



Article

# Decoupling Food from Land: The Evolution of Spanish Agriculture from 1960 to 2010

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**Abstract:** For a large extent of historiography, the history of Spanish agriculture during the twentieth century is a story of success. However, this narrative has been built on monetary analysis, and it does not usually take into account the effects on rural society and agroecosystems. The aim of this paper is to analyze what has happened from a biophysical perspective to ascertain whether transformations linked with industrialization of agriculture have also been positive. For this, we have integrated the results—some unpublished and others already published—of a broader research project about different aspects of food production from a biophysical perspective in Spain, applying methodologies pertaining to the Social Metabolism. Our research seeks to provide a new narrative, emerging through the consideration of environmental aspects of the process, providing a more complex vision of the process of industrialization in European agriculture. The results show that the industrialization of Spanish agriculture has brought about profound changes in land uses and in the functionality of the biomass produced, increasing pressure on croplands and, paradoxically, facilitating the abandonment of an important proportion of pasture and croplands. This has led to the subordination of a very significant portion of Spanish agroecosystems to the feed demands of intensive livestock farming. This process has been based on the injection of large quantities of external energy. Agricultural production has undergone significant growth since the 1960s, but this has been insufficient to deal with the growing demand created by the change in the Spanish diet and the increasing trend to focus on livestock farming. The process of globalization has allowed both roles to be reconciled, although in recent decades Spain has accentuated its role as a net importer of biomass from a biophysical perspective, with very significant impacts on third party countries, particularly in Latin America. From a biophysical perspective, the industrialization of Spanish agriculture has entailed negative consequences that threaten the sustainability of Spanish agroecosystems and also negatively affect the sustainability of other territories.

**Keywords:** agricultural history; agricultural industrialization; Spain; agroecosystems change; social metabolism; diet change

# 1. Introduction

Following decades of enquiry into the causes of the supposed "backwardness" of Spanish agriculture [1], historiography has in recent years focused on analyzing the contribution it makes to economic growth [2–4]. The Spanish transition to industrial metabolism has accelerated since the 1960s. The increase of Domestic Material Consumption of and Domestic Material Extraction rates has been much higher than the surrounding countries [5]. Spain's agrarian production also grew at an annual rate of 2.3% during the period 1950–2000, higher than the average rate for the European Union (1.3%), and the total productivity of the different factors also grew at an annual rate of close to 2%,

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one of the highest levels on the continent. In the last decades, the trend has continued. While the EU's agricultural production has not grown since the mid-1980s, Spain maintained an annual production growth of 1.29% to the beginning of the twentieth first century [6]. Even the contribution made by the agrarian sector to other economic sectors seems to have been similarly positive, expressed through the decline of the real exchange rate, at least from the mid-1960s onwards [6]. The agrarian sector has been integrated vertically into a broader economic structure that is responsible for the transformation and supply of foodstuffs, chiefly providing raw materials. This contribution is considered to be even more significant than the economic results achieved by the sector itself. The balance so far is, therefore, positive. However, this entire process of industrialization has brought about some very significant changes within the sector itself—economic, social and environmental—which cannot be considered in the same light [7,8].

The aim of this paper is to analyze what has happened from a biophysical perspective to ascertain whether such transformations have also been positive. The study is divided into the following sections: firstly, it examines the changes that have taken place with regard to eating habits, paying particularly close attention to diet. Secondly, it analyzes the way in which the agrarian sector has responded to these new demands, and the main transformations this has brought about in terms of agrarian production and inputs. To this end, we have integrated the results of a broader research project about different aspects of food production from a biophysical perspective in Spain, research conducted in recent years in the Agro-Ecosystems History Laboratory, applying methodologies pertaining to the Social Metabolism. These research findings have been published separately [5,9–12]. The paper concludes with a discussion and conclusions that supplement the monetary interpretation, venturing certain hypotheses regarding the main drivers of the process of food industrialization and globalization in Spain.

#### 2. Sources and Methods

To ascertain the main orientations of food demand, we have analyzed the changes that have taken place in the Spanish diet since the 1960s. This has been achieved by estimating total flows of biomass produced, appropriated and consumed within Spain between 1960 and 2008. This has allowed us to reconstruct the apparent consumption of food. Apparent consumption alludes to the quantity of biomass, both plant and animal, produced within Spain and used for human consumption, adding imports and deducting exports. In this respect, the methodology employed shares some of the assumptions used by the FAO [13] to construct its food balance sheets. However, the metabolic methodology offers a biophysical perspective of changes that are not captured by the FAO methodology. For example, the metabolic methodology takes into account all the biomass produced in agro-ecosystems, both above and below ground, as well as dry matter, something that the FAO's methodology does not, since it was constructed for a different purpose. We have deducted the proportion of production allocated to seeds and other uses (fundamentally animal feed but also industrial uses), and we have also deducted the inedible part of foods (pips, peels, and stones). Unlike the FAO food balances, which provide annual food consumption data, our data represent five-year averages and do not take into account variations in stock.

Furthermore, our data reflect apparent food consumption, rather than "real consumption", which is given in the "Survey of Family Budgets" published by Spain's National Institute of Statistics (INE) from 1958 onwards. In addition, these surveys do not always include consumption outside the home, which accounted for 32.3% of aggregated food consumption in Spain in 2015 [14]. This and other factors (accountability of consumption in public institutions, evaluation of losses in the food chain, etc.) might explain the significant difference that exists between these sources and our apparent consumption data in terms of the annual per capita consumption figures. Since our aim is not to assess the nutritional content of diet, but rather the transformation experienced by the agrarian sector, we are particularly interested in "gross" quantities of foods destined to human consumption directly or indirectly, through livestock. Consequently, the metabolic methodology is the most suitable and

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coherent approach to take when working towards this goal, bearing in mind that it ensures the required coherence in the data and in their elaboration.

The food balance series published annually by the FAO since 1961 offer percentages of losses per product throughout the food chain, but not for those losses produced within the home and in other food consumption activities outside the home. For these types of losses, we only have current information. The most recent and complete study about this subject was carried out for the FAO by the Swedish Food and Biotechnology Institute [15]. It compiles information about losses for the five major processes (production, handling and storage post-harvest, processing and packaging, distribution and consumption), and seven geographical areas. The results show a percentage of losses in consumption that is much greater in industrialized than non-industrialized countries. These types of losses are difficult to estimate for the past. Consequently, when calculating losses in consumption, we have assumed the current European value for the years 2000 and 2008, whereas for the previous years, we have extrapolated values taking a linear approach up to 1960, assuming that in that year the percentages of losses would be similar to those found today in Southeast Asia.

Data on apparent consumption have been taken from a much broader study conducted into the metabolism of Spanish agriculture [11] based on Economy-Wide Material Flow Accounting (EW-MFA). This is a well-known methodology that has, however, had to be adapted to the specificities of the agrarian sector. For example, the standard methodology considers part of the products in terms of fresh matter and another part (fundamentally fodder and forage plants) in terms of dry matter [16], adding different weights together. We have chosen to consider all the types of biomass in terms of dry matter, an approach usually taken in specific studies about biomass to avoid the distortions produced by the varying water content values of the different types of biomass, above all, pasture and crops (between 15% and 95%) [17,18].

The EW-MFA methodology provides high quality information about all the biomass extracted in the country, but we also included all the biomass produced, in other words, the actual Net Primary Productivity (NPP<sub>act</sub>) of Spanish agroecosystems and the different categories they encompass, as described below. Among these are the proportions of biomass that are destined for human consumption, either directly or indirectly, through livestock. This methodology distinguishes between the domestic extraction (DE) and domestic consumption (DC) of biomass. This latter element is the result of adding imports from third party countries and subtracting exports from DE. Consequently, DC enables the apparent consumption of human food and the cost of animal feed in terms of biomass to be reconstructed, taking into account the net foreign trade balance.

The sources used to calculate biomass extraction were the statistics provided by the Spanish government, with different degrees of quality and regularity between 1960 and 2008 (most of these publications are available online: <a href="http://www.magrama.gob.es/es/estadistica/temas/publicaciones/anuario-de-estadistica/">http://www.magrama.gob.es/es/estadistica/temas/publicaciones/anuario-de-estadistica/</a>). We have reconstructed the evolution of actual Net Primary Productivity (NPPact) based on the construction of six points in time between 1960 and 2008, employing five-year averages. The methodology utilized for these calculations is set out in Guzmán et al. [19] and explained in Guzmán Casado and González de Molina [12] and Soto et al. [11]. For the calculation of livestock production, we have used data about meat and milk productions available in Spain's Agrarian Statistics Yearbooks [20]. As for inputs, we have mainly used the same Yearbooks, which offer data about the consumption of each type of fertilizer in terms of nutrients, the installed power of farming machinery, the land area covered by greenhouses and other protected crops, and the consumption of pesticides. For electricity and fuel, the data from the yearbooks have been supplemented with figures from FAOSTAT. Land area data for each type of irrigation have been taken from Calatayud and Martínez-Carrión [21], MAPA [7] and MAGRAMA [22].

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#### 3. Results

# 3.1. Changes in Demand: The Shift Away from the Mediterranean Diet

Table 1 shows the fresh plant and animal biomass allocated to satisfying the endosomatic metabolism of the Spanish population. The total quantity of biomass consumed almost doubled, from 18.4 to 35.1 Tg, pushing up consumption per capita by around 30%. However, plant biomass rose during this period by just 12.2%. Growth was intense between 1960 and 1990, but declined by 10.2% between 1990 and 2008. The contribution made by plant biomass to the Spanish diet contrasts with the spectacular growth of animal biomass: between 1960 and 2000, consumption more than doubled, up to 827 g/capita/day, although it moderated over the past decade. Currently, plant biomass accounts for close to 35% of total fresh biomass consumed. The same table breaks down the previous data according to the different food groups, showing a significant decline in the consumption of cereals, legumes, root vegetables, and in contrast, a significant increase in the consumption of meat, dairy, fish, oil, and alcoholic beverages.

**Table 1.** Apparent consumption per food group (g/per capita/day in edible fresh matter).

	1960	1970	1980	1990	2000	2008
Cereals	280	217	186	161	159	182
Legumes	36	34	18	1 <i>7</i>	12	16
Roots and tubers	287	264	256	236	161	131
Vegetables	281	292	306	407	377	344
Fruit	118	173	233	265	249	220
Dried fruits and nuts	8	6	11	7	8	9
Oleaginous plants	7	8	7	14	21	21
Alcoholic drinks	141	255	310	316	324	329
Oil	40	48	73	79	91	87
Sugar	59	83	63	71	80	70
Meat + fat	56	108	157	224	273	243
Eggs	15	27	32	32	28	25
Dairy	291	393	453	449	458	418
Fish	49	51	54	56	70	67
Honey	1	1	1	2	2	2
Plant Biomass	1257	1381	1466	1573	1482	1411
Animal Biomass	411	578	696	761	827	753
Total	1669	1960	2161	2334	2310	2164

Source: Authors' own data based on agrarian statistics.

Table 2 shows the energy value (gross energy of the edible portion), expressed in calories per person per day, of the foodstuffs consumed between 1960 and 2008. There is a 20% increase in the number of calories ingested, between 1960 and 2000, substantially surpassing basic needs, situated between 2314 (1960) and 2434 kcal (2011) [23,24]. However, perhaps the most significant aspect is that this increase has been sustained above all by the ingestion of animal origin foodstuffs. The group of cereals, legumes and potatoes, which constitutes the basis of the diet, dropped from 40% of the energy ingested in 1970 to just over 23% today. In 2000, both groups of foodstuffs provided a similar proportion of energy: 24% and 25%, respectively. The consumption of oil has also increased, supplying almost a quarter of calorie intake in 2008. If we add in oil, fundamentally olive oil, these two groups of foodstuffs, representing 47% of calorie intake, constitute the basis of the Spanish diet [25].

Table 2 also shows a sustained and prolonged tendency to replace plant proteins with animal proteins. Currently, two thirds of protein intake are provided by animal biomass. Table 3 shows the composition of foodstuffs consumed in terms of carbohydrates and lipids or fats. A very high percentage of carbohydrate intake has been provided by plant foodstuffs, and a much smaller percentage comes from animal origin foodstuffs, although the latter has grown in recent decades. As for fats, a distinctive sign of Mediterranean consumption patterns has been the intake of plant fats,

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particularly olive oil. However, the intake of animal origin fats has gradually increased to represent over a third in the present day. Today, fat is provided chiefly by olive oil, meat, and dairy.

**Table 2.** Apparent consumption of food in units per capita per day (1960–2008).

	Plant Bi	omass	<b>Animal Biomass</b>		Total Bi	omass
Year	Calories	%	Calories	%	Calories	%
1960	2400	86.6	374	13.4	2774	100.0
1970	2406	81.7	538	18.3	2944	100.0
1980	2409	78.5	659	21.5	3069	100.0
1990	2398	74.6	816	25.4	3214	100.0
2000	2434	72.8	908	27.2	3342	100.0
2008	2401	74.1	841	25.9	3242	100.0
			Proteins *			
	Plant Bi	omass	Animal B	iomass	Total Bi	omass
Year	G	%	g	%	g	%
1960	49	64	27	36	76	100.0
1970	43	52	39	48	82	100.0
1980	36	43	48	57	84	100.0
1990	35	39	55	61	90	100.0
2000	31	33	62	67	93	100.0

57 Source: Authors' own data based on agrarian statistics. \* These figures reflect the availability of proteins. Therefore, the coefficients of digestibility have not been applied.

89

64

100.0

36

2008

Table 3. Content in carbohydrates and lipids in apparent consumption according to the origin of the foodstuffs, in grams per capita per day (1960-2008).

			Carbohy	drates			_		
Year _	Pla	Plant		Animal		_ kcal	% *		
	g	%	g	%	g	- Kcai	70		
1960	390	96	15	4	405	1620	58.4		
1970	365	95	20	5	385	1540	52.3		
1980	315	93	23	7	338	1352	44.1		
1990	306	93	23	7	330	1320	41.1		
2000	291	92	24	8	315	1260	37.7		
2008	296	93	22	7	318	1272	39.2		
	Lipids								
Year	Year Plant Animal				nal Total		% *		
rear	g	%	g	%	g	– kcal	70		
1960	53	69	23	30	77	693	25.0		
1970	61	64	34	36	95	855	29.0		
1980	85	67	42	33	127	1143	37.2		
1990	91	63	55	38	146	1314	40.9		
2000	104	63	60	36	165	1485	44.4		
2008	100	64	56	36	156	1404	43.3		
of annual of	consumption	on per car	oita in kcal.	Source:	Authors'	own data	Grams of		

<sup>\*</sup> Percentage of annual consumption per capita in kcal. Source: Authors' own data. Grams of proteins and carbohydrates have been multiplied by 4 kcal and lipids by 9 kcal, in accordance with Moreiras et al. [26] (p. 231).

At the start of that decade, carbohydrates provided practically 60% of the total calorie intake. Currently, they provide just 39.2% of the total, substantially below WHO recommendations. In parallel, the percentage of fats in the Spanish diet has increased, and these fats are increasingly taken from animal sources. In the 1960s, the intake of fats was within WHO recommended guidelines, but, by

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the start of the 1990s, the percentage of fats and carbohydrates was practically the same. Today, the intake of fats provides 43.3% of total kcal. They have increased from 77 g per person per day to 156. Meat, milk and other dairy products are directly responsible for the majority of this increase, but they are not the only foodstuffs. The percentages offered by the nutritional assessment of the Spanish diet, conducted in relation to the official data provided by the Food Consumption Panel (*Panel de Consumo Alimentario* [27]] are fairly similar. The consumption of meat has more than quadrupled, from 56 g/capita/day in the 1960s to 243 g/capita/day today, with pork and chicken registering the greatest increases. The consumption of milk increased from 291 g/capita/day to 488 g/capita/day, and the consumption of eggs increased from 15 to 25 g/capita/day.

## 3.2. Changes in the Domestic Food Supply

These changes in diet have been mirrored by the agrarian sector, which has undergone profound transformations to meet the new demands. Table 4 shows the changes that have taken place in land uses. Cropland area, which has been constantly growing since the early 20th Century (16.5 millions of hectares (Mha)), reached its highest level, above 20.8 Mha, in the early 1970s [11]. Since then, it has gradually declined, to the current land area of 17.2 Mha, a loss of 3.6 Mha for crops. In contrast, land uses that could be grouped under the category of "forestry" have increased by 12%. Of particular note is the increase in lands classed as *monte alto* (high forest), populated by more or less homogeneous forest masses, the surface area of which has increased by 68.5% since 1960. This is due to the reduction in pastureland (-10%) and cropland (-15.4%). This reduction is closely related with the cessation of agricultural and livestock activity, which has seen a reduction of around 4.4 million hectares of pasture and cropland since then [28].

**Table 4.** Changes in land uses and actual net primary productivity (NPP<sub>act</sub>).

Area, in Thousands of Hectares								
Land uses	1960	1970	1980	1990	2000	2008		
Crop land	20,413	20,885	20,499	20,172	18,304	17,271		
High Forest	4929	6240	6741	7189	7460	8307		
Coppice	5076	4640	4824	4979	5055	5146		
Open Forest (Dehesa)	3320	3835	4033	3636	3893	4342		
Pasture and scrubland	12,594	11,190	10,691	10,746	11,645	11,294		
Non-productive	4169	3710	3712	3777	4143	4139		
Total	50,500	50,500	50,500	50,500	50,500	50,500		
Actual Net Primary Productivity (NPP <sub>act</sub> ) in Gg of Dry Matter per Year								
Accumulated biomass	16,999	21,683	25,437	23,447	24,362	23,661		
Unharvested biomass	187,468	203,534	196,652	202,860	217,449	222,057		
Reutilized biomass (1)	41,899	35,839	36,581	41,335	43,583	41,891		
Socialized biomass (2)	21,597	22,233	21,541	24,920	25,300	26,592		
Domestic extraction $(1 + 2)$	63,496	58,072	58,122	66,255	68,883	68,483		
Total NPP <sub>act</sub>	267,962	283,288	280,211	292,561	310,694	314,201		

Source: Authors' own data based on agrarian statistics.

Actual Net Primary Productivity grew moderately between 1960 and 2008 (17.3%), owing to the growth of Accumulated Biomass (39%), Socialized Biomass (23%) and Unharvested Biomass (18%). It was the result of two opposing tendencies: on the one hand, the abandonment of "marginal" croplands and pasturelands, which were gained by the forest and which raised the quantity of unharvested and accumulated biomass; but on the other, by the increase in cropland productivity. The increase in Domestic Extraction (+5 Tg) made it possible for Socialized Biomass to grow at a similar rate, especially plant biomass destined for human consumption and raw materials for industry. Meanwhile, Reutilized Biomass, in other words biomass destined for livestock feed and the

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replenishment of seed, remained at practically the same levels as in the 1970s. This does not correspond with the spectacular growth in livestock numbers.

Table 5 shows the different categories that make up domestic extraction (DE). Its increase (7.9%) also conceals several opposing phenomena. In line with the growth in forests and forestry policy, which combines conservation with timber extraction, the extractions of wood for industry tripled, from 2399 to 8160 Gg of dry matter. Extractions of biomass on cropland also increased, by 88.5%, concentrated in cereals (12,635 Gg), olive groves (2327 Gg) and industrial crops (1056 Gg). All crops saw an increase in extracted biomass, with the exception of leguminous vegetables (-467 Gg), which lost over 70% of their production, and vegetables and tubers did not undergo any significant changes. On the other hand, extractions of biomass due to harvest by-products decreased (-7.8%) in line with the introduction of new seed varieties that increased yield coefficients. This decrease was partially compensated for by the increase in pruning by-products from olive groves, vineyards, and fruit trees, but also by the burning of part of them. In line with the energy transition that took place in Spain (Infante et al. 2015) and the country's forestry policy, extractions of timber decreased significantly to just 14% of those registered in 1960. Pastured biomass also fell, by 60%, from 18,837 to 7596 Gg dry matter, a decrease (-60%) due not so much to the decrease in pastured land area (-10%) as to the abandonment or underuse of pastureland. This result seems contradictory at first bearing in mind the increase in livestock numbers we will see below.

**Table 5.** Composition of biomass extracted from agroecosystems in Spain, 1960–2008, in Gg of dry matter per year.

	1960	1970	1980	1990	2000	2008
Primary Crops						
Cereals	7556	10,674	13,110	16,543	18,632	20,191
Leguminous Vegetables	674	607	342	226	296	207
Vineyards	765	1192	1774	1551	1786	1572
Olive groves	1050	1117	1400	1578	2820	3377
Vegetables and tubers	1434	1679	1911	2061	1636	1407
Fruit trees	1094	1146	1358	1576	1704	1773
Industrial Crops	1300	1902	2437	3520	3249	2359
Forage	6078	6496	8464	8521	8532	6660
Total	19,950	24,813	30,795	35,575	38,655	37,547
Residues						
Cereals	9530	11,346	8755	8332	7502	7243
Leguminous vegetables	769	685	332	163	128	068
Vineyards	1624	2093	2239	2054	1524	1777
Olive groves	1480	2024	1869	1716	1654	1648
Vegetables and tubers	127	168	190	234	213	193
Fruit trees	1327	1589	1803	2094	2220	1995
Burned by-products	561	1541	2282	3622	1437	1255
Total	15,417	19,446	17,471	18,214	14,678	14,179
Pasture and forest						
Grazed biomass	18,837	6099	4613	4883	8093	7596
Wood	2399	4671	4135	6543	6333	8160
Timber from forests	6893	3042	1108	1040	1123	1001
<b>Total Domestic Extraction</b>	63,496	58,071	58,122	66,255	68,882	68,483

Source: Authors' own data based on agrarian statistics.

In short, cereals, olive groves, fruit trees, industrial crops and artificial meadows and forage have been the crop groups that have grown the most during the period studied. This corresponds only partially to the specialization in horticultural production and olive oil that, from a monetary perspective, is observed in the evolution of the sector [29,30]. However, the evolution of crops makes

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sense when analyzing, from a biophysical perspective, the growing livestock specialization seen in the sector in recent decades. A very significant change in the use of biomass has taken place.

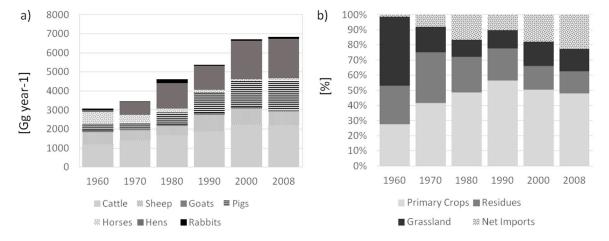
In effect, the production of cereals has almost trebled since 1960, even surpassing the levels attained at the start of the century, accounting for 54% of biomass extracted from cropland, an unprecedented proportion. However, the percentage represented by cereals in the Spanish diet fell by half between 1964 and 2006 [27]. This means that the production of cereals has been increasingly orientated towards animal feed. If we add fodder, which grew by 10% from the start of that decade, harvest by-products (straw, leaves, etc.) and grazed biomass, the total quantity of biomass allocated to animal feed accounts for 57.5% of domestic extraction (Table 6). The quantity is practically the same as in 1960 (40,480 Gg in 1960 vs. 39,367 Gg today), but with significant differences. At the start of the 1960s, a very important proportion of DE was used to feed work animals, which is now practically inexistent. On the other hand, the bulk of livestock back then grazed on pasture or were fed harvest by-products, and to a lesser extent grains, which were destined for human consumption. The size, composition and functionality of livestock numbers today are completely different.

Biomass	1960	1970	1980	1990	2000	2008
Food	7108	7979	9277	9960	9865	9418
Feed	40,480	33,201	33,200	36,553	41,134	39,367
Seeds	858	1097	1098	1159	1012	1269
Wood and fuel wood	13,723	13,420	11,155	13,446	12,854	14,581
Raw materials	766	834	1110	1514	2581	2592
By-products burned	561	1541	2282	3622	1437	1255
Total	63,496	58,071	58,122	66,255	68,882	68,483

**Table 6.** Spain, Destination of Domestic Extraction of Biomass, Gg dry matter.

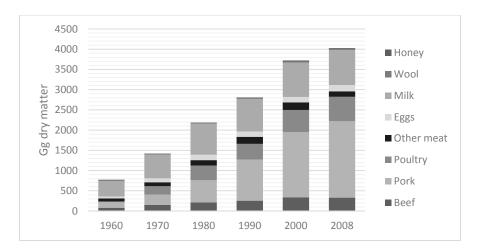
Source: Authors' own data based on agrarian statistics.

Indeed, the changes observed (Figures 1 and 2) reflect the growing importance of the production of meat and dairy products. Livestock numbers and their live weight has more than doubled. Work animals has disappeared, and horses are now largely dedicated to recreational or sporting activities, whereas pigs and poultry currently represent 53.1% of livestock numbers. Cattle livestock has the same weight in 2008 as the start of the 20th Century, when it was a mixed purpose species (food and labor). However, today, cattle breeds are used solely for the production of meat and milk.



**Figure 1.** (a) Changes in Livestock Numbers in Gg live weight; and (b) origin of animal feed (%). Source: Soto et al. [11].

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**Figure 2.** Spain. Livestock production (Gg dry matter). Source: Own calculations based on agricultural statistics.

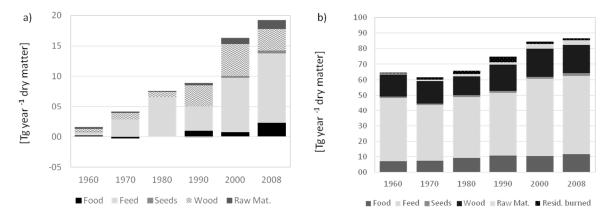
These changes have had a significant impact on livestock feed, since the species at the forefront of growth after 1970 were monogastric animals. This has meant that livestock has become more dependent on quality animal feed (chiefly grains) than on pasture, for which traditional livestock species such as extensively farmed sheep, goats, and cattle are better adapted. Whereas, in the 1960s, livestock feed still depended largely on pasture and on crop by-products (45% and 25%, respectively), since that time, livestock feed has become increasingly dependent on quality livestock feed from crops and industrial transformation (Figure 1b). Hence, in 2008, 48% of animal feed came from crops, and only 29.6% continued to be provided by pasture and crop by-products. These data are congruent with the abandonment of a significant part of the agrarian land area utilized and the underuse of pasture, as shown by domestic extraction figures in Table 5.

## 3.3. Foreign Trade and Domestic Consumption of Biomass

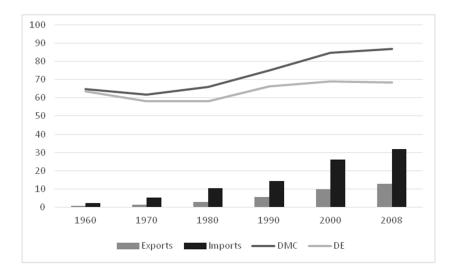
Turning to the international market has made it possible to reconcile all these opposing trends. Until the 1960s, the weight of foreign trade in the economy was still very low, but from that date onwards, growth began to accelerate and it has not yet slowed down. Imports increased from 2206 Gg to 31,929 Gg, while exports rose 637 Gg to 12,672 Gg. There has also been a significant change in its composition: until the 1960s, the majority of biomass flows from foreign trade were concentrated in the category of food for human consumption, but tended to diversify after that date. In 2008, Spain mainly exported wood and food in biophysical terms, and to a lesser extent animal feed. The biggest import, on the other hand, has been feed, which has grown since 1960 to account for almost half of all imported biomass (42%).

Figure 3a shows the net biophysical balance of Spanish biomass trade and highlights two very important phenomena. Firstly, that Spain, despite what the monetary commercial balance indicates, which is positive by over 9500 M€ in 2015 [31], is in reality a net importer of biomass (Figure 3a), as are the majority of European countries [32,33]. Secondly, the data show the progressive integration of the Spanish agrarian sector into the global markets and the growing weight of biomass imports in the functioning of an agri-food system that increasingly demands raw materials. This is shown by the growing distance in metabolic terms between domestic extraction (DE) and domestic consumption (DC). These two indicators evolved on a par up until the 1970s (Figure 4). However, from the 1970s onwards, consumption grew more and at a greater speed than DE, thanks to net imports of biomass for animal feed. Hence, the production of animal feed has become *decoupled* from Spanish agro-ecosystems. Spain's greater commercial integration over the past 50 years explains, therefore, how the DC of biomass has grown at a much more significant rate (34%) than DE (7.9%). In fact, foreign trade has risen from representing 2.5% of DC in 1960 to 22.3% in 2008.

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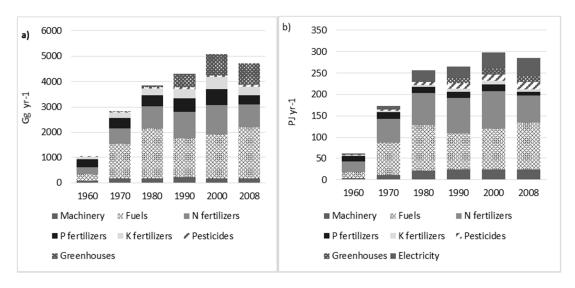
**Figure 3.** Trade and consumption of biomass in Spain: (a) physical trade balance in Tg dry matter; and (b) domestic consumption in Tg dry matter. Source: Soto et al. [11].



**Figure 4.** Decoupling Domestic Material Consumption (DC) from Domestic Extraction (DE), and the role of Trade (Imports/Exports), 1960–2008. Source: Own calculations based on agricultural statistics.

#### 3.4. The Energy and Material Costs of Food Production

In biophysical terms, the growth in DE, especially the DE of crops, has been made possible by the use of a large quantity of inputs moved or manufactured using fossil fuels. Mechanization has skyrocketed, from 160,000 units of harvesters, tractors, and cultivators to 1.4 million. In turn, the average power of the machinery increased from 12.7 to 39.2 KW/unit between 1960 and 2008. As a result, the total installed power increased from 2 to 56 GW. The total number of machinery units in circulation continued to grow throughout the entire period even though the number of new units registered every year levelled off, since few units are retired or taken out of circulation. Hence, even though the specific weight of machinery (in kg per KW) decreased during the period studied [33], Spanish agriculture consumed 72 Gg a year in agricultural machinery in 1960, a figure that increased to 187 in 2008 (Figure 5a). The increase in the numbers of machinery units in circulation sparked an astonishing increase in fuel consumption between 1960 and 1980, from 275 to 1967 Gg a year, oscillating close to this latter value up to 2008.



**Figure 5.** Materials use **(a)**; and embodied energy **(b)** from industrial inputs production in Spanish agriculture (1960–2008). Source: Own calculations based on agricultural statistics and Aguilera et al. [33].

The consumption of nitrogen increased four-fold, from 274 Gg in 1960 to 1153 in 2000, falling to 883 in 2008. The consumption of phosphorous fertilizers doubled, from 299 to 613 Gg  $P_2O_5$  between 1960 and 2000, falling to 376 Gg in 2008. The growing area of land taken up by greenhouses and protected crops has also contributed to the increase in the consumption of materials, in which plastic, steel and concrete are largely consumed. This consumption was inexistent in 1960, reaching 835 Gg a year in 2008, when there were 49,000 ha of greenhouses, 13,000 ha of tunnels and 50,000 ha of plastic padding. Spanish agriculture today is highly dependent on external inputs, just as food depends on imported biomass.

In energy terms, the growing use of industrial inputs has led to a spectacular increase in the consumption of embodied energy, from 61 PJ in 1960 to 290 PJ in 2008 (Figure 5b). Within agriculture, the most relevant cost in 1960 was due to fertilization, which required large quantities of energy to manufacture, principally in the process of synthesizing ammonium to obtain nitrogen. Nitrogenous fertilizers represented 40% of the embodied energy of industrial inputs in 1960, excluding animal feeds. Currently, owing to the stabilization in the use of fertilizers and the development of more efficient methods to synthesize the product, this has fallen to 22% of embodied energy. Furthermore, many other inputs have increased substantially: firstly, fuels, which accounted for 17% of embodied energy in 1960, a figure that rose to 40% in 1970–1980, then falling to 29% in 2008. Meanwhile, electricity increased from 5% in 1970 to 15% in 2008. Imported animal feed has been responsible for the sustained growth in the total embodied energy of Spanish agriculture during the 21st Century, when the other inputs decreased slightly. The large quantity of animal feeds imported from other countries carries a deal of baggage in energy terms, on account of their transportation and their methods of production at source [34].

#### 4. Discussion

In the 1960s, the Spanish population still largely consumed a Mediterranean diet, which was the result of adapting production to the conditions and dynamics of Spain's agro-ecosystems [25]. However, from that decade onwards, the country gradually adopted food consumption patterns typical of developed countries [35], increasingly removed from WHO recommendations [36,37], a phenomenon known as diet "Westernization" [38]. Del Pozo de la Calle et al. [39] calculated the Mediterranean Diet Score (MDS), noting that in 2008 Spain obtained a score of 4, on a scale from 0 to 9, where this latter value signifies maximum adherence to the Mediterranean diet. These habits are

responsible for the fact that 60.9% of the Spanish population is overweight (39.3%) or obese (21.6%) [40] and are associated with degenerative diseases [41] such as colon-rectal cancer [42]. A diet based on the high consumption of livestock products, on the excessive intake of animal proteins and fats, and on the increasing absence of carbohydrates.

This has increased above all the demand for meat, dairy products and eggs, which in turn have sparked a fundamental change in the productive orientation of the agrarian sector: since the 1960s, and markedly in recent decades, production has been largely geared towards animal feed, in other words, towards livestock uses. In effect, the Spanish agrarian sector reacted between 1960 and 2008 by means of a spectacular growth of livestock numbers, the mass introduction of inputs, focusing the extraction of biomass in cropland areas, and paradoxically, through the relative abandonment of pasture and scrublands. However, these changes in food demand have only been partially met through domestic production. The increase in livestock numbers and changes in their composition, where monogastric animals have become extremely important, has been made possible by growing imports of biomass for animal feed from other countries in the European Union and Latin America [9]. Foreign trade is, therefore, a key element in Spain's agri-food system: on the one hand, it enables the productive specialization of Spanish agriculture (in oil and horticultural products) to have an outlet in international markets, especially European ones, while, on the other hand, it allows the growing consumption of meat and dairy observed in the Spanish population to be sustained, providing a very important percentage of animal feed (Figure 1a). This phenomenon is coherent with the data obtained from research about the evolution of the nitrogen cycle in Spain between 1961 and 2010, which has shown the growing dependence of Spanish livestock on imported protein, particularly from Latin America [43,44].

In short, today, the consumption of biomass in Spain largely depends on imports. It currently accounts for a considerable percentage, 27.6%, of NPP, much higher than the global average (12% [45]), but one part in reality is extracted in other countries, bearing in mind that DE accounts for 21.8% of NPP produced by Spanish agroecosystems [11]. The globalization of the Spanish agroecosystem has allowed the pressure on land caused by the increase in the domestic consumption of biomass to be outsourced to other countries. This does not mean that pressure on land has diminished absolute terms, or that the health of the country's agroecosystems has improved. All of these transformations have had a serious impact on Spanish agro-ecosystems.

Firstly, the growing incorporation of external inputs alters the relationship between input and output flows of energy, decreasing the energy efficiency of Spanish agriculture [12,46]. Secondly, intensification and specialization has contributed to lowering the density of internal energy loops (biomass). The relative decline of un-harvested biomass in croplands has exacerbated the degradation of the soil and biodiversity [46,47]. The replenishment of organic carbon in the soil between 1960 and 1990 fell. Even between 1990 and 2008, the sharp increase in internal and external flows of biomass for animal feed barely contributed to increasing soil organic carbon (SOC) due to the fact that these flows had an increasingly lower C:N ratio for the largest proportion of monogastric and ruminant animals, as noted previously [47]. This helps to explain why half of all agricultural land in Spain currently has an organic carbon content of less than 1% [48]. Moreover, the availability of phytomass is necessary to sustain complex food chains of heterotrophic species. The relative decrease in unharvested biomass on cropland negatively affects biodiversity [46,47]. Other factors, such as the use of biocides and the destruction of the diverse territorial matrix, typical of traditional agriculture, are also responsible for the decline of biodiversity in Spanish agroecosystems [49,50]. Thirdly, the massive importation of N in feed and mineral fertilizers (553 and 1150 Gg in 2000, respectively) increased the surplus and the losses of N, which in turn pollute water resources and could have a negative impact on biodiversity [43,46]. Finally, the increase in erosion rates [51,52] and the salinization and overexploitation of water resources [53] have gone hand in hand with the intensification and specialization of Spanish agriculture from 1960 to the present day.

Our provisional results for the GHG emissions balance of food production in Spain [54] indicate that GHG emissions have risen considerably, increasing four-fold between 1960 and 2008. This growth is associated with the increase in industrial inputs and animal feed, the production of which generates changes in land uses in the countries of origin, as well as emissions derived from the cultivation of soy or corn, for example, both directly and indirectly. Furthermore, the increase in livestock numbers has pushed up emissions of enteric methane and manure management. In any case, emissions in the agricultural sector, and above all the livestock sector, have become one of the most relevant sources of emissions in the Spanish economy [54].

The drivers behind this "major transformation" of the agro-ecosystem have been very diverse. In terms of supply, the struggle against declining agrarian revenues [55], through the increase in land and labor productivity [4], have led to productive specialization and intensification on croplands, and to the abandonment of non-irrigated lands further inland, with low productivity levels, and extensive livestock farming, on account of low profitability. Indeed, between 1960 and 2009, the number of farms in existence fell by two-thirds, and the rural population declined from 14.89 million to 5.97 million, from almost half the Spanish population to just 12.76% [56,57]. The active agrarian population has fallen from 4.70 million to just over 800,000, representing just over 4% of employed workers. Agricultural land area dropped from 20.4 million to 17.2 (Table 4). Similarly, livestock has undergone an acute process of concentration of farms, the industrialization of its production processes [30,58–60] and the vertical integration of the agri-food industry, increasing supply and reducing the final product price. Pigs and poultry are a good example of this fundamental transformation [61–65].

In terms of demand, the relationship between an increase in per capita income and an increase in the energy and animal protein content of the diet has been well documented [35] (for a review, see [41]). This has certainly occurred in Spain, facilitated by falling food prices [38] and the declining importance of food expenses in family budgets, which fell from 48.7% in 1960 to 16.8% in 2015 [66]. However, the increase in income only explains the increase in the consumption of meat and dairy products and the progressive distancing from the Mediterranean diet. It does not explain, however, why this increase in meat has been based on monogastric livestock, depending on imported quality grains and not on pasture or harvest by-products. Figure 6 compares changes in the prices paid by consumers for pork and chicken and other animal origin foodstuffs, with changes in a selected group of basic vegetable foodstuffs. It shows how animal origin foods have become progressively cheaper, whereas vegetables have become increasingly more expensive. This explains how pork and chicken, eggs, milk and yoghurts have become as affordable for consumers as bread, cereals, legumes, fruit and vegetables. Of particular note has been the declining price of pork, owing to the economies of scale of intensive farms that are increasingly concentrated, and the importation of cheap grain (corn and soy), which has brought down the end price of this type of meat. In 2015, Spain even became the EU's leading exporter of pork [67].

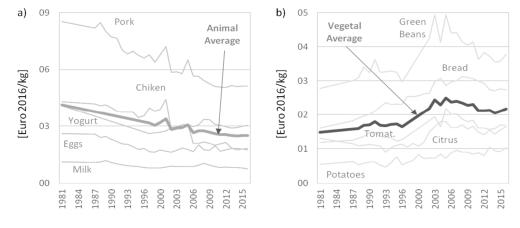
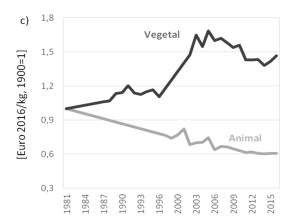


Figure 6. Cont.



**Figure 6.** Comparison between the prices paid by consumers for certain animal and vegetable products. Source: *Encuesta de Presupuestos Familiares and Encuesta Continua de Presupuestos Familiares* [Survey of Family Budgets] [68]. (a) Selected animal food prices; (b) selected vegetal food prices; (c) animal and vegetal prices.

As we have seen, the globalization of food markets has turned Spain into a net importer of biomass, favored by comparatively lower prices of agricultural commodities (soy, corn, etc.) in international markets, which are the bases of intensively farmed livestock feed [69,70]. What has actually occurred has been an outsourcing of part of the land consumed by the Spanish agri-food system to third party countries, with lower production costs. Imports of soybeans and corn for feed amounted to almost 2 million hectares in 2008, i.e. 11.6% of Spanish Cropland, using the average yields of the main countries of origin (Brazil, Argentina, and USA). In 1960, it was only 0.6%.

#### 5. Conclusions

According to economic historiography, the Spanish agrarian sector has contributed positively to Spain's economic development. However, the industrialization of Spanish agriculture has brought about profound changes in land uses and in the functionality of the biomass produced, increasing pressure on croplands and, paradoxically, facilitating the abandonment of an important proportion of pasture and croplands. This has led to an orientation towards livestock in Spain's agrarian sector, in other words, the subordination of a very significant portion of Spanish agroecosystems to the food demands of intensive livestock farming. The industrialization of agriculture and livestock farming is leading to the deterioration of the environmental quality of agro-ecosystems. As we have seen, this process has been based on the injection of large quantities of external energy, on the destruction of employment and on the declining profitability of agrarian activity.

Agricultural production has indeed undergone significant growth since the 1960s, increasing food supply and even turning Spain into a major exporter of agri-food products, but this has been insufficient to deal with the growing demand created by the change in the Spanish diet and the increasing trend to focus on livestock farming. The process of globalization has allowed both roles to be reconciled, although in recent decades Spain has accentuated its role as a net importer of biomass from a biophysical perspective, with very significant impacts on third party countries, particularly in Latin America. Consequently, it cannot be said that the industrialization of Spanish agriculture has been an entirely successful process, without taking into account the social and environmental costs it has brought to bear.

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**Author Contributions:** This has been a collective research that has benefited from the different specialization in different fields of knowledge of each of its authors. It is, therefore, an interdisciplinary research, in which the contributions of each author cannot be distinguished.

**Conflicts of Interest:** The authors declare no conflict of interest.

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