficients, and other parameters in studies of SM retrieval using SAR data, which have high requirements for the data volume. However, the NN method requires a large amount of data for training and validation, which greatly limits its application in the permafrost region of the QTP. The principle of the CD algorithm is based on the assumption that by differencing the backscattering coefficients in two periods, the effect of soil roughness and vegetation is reduced, and the backscatter difference is mainly due to the changes in SM [39]. Thus, it is more suitable than the NN algorithm for permafrost areas where a large amount of training data acquirement is difficult. Gao et al. mapped SM distributions at a 100 m spatial resolution located in Urgell using a CD algorithm by combining S1 and Sentinel-2 (S2) data [40]. Bauer-Marschallinger et al. used the CD algorithm to build the first global SM dataset with 1 km spatial resolution, which greatly advanced the progress of SM studies [42]. Zhu et al. proposed an unsupervised CD method as a pre-processing procedure for multi-temporal retrieval and improved the accuracy of the CD algorithm by reducing the uncertainty caused by changes in vegetation and roughness [43,44].

Over the QTP, studies of SM retrieval using SAR data have also been conducted in recent years. Yang et al. and Bai et al. estimated SM in alpine grassland environments in Nagqu and Magu, respectively, both with favorable results [35,36]. In the Beiluhe, Zhang et al. used estimated SM in alpine meadows and alpine deserts and improved the accuracy of estimating SM by the WCM and CD algorithms [45]. However, these SM retrieving studies on the QTP were conducted outside or in the margin/border of the permafrost area or within a very small permafrost region. The study area was very small, i.e., covering only a few square kilometers, and the effectiveness and accuracy of the retrieving study has yet been conducted on the large-scale hinterland permafrost regions.

The freeze-thaw cycle of active layer soils and the water barrier of the frozen layer in the permafrost area play an active role in determining vegetation growth and SM retention [46,47]. It implies that in areas with high SM, the vegetation cover has significant interference with the radar signal. The vegetation canopy complicates the extraction of underlying soil water, as the canopy contains water and can also block or scatter radar signals [48]. Therefore, in the retrieval process, vegetation is another important factor that affects the radar signal in addition to SM. In the many ecological, hydrological, and agricultural studies, the vegetation canopy is usually expressed by the vegetation indices, such as Leaf Area Index (LAI), Normalized Difference Vegetation Index (NDVI), and the Enhanced Vegetation Index (EVI), biomass, vegetation height, etc. [35,45,49–52]. Several studies have shown that NDVI is easier to derive and has fewer errors than other vegetation indices and is widely used in SM retrieval studies [50,53]. In addition, in partially vegetated areas, Bao et al. found that Normalized Difference Moisture Index (NDMI) can also perform well in SM retrieval studies based on S1 data [54].

In the permafrost region on the QTP, the ground has a distinct freeze–thaw cycle process. The soil water is in a liquid state during summer and in a state of combination of ice and unfrozen water in other seasons [9]. The real implication of SM values obtained by in situ monitoring and sampling drying measurements could be different. In situ monitoring measures the unfrozen water (liquid water) content by monitoring the dielectric constant in the soil, such as the Hydra soil moisture sensor. The field-oven sampling acquires the total soil water content (unfrozen water and ice) by collecting in the field and then calculating the volumetric water content from the wet and dry weight of the soil. Meanwhile, σ° is sensitive to unfrozen soil water, and the frozen part is neglected in the retrieval process. The σ° could not represent the gross soil water content in all seasons except for the thawing season. Therefore, we need to be careful when choosing field "SM" data in developing and training SM retrieving algorithms [55].

In summary, a retrieval algorithm for SM is urgently needed to obtain SM spatial data which could promote hydrological, ecological, climatic, and engineering studies in the permafrost region of the QTP. In this study, the hinterland of the QTP was selected for SM retrieval, where a variety of surface types are included. The retrieval algorithm is trained and validated using multi-year in situ observations of different surface environments. We chose the months of July and August as the study period, which can reduce the errors caused by the freeze–thaw process of the soil. The SM retrieval during the thawing season could represent the gross soil water content. In addition, the CD algorithm is a promising method for SM retrieval in the permafrost region where a priori knowledge is scarce [39,40]. The liquid soil water is very small in the coldest winter season, by reference to the CD algorithm, the effect of surface roughness is minimized. Then, the vegetation effect is further represented and reduced by vegetation indexes (NDVI, NDMI) from optical data. Finally, the objectives of this study are: (1) to develop an SM retrieval algorithm suitable for permafrost environments on the QTP using high spatial-resolution SAR data to obtain spatial data of SM for the thawing season; and (2) to explore the spatial-temporal distribution characteristics of SM on the large extent of permafrost region on the QTP.

2. Materials and Methods

2.1. Study Area

In this study, an area of 505 km \times 246 km in the hinterland of QTP along the Qinghai– Tibet Highway was selected as the study area, as shown in Figure 1. This area covers most of the stations of the SM and temperature monitoring of the permafrost networks [11]. The study area includes typical permafrost regions and seasonally frozen ground regions with an altitude between 4189 m and 6402 m a.s.l. The average annual temperature in this region is between -5.8 °C and -2.4 °C, and the trend of temperature increase is consistent, with an average rate of change of about 0.05 °C/a. The annual precipitation is in the range of approximately 210–580 mm, with sizeable interannual variation [56,57]. The precipitation is mainly concentrated between May and September, and there is an apparent upward fluctuation in annual precipitation, with an average variable rate of 7.49 mm/a from 2004 to 2016 [58].

The vegetation types in the study area are classified as alpine swamp meadows, alpine meadows, alpine steppes, and alpine deserts. The alpine meadows cover the largest areas, followed by alpine steppes and alpine swamp meadows at the least [59]. The degradation of the permafrost has affected the ecological situation in the QTP. The vegetation ecosystem degradation is significant, mainly manifested as the degradation of alpine swamp meadow to the alpine meadow and alpine meadow to alpine steppe [59].

The frozen ground undergoes seasonal freeze–thaw cycles [8]. On the QTP, the thawing process begins in mid-to-late May and lasts until late September to early November each year [58,60,61]. The effect of water transport during soil freezing and thawing on SM distribution is very significant. The measured data in the in situ show that the SM in the thawing season varies roughly between $0.1 \text{ m}^3/\text{m}^3$ and $0.5 \text{ m}^3/\text{m}^3$. When the soil is frozen in winter, the unfrozen water content is low.



Figure 1. The overview of the study area. The base map is the map of the permafrost [10], glaciers [62], lakes [63], and topographic map from SRTM data [64].

2.2. Datasets

2.2.1. In Situ Observations

The in situ SM measurements are acquired from the SM and temperature observation network built by the Chinese Academy of Sciences (CAS) [11]. SM was measured by a Hydra soil moisture sensor and recorded by a CR10X/CR1000/CR3000 data logger, with an accuracy of $\pm 2.5\%$. Table 1 shows detailed information on the stations used in the study. The elevation of these stations ranges from 4468 m to 5100 m a.s.l and spans about 420 km from north to south. The sites also contain several typical vegetation types of the QTP, including alpine swamp meadows, alpine meadows, and alpine steppes. They could represent the varied permafrost environment on the QTP to some extent. We collected 129 in situ SM data during the thawing season (months July, and August) from 2016 to 2019 at these sites, of which 100 were used for training the model and 29 for validation.

Table 1. Information of SM monitoring sites.

Sites	Lon. ($^{\circ}$ E)	Lat. (°N)	Location	Altitude(m)	Vegetation Types
CN03	92.727	34.47	Wuli	4625	Alpine steppe
CN04	91.737	31.81	Liangdaohe	4808	Alpine swamp meadow
CN06	94.063	35.62	Kunlun Pass	4746	Alpine meadow
QT01	93.043	35.14	Hoh Xil	4734	Alpine meadow
QT02	93.921	34.82	Beiluhe	4656	Alpine swamp meadow
QT04	91.941	33.07	Tanggula	5100	Alpine meadow
QT05	92.338	33.95	Kaixinling	4652	Alpine meadow
QT06	92.239	33.77	Tongtian	4650	Alpine steppe
QT08	93.084	35.22	Wudaoliang	4783	Alpine steppe
QT09	94.125	35.72	Xidatan	4538	Alpine steppe
QT14	93.600	35.43	Suonandaje	4468	Alpine meadow
QT18	92.892	34.73	Fenghuo	4773	Alpine swamp meadow

2.2.2. Sentinel-1

The Sentinel-1 (S1) satellites were launched by the European Space Agency (ESA) in the frame of Europe's Copernicus program, including Sentinel-1A (S1A) and Sentinel-1B (S1B). The orbital period of S1A is 98.6 min, the revisit period is 12 days, and the combined AB satellite is 6 days. The interferometric wide (IW) imaging model with a spatial resolution of 5 m × 20 m provides a more accurate σ° and better meets the needs of this study [50].

We use the ground range detection (GRD) products of S1 in IW acquisition mode with the VV and VH polarizations from Google Earth Engine (GEE). Compared to the VH polarization of S1, the VV polarization has greater potential for SM retrieval [40,65–67]. Some researchers have used both VV and VH in SM retrieval studies and characterized the effect of vegetation by the ratio of VV and VH [41,68]. However, in the study, only VV single polarized data is acquired before February 2017. Therefore, the optical vegetation index NDVI is used in this study for characterizing vegetation. The backscattered images of VV polarization in the completely thawed season (months July, and August) and the completely frozen season (January to February) from 2016 to 2019, in a total of 89 acquisitions, are employed for the SM retrieval algorithm development and validation.

2.2.3. Sentinel-2

Sentinel-2 (S2) is a high-resolution imaging satellite that carries a multi-spectral imager (MSI). The revisit period for one satellite is 10 days, and the revisit period for two satellites is 5 days [69,70]. In this study, cloud-free S2 TOA Level-1C data one week before and after the S1 acquisition is selected to calculate vegetation and water indices using the green band (B3: Green), red band (B4: Red), near-infrared band (B8: NIR), and short-wave infrared (B11: SWIR) [71].

2.2.4. SRTM DEM

Shuttle Radar Topography Mission (SRTM) data is mainly measured jointly by the National Aeronautics and Space Administration (NASA) and the National Imagery and Mapping Agency (NIMA). Interferometric radar data is captured using dual radar antennas and converted into digital terrain data. This study uses the "NASA SRTM Digital Elevation 30-m" elevation dataset provided by the GEE platform [64].

2.2.5. SM Data Products

In this study, we also compared the retrieval SM with three SM data products, such as the fifth generation of the land component of the European Centre for Medium-Range Weather Forecasts atmospheric reanalysis (ERA5-Land) [13], the Noah land surface model driven by Global Land Data Assimilation System (GLDAS-Noah) [15], and the European Space Agency Climate Change Initiative (ESA CCI) [14]. The specific information of the three datasets and the first layer of the depth range are shown in Table 2. In this study, the SM product data for 2 July and 19 August 2018 were selected for comparing the spatial distribution and average SM content with the retrieval results.

Table 2. Information on SM products.

Product type	Sensor	Period	Spatial Resolution	Temporal Resolution	Depth
Remote sensing products Reanalysis products	ESA CCI ERA5-Land GLDAS-Noah	1978–2019 2000–present 1948–present	$\begin{array}{c} 0.25^{\circ} imes 0.25^{\circ} \ 0.1^{\circ} imes 0.1^{\circ} \ 0.25^{\circ} imes 0.25^{\circ} \end{array}$	Daily 3-Hourly 3-Hourly	~0–5 cm 0–7 cm 0–10 cm

2.3. Methods

The workflow of the SM retrieval algorithm development is illustrated in Figure 2. The main steps are summarized as (1) S1 backscatter preprocessing; (2) Reducing the effect of surface roughness; (3) Reducing the effect of vegetation; (4) SM retrieval algorithm construction; (5) SM result post-processing; and (6) Retrieval result validation.



Figure 2. Workflow of SM retrieval and validation.

2.3.1. S1 Backscatter Preprocessing

Data preprocessing was performed on the GEE platform [72]. GEE has performed some preprocessing of the S1 data using the ESA S1 Toolbox (S1TBX), including applying orbit files, removing thermal noise, removing GRD border noise, radiometric calibration, and Range-Doppler terrain correction. Furthermore, the S1 incident angle normalization and spatial filtering are needed to make the data as correct as possible.

S1 incident angle normalization

The σ° is affected by the incidence angle (θ^{0}) of S1 and has a slight deviation from the actual situation. There is a certain correlation between θ^{0} and σ° , which can be expressed as a slope β [73,74]. This study chose the central incidence angle of the study area (38°) as the reference angle to reduce the overall error caused by extrapolation [42]. Therefore, as shown in Equation (1), we uniformly correct the σ to the value corresponding to the incident angle of 38° (σ° (38°)).

$$\sigma^{\circ}(38^{\circ}) = \sigma^{\circ} (\theta^{0}) - \beta (\theta^{0} - 38^{\circ}) [dB].$$
(1)

The calculation of Equation (1) can be performed on the GEE.

Refined Lee Filtering

In order to reduce the speckle noise in the image while preserving the image edge information, the Refined Lee filter with a window size of 7×7 is used in this study [75,76].

2.3.2. Sensitivity of Backscattering Coefficient to Soil Liquid Water

The correlation between SM and σ° in the permafrost region was analyzed at sites QT08 and QT09. As shown in Figure 3, the σ° and SM at both stations showed obvious seasonal variations, i.e., high in summer and low in winter. When the soil freezes, the soil's liquid water content decreases sharply, and therefore, the dielectric constant decreases, and consequently, the σ° drops significantly.



Figure 3. The time-series variation of SM and σ° at sites. (a) QT08 and (b) QT09.

Figure 3 also revealed that the same σ° corresponded to different SM values at the two sites. At site QT08, the σ° was in the range of -17 to -10 dB, corresponding to SM of about 0.003 to 0.13 m³/m³, while at site QT09, the σ° range was -17 to -11 dB, corresponding to the SM range of about 0.05 to 0.4 m³/m³. This shows that the range of σ° does not vary much between the two sites, but the corresponding SM ranges are dramatically different. Many studies have demonstrated that surface roughness and vegetation are the major factors affecting the correlation between surface backscatter intensity and SM [77]. Therefore, it is critical to reduce the effects of surface roughness and vegetation in the retrieval process to improve accuracy.

2.3.3. Reducing the Effect of Surface Roughness

The CD algorithm originally proposed by Wagner et al. determines the SM by linearly scaling the observed backscatter between that at the driest and wettest conditions [78].

The algorithm has been validated and used in many regions in SM retrieval studies in recent years, including semi-arid areas and mountainous areas [42,79]. Rignot EJM et al. conducted experiments in a mountainous region of the Katmai National Park and Preserve in Alaska and found that the CD algorithm is effective in removing the topographic influences [80]. Therefore, this study refers to the principle of the CD algorithm to eliminate the effect of topography in permafrost areas.

According to the characteristics of soil liquid water in the permafrost regions of QTP, the soil surface is mostly frozen in winter and holds little liquid water. Meanwhile, due to low precipitation during the period of January–February, the snowmelt or wet snowfall effect is limited, and the change in surface roughness in winter is not significant compared to the melting season. We assumed that the smallest σ° in winter of its temporal curves could represent the lowest liquid water content of the soil during this period. Therefore, we took the smallest value of σ° in the freezing season (January, February) as the reference value and subtracted it from the backscatter signal during the thawing season. The backscatter difference ($\Delta \sigma$) between the freezing and thawing seasons (months July, and August) represents the changes in SM and vegetation. It can be expressed as:

$$\Delta \sigma = \sigma_{\rm s} - \sigma_{\rm w} \tag{2}$$

where σ_s is the σ° of the thawing season, and σ_w is the σ° of the freezing season. Figure 4 shows the distribution and details of σ^s , σ^w , and $\Delta\sigma$ in the study area. In the case of Figure 4a,b, the topographic factor has a significant effect on the backscattered signal. Figure 4c shows that the method of calculating the σ° difference between summer and winter is effective in weakening this effect.



Figure 4. The distribution of σ_s , σ_w , and $\Delta\sigma$ and details in the study area. (**a**): The σ° on 2 July 2018. (**b**): The σ_w in 2018. (**c**): The $\Delta\sigma$. (**d**–**f**): The details after scaling up of σ° , σ_w , and $\Delta\sigma$ within the red box.

2.3.4. Reduce the Effect of Vegetation

We applied NDVI and NDMI to reflect vegetation characteristics and the water content in vegetation and proposed to use the combination of NDVI and NDMI to characterize the effect of vegetation on the σ . These vegetation indices were calculated as follows:

$$NDVI = (\rho_{nir} - \rho_{red}) / (\rho_{nir} + \rho_{red})$$
(3)

$$NDMI = (\rho_{nir} - \rho_{swir}) / (\rho_{nir} + \rho_{swir})$$
(4)

where ρ_{red} , ρ_{nir} , and ρ_{swir} are the reflection value in the red spectrum, the near-infrared spectrum, and the shortwave infrared spectrum, respectively. It is noteworthy that the contribution of soil to NDMI is primarily negative for some areas, while the contribution of green vegetation is mostly positive [81].

2.3.5. SM Retrieval Algorithm Construction

We collected 129 datasets (in situ data, and corresponding $\Delta\sigma$, NDVI, NDMI) during the thawing season (months July and August) from 2016 to 2019. A multiple linear regression model was constructed based on the linear relationship between SM and the $\Delta\sigma$, NDVI, and NDMI, and the SM retrieval algorithm can be expressed as follows:

$$SM = a \times \triangle \sigma + b \times NDVI + c \times NDMI + d$$
(5)

where a, b, and c are the coefficients of the three variables ($\Delta \sigma$, NDVI, NDMI), respectively, and d is a constant. In order to ensure the universality of the retrieval algorithm, we arrange the in situ data of different years together and then performed 10,000 random divisions with a ratio of nearly 8 to 2 for determining the optimal coefficient. One part is used to obtain model coefficients (a, b, c, d). The other is used to verify the accuracy of retrieved SM. Thus, we can obtain 10,000 sets of coefficients, training, and validation of R². Finally, we calculate the sum of R² for training and validation processes using their sample size as the weights. The coefficients corresponding to the maximum sum of R² are determined as the optimal coefficient.

2.3.6. SM Result Post-Processing

There are some outlier regions in the retrieval results, which are removed in the post-processing steps.

Waterbody masking

The sensitivity of the σ° to soil liquid water is its advantage of SM retrieval, but σ° will present an anomaly and deviate from the normal range when the sensor scans water bodies such as rivers and lakes. The normalized difference water index (NDWI) is calculated using the green band, and the near-infrared band can effectively identify the water body information [82]. The NDWI is calculated as follows:

$$NDWI = (\rho_{green} - \rho_{nir}) / (\rho_{green} + \rho_{nir})$$
(6)

In Equation (6), ρ_{green} is the reflection in the green spectrum, corresponding to the B3 band of the S2. Then, a mask is created with 0 as the threshold to remove the water body part of the retrieved results.

Shadow masking

It is found that the σ° in the hillside or foothills usually shows outliers in our study area due to the radar signal being obscured and distorted in these areas. The local incidence angle (θ) can be calculated by using the zenith angle and azimuth angle of S1 to represent the illumination condition of the radar signal, expressed in Equation (7),

$$\cos\theta = \cos\theta_{za} \times \cos S + \sin\theta_{za} \times \sin S \times \cos(\theta_{aa} - A) \tag{7}$$

where θ_{za} is the zenith angle, which is the same angle as θ^0 , θ_{aa} is the azimuth angle, *S* is the slope, and *A* is the aspect. The pixels with θ smaller than a threshold to be defined are masked out. According to a visual comparison of shadow outliers and local incidence masks, the threshold of 15° is adopted in our study.

• Negative $\Delta \sigma$ masking

Theoretically, there is a positive correlation between the σ° and the SM, and the σ° in the thawing season should be higher than that in winter. Hence, the area where the $\Delta\sigma$ is less than zero is considered abnormal and masked out during the post-processing.

2.3.7. SM Retrieval Algorithm Validation

In all, 29 samples were used to evaluate the accuracy of the retrieved SM using the proposed algorithm. The root-mean-square error (RMSE) and coefficient of determination (R^2) are applied to indicate the accuracy of the SM retrieval result.

3. Results

3.1. Reduce the Effects of Surface Roughness and Vegetation

Figure 5 shows the correlation of σ° and $\Delta \sigma$ with the SM observations. There is no apparent correlation between the original σ° and SM, with a Pearson correlation coefficient (r) of 0.06. However, after subtracting the winter reference σ_w , the r between $\Delta \sigma$ and SM reached 0.76. In Figure 5a, the sensitivity of the radar signal to SM is weakened by the effect of surface roughness. The comparison of SM with σ° and $\Delta \sigma$ has proven that our method is able to reduce the effect of surface roughness and essentially improve the sensitivity of radar signals to SM.



Figure 5. Relationship between the σ° and the SM measurements. (a): none-corrected σ° and SM; (b): $\Delta \sigma$ and SM.

NDVI and NDMI jointly characterize the contribution of vegetation to the retrieval of SM. As shown in Figure 6, NDVI and NDMI have high correlations with SM, with r of 0.76 and 0.74, respectively. The results indicate that NDVI and NDMI are suitable for characterizing the vegetation contribution in σ° of the study area.





Figure 6. Relationship between the vegetation parameters and the SM measurements at the site. (a): NDVI and SM; (b): NDMI and SM.

3.2. SM Retrieval Algorithm and Validation

Table 3 lists the model coefficients and R^2 value of 10,000 regressions. The coefficients which generate the highest weighted R^2 were set as the optimal coefficients. The SM retrieval algorithm is expressed as follows:

$$SM = 0.02 \times \Delta\sigma + 0.24 \times NDVI + 0.28 \times NDMI + 0.003$$
(8)

As illustrated in Table 3 and Figure 7, the retrieved result is satisfactory, with R^2 and RMSE reaching 0.82 and 0.07 m³/m³, respectively. As shown in Table 3, the mean values of the 10,000 sets of regression coefficients are very close to the optimal values, and the standard deviation is also relatively small. It indicates that the model coefficients are relatively stable, and not largely influenced by different divisions of training and validation samples, which demonstrates the robustness of the model.



Figure 7. Comparison of SM-retrieved results with measurement data.

	a	b	с	d	R ²
MEAN	0.02	0.23	0.28	0.004	0.81
STD	0.0001	0.02	0.04	0.004	0.004
OPT	0.02	0.24	0.28	0.003	0.82

Table 3. The optimal coefficients are selected after the regression analysis. Mean is the mean value of each coefficient, STD is the standard deviation, and OPT is the optimal coefficient solution.

3.3. Map of Retrieved SM

Figure 8 shows retrieved SM on eight days of S1 acquisitions with the grid spacing of 50 m \times 50 m. The white areas in the retrieval results are caused by post-processing, where water bodies, mountain shadows, and anomalous areas are masked. To better show the spatial distribution characteristics of SM, Figure 9 was made by overlaying the spatial distribution map of SM with the topographic map. In hill areas with undulating terrain, SM is usually higher. In order to show the complexity of the spatial distribution of SM in mountainous areas of the permafrost region, this study designed two transect lines to further show the SM variation in the hill areas and extracted the SM values corresponding to the two transect lines, as shown in Figure 10. The variability of SM in hill areas is well presented. It demonstrates the high variability of SM, which could not be revealed by coarse SM products.



Figure 8. The map of SM retrieval results for thawing seasons 2018 and 2019 after post-processing.

Figure 11 shows the relationship between the spatial and temporal CV and the mean SM in this study area. The CV tends to decrease with increasing mean SM in both spatial and temporal dimensions, which shows that the variability of SM is higher in drier environments and lower in wetter environments. This pattern is related to the water-holding capacity of the soil and its spatial variability [83]. The large differences in the CV in different regions are related to the soil water content, bulk density, and soil texture [22,84,85]. In permafrost areas, the physicochemical properties of soils vary greatly in different areas of topography and vegetation cover, resulting in a high spatial heterogeneity of SM. In addition, the high CV in areas of low SM may also be explained by frequent precipitation and strong evapotranspiration during the thawing season.



Figure 9. The spatial distribution of the SM and the location of the two transect lines.



Figure 10. The SM values for the two transect lines. (a): Red transect line; (b): Black transect line.



Figure 11. The corresponding CV for each mean SM interval. (a): Spatial; (b): Temporal.

4. Discussion

4.1. Comparison of S1-Retrieved SM with SM Products

We chose the Tuotuo River basin as an example, where the detailed investigation was conducted, to compare with widely used SM products, such as GLDAS-Noah, ESA CCI, and ERA5-Land (Figure 12). At the local scale, the retrieval results can present the distribution characteristics of SM in different surface environments. The widely used SM data products are unable to characterize the heterogeneity of SM spatial distribution in detail. For example, the GLDAS and CCI can only identify high SM in the southernmost glacial regions, while the distribution of SM in other areas is varied. They can only give a very rough description of the moisture distribution are lost. In addition, the distribution of the three SM products in this region is also different, which also confirms the demand for high-accuracy SM data in the QTP.



Figure 12. The comparison of SM distribution between retrieved SM and widely used SM products. (a) The place circled by the black line indicates the location of the Tuotuo River basin. (**b**–**i**): The SM distribution in this region with different data. The white areas in the retrieval results are caused by post-processing, where water bodies, mountain shadows, and regions with negative $\Delta \sigma$ are masked. The white areas of SM products are caused by the lack of effective data in QTP.

Figure 13 shows the statistics of SM distribution in the study area on 2 July 2018, from three SM products and S1 retrieval results. The average SM content of ESA CCI, ERA5-Land, GLDAS-Noah, and retrieval result is 0.34, 0.5, 0.29, and 0.19, respectively. The upper and lower quartiles of the in situ SM for the thawing season are 0.29 and 0.09, respectively. Compared with the in situ data, the SM values of the three products are significantly overestimated, while the retrieval results are in a reasonable range. In addition, previous research found that the SM data of the ESA CCI product has the best accuracy on the QTP compared with in situ observations, with an r of 0.63 [16]. In terms of accuracy, our SM retrieval results also showed substantially higher accuracy, and r reached 0.9.



Figure 13. The box plot of SM for the three SM products and S1 retrieval results for the Tuotuo river basins on 2 July 2018. The box line diagram has six parts: lower edge, lower quartile, median, upper quartile, upper edge, and outliers beyond the upper and lower edges.

4.2. SM Distribution Characteristics at the Local Scale

Figure 14 shows the spatial distribution of different vegetation types [86] and SM in the Tuotuo River basin. We summarized the characteristics of SM over different vegetation types, as shown in Figure 15. In areas with high vegetation cover, such as alpine swamp meadows and alpine meadow areas, the SM content is significantly higher than in alpine steppe and alpine desert areas. The average SM content over different vegetation types from high to low is alpine swamp meadow (0.26), alpine meadow (0.23), alpine steppe (0.20), and alpine desert (0.16).



Figure 14. The vegetation types and spatial distribution of SM in the Tuotuo River basin. (**a**): The vegetation type. (**b**): S1retrieved SM.



Figure 15. Violin plots of SM content of the four vegetation types. Each violin plot contains a box plot and a kernel density plot. A kernel density plot overlays each box plot. The black marks indicate the median, and the boxes indicate the quarter range of values. The number of samples defines the width of the violin in each subplot.

4.3. Regions with Very Low σ° in the Thawing Season

Normally, the value of σ° in the thawing season is higher than that in winter because the liquid water content in the thawing state is usually higher than in the frozen state [87]. However, during the SM retrieving process, we noticed that σ° during the thawing season in some regions is close to or even lower than σ° in winter. Therefore, we tried to find the reason by comparing the variation of the backscattering coefficients for long time series. As shown in Figure 16a, we consider the regions with significant seasonal variations in the σ° as normal areas, i.e., σ° is higher in summer than in winter, and the disordered areas as abnormal areas. To explain the potential reasons for this phenomenon, we further examined the precipitation, vegetation, and soil texture in these particular regions.

Precipitation

The precipitation process during the thawing season is one of the main reasons for SM variations [88]. During precipitation events, the wet or flooded ground surface will cause the σ° to deviate from its normal range. We examined the precipitation conditions in three regions as in Figure 16a to test the possibility of this conjecture. The precipitation data is from ERA5-Land precipitation reanalysis data [13], and the temporal curves are shown in Figure 16b. The average annual precipitation of the three regions is 606 mm, 574 mm, and 624 mm, respectively, with little difference in precipitation. Therefore, precipitation is not the cause of low σ° in the thawing season, and the speculation that the wet ground surface causes low σ° is not true. The inference of the abnormal σ° caused by the accumulation of surface water is also not valid.

Vegetation and soil texture

The impact of vegetation coverage and soil texture on SM content should not be neglected [89–91]. We found some differences between the two regions by examining the temporal changes in the NDVI values in the normal and abnormal regions. As shown in Figure 16c, the NDVI values in the abnormal areas are all relatively low (smaller than 0.1) and do not exhibit seasonal variations. Meanwhile, we referred to the soil texture dataset published by Liu et al. [92,93] and combined it with the field records in the anomaly areas.

We found that the soil in this abnormal area is composed of sand. There is a big chance that these abnormal areas are bare ground and are extremely dry during the particular period in the thawing season, therefore leading to low values of σ° .



Figure 16. Comparison of normal and abnormal regions. (a): σ° ; (b): Precipitation; (c): NDVI.

5. Conclusions

This study developed a concise and practical algorithm for SM estimation using Sentinel-1/2 temporal data in a permafrost environment on the QTP in the thawing season. The R² of this SM retrieval algorithm reached 0.82 with an RMSE of 0.06 m^3/m^3 .

Our retrieved SM results were compared with current SM products (ERA5-Land, GLDAS-Noah, and ESA CCI) in the Tuotuo River basin and showed that our results have more strength and advantage in characterizing the spatial heterogeneity of SM distribution. By analyzing the SM distribution of different vegetation types, the alpine swamp meadow had the largest SM of 0.26 m^3/m^3 , followed by the alpine meadow (0.23), alpine steppe (0.2), and alpine desert (0.16). We also found a significantly negative correlation between the CV and SM in the permafrost area that the variability of SM is higher in drier environments and lower in wetter environments.

The study also explored the reasons for abnormal SM retrievals in some places. The developed algorithm is not applicable in some extremely bare and dry ground with very low SM. Overall, the proposed algorithm shows great potential to derive the detailed SM distribution in the permafrost environment on the entire QTP, which has great significance in studying the SM characteristics in spatial detail and helps facilitate the studies of the response of permafrost to climate change.

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