

Advances in the Optimization of Energy Use in Buildings

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Buildings are responsible for about 40% of final energy consumptions and 30% of total energy-related CO₂ emissions [1]. Approximately 35% of these buildings are more than 50 years old, and almost 75% of them have low energy performance [2]. While the energy efficiency of new buildings has improved over time, existing buildings still offer significant potential for energy savings through modest energy retrofits (up to 60%) or major renovations (between 50% and 80%) [3,4]. For this reason, in recent years, reducing energy needs in the building sector and achieving decarbonization have been defined as priorities in various national and international policy plans, legislative acts, and regulatory documents. Notably, the European Union has issued a series of directives to promote the energy transition by enhancing energy efficiency and mitigating climate change in the construction sector. These policies include a roadmap for reducing energy consumption in new constructions and retrofitting existing buildings [5], measures to encourage building renovations [6], and the integration of renewable energies [7,8]. The net-zero scenario has set ambitious goals to be reached for 2030 [9], which involve a 25% reduction in energy consumption, a decrease of over 40% in the use of fossil fuels, and a phase-out of biomass. These objectives can be pursued through various actions [10]:

- Improving the energy performance of the building envelope;
- Selecting efficient appliances, lighting, and air conditioners;
- Utilizing efficient and clean energy systems, such as heat pumps or district energy;
- Increasing the use of renewable energies;
- Enhancing building flexibility in order to adapt to changing energy demands.

By implementing these actions, the building sector can significantly contribute to achieving a more sustainable and environmentally friendly future.

In this context, further research is essential in order to explore innovative methodologies and technologies aimed at minimizing building energy requirements. Several typical systems can contribute to this goal, such as renewable energy sources, smart grid concepts, energy storage technologies, and smart control techniques (like demand–response mechanisms) [11]. However, it is crucial to consider that reducing energy needs cannot be isolated from other important factors, including economic aspects, occupants' thermal comfort, building design considerations, and the operational limits of technologies that are employed. Given the complexity of factors involved, many analyses in this field can benefit from adopting a multi-objective optimization approach. By considering multiple objectives simultaneously, it becomes possible to strike a balance between various goals and find solutions that are more well rounded and sustainable. Additionally, building standards and regulations play a pivotal role in this domain. When combined with assessments like energy modeling tools, certifications, and green rating systems [11], they offer comprehensive support, guidelines, and instructions for designers and building engineers. These measures ensure the health and well-being of building occupants [12], maintain consistency in construction practices, and promote environmental protection [13]. By adhering to these



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