

Ecological Sorrow: Types of grief and loss in ecological grief

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Supplement 2: Selected important sources

The selection of ecological grief sources also serves as an example of chronology in research.

a) Ecological grief

Source	Brief description
Macy, J. (1983) <i>Despair and personal power in the nuclear age</i> . New Society Publishers: Philadelphia.	An example of early eco-psychological writing about sadness and despair in relation to global problems such as nuclear threats and environmental problems.
Windle, P. (1995) 'The Ecology of Grief', in T. Roszak, M.E. Gomes, and A.D. Kanner (eds) <i>Ecopsychology: Restoring the earth, healing the mind</i> . San Francisco: Sierra Club, pp. 126–145.	An early and influential writing on grief about environmental damage, especially mentioning how environmentalists and researchers suffer from it.
Kevorkian, K.A. (2004) <i>Environmental grief: Hope and healing</i> . Unpublished Thesis. Cincinnati: Union Institute & University.	A thesis where the author proposes environmental grief as a term for related phenomena.
Albrecht, G. et al. (2007) 'Solastalgia: the distress caused by environmental change', <i>Australasian psychiatry: Bulletin of the Royal Australian and New Zealand College of Psychiatrists</i> , 15(S1), pp. S95–S98.	An influential discussion of the new term solastalgia, developed by Albrecht to describe certain forms of sadness about environmental change.
Randall, R. (2009) 'Loss and climate change: The cost of parallel narratives', <i>Ecopsychology</i> , 1(3), pp. 118–129.	One of the first applications of general grief research into environmental matters. Discusses several grief theories and uses Worden's task-based approach.
Cunsolo Willox, A. (2012) 'Climate Change as the Work of Mourning', <i>Ethics & the Environment</i> , 17(2), pp. 137–164.	Applies philosophy and ethics into climate grief and proposes that mourning is an important aspect of engaging with climate change. The author also participated in empirical research about climate grief.
Cunsolo, A. and Landman, K. (eds) (2017) <i>Mourning Nature: Hope at the Heart of Ecological Loss & Grief</i> . Montreal & Kingston: McGill-Queen's University Press.	The first collection of articles focusing solely on ecological grief.
Cunsolo, A. and Ellis, N.R. (2018) 'Ecological grief as a mental health response to climate change-related loss', <i>Nature Climate Change</i> , 8(4), pp. 275–281.	A proposal for a categorization of various types of ecological grief, strongly focusing on climate grief. Much used by later studies on the topic.
Comtesse, H. et al. (2021) 'Ecological Grief as a Response to Environmental Change: A Mental Health Risk or Functional Response?', <i>International journal of environmental research and public health</i> , 18(2), 734.	Applies a wider array of grief theories into ecological grief and briefly discusses many dynamics of grief.
Barnett, J.T. (2022) <i>Mourning in the Anthropocene: Ecological Grief and Earthly Coexistence</i> . East Lansing: Michigan State University Press.	An example of a new wave of monographs about ecological grief. Explores the role of rhetorics in relation to the topic.

b) General grief research

These texts have been major sources for this research and provide additional information about the topics.

General books	<p>Harris, D.L. (ed.) (2020) <i>Non-Death Loss and Grief: Context and Clinical Implications</i>. New York: Routledge. Available at: https://www.routledge.com/Non-Death-Loss-and-Grief-Context-and-Clinical-Implications/Harris/p/book/9781138320826 (Accessed: 23 January 2023).</p> <p>Hooyman, N.R. and Kramer, B.J. (2008) <i>Living through loss: Interventions across the life span</i>. New York: Columbia University Press (Foundations of social work knowledge).</p> <p>Neimeyer, R.A. et al. (eds) (2011) <i>Grief and bereavement in contemporary society: Bridging research and practice</i>. New York: Routledge (Series in death, dying, and bereavement).</p> <p>Parkes, C.M. and Prigerson, H.G. (2013) <i>Bereavement: studies of grief in adult life</i>. 4th ed. Routledge.</p> <p>Winokuer, H.R. and Harris, D. (2019) <i>Principles and Practice of Grief Counseling</i>. Third Edition. New York: Springer Publishing Company.</p> <p>Worden, J.W. (2018) <i>Grief counseling and grief therapy: a handbook for the mental health practitioner</i>. 5th edn. New York: Springer.</p>
Intangible loss	<p>Harris, D.L. (2020) 'Tangible and Intangible Losses', in D.L. Harris (ed.) <i>Non-Death Loss and Grief: Context and Clinical Implications</i>. New York: Routledge, pp. 237–242.</p>
Ambiguous loss	<p>Boss, P. (1999) <i>Ambiguous Loss: Learning to Live With Unresolved Grief</i>. Cambridge: Harvard University Press.</p>
Nonfinite loss	<p>Bruce, E.J. and Schultz, C.L. (2001) <i>Nonfinite loss and grief: A psychoeducational approach</i>. Baltimore, Md.: Paul H. Brookes Pub.</p>
Shattered assumptions	<p>Janoff-Bulman, R. (1992) <i>Shattered assumptions: Towards a new psychology of trauma</i>. New York & Toronto: Free Press & Maxwell Macmillan Canada.</p>
Meaning reconstruction	<p>Neimeyer, R.A. et al. (2010) 'Grief Therapy and the Reconstruction of Meaning: From Principles to Practice', <i>Journal of Contemporary Psychotherapy</i>, 40(2), pp. 73–83.</p>
Disenfranchised grief	<p>Doka, K.J. (ed.) (2002) <i>Disenfranchised grief: New directions, challenges, and strategies for practice</i>. Champaign, Ill.: Research Press Champaign, Ill.</p>
Chronic sorrow	<p>Roos, S. (2018) <i>Chronic sorrow: A living loss</i>. Second edition. New York: Routledge.</p>
Anticipatory grief	<p>Rando, T.A. (ed.) (1986) <i>Loss and Anticipatory Grief</i>. Lexington, Mass: The Free Press.</p>
Complicated grief	<p>Mason, T.M., Toftagen, C.S. and Buck, H.G. (2020) 'Complicated Grief: Risk Factors, Protective Factors, and Interventions', <i>Journal of social work in end-of-life & palliative care</i>, 16(2), pp. 151–174.</p>
Prolonged grief	<p>Szuhany, K.L. et al. (2021) 'Prolonged Grief Disorder: Course, Diagnosis, Assessment, and Treatment', <i>FOCUS</i>, 19(2), pp. 161–172. Available at: https://doi.org/10.1176/appi.focus.20200052.</p>