



Article Accommodation Consumers and Providers' Attitudes, Behaviours and Practices for Sustainability: A Systematic Review

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Abstract: Accommodation and lodging are an integral component of the tourism and hospitality industry. Given the sectors' growing contribution to resource consumption and waste, there is a growing body of literature on the attitudes, behaviours and practices of consumers, managers, staff and owners of lodging with respect to sustainability. This paper presents the results of a systematic analysis of articles on attitudes, behaviours and practices of consumers and the provision of accommodation with respect to sustainability. The results indicate that there is a dearth of longitudinal studies on the sustainability of practices and behaviours. There are limitations in geographical coverage as well as methods, with research dominated by convenience sampling approaches. It is concluded that while there appear to be improvements in the potential sustainability of lodging with respect to technological approaches, the lack of systematic long-term studies on behavioural interventions represents a significant challenge to reducing the absolute emissions of the sector as well as reductions in energy and water use and waste production. Given the lack of longitudinal studies, it is not known whether observed behavioural changes are sustained over time.

Keywords: accommodation; behavioural change; behavioural intervention; hospitality; lodging; social marketing; sustainable behaviour; sustainable consumption; sustainable practices; tourism

1. Introduction

The impacts of tourism on the natural and social environment have been a long-standing focus of tourism and hospitality research [1]. As a subsector, accommodation and lodging have been recognised as having a range of significant effects. After aviation and car transport, the accommodation sector is estimated to contribute 21% of tourism's global greenhouse gas emissions [2]. In addition, the sector is a major user of energy, land and water resources as well as a contributor to water, food and other waste [3–7].

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Much of the focus in improving the sustainability of the accommodation and lodging sector, as with tourism overall, has been on encouraging the adoption of technologies and management systems that produce greater efficiencies in per room or customer inputs and outputs [7–13]. For example, the World Economic Forum [14] (p. 7) suggests, 'For the accommodation cluster, reductions in carbon emissions will primarily be driven by the use of existing mature technologies in lighting, heating and cooling that can significantly improve hotel energy efficiency'. Undoubtedly, greater efficiencies are an important component of improvements in sustainable consumption of tourism resources. However, concerns also exist about the extent they may contribute to undesirable rebound effects unless there is also simultaneous attention paid to changes in actual consumption behaviour as well as the adoption of technological, behavioural and policy innovations that also contribute to greater sustainability [15–24]. Therefore, there is a growing body of literature on the attitudinal and behavioural dimensions of sustainable tourism and hospitality, including with respect to accommodation and lodging, as well as the persistent gap between consumers' typically positive explicit attitudes towards sustainability and their actual consumption behaviours [22,24–27].

Research on sustainable accommodation attitudes and practices is centred around investigating the perspectives of producers and consumers. Producer or supply side research focuses on the attitudes of accommodation managers, owners and employees toward sustainability and their environmental policies and practices. Consumer focussed research examines the perceptions and behaviours of tourists towards the sustainable practices of accommodation providers, consumer practices, support for green accommodation product, and the impacts of government or producers actions on consumer behaviour. In addition, there is growing interest in stakeholder based approaches to understanding the sustainability policies and practices of accommodation providers [28,29]. However, despite significant interest in improving the sustainability of accommodation and lodging properties, there is little knowledge of the extent to which changes in consumption behaviours and sustainability practices have been maintained over time nor of the means by which behaviours and practices have been studied. Therefore, this study provides a systematic review of journal articles covering issues of consumer and producer behaviours and attitudes with respect to the greening and sustainability of accommodation and lodging. By using the systematic review methodology, a broad overview of the literature is created, allowing trends and themes to become clear. From this, conclusions can be drawn on the key findings and on future research directions.

2. Materials and Methods

The power of systematic literature reviews in providing statistically reliable conclusions has long been acknowledged in the field of health, where the use of systematic reviews is integral to evidence-based healthcare [30]. However, in tourism the use of systematic reviews is limited [31].

The PRISMA framework and 27-item checklist were used to guide the data selection and collection for this paper [32,33]. As with all research, the value of a systematic review depends on what was done, what was found, and the clarity of reporting, which in turn is based upon the clarity of the original research and its interpretation. The aim of the PRISMA Statement is therefore to help authors improve the reporting of systematic reviews and meta-analyses [33].

The search aimed to account for several dimensions that make up the focus of this review. To do this, the search looked at four keyword groups: tourists, behaviour, environment and accommodation type. Within each keyword group, synonyms were identified within relevant research through searches undertaken during the preliminary narrative literature review. This ensures that no relevant research is excluded through the use of applicable terminology that is not identical to the keywords. Keywords were identified via reading through literature and communication with researchers in the sustainable tourism and hospitality field who acted as an expert reference group. Search terms were also refined via trial exercises and the capacity of any search to identify relevant benchmark papers.

The formal systematic review was undertaken by an examination of the Web of Science and Scopus databases along with library searching and surveys of Google Scholar. The Scopus database was find to

be more advantageous for the tourism and hospitality field because of its wider journal coverage. For the purpose of this study, only records from peer-reviewed periodicals were included in the systematic review. Therefore, books and book chapters, conference papers, and industry and government reports were excluded from the systematic review but were used for the thematic review that helped identify key terms. The full search term below shows the exact terms used to generate potential records for examination. Other refining elements used in searches of the Scopus databases were to select only document types classified as "articles" or "reviews", and only documents published before 2015: TITLE-ABS-KEY ("consumer" OR "target audience" OR "tourism" OR "tourist" OR "travel*" OR "holiday*" OR "VFR" OR "vacation*") AND TITLE-ABS-KEY ("response" OR "perception" OR "attitude" OR "behaviour" OR "motivation*") AND TITLE-ABS-KEY ("sustain*" OR "green*" OR "environment*" OR "ecolog*" OR "CSR" OR "carbon" OR "emission*" OR "energy" OR "waste") AND TITLE-ABS-KEY ("accommodation" OR "backpacker*" OR "hostel*" OR "motel*" OR "hotel*" OR "lodging" OR "caravan park*" OR "holiday park*" OR "cabin*" OR "campground*" OR "resort*") AND DOCTYPE (ar OR re) AND PUBYEAR < 2015.

The initial database search retrieved 572 documents. After screening for papers clearly not relevant to the subject, the number of appropriate articles was reduced to 105. From there, a small number of non-duplicate papers were added raising the total to 109 papers. Out of the 109 papers, only 93 were reviewed, due to the fact that nine could not be accessed, and seven were found to be not relevant to the study. Data was then recorded for each individual article including research method, sample method, sample size, sample demographics, target sample audience, geographical location of study, accommodation type (if applicable), variables, longitudinal study or not, and the key findings.

3. Results

Of the 93 papers, 44 were primarily consumer related with a main focus on tourists and visitors (Table 1). The remaining studies were producer related and studied specific hotels, their managers and employees (Table 2). Only two papers [34,35] included substantive research on both consumer and producer perspectives with respect to environmental practices and perceptions. The various elements of these papers has been included in both tables for ease of convenience. Over two-thirds of studies were undertaken in the period 2010–2014, reflecting the growing interest in the field. Many of the studies were exploratory in nature either reporting on profiles or not specifically aiming to test theory or scales, although many were theoretically informed. Of the 93 studies, only one was longitudinal with respect to charting changes in behaviours over time. This was a producer related study on attitudes and behaviours towards climate change by small-scale rural accommodation providers in New Zealand [36]. The absence of such studies arguably has significant implications for understanding the sustainability of behavioural change.

Citation & Location	Sample		Method	Main Variables	Key Findings	
Firth & Hing [34]	Sample Size $(n =)$	6 Structured interviews; 60 guest surveys	Interview & survey	-	17% of respondents stated that because of the increased level of environmental awareness in Byron Bay, they had	
1999	Target Sample	Backpacker hotel manager; Backpacker guests			been implementing ecofriendly practices such as recycling while holidaying. 12% admitted that, while	
Byron Bay, Australia	Sample Demographic	29 male and 31 female respondents. 27 aged 21–25, 13 aged 26–30, and only 7 aged over 30. 78% overseas visitors (UK, 32%)			environmentally conscious at home, they abandoned this level of responsibility while on holiday.	
Fairweather, Maslin & Simmons [37]	Sample Size (n =)	295	Convenience interviews	-	One-fifth of respondents recalled places with eco-labels, and only 13% had ever heard of any tourism eco-label. 33%	
2005	Target Sample	Visitors	convenience interviews		had some experience of ecolabels. 61% of respondent	
Christchurch, New Zealand	Sample Demographic	-			expressed biocentric values, 39% expressed ambivalent values but not anthropocentric values towards nature.	
Lee & Moscardo [38]	Sample Size $(n =)$	pre-visit survey: 242, post-visit survey: 396	Survey	Environmental knowledge, awareness,	Few statistically significant differences between pre-visit and post-visit samples. Visitor awareness of, and	
2005	Target Sample	Tourists	Survey	attitudes and behavioural intentions, pre-visit and post-visit Motivational factors for visiting an ecolodge	involvement in, environmental management practices or, and an participation in nature tour activities had significant effect on environmental attitudes and behaviours. Attractions and natural experiences are major pull factor	
Australia	Sample Demographic	-				
Chan & Baum [39]	Sample Size $(n =)$	29				
2007	Target Sample	English-speaking European hotel guests	Purposive interviews		Escapism is often listed as a push factor. Pull factors seem to have stronger influence.	
Malaysia	Sample Demographic	-				
Manaktola & Jauhari [40]	Sample Size $(n =)$	66	_	Consumer attitude,	Consumers expect tangible green practices such as towel	
2007	Target Sample	Hotel guests	Convenience survey	behaviour and willingness to pay for	and linen reuse, and communication about green practices. They also reported that they would pay	
India	Sample Demographic	75% over 25 years of age, 96% graduates		green practices, consumer willingness to pay	between 4%–6% extra for visible green practices.	
Nepal [41]	Sample Size $(n =)$	120		Hikors' importance and	Hikers rated lodging recommendations from peers,	
2007	Target Sample	Trekkers/Hikers	Intercept survey	satisfaction of amenities	comtortable living room, environmental quality, peaceful atmosphere, and host friendliness highly. Less importance	
Nepal	Sample Demographic	75% younger than 35, 63% graduates, 66% earned <\$30,000 USD			on sanitation and hygiene. Were willing to pay a little extra for eco-fee.	

Table 1. Overview of consumer oriented papers.

Citation & Location	Sample		Method	Main Variables	Key Findings	
Dalton, Lockington & Baldock [42]	Sample Size $(n =)$	-		Enorgy ratriaved from renewable	Customers appeared willing to pay 1%_5%	
2008	Target Sample	Guests in 3.5 to 4.5 star cabin and hotel accommodation	Convenience survey	energy sources, amount willing to pay for accommodation	more if the energy used from the hotel was from a renewable source.	
Brisbane, Australia	Sample Demographic	-				
Goldstein, Cialdini & Griskevicius [43]	Sample Size $(n =)$	1058		Phrasing on a message used on a towel	Through crafting a message with a descriptive norm	
2008	Target Sample	Guests in midsize, midprice hotel	Experiment	rack regarding the hotel towel reuse programme, guest participation within the hotel towel reuse programme	a significantly higher rate of guests participated in the towel reuse programme than those who received a generic environmental message.	
USA	Sample Demographic	-			0	
Tsai & Tsai [44]	Sample Size $(n =)$	815			Participants felt willing to support sustainable hotel	
2008	Target Sample	Guests of international 5-star hotels	Intercept survey	Environmental ethics, green consumption behaviour	practices to a greater extent than their personal actions. No difference in preferences	
Taiwan	Sample Demographic	59% female, 45% aged 20–39			for 'green' and non-'green' hotels	
Choi, Parsa, Sigala & Putrevu [45]	Sample Size $(n =)$	200	Convenience survey	Environmentally responsible practices,	Greek participants regarded	
2009	Target Sample	University students		willingness to pay	practices more important than US participants.	
Greece & USA	Sample Demographic	-				
Han, Hsu & Sheu [46]	Sample Size (n =)	428				
2010	Target Sample	Hotel guests	Convenience survey &	Attitude toward green products, intentions to stay at a hotel	A consumer's 'green' attitude is a key mediator of their intention to stay at a 'green' hotel.	
USA	Sample Demographic	51.2% female, 44.5% average age, 89.5% graduates	iccus group			

Citation & Location	Sample		Method	Main Variables	Key Findings	
Han & Kim [47]	Sample Size (n =)	469		Intention to revisit, service quality,	Study showed that the theories of Planned	
2010	Target Sample	US hotel customers	Purposive survey	satisfaction, overall image and	Behaviour and Reasoned Action were not good predictors of revisit intentions for	
USA	Sample Demographic	51% female, 80.6% had a tertiary qualification 79% earned less than \$69,000, 71% stayed at a green hotel one or less times per year		nequency of past behaviour	green hotels. The study found four constructs that could be incorporated into these models: service quality, satisfaction, overall image and frequency of past behaviour.	
Kim & Han [48]	Sample Size $(n =)$	389	_	Willingness to pay for green hotels,	All variables the research added to the TPB	
2010	Target Sample	US hotel customers	Random survey	variables as well as environmental	conventional hotel prices for a green hotel.	
USA	Sample Demographic	52% female, mean age of 44.92%, 34.3% were college graduates, 52.7% stay in a hotel 2 to 5 times a year		concerns, perceived customer effectiveness and environmentally conscious behaviours	Respondents were happy to have minor inconveniences, e.g., reusing towels and using recycled products, and were keen to learn about the positive environmental attributes of green hotels.	
Kwan, Eagles & Gebhardt [<mark>49</mark>]	Sample Size $(n =)$	331	Random survey	_	The majority of ecolodge guests were US residents between 36 and 55 years of age, of	
2010	Target Sample	Ecolodge Guests			higher income brackets, spent 1–2 weeks in	
Belize	Sample Demographics	25.7% aged 46–55 73% US residents 77.4% graduates			Belize, got their travel information from the Internet, and intended to travel to Belize to experience the natural environment.	
Lee, Hsu, Han & Kim [50]	Sample Size $(n =)$	416				
2010	Target Sample	Hotel users and hotel staff		The green branding of a hotel	Green consumers have greater intentions to	
USA	Sample Demographic	80% white, 88% graduate, 52% female, 67% earn between \$40,000 and \$70,000 USD	Random survey	intentions to stay in a "green" hotel	stay at a "green" hotel	

Citation & Location	Sample		Method	Main Variables	Key Findings	
Tsagarakis, Bounialetou, Gillas, Profylienoi, Pollaki & Zografakis [51]	Sample Size $(n =)$	2308			The vast majority of consumers would prefer to stay	
2011	Target Sample	Tourist who has recently used a hotel in Crete	Intercept survey	Willingness to pay and use hotels with energy saving installations and/or	in a hotel with energy saving installations and/or renewable energy sources assuming identical cost and guality. The majority of these consumers would be	
Crete, Greece	Sample Demographic	45.4% stayed in 4 star or greater, average stay was 10 days		renewable energy sources, demographics	willing to pay extra for hotels that use these sustainable energy practices	
Bastic & Gojcic [52]	Sample Size $(n =)$	611		Tourist expectations of four dimensions:	The most important factor among tourists was the	
2012	Target Sample	Environmentally sensitive tourist		hotel staff eco-behaviour, environmentally friendly and healthy equipment, efficient energy and water usage, availability of bio food, nationality, education, income, whether they stayed in an eco-certified hotel or not	behaviour of hotel staff, including recycling and waste minimisation. The least important was the availability of organically sourced vegetarian food	
Slovenia & Austria	Sample Demographic	58.4% female, 48.3% from Austria, 37.6% earned over 2000 Euro per month, 54.9 % high school graduates	Intercept survey		though all factors were found to be somewhat important. Level of education has no significant effe on expectations. There was a significant relationshi between expectations and monthly income with higher income resulting in higher expectations.	
Chen & Peng [53]	Sample Size $(n =)$	181		Intention to stay at a green hotel and behaviour (whether they stayed at a green hotel), attitude toward eco-labels, perceived behaviour control, social norms and knowledge of hotel eco-labels	Those with higher knowledge and positive attitudes toward green hotels are more likely to stay at a green hotel. Those with lower knowledge are more likely to	
2012	Target Sample	Chinese residents who travelled to Europe in the last 12 months	Quota survey			
China	Sample Demographic	20.9% from Shanghai, 35% from Beijing, 44.1% Guangzhou			be motivated by the recommendations of others.	
do Valle, Pintassilgo, Matias & Andre [54]	Sample Size $(n =)$	474			"typical sun and beach tourists", show a low willingness to pay the proposed accommodation tay.	
2012	Target Sample	Tourists on select beaches in Portugal	Intercept survey	Willingness to pay tax, tourist segment	The receptivity to this measure is above average in three segments, termed as "environmental steward	
Algarve, Portugal	Sample Demographic	40% British, 42% Dutch, 16% Portuguese, 18% Other			tourists", "nature oriented tourists" and "frugal tourists".	
Hu [55]	Sample Size $(n =)$	300			Clear factual claims about environmental policy	
2012	Target Sample	-		Attitude toward the advertisement, brand	makes for more effective marketing communication	
Taiwan	Sample Demographic	56% female, 44% married, 72% under the age of 40, 74.3% had a college degree, 55% earned less than \$40,000 per year	Intercept survey	attitude and purchase intention, type of advertisement the consumer was exposed to as well as their level of involvement in environmental issues	than vague statements. Advertisements that emphasise self-expression are more effective than those that focus on concepts of nature. Those with low involvement less interested in both emotional and rational appeals	

Citation & Location	Sample		Method	Main Variables	Key Findings	
Kim, Palakurthi & Hancer [56]	Sample Size $(n =)$	133		Intention to stay at an environmentally friendly	The existence of four programs predicted intention to stay in an	
2012	Target Sample	Members of travel-related online communities	- Random survey	environmentally friendly programs, gender, age, education, annual income, travel purpose, cost per night of last hotel, frequency of hotel stay	environmentally friendly hotel: solid waste and water program in guestroom, energy program, solid waste and water program in housekeeping, and a biodiversity program.	
-	Sample Demographic	-	_	and self-described environmental mindedness		
Chan [35]	Sample Size $(n =)$	1090			The two statements that gained the highest level of agreement	
2013	Target Sample	Hotel customers and hotel managers	Convenience survey	Perceptions of hotels' green practices' impact,	amongst both hotel managers and customers were: "The internet is an effective channel for marketing a hotel's green initiatives directly to customers" and "Green hotels can elevate	
Hong Kong	Sample Demographic	55 hotel managers, 1035 customers	-	perceptions of notes' green practices	industry members' image and reputation to attract green tourists who demand green accommodation when travelling".	
Ham & Han [57]	Sample Size $(n =)$	263				
2013	Target Sample	Airline passengers at terminal	Intercept survey	Consumers' perceptions of hotels' green practices, customer loyalty to green hotels, perceived fit between a hotel's core business and	Environmental concerns moderate the link between perceptions of a hotel's green practices and visit intention. Percentions of fit between a hotel's core business and its green	
Korea	Sample Demographic	53% male, 28% income above \$40,000 USD		its green practices	practices significantly affect behavioral intentions.	
Han & Chan [58]	Sample Size $(n =)$	30				
2013	Target Sample	Mainland Chinese tourists, English speaking international tourists	- Convenience based interviews	Perceived impact of sustainable practices in hotels, willingness to pay for green hotels, attitude toward sustainable tourism practices.	A majority of the interviewees were willing to pay higher rates for green hotel rooms	
Hong Kong	Sample Demographic	50% Chinese tourists, 50% English speaking tourists	-			
Kucukusta, Mak & Chan [59]	Sample Size $(n =)$	150			Visitors interpreted CSR as consisting of: community policy.	
2013	Target Sample	Tourists at key tourist attractions around Hong Kong	- Intercept Survey	Willingness to stay at hotels implementing CSR practices; awareness of CSR practices	mission and vision, workforce, and environment. Environment and mission and vision are the most important factors affecting service quality, preference to stay,	
Hong Kong	Sample Demographic	18% VFR, 15% work purpose, 54 % vacation, + other	-		willingness to pay, and brand image.	
MacIntosh, Apostolis & Walker [60]	Sample Size $(n =)$	333			Consumers held moderate levels of environmental awareness and their behavioral intentions were mildly impacted by the organisation's ER initiatives. For employees the framing of environmental messages caused dissonance but consumers were influenced by the ER activities.	
2013	Target Sample	Customers of a mountain resort	Convenience survey	Behavioural intentions; organisation's environmental responsibility (ER) initiatives		
Quebec, Canada	Sample Demographic	54% male28.5% travelled less than 25 kms to resort	-			

Citation & Location	Sample		Method	Main Variables	Key Findings	
Mensah & Mensah [61]	Sample Size ($n = $)	384		Willingness to purchase: environmental	72.2% of respondents did not believe that hotels	
2013	Target Sample	International tourists at tourist attractions	Intercept survey	attitude of tourists, tourism's contribution to climate change	impact negatively on the environment. Only 14.7% of respondents agreed that hotels claiming to be environmentally responsible were so	
Accra, Ghana	Sample Demographic	56% female, 52% bachelors degree			environmentally responsible were so.	
Miao & Wei [62]	Sample Size $(n =)$	1185			Participants reported a significantly higher level of	
2013	Target Sample	Employees of an HR database	Random survey	Pro-environmental behaviour; household and hotel settings	pro-environmental behavior in a household setting. Normative motives are the dominant determinant of pro-environmental behavior in a household	
USA	Sample Demographic	"Representative, diverse population", 33% male			setting, and hedonic motives are the strongest predictor in a hotel setting	
Millar, Mayer & Baloglu [63]	Sample Size ($n = $)	571				
2013	Target Sample	American travelers			Attitudinal differences between business and leisure	
USA	Sample Demographic	Business travelers: 36% < 40 years, 52% earned >\$55,000 per year, 42% female, 87% had tertiary qualification Leisure travelers: 69% < 50 years old, 46% > \$55,000 pa, 57% female, 76% had tertiary qualification	Convenience survey	Perceived importance of green attributes in hotels such as easy access to recycling facilities; purpose for travel (business or leisure) and green behaviour at home	travelers are insignificant. A number of environmental actions a hotel can take that were important to consumers include: access to recycling bin in hotel lobby, occupancy sensors to control lighting energy use and sustainable towel and linen polices. This can be important for creating a green experience as well as mimicking the customer's personal lifestyle.	
Miththapala, Jayawardena & Mudadeniya [64]	Sample Size $(n =)$	4500		Satisfaction levels, places visited within		
2013	Target Sample	Tourists at airport	Intercept survey	Sri Lanka; Gender, repeat visitor,	Hotel guests will increasingly desire to participate and assist hotels in achieving efficiency targets	
Sri Lanka	Sample Demographic	57% male, 43% female		purpose of visit, length of stay	and about notes in achieving enterency angels.	
Prud'homme & Raymond [65]	Sample Size ($n = $)	473			Customer satisfaction is positively influenced by the	
2013	Target Sample	Hotel customers	Convenience survey	Customer satisfaction; sustainable development practices implemented in	hotel's adoption of sustainability practices. The	
Quebec, Canada	Sample Demographic	61% female, 36% tertiary education- bachelor degree		hotels, hotel size, ownership structure	level of customer satisfaction varies according to the hotel's size and type of ownership.	
Slevitch, Mathe, Karpova & Scott-Halsell [66]	Sample Size ($n = $)	1140			Confirmed non-linear nature of customer	
2013	Target Sample	University faculty of two universities	Convenience survey	Customer satisfaction; green attributes	satisfaction response and indicated that lodging industry "green" attributes impact customer satisfaction similarly to facilitating attributes.	
USA	Sample Demographic	62% female, 70% married.				

Citation & Location	Sample		Method	Main Variables	Key Findings	
Baker, Davis & Weaver [67]	Sample Size (<i>n</i> =)	208			The value an individual places on pro-environmental behaviour	
2014	Target Sample	Regular domestic tourists	Convenience	Pro-environmental attitudes, behaviours and	has the greatest effect on intentions to stay in a "green" hotel.	
USA	Sample Demographic	68.3% female, 43.8% 26–35, 54.8% graduates	survey	stay in a "green" hotel	Inconvenience, perceptions of cost-cutting, and decreased luxury are perceived as barriers to a "green" hotel	
Chan & Han [68]	Sample Size $(n =)$	237	Factorial		Advertising featuring environmental practices perceived to have higher	
2014	Target Sample	University students	experimental	Attitude towards advertisement, attitude	environmental impact generated a more favorable effect than environmental	
Hong Kong	Sample Demographic	70% female, 30% male. 76% Hong Kong, 24% mainland China	design; convenience sampling	towards brand image, attitude towards advertising effect, gender, age.	by environmental practices or consumers' environmental concern. Consumers with higher concern for the environment were more affected by high impact environmental practices than consumers who cared less.	
Chang, Tsai & Yeh [69]	Sample Size ($n = $)	350				
2014	Target Sample	People at the checkout counters of three of the 19 winners of a 2008 Taiwanese green hotel competition	Quasi-random survey	Tourists behaviour intentions for staying overnight at green hotels; environmental education	A green hotel that provides green service can be supported by environmental education.	
Taiwan	Sample Demographic	-				
Chen & Tung [70]	Sample Size $(n =)$	559				
2014	Target Sample	Anyone	Convenience	_	Consumers' attitude toward green hotels, subjective norms, and perceived behavioural control exert positive	
Taiwan	Sample Demographic	87% 20–29 years old, 60% students	questionnaire		influences on the consumer's intention to visit green hotels	
Chia-Jung & Pei-Chun [71]	Sample Size ($n = $)	390				
2014	Target Sample	University staff, graduates and students	Convenience	Factors influencing selection of green hotels;	When tourists select a green hotel, the most important attribute is the provision of personal toiletry items, followed by room and service quality.	
Taiwan	Sample Demographic	58.7% females, 48.5% between 20 and 30 years old	survey	selection of green hotels	Willingness to comply with environmentally friendly behaviour and green measures was not a significant determinant in selecting green hotels.	
Esparon, Gyuris & Stoeckl [72]	Sample Size ($n = $)	610	Random &	Attitudes toward the 8 attributes of the certification scheme: the perceived importance	At accommodation visitors perceived most aspects of the certification scheme to be important. Consumers do not see certification as an important part of a	
2014	Target Sample	Visitors to the Wet Tropics World Heritage Area	intercept surveys	of each of these attributes; the perceived performance of tourist operators; type of	tourism operator's environmental policy. Visible environmental initiatives such as the upkeep of clean beaches are more important to consumers thar	
Queensland, Australia	Sample Demographic	60% female, 55% below 50 years of age, 82% had post-secondary education		tourism operator the respondent interacted with (accommodation, tour or attraction based business); certification status of tourism operator	programs that operate "behind the scenes". Certified operators were perceived to perform better than non-certified operators on all attributes.	

Citation & Location	Sample		Method	Main Variables	Key Findings	
Horng, Hu, Teng & Lin [73]	Sample Size ($n = $)	434			Energy saving and carbon	
2014	Target Sample	Foreign tourists in Taiwan		For any service of a service of	tourists. Tourists generally did not believe	
Taiwan	Sample Demographic	Mainland China= 260, Hon Kong & Macau = 131, Japan = 16, South Korea = 10, Southeast Asia = 17	Convenience survey	reduction behaviour	that tourism and related construction cause serious damage to the environment. Convenience is a main concern in practising sustainable behaviour.	
Huang, Lin, Lai & Lin [74]	Sample Size $(n =)$	458			Statements of environmental protection are	
2014	Target Sample	Business customers to hotels	Convenience survey	Green customer behaviour, age, gender, environmental consciousness	regarded more favorably by consumers than cash discounts. Different genders had	
Shanghai, China	Sample Demographic	62% male, 38% female			significantly different green behaviours.	
Liu, Wong, Shi, Chu & Brock [75]	Sample Size $(n =)$	243				
2014	Target Sample	Independent travelers who patronise locally managed 3–4 star hotels	Convenience	Brand preference, CSR performance and	Chinese consumers are beginning to use	
China	Sample Demographic	57.7% female, 71.2% were above 32 years old, 80.7% college educated	questionnane	percerved brand quanty	Cox mormation to evaluate brands.	
Noor & Kumar [76]	Sample Size $(n =)$	216			Individuals who participated in	
2014	Target Sample	Tourists at Kuala Lumpur International Airport	Intercept survey	Pro-environmental attitudes, pro-environmental intentions	pro-environmental behaviour (those who environmental attitude was more positive), were more likely to choose to	
Malaysia	Sample Demographic	56.9% male, 90.8% 26–40			stay at a "green" hotel	
Sirakaya-Turk, Baloglu & Mercado [77]	Sample Size $(n =)$	1202			The sustainability of values of an individual	
2014	Target Sample	Tourists who had recently taken a round-trip of 200 miles	Convenience survey	Pro-environmental values, behaviours; choice of hospitality provider	predict an individual's choice for sustainable hospitality businesses. Two clusters of individuals found: "strong sustainers"	
USA & Canada	Sample Demographic	50.5% female, 27.45% 45–54, 84% white			"centrists-sustainers" (environment-neutral).	
Stumpf, Park & Kim [78]	Sample Size $(n =)$	917				
2014	Target Sample	University Staff	Convenience survey	_	Development of	
USA	Sample Demographic	72.8% female, mean age 34.98	Convenience survey		Attribute Scale	
Zupan & Milfelner [79]	Sample Size $(n =)$	234		Guests' perceptions of hotels' social	Small hotels' guests	
2014	Target Sample	Guests of small hotels	Convenience survey	responsibility; personal values	care about sustainability issues.	
Slovenia	Sample Demographic	48% male				

Table 2. Overview of producer oriented papers.

Citation & Location	Sample		Method	Key Variables	Key Findings
Employees					
Chan & Hawkins [80]	Sample Size $(n =)$	27	Case study: purposive	Views of the hotel EMS programmes,	EMS implementation had both positive and negative effects on personal iob satisfaction and iob clarity. Low employee
2010	Target Sample	Employees of a hotel in Hong Kong	Interview	perceived to be implemented; views on environmentalism and the hotel market,	involvement in the planning stage did not appear to affect employee commitment to an EMS as long as the
Hong Kong	Sample Demographic	5 executive, 7 supervisory and 14 general staff		job satisfaction, job motivation, job role and experience	correct organisational motivation for implementing the system was communicated.
do Paço, Alves & Nunes [81]	Sample Size ($n = $)	100			Companies have well established practices that are generally
2012	Target Sample	Employees of hotels	Convenience survey	-	respected by employees, notes and not perform chough market research on consumers, and rely heavily on the Internet and
Brazil	Sample Demographic	59% women 41% male			word-of-mouth
Chou [82]	Sample Size $(n =)$	254			
2014	Target Sample	Hotel employees		Individual environmental beliefs	
Taiwan	Sample Demographic	74.8% women, mean age 33.8, 68.5% in non-management jobs, 65% had taken environment related courses	Convenience survey	personal environmental norms, employees environmental behaviour; employees personal environmental attitudes	In hotels with weaker green organisational climates, there is a stronger relationship between personal environmental norms and employees' environmental behaviour, compared to hotels with stronger green organisational climates.
Ferus-Comelo [83]	Sample Size $(n =)$	Not provided			Companies show awareness of the need to adopt more
2014	Target Sample	Hotel employees and managers	Case study: purposive interviews and toxtual analysis	-	through Annual Reports and websites about their measures. Financial savings may have motivated lower energy
India	Sample Demographic	Staff of two Indian five-star hotels	extual analysis		consumption, but level of water consumption remains high, especially in relation to the availability and use of water.
Teng, Horng, Hu & Chen [84]	Sample Size $(n =)$	369			
2014	Target Sample	Hotel employees at international tourist hotels	Convenience survey	Employee energy and carbon literacy	Respondents perceive themselves as knowledgeable about environment and climate change, but less familiar with carbon emissions, green architecture and green consumption.
Taiwan	Sample Demographic	67.8% female, 51.8% aged 21–30, 49.6% university graduates			

Citation & Location	Sample		Method	Key Variables	Key Findings	
Owners & Managers						
Deng, Ryan & Moutinho [85]	Sample Size $(n =)$	196				
1992	Target Sample	Hotel managers		Attitudes of hoteliers to environmental		
Canada	Sample Demographic	28% trading <5 years under existing ownership, 13% >1.5 years. 61% had less than 30 rooms, 15% had more than 100 rooms. Approximately 78% family owned and managed.	Systematic random sampling, questionnaire	issues; level of profitability, size of hotel, location, years in trading, nature of ownership	Hoteliers tend to concur with environmental protection policies, and these attitudes are generally independent of profitability.	
Firth & Hing [34]	Sample Size (<i>n</i> =)	6 Structured interviews with managers (60 guest surveys)				
1999	Target Sample	Backpacker hotel manager; Backpacker guests	Interview & survey	-	light bulbs, low flow shower heads.	
Byron Bay, Australia	Sample Demographic	-				
Becken, Frampton & Simmons [86]	Sample Size (<i>n</i> =)	120				
2001	Target Sample	Accommodation providers	Stratified sample survey	Energy consumption, accommodation	Hotels are the largest (net and per capita) energy consumers in the accommodation sector, making up 67% of the total 1.74 PJ consumed in 1999 (4.4% of the commercial sector's energy use	
New Zealand	Sample Demographic	Hotel, lodge, motor inn 30; B&B, hosted accommodation 22; Motel 20; campground 13; Backpacker, hostel 35		type, ousness size	and 0.4% of total energy use in New Zealand).	
Hobson & Essex [87]	Sample Size $(n =)$	64		Managers attitudes to principles of sustainable development, adoption of	Modest level of adoption of sustainable practices. The reduction of energy consumption was the most widely	
2001	Target Sample	Accommodation managers	Stratified sample survey	sustainable practices, characteristics of the respondents (size of accommodation,	integrated activity (86%), although usually for cost-cutting reasons. Other popular practices were buying local, low energy	
UK	Sample Demographic	44 Small (1–10 rooms); 12 Medium (11–50 rooms); 8 Large (>50 rooms)		price range, type of business, age and length of ownership)	light bulbs, encouraging use of public transport, buying recycled products and recycling glass.	

Citation & Location	Sample		Method	Key Variables	Key Findings	
Rivera [88]	Sample Size $(n =)$	164		Participation in Certification for Sustainable	Voluntary environmental programs that include performance-based standards and 3rd party	
2001	Target Sample	Hotel managers	Stratified	Tourism (a voluntary environmental program);	monitoring may be effective in promoting beyond compliance environmental behaviour	
Costa Rica	Sample Demographic	Hotel managers from 52 hotels	sample survey	rating, and ownership) (Hotels without certification used as a reference group)	associations. Foreign-owned and multinational subsidiary facilities are not significantly correlated with higher participation and superior environmental performance.	
Ayuso [89]	Sample Size $(n =)$	30				
2006	Target Sample	Hotel managers of Spanish hotels	Purposive interviews, direct	Perceptions of the sustainable tourism concept:	Hotel managing directors have little awareness of business contribution to environmental	
Spain	Sample Demographic	3 hotels had fewer than 50 rooms; 14 hotels had between 50 and 300 rooms; and 13 hotels had more than 300 rooms	observations and consulting secondary data	voluntary environmental instruments implemented;	sustainability. Hotels apply voluntary environmental instruments as a response to the environmental concern of managers and real or potential stakeholder demands.	
Chan & Wong [90]	Sample Size ($n = $)	164				
2006	Target Sample	General manager; the EMS manager; Chief engineer of a hotel	Survey	-	study identified 8 associated motivational factors that may prompt a hotel to adopt the EN standard—ISO 14001. The motivation for the adoption of the standard is determined more internal forces than by external ones.	
Hong Kong	Sample Demographic	-				
Hall [35]	Sample Size $(n =)$	43				
2006	Target Sample	Small rural tourism entrepreneurs	Snowball	Attitudes and behaviours towards climate change adaptation and mitigation, small firm	Climate change was regarded as significant in the future but in the short-term ranked well below other business concerns. If enterprises had been affected by extreme weather events attitudes and behaviours towards climate change differed markedly from those unaffected.	
New Zealand	Sample Demographic	-	interviews	tourism entrepreneurs		
Le, Hollenhorst, Harris, McLaughlin & Shook [91]	Sample Size (<i>n</i> =)	190	Survey	-	Innovation characteristics most influential factors, being highly correlated with the likelihood of adoption of environmentally friendly practices,	
2006	Target Sample	Hotel managers			followed by external environment characteristics.	
Vietnam	Sample Demographic	-				
Dalton, Lockington & Baldock [92]	Sample Size (<i>n</i> =)	108				
2007	Target Sample	Maintenance manager or manager	Convenience	Attitudes to renewable energy supply (RES).	9.2% of tourist operators surveyed have some form of RES installation, 16% of villas/cabins and 7% of large hotels, 71% of operators expressed interest in RES. Operators believed	
Queensland, Australia	Sample Demographic	7 small hotels, 29 large hotels, 29 lodge, 22 self-catering accommodation, 6 station, 13 villas/cabins	survey	tourism accommodation providers	industry is resistant to implementation due to RES power supply limitations, reliability an economic viability. Large operations more positive than smaller operations	

Citation & Location	Sample		Method	Key Variables	Key Findings	
Erdogan [93]	Sample Size $(n =)$	104		Environmental management practices (Observational); managerial knowledge, attitude and interest in environment and	Small hotels lack the business culture and financial resources to	
2007	Target Sample	Small-sized Tourism Accommodation	Observation & Interviews		consider environmental policies and practices. Managers do not have an interest nor the technical	
Turkey	Sample Demographic	5 bungalows, 37 boarding houses, 62 small hotels		accommodation type	knowledge for environmental management.	
Henderson [94]	Sample Size $(n =)$	-			Several companies expressed concerns about community welfare and	
2007	Target Sample	Hotels & resorts	Textual analysis	Reactions to Indian Ocean tsunami; commitment to CSR Hotel companies	the state of the environment and efforts made to promote recovery. Some interest in wider issues of sustainable development, evident in	
Phuket, Thailand	Sample Demographic	-		communent to converse companies	social and environmental relief projects with longer term goals.	
Holcomb, Upchurch & Okumus [95]	Sample Size $(n =)$	10	Content analysis	_	Growing popularity of CSR reporting. Hilton and Accor put greater	
2007	Target Sample	Top 10 hotel companies as rated by Hotels Magazine			effort into reporting, however, more could be done.	
International	Sample Demographic	-	-			
Leslie [96]	Sample Size $(n =)$	120			Operators get little information on green practices from	
2007	Target Sample	Accommodation enterprises	Purposive survey	-	government and 'green' organisations. While operators report environmental commitment, this is overshadowed by a pursuit for maximum financial returns	
England	Sample Demographic	-			•	
Graci & Dodds [97]	Sample Size ($n = $)	-	Literature review	-	Reviews reasons for hotel adoption of green practices: cost savings, image, employee loyalty, customer retention, regulatory compliance.	
2008	Target Sample	-			risk management, social responsibility, & industry future.	
Canada	Sample Demographic	-				
McNamara & Gibson [98]	Sample Size $(n =)$	536				
2008	Target Sample	Accommodation ranging from 10 to 609 rooms (mean = 66), ranging from 2 m to 1000m from the coastline (mean = 272 m)	Purposive survey	-	Larger facilities were more likely to have implemented environmental initiatives because of greater capital. Some regions had higher environmental initiative implementation rates than others	
Australia	Sample Demographic	33% Apartments/units, 26% motels/lodges, 12% resorts, 11% hotels				
Graci [99]	Sample Size $(n =)$	100			Main barriers to implementing sustainable practices: inadequate	
2009	Target Sample	Senior hotel managers	Purposive interviews	-	resources; corporate culture; government bureaucracy; lack of environmental awareness amongst stakeholders	
China	Sample Demographic	-			0	

Citation & Location	Sample		Method	Key Variables	Key Findings	
Richins & Scarinci [100]	Sample Size ($n = $)	3			Water conservation, energy efficiency, waste reduction, clean	
2009	Target Sample	Green certified hotels	Case Study	_	air and communication were common practices, e.g., recycling	
Florida, USA	Sample Demographic	Green certified hotels in Florida	Case Study		tinting, energy efficient lights bulbs; linen and towel reuse programmes.	
Ryan & Stewart [101]	Sample Size $(n =)$	1				
2009	Target Sample	Luxury Hotel (Al Maha)	Case Study	_	While the hotel is aiding biodiversity efforts in the local area, the water and energy use is substantial. Hotel a poor fit with	
Dubai, UAE	Sample Demographics	-	Cuse Study		the conceptual model of ecotourism.	
Sloan, Legrand, Tooman & Fendt [102]	Sample Size $(n =)$	11			The majority of hotels reported that they achieved cost savings	
2009	Target Sample	German and Estonian Hotels	Interview	-	and increased market share through implementing sustainable technologies. Employees played a crucial role in the implementation and maintenance of sustainable practices	
Germany & Estonia	Sample Demographic	-			implementation and maintenance of subminuble produces.	
Dief & Font [103]	Sample Size $(n =)$	89				
2010	Target Sample	Marketing managers of 3, 4 and 5 star green hotels	Random survey	-	Managers who are younger, and whose company is not overly profit-orientated, tend to engage more in	
Egypt	Sample Demographic	-			green marketing practices.	
Jackson [104]	Sample Size $(n =)$	23				
2010	Target Sample	Management staff of certified green hotels	Interviews & content analysis	-	Green aspects include fixtures, facilities, supplies, amenth equipment, services, consumables and practices. Green practices and values need to be communicated and accented	
USA	Sample Demographic	Supply chain managers 70% female	unuy 515		members of the supply chain.	
Nelson [105]	Sample Size $(n =)$	50 websites		Information provided online on energy		
2010	Target Sample	Accommodation eco-certified by Ecotourism Australia	Content analysis	based environmental practices, presentation of information motivations for presenting environmental information	Most businesses claimed they were providing information as a way to raise awareness and change behaviours. Few considered this information to be of great importance to consumers.	
Australia	Sample Demographic	-		environmental information		
Prayag, Dookhony-Ramphul & Maryeven [106]	Sample Size (<i>n</i> =)	90			Respondents believed hotels should contribute to	
2010	Target Sample	Hotel operators in Mauritius	Survey	Perceived environmental, cultural, economic and social impacts of botal davelopment	environmental sustainability and help create positive economic, social and cultural impacts. They did not perceive that hotel	
Mauritius	Sample Demographic	Average hotel studied had been in operation for 22 years, had 153 room and employed 236 staff			development caused negative impacts.	

Citation & Location	Sample		Method	Key Variables	Key Findings	
Lopez-Gamero, Claver-Cortes & Molina-Azorin [107]	Sample Size (<i>n</i> =)	239	_	Perception of environmental initiatives to create competitive advantage, attitudes toward the natural	Managers respond better to voluntary industry norms than legislation: stakeholder pressure seems to have a	
2011	Target Sample	Senior hotel managers	Survey	environment, the resources of the firm,	negative effect on managers' perceptions of	
Spain	Sample Demographic	59.3% 3 star hotels, 36.1% 4 star hotels & 4.67% 5 star hotels. 41% of hotels chain affiliated. Average of 48 employees and 130 rooms		uncertainty of environmental policies, industry barriers, environmental legislation (voluntary and compulsory), stakeholders	sustainability as a competitive advantage	
Smerecnik & Andersen [108]	Sample Size ($n = $)	49		Perceived opinion leadership, perceived	The simplicity of implementing and operating sustainability	
2011	Target Sample	Environmental managers of major hotels and ski resorts	Convenience survey	advantage of environmental sustainability, simplicity of adoptions, perceived innovativeness of business, sustainability innovations adopted	innovations was biggest predictor of adoption along with th seniority of opinion leadership. General innovativeness and the perceived advantage of a sustainable innovation is a moderate predictor of adoption.	
USA	Sample Demographic	Average staff 304. 45% 4 star resorts, 53% independent				
Tortella & Tirado [109]	Sample Size $(n =)$	196		Total hotel water consumption, number		
2011	Target Sample	Hotel managers in Mallorca	Survey	of rooms, average occupation level, seasonality, existence of water intensive facilities such as swimming pools and	Those hotels with lower quality and higher seasonality were more efficient than those higher quality and lower seasonality. Large chain affiliated hotels use the most water	
Mallorca, Spain	Sample Demographic	35.4% of hotels were 4 star or better		golf courses, their chain affiliation.		
Fernández-Alles & Cuadrado-Marqués [110]	Sample Size (<i>n</i> =)	1			The hotel is socially responsible due to its managerial staff	
2012	Target Sample	Hotel Playa Victoria	Case study	-	actively taking into account the different stakeholders linked to its economic social or environmental performance	
Cadiz Province, Spain	Sample Demographic	-			to continue, social, of environmental performance.	
Kleinrichert, Ergul, Johnson & Uydaci [111]	Sample Size (<i>n</i> =)	10			San Francisco hoteliers emphasised compliance with	
2012	Target Sample	Boutique hotels	Content analysis	Environmental management systems	LEED certification in online marketing. Istanbul hotel websites were less specific, advertising compliance	
San Francisco, USA & Istanbul, Turkey	Sample Demographic	-		acts, iocutor (iouniou or our maitisto)	with a range of programmes.	

Citation & Location	Sample		Method	Key Variables	Key Findings		
Nicholls & Kang [112]	Sample Size ($n = $)	217					
2012	Target Sample	Owners and managers of Michigan lodges	Survey (derived from	Familiarity with green schemes, their participation in environmental programmes adoption of green practices	Low familiarity of green programmes although higher among chain-affiliated and urban property owners. Urban and chain affiliated property owners had a more positive perception of		
Michigan, USA	Sample Demographic	25% B&B, 24% cottage, 16% three star hotel, 13% motel. 86% independently owned and operated, 72% of respondents in rural area.	database of local lodging providers)	property characteristics; type of ownership, location & size. The presence of written environmental policy	benefits of green business practices. Large properties were more likely to use green messages in their promotions. Written policy not a strong predictor of adoption of many basic green practices.		
Oreja-Rodriguez & Armas-Cruz [113]	Sample Size ($n = $)	187		The environmental managers perception of the environmental performance of the	Validates use of a 13 point EP construct that can be used to measure and compare the relative EP of hotels. The construct is		
2012	Target Sample	Environmental managers of hotels	Census based survey	firm according to an 13 point environmental performance or 'EP'	split into prevention, control and communication. Hotels performed best in the environmental control category and		
Canary Islands, Spain	Sample Demographic	56% 4 star hotels, 28% 3 star, 10% 5 star		construct, hotel type, and quality	worst in environmental communication and training.		
Sanchez-Ollero, Garcia-Pozo & Marchante-Lara [114]	Sample Size (n =)	216		Economic performance /husiness	Strategies that make clients aware of environmental measure		
2012	Target Sample	Hotel database of Andalusia	Convenience survey	strategy, competitive positioning	implemented by hotels may improve occupancy levels, and increase sales and added value.		
Andalusia, Spain	Sample Demographic	91 classified as 3 star, 116 as 4 star, and 9 as 5 star					
Zhang, Joglekar & Verma [115]	Sample Size $(n =)$	984					
2012	Target Sample	US Hotels	Panol data sot	_	A positive link exists between environmental and operating performance. The performance frontier varies across market		
USA	Sample Demographics	US hotel properties' operating statements from 2001 to 2006	i anei uata set		segment and location characteristics.		
Becken [116]	Sample Size $(n =)$	242					
2013	Target Sample	Members of the Tourism Industry Association	Convenience survey	Implementation of energy saving initiatives, perceptions of	The results identify that there is a substantial gap between the positive perceptions held by operators		
New Zealand	Sample Demographic	Most businesses were campgrounds and B&Bs		energy saving initiatives	and levels of implementation.		

Citation & Location	Sample		Method	Key Variables	Key Findings	
Chan [56]	Sample Size $(n =)$	55				
2013	Target Sample	Hotel managers	Perceptions of hotels' green practices'		Lower-grade hotels tend to adopt lean green marketing strategies, hotels with larger sizes or environmental	
Hong Kong	Sample Demographic	61% male71% 30–49 age group	Convenience survey	impact, perceptions of hotels' green practices	management systems are likely to adopt shaded or extreme green marketing strategies.	
Fotiadis, Vassiliadis & Rekleitis [117]	Sample Size ($n = $)	84		Environmental and social benefits for the	Reasons that inhibit the adoption of sustainability practices for	
2013	Target Sample	Hotels listed on the Greek Chamber of Hotels website	Random survey	enterprise, interest in sustainable tourism development	small-hotel entrepreneurs are the high cost of investment and the uncertain payment of the associated cost.	
Greece	Sample Demographic	"Mostly men, 50–59 years old, educated"				
Su, Hall & Ozanne [118]	Sample Size $(n =)$	45				
2013	Target Sample	Hotels in Taiwan	Convenience survey	Likeliness to implement eco-triendly initiatives, participants awareness of	High awareness of climate change and its negative impacts on industry, but conservative attitudes towards	
Taiwan	Sample Demographic	25 chain hotels, 20 independent hotels	Convenience survey	eco-friendly initiatives	legislation and responsibilities.	
Wyngaard & De Lange [119]	Sample Size $(n =)$	36			Earthworm farms are able to reduce the amount of food waste	
2013	Target Sample	Hotels situated in the City Centre, Atlantic Seaboard and Foreshore	Convenience survey	Reduction of water and food waste generated, implementation of eco initiatives	that reaches landfills. The direct reuse of harvested rainwater irrigates hotel gardens during summer, decreasing pressure on supplies	
Cape Town, South Africa	Sample Demographic	18 from Food and Beverage departments, 18 from Room division				
Ali, Mashal, Mohsen & Mustafa [120]	Sample Size ($n = $)	98			Classified hotels show a higher level of concern toward	
2014	Target Sample	Hotels	Stratified sampling survey	Level of environmental concern of hotels	protecting the environment, particularly 5 star hotels. Regardless of classification, the focus is on water and	
Jordan	Sample Demographic	8 one star, 15 two star, 24 three star, 18 4 star, 15 five star		towards the environment	energy saving procedures.	

Citation & Location	Sample		Method	Key Variables	Key Findings	
Cherapanukorn & Focken [121]	Sample Size ($n = $)	10	Content analysis -		Most of the hotel groups report about CSR activities in a	
2014	Target Sample	Hotel websites	content unui you		detailed way except for Aman Resorts.	
Asia	Sample Demographic	Top 10 Asian Luxury hotel brands				
Coles, Zschiegner & Dinan [122]	Sample Size ($n = $)	417	Survey (Invited to participate by regional		Over 80% of respondents believe that responding to climate change is the morally right thing to do. Over 70% recognised	
2014	Target Sample	Accommodation providers	tourism board from the	-	the competitive advantages of environmental management.	
South-west England	Sample Demographic	B&B (14.1%), full service hotels (3.6%), farmhouses (3.4%), general self-catering (27.6%), guest accommodation (28.3%).	Randomly selected by board)		Environmental management was the third most important business priority in the next 3 years.	
de-Miguel-Molina, de-Miguel-Molina & Rumiche-Sosa [123]	Sample Size (<i>n</i> =)	61		Sustainable image, sustainable	Deluxe resorts with high sustainable management levels are willing to sacrifice activities and services. Resorts with high	
2014	Target Sample	Hotel Managers	Convenience survey	management, willingness to sacrifice	sustainable image levels are less predisposed to sacrificing	
French Polynesia, the Seychelles and the Maldives	Sample Demographic	7 from French Polynesia, 14 from the Seychelles, and 40 from the Maldives		delivites, while great to such the services	services and activities.	
Garcia-Pozo & Sanchez-Ollero & Marchante-Mera [124]	Sample Size (<i>n</i> =)	106	Survey	The implementation of green-practices,	Implementation of green practices can increase labour	
2014	Target Sample	Hotels	Survey	labour productivity	productivity by 6.15%–7.51%.	
Andalusia, Spain	Sample Demographic	96 4-star, 10 5-star				
Mackenzie & Peters [125]	Sample Size ($n = $)	52			Firm size strongly influences the level of CSR integration in	
2014	Target Sample	HRM's from high-tier and mid-tier hotels, members of the Hong Kong Hotels Association	Purposive interviews	-	organisations. Small hotels oriented towards short-term goals, larger hotels use CSR as a marketing tool. Effective CSR needs recognition in mission statements. Role modeling leads to stronger CSR implementation	
Hong Kong	Sample Demographic	8 female, 4 male participants			subliger cox implementation.	
Tsai, Wu & Wang [126]	Sample Size ($n = $)	246				
2014	Target Sample	Hotel managers and travel agency managers	Quota survey	Green hotel attitudes	Managers of hotels have significantly higher green hote attitudes than travel agencies. The difference is highest i "energy conservation" and "cognitive attitude in browledge	
Taiwan	Sample Demographic	132 hoteliers, 114 travel agency managers			energy conservation and cognare and are in knowledge .	

The most common study location by region was Asia, with 36.1% of all of the papers being carried out there. Europe follows with 19.6% of the studies, and the least popular study locations were Africa (5.2%), the Middle East (3.1%), and South America (2.1%). Table 3 provides a more detailed breakdown by country and shows that the USA, Taiwan, and Spain have been the most studied locations. The relative lack of research in Africa and South America is reflective of the overall amount of climate change related tourism research noted in IPCC reports [18,127]. However, this is not the case with Asia in which there is very limited reporting in IPCC reports [18,128], although there is a growing interest from researchers and institutions, such as the UNWTO [127].

Country/Region	Consumer	Producer	Total	Country/Region	Consumer	Producer	Total
Asia	0	1	1	Jordan	0	1	1
Australia	3	4	7	Korea	1	0	1
Austria	1	0	1	Malaysia	2	0	2
Belize	1	0	1	Maldives	0	1	1
Brazil	0	1	1	Mauritius	0	1	1
Canada	3	2	5	Nepal	1	0	1
Canary Islands	0	1	1	New Zealand	1	3	4
China	3	1	4	Portugal	1	0	1
Costa Rica	0	1	1	Seychelles	0	1	1
Crete	1	0	1	Slovenia	2	0	2
Egypt	0	1	1	South Africa	0	1	1
England	0	2	2	Spain	0	7	7
Estonia	0	1	1	Sri Lanka	1	0	1
French Polynesia	0	1	1	Taiwan	6	4	10
Germany	0	1	1	Thailand	0	1	1
Ghana	1	0	1	Turkey	0	2	2
Global	1	1	2	United Arab Emirates	0	1	1
Greece	2	1	3	UK	0	1	1
Hong Kong	4	4	8	USA	12	6	18
India	1	1	2	Vietnam	0	1	1
				Total	44	56	104

Table 3. Study locations in papers.

With respect to accommodation types, hotels were specifically focused upon in over 70% of the studies, and were also studied in conjunction with other accommodation types (Table 4). Research was therefore focussed on formal accommodation businesses. All research that looked at the perceptions, attitudes and knowledge of employees was conducted in the formal hotel sector. There was therefore only limited research on other forms of lodging, such as self-catering accommodation and B&Bs, even though these may be significant in many destination contexts. No studies of second homes were included in the papers that were reviewed even though their contribution to tourist bed-nights and resource use as self-catering or rental accommodation is extremely significant for many destinations [129,130].

In terms of methods, the most common data collection method of all of the studies were questionnaires or surveys (Table 5). Over two-thirds of the studies were based primarily on questionnaires/surveys, one study combined surveys with focus groups and another with interviews. One paper also utilised panel data. The next most common research method was interviews (eight papers) sometimes in conjunction with by case studies and content analysis. One of the clear limits in the data set is the lack of quantitative analysis of actual reductions in energy or water use, or waste in conjunction with research on attitudes and behaviours.

Туре	Consume	r Producer		
		Owners & Managers	Employees	Total
Hotel*	27	34	5	65*
Non-specified (Lodging in general)	13	0	0	13
Complete range of accommodation and lodging providers (e.g., hotels, lodges, self-catering, cabins, B&Bs, farmstays)	1	6	0	7
Certified accommodation (e.g., ecolodge, green hotel)	1	1	0	2
Hotels and cabins	1	0	0	0
Small-sized tourism accommodation	0	1	0	1
Backpackers*	1	1	0	1*
Hotels and ski resorts	0	1	0	1
Resort	1	0	0	1
Rural accommodation businesses	0	1	0	1
Total	45	45	5	
Total number of papers				93*

Table 4. Accommodation type studied in paper.

* Includes studies examining both consumer and producer dimensions.

Tab	le 5.	Primary	research	method.
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Primary Research method	Consume	er Producer		
		Owners & Managers	Employees	Total
Survey or Questionnaire	37	27	3	30
Interview	3	4	0	7
Case Study	0	3	2	5
Content Analysis	0	4	0	4
Experiment	2	0	0	0
Observation and Interviews	0	2	0	2
Factorial Experimental Design	1	0	0	0
Survey and Focus Group	1	0	0	0
Interview and Survey	0	1	0	1
Interviews and Content Analysis	0	1	0	1
Literature Review only	0	1	0	1
Textual Analysis	0	1	0	1
Panel Data Set	0	1	0	1
Total	45	45	5	
Total number of papers				93*

* Two studies examined both consumer and producer dimensions.

Sampling methods were more dispersed across the studies (Table 6). The most common sampling method was based on convenience (36 studies). Twelve consumer related studies used the intercept method. Purposive sampling was used with the second most widely used method with producer related studies. However, many studies did not state their sample method.

Table 6. St	ated samp	oling met	hod
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Sample Method	Consume	er Producer		
		Owners & Managers	Employees	Total
Convenience	22	13	3	38
Intercept	11	0	0	1
Purposive	1	6	2	9
Random	5	3	0	8
Stratified	0	4	0	4
Judgment	1	2	0	3
Census	0	2	0	2
Snowball	0	1	0	1
Quota	1	1	0	2
Random and intercept	1	0	0	1
Quasi-random	1	0	0	1
Systematic random sampling	0	1	0	1
Unstated/unclear	2	12	0	14
Total	45	45	5	
Total number of papers				93*

* Two studies examined both consumer and producer dimensions.

The sample size of the studies with respect to the number of respondents ranged from one to 2308 (Table 7). Those studies with a very small sample size were usually hotel case studies. Studies with larger sample sizes consisted of questionnaires or surveys.

Sample Size	Consumer	Producer		
		Owners & Managers	Employees	Total
0–50	2	14	1	17
51-100	2	9	1	12
101-150	3	5	0	8
151-200	2	6	0	8
201-250	5	5	0	10
251-300	3	0	1	4
301-350	3	0	0	3
351-400	3	0	1	4
401-450	3	1	0	4
451-500	4	0	0	4
501-600	2	1	0	3
601-700	3	0	0	3
701-800	0	0	0	0
801-900	1	0	0	1
901-1000	1	1	0	2
1001-1500	5	0	0	5
1501-2000	0	0	0	0
2001-2500	1	0	0	1
2501-3000	0	0	0	0
3001-3500	0	0	0	0
3501-4000	0	0	0	0
4001-4500	0	0	0	0
4501-5000	1	0	0	1
Not provided	1	4	1	6
Total	45	45	5	
Total papers				93*

Table 7. Sample size of studies (number of respondents).

* Two studies examined both consumer and producer dimensions.

4. Discussion and Conclusion

Several studies found that individuals who already participated in general pro-environmental behaviour or consumption practices were more likely to choose to stay at a green hotel, over those who did not [67,76]. A consumer's "green" attitude is therefore a key mediator of their intention to stay at a green hotel [77]. However, context is also important. Although normative motives are the dominant determinant of pro-environmental behaviour in a household setting, hedonic motives appear a stronger predictor of such behaviour in a hotel setting [62]. Some studies observed that because green hotel rooms are often more expensive than non-green hotels, higher income bracket consumers are more likely to stay at green hotels, while consumers have reported being willing to pay a 1.5%–6% premium for green hotels [39,41,53], although the long-term maintenance of such premiums is unknown given the widespread adoption of at least some sustainability measures, e.g., reuse of towels, by lodging properties. Those consumers with a higher knowledge of green hotels and their practices were more likely to stay in them [52], although experiences of sustainable practices may have a positive effect on environmental attitudes and behaviours [37,60]. Nevertheless, there were some papers that observed a gap between consumers' intentions to stay at green hotel and their actions to do so [43]. The most common sustainable hotel practices that customers appeared to value and think of were the use of recycle bins and recycled products, as well as reusable towel and linen schemes [39,47,63]. Inconvenience remains a powerful barrier to consumers in adopting sustainable practices in hotels [67].

Firm size appears to have a significant impact on the sustainable practices of accommodation operations [56,92,112,118,120]. Larger hotels implement more effective and longer-term green initiatives [98,125]. This was mainly due to a high level of capital, and a strong business culture, and with some evidence of the importance of being part of an international chain for which sustainability is being incorporated in brand values as well as CSR initiatives [118]. Although other studies found that foreign-owned and multinational subsidiary firms were not significantly correlated with higher participation in sustainable certification schemes and superior environmental performance [88]. Regulatory and cultural context is therefore clearly significant [3,7]. Barriers to implementing sustainable practices were noted as being inadequate resources, level of investment, lack of awareness amongst stakeholder, and the pressure to make maximum financial returns [99]. Perhaps not surprisingly, the Internet and social media are noted as an important channel to communicate hotels' green initiatives [81], while hotel employees' and managers' knowledge and attitudes were regarded as essential to the implementation and success of green initiatives [102]. Although, it should be noted that the amount of studies that looked at employees' attitudes and behaviours as compared to that of managers and owners was extremely limited. Furthermore, there is little research that actually looked at implementation practices and measured changes in indicators of sustainability, rather than relying on self-reporting and perceptions of change. In the New Zealand context, a substantial gap was reported between the positive perceptions held by operators of their energy saving initiatives and actual levels of implementation [116].

Hotels' most common green practices appeared to be water conservation, energy efficiency and waste reduction [100,120], and they were known to adopt these practices due to cost savings, response to environmental concerns and when there was simplicity in implementing and operating sustainable practices [97,102,117]. Although not a central research focus, there is also limited evidence that accommodation and lodging businesses were more likely to be positive towards green practices if their area had been affected by a natural disaster or extreme weather conditions [35].

This systematic review on the behaviour and attitudes of consumers and producers towards sustainable accommodation has indicated a number of significant issues in the conduct of research. The English language literature is geographically and culturally uneven with few papers from Africa and South America and with most from the United States, Hong Kong, and Taiwan. The majority of studies used surveys or questionnaires as their main form of data collection, and the most common sampling method used was convenience sampling. There is relatively little duplication in the survey questions used in different studies which makes accurate comparisons between the results of papers difficult. Even more concerning, only one longitudinal study had been conducted which raises a number of issues regarding the tracking of consumer and lodging provider behaviour change. There is clearly substantial need for monitoring material flows over time while simultaneously tracking the attitudes of managers, staff and customers as well as the impacts of new technologies and interventions so as to develop a more comprehensive understanding of the interplay between the various activities that can lead to positive change. Similarly, there are few studies that clearly indicate the results of any intervention into influencing consumptive behaviour and none of these are tracked over time—the assumption clearly being made that changes in messaging, for example, will be maintained as the resultant behaviours have become new norms, even if those messages may then be removed from hotel rooms. Such long-term tracking is essential, for example, to compare the value of norm and non-norm approaches to encouraging customer behaviours [42,70], while the potential value of norm-based approaches for staff and managers is also a potentially significant area of study [82]. However, it must be emphasised that norm-based approaches, while having significant potential, also need to be examined in a far wider cultural context than what has so far been the case. In addition, there is insufficient reporting of the actual changes to quantities of energy, food and water consumed, or the production of waste which any intervention has influenced. We do not know, for example, whether any rebound effects have occurred so that reductions in consumption and/or waste in one area of an organisation have been accompanied by increases elsewhere [131].

A clear outcome of the study therefore is that there is a greater need for integrated long-term studies of accommodation and lodging firms and their consumers. Although environmental management systems approaches [7], for example, highlight the need for inclusion of all stakeholders in improving system sustainability, this is not reflected in the literature. Only five studies included lower level employees in assessments of sustainable behaviour and practices [80–84], even though they are the staff who actually implement any intervention. There is therefore a clear need for studies that seek to compare not only the attitude and behaviour gaps within stakeholder groups, such as consumers and managers, but also between such groups, and then seek to chart how practices change and are maintained over time in light of any differences in physical infrastructure and/or behavioural interventions.

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