

Article

Achieving Sustainability in Manufacturing through Additive Manufacturing: An Analysis of Its Enablers

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Abstract: The manufacturing sector has undergone significant growth due to the integration of technologies from the Fourth Industrial Revolution. Industry 4.0 has revolutionized industrial operations, leading to increased utilization of smart and automated systems in manufacturing. Among these technologies is additive manufacturing (AM), which has been widely adopted in various industries to enhance new product development with minimal time constraints. This research aimed to identify and analyze the potential enablers of AM that support its adoption in the manufacturing sector. This study identified 15 enablers through a literature review, and they were analyzed using a grey decision-making trial and evaluation laboratory (DEMATEL)-based multicriteria decision-making technique. The results were used to develop a causal diagram that depicts the enablers in cause and effect groups. This study provides insights that will help manufacturing firms adopt AM by identifying its enablers and benefits. Overall, this study is significant as it contributes to a deeper understanding of AM technology and its potential enablers, thus facilitating its adoption in the manufacturing sector.

Keywords: additive manufacturing; digital technologies; smart manufacturing; 3D printing; sustainability



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1. Introduction

The manufacturing industry is struggling with several challenges in today's rapidly changing global landscape [1]. One major challenge is the need to increase efficiency and productivity while also reducing costs and environmental impacts [2]. As competition from low-cost countries (where production costs, including labor, materials, and operational expenses, are relatively lower compared to other countries) continues to increase, manufacturing industries are under pressure to identify ways to improve their competitiveness and remain viable in the global marketplace [3].

Another major challenge facing the manufacturing industry is the requirement to adapt to new technologies and Industry 4.0 [4]. The integration of smart technologies, such as artificial intelligence (AI) and big data analytics, into manufacturing processes has the potential to improve efficiency and flexibility [5], but it also requires significant investment in new equipment and infrastructure, as well as the training and upskilling of employees.

The manufacturing industry is also facing several environmental challenges, such as the need to minimize greenhouse gas emissions, improve energy efficiency, and decrease waste and pollution [6]. As consumers and governments become increasingly concerned about the environmental impacts of manufacturing, industries are under pressure to adopt more sustainable practices and reduce their environmental footprint [7]. Lastly, the manufacturing industry is facing some social challenges as well, such as the need to provide decent work and social protection for workers and to ensure that the advantages of economic growth are shared widely across society [8]. As companies are facing increasing

pressure to be more socially responsible and accountable, the manufacturing industry must take these challenges into account and take action to address them [9].

AM has the potential to revolutionize the production industry [10]. By using digital design files, AM enables the creation of complex geometries and customized parts with minimal waste [11]. This technology can also reduce the need for tooling and molds, which can save both time and money.

The adoption of AM technologies in manufacturing has the potential to achieve sustainability in several ways. By reducing waste, promoting the use of sustainable materials, and enabling the creation of energy-efficient products, AM can help to reduce the environmental impact of manufacturing. As technology continues to grow and become more prevalent, it will play an important role in helping manufacturers to achieve sustainability goals. In this regard, it is important to explore the enablers of AM to achieve sustainability in manufacturing. The following research questions (RQs) are addressed in this study:

RQ1: What are the enablers of AM to achieve sustainability in manufacturing?

RQ2: How can these enablers be analyzed to identify the cause group and effect group enablers?

This study collected the potential enablers of AM from a literature review and analyzed them using the grey “decision-making trial and evaluation laboratory” (DEMATEL)-based “multicriteria decision-making” technique. The reason for the adoption of the grey DEMATEL methodology is that it offers several advantages over other MCDM methodologies, such as the ability to analyze the causal relationships among different factors contributing to a problem or decision-making situation [12]. This helps to identify the underlying cause and effect relationships, allowing for more informed decision-making. DEMATEL relies on expert judgment to gather information on the causal relationships among factors, providing a more comprehensive and nuanced understanding of the problem or situation being analyzed [13]. The results of the DEMATEL analysis are presented in a visual format, such as a network diagram, making it easier to understand the causal relationships among the factors [14]. DEMATEL is a robust method that can handle complex problems and decision-making situations with multiple factors and interrelated causal relationships. The grey DEMATEL results provide the causal relationships among the identified enablers.

The novelty of this study is that it provides the direct and indirect relationships among the enablers of AM, which can help industries fully utilize AM and achieve sustainability in manufacturing.

The remaining sections in this article are as follows: Section 2 includes the literature review and identification of the enablers of AM. The details regarding the grey DEMATEL methodology are presented in Section 3. Section 4 presents the data collected from the experts, the analysis, and the results of the study. Section 5 presents the discussion and implications of the study. Finally, Section 6 presents the conclusion and future research directions.

2. Literature Review

2.1. Review of the Application of Additive Manufacturing to Achieve Sustainability in Manufacturing

Recent studies on the adoption of AM to achieve sustainability in manufacturing reveals several key findings. One of the main advantages of AM is its ability to reduce waste in the manufacturing process. Conventional manufacturing methods often involve cutting, drilling, or shaping materials to fabricate a final product [15], which can result in significant waste. AM, on the other hand, builds up a product layer by layer, using only the necessary amount of material. Studies have shown that the use of AM helps in the reduction of material waste by up to 90% [16]. This results in minimal waste and helps to minimize the environmental impact of the manufacturing sector [17].

Another way that AM can promote sustainability is by enabling the use of recycled or biodegradable materials [18]. Traditional manufacturing methods may not be able to handle these types of materials, but AM can. This can help to reduce the carbon footprint of manufacturing, as well as promote the use of sustainable materials [19]. A recent study found that 3D printing with recycled plastic can reduce carbon dioxide emissions by up to

70% compared to virgin plastic [20]. Additionally, AM can also be used to create lightweight and durable parts, which can lead to more energy-efficient products [21]. This can help to reduce the overall energy consumption of a manufacturing process, which can have a positive impact on the environment. A study found that the use of AM to create lightweight parts can lead to energy savings of up to 50% [17].

Some specific areas where AM can replace traditional manufacturing are as follows: AM allows for the rapid and cost-effective production of prototypes, enabling designers and engineers to quickly iterate and test their designs before mass production. AM enables the production of patient-specific medical implants, such as hip and knee replacements, dental implants, and prosthetics. These implants can be tailor-made to match a patient's unique anatomy, improving functionality and patient outcomes.

AM is used to produce lightweight and complex aerospace components, such as turbine blades, fuel nozzles, and structural brackets. It offers the advantage of reducing weight while maintaining or improving performance. AM can be used to manufacture automotive components, including interior parts, brackets, and lightweight structures. It allows for design optimization, part consolidation, and the production of complex geometries that are challenging with traditional manufacturing methods.

AM is utilized in the jewelry industry to create intricate and customized pieces, including rings, pendants, and earrings. It offers designers greater freedom to explore unique and complex designs. AM is employed to produce tooling and molds used in injection molding and casting processes. It enables the rapid production of complex tooling designs, reduces lead time, and provides cost savings. AM is increasingly used for the production of consumer goods, such as home decor items, electronic device accessories, and customized consumer products. It allows for personalization and small-scale production.

The literature review suggests that the adoption of AM technologies in manufacturing can have a significant impact on achieving sustainability goals. By reducing waste, promoting the use of sustainable materials, and enabling the creation of energy-efficient products, AM can help to minimize the environmental impact in the manufacturing sector. These findings suggest that AM will play a significant role in helping manufacturers achieve sustainability goals in the future.

2.2. Review of the Enablers of Additive Manufacturing to Achieve Sustainability in Manufacturing

Research articles on the enablers of AM were collected, and a list of the enablers of AM was developed. One of the main enablers of AM towards sustainability is the ability to use sustainable or recycled materials [22]. Customization is also an enabler of AM to achieve sustainability [23]. AM allows for the creation of complex geometries and customized parts with minimal waste [24]. This technology can also reduce the need for tooling and molds, which can save both time and money. A study found that the use of AM for customization can reduce the need for a large inventory which, in turn, reduces the environmental impact of manufacturing [25].

From the literature review, it was identified that various factors such as a reduction of waste, sustainable material usage, and customization are major enablers that propel AM towards achieving sustainability goals. These findings suggest that AM will continue to play a significant role in helping manufacturers to achieve sustainability goals in the future. Table 1 shows the list of identified enablers of AM that help in achieving sustainability in manufacturing.

Table 1. Enablers of additive manufacturing.

Enabler	Description	References
Material efficiency (E1)	AM allows for precise control of material usage, reducing waste, and increasing resource efficiency.	[26,27]
Energy efficiency (E2)	AM processes often use less energy compared to traditional manufacturing methods.	[28,29]
Reduced transportation (E3)	AM enables fabrication of parts closer to the point of use and reduces transportation costs and associated emissions.	[30,31]
Product customization (E4)	AM supports customizing products and reducing the need for mass production and overconsumption.	[17,32]
Recycling (E5)	AM enables the use of recycled materials in production and allows for the recycling of end-of-life products.	[20,33]
Reduced environmental impact (E6)	AM ensures reduction of environmental impact in manufacturing by reducing emissions, waste, and energy consumption.	[34,35]
Increased design flexibility (E7)	AM enables the production of complex geometries and internal structures that are difficult to achieve with traditional manufacturing methods.	[36,37]
Reduced tooling costs (E8)	AM eliminates the need for expensive and complex tooling, reducing costs and increasing production efficiency.	[38,39]
On-demand production (E9)	AM enables the production of parts as needed, reducing inventory and storage costs.	[40,41]
Improved product performance (E10)	AM can produce parts with enhanced mechanical properties, increased strength, and reduced weight.	[42,43]
Reduced labor costs (E11)	AM reduces the need for manual labor, increasing productivity and reducing costs.	[44,45]
Increased production speed (E12)	AM processes can produce parts in a fraction of the time required by traditional manufacturing methods.	[46,47]
Improved product quality (E13)	AM allows for precise control of dimensional accuracy and surface finish, resulting in improved product quality.	[47,48]
Reduced material costs (E14)	AM enables the use of less expensive, unconventional materials that may not be feasible with traditional manufacturing methods.	[49,50]
Increased product reliability (E15)	AM can produce parts with consistent and uniform properties, reducing the risk of failure.	[51,52]
Reduced production costs (E16)	AM reduces material, labor, and energy costs, resulting in lower overall production costs.	[53,54]
Increased safety (E17)	AM eliminates the need for hazardous materials and processes, increasing safety in the manufacturing environment.	[55,56]
Increased product lifespan (E18)	AM can produce parts with a longer lifespan, reducing the need for frequent replacement and disposal.	[37,57]

3. Research Methodology

In this study, the grey DEMATEL methodology was adopted to analyze the enablers of AM.

3.1. DEMATEL Methodology

Once, the enablers of AM were finalized, we asked the experts in the field to assign comparative scores corresponding to each enabler using grey numbers in the form of the initial relationship matrix of DEMATEL. The DEMATEL methodology is a structured

technique for analyzing and understanding the causal relationships among different factors that contribute to a complex problem or decision-making situation. The steps involved in the grey DEMATEL methodology include [58]:

Step 1 (Problem definition): clearly define the problem or decision-making situation to be analyzed. This will involve identifying the factors or elements that contribute to the problem.

Step 2 (Factor identification): identify the factors or elements that contribute to the problem or decision-making situation. These factors should be specific, measurable, and relevant to the problem being analyzed.

Step 3 (Expert judgment): obtain expert judgment on the causal relationships among the identified factors. This can be done through interviews, surveys, or other methods of data collection.

Step 4 (Data analysis): Analyze the expert judgment data to determine the strength and the causal relationships among the factors. This will involve creating a matrix of the relationships and using mathematical algorithms to determine the causal strengths. Details regarding the equations used in the grey DEMATEL methodology can be referred to in [59]. The equations used for the data analysis are listed below:

Direct relation matrix

The construction of the direct relation matrix is based on the input provided by experts regarding the interrelationships among various factors. To calculate the average direct relation matrix, the scores assigned by each decision maker are aggregated using the following formula:

$$z_{ij} = \frac{1}{m} \sum_{k=1}^m x_{ij}^k \quad (1)$$

Here, z_{ij} represents the elements of the average direct relation matrix. The value of x_{ij}^k corresponds to the score given by expert k , indicating the impact of factor i on j . The variable m represents the total number of experts involved in the process.

Normalization relation matrix

Once the average matrix is obtained, it undergoes a normalization process to derive the normalized relation matrix (D). Normalization is achieved by applying the following formula:

$$m = \min \left[\frac{1}{\max \sum_{j=1}^n d_{ij}}, \frac{1}{\max \sum_{i=1}^n d_{ij}} \right] \quad (2)$$

$$D = A \times m \quad (3)$$

Total relation matrix (T)

The total relation matrix (T) is derived from the normalized relation matrix using the following formula:

$$T = D(I - D)^{-1} \quad (4)$$

where I is the identity matrix.

Calculation of the row and column sum and difference

Within the total relation matrix, the sum of each row and column is computed and denoted as R and C , respectively. Subsequently, the values of $R+C$ and $R - C$ are computed for each factor, which is referred to as the prominence score and relation score, respectively.

Determination of prominent and influential factors

The factor with the largest value of $(R + C)$ is considered the most prominent factor, while the factor with the largest value of $(R - C)$ is considered as the most influential factor.

Step 5 (Result interpretation): Interpret the results of the data analysis to identify the most critical factors that contribute to the problem or decision-making situation. This will involve visualizing the causal relationships among the factors in a graphical format, such as a network diagram.

Step 6 (Recommendations): Based on the results of the analysis, provide recommendations for addressing the problem or making a decision. This may involve prioritizing the factors or changing the causal relationships among them.

3.2. Grey Systems

Grey numbers represent numbers with incomplete information [60]. So, grey numbers can be most effective in areas where there are more chances of human error or biases [59]. The adoption of the grey system in DEMATEL helps in considering the vagueness that occurs because of human judgment. Therefore, in this study, the authors used grey numbers in the DEMATEL approach to analyze the enablers of AM.

A grey number includes an interval with a lower and an upper value and is represented by $\otimes Y$, and the steps to convert a grey number into a crisp number is shown below:

$$\otimes Y = [\underline{Y}, \overline{Y}].$$

First, for the average grey when K experts give ratings to enablers, the direct relation matrix is computed using the following formula:

$$Y_{ij} = \frac{\sum_1^K \otimes Y_{ij}^k}{K} \quad (5)$$

To normalize the grey numbers using the CFCS procedure, we can refer to Equations (6) and (7):

$$\otimes \underline{Y}_{ij} = \left(\otimes Y_{ij} - \min_j \otimes Y_{ij} \right) / \Delta_{\min}^{\max} \quad (6)$$

$$\otimes \overline{Y}_{ij} = \left(\otimes Y_{ij} - \min_j \otimes Y_{ij} \right) / \Delta_{\min}^{\max} \quad (7)$$

where $\Delta_{\min}^{\max} = \max_j \otimes Y_{ij} - \min_j \otimes Y_{ij}$, and $\otimes \underline{Y}_{ij}$ and $\otimes \overline{Y}_{ij}$ represent the normalized lower and upper values of the grey number $\otimes Y_{ij}$, respectively.

The process for determining the total normalized crisp value can be expressed through Equation (8). Finally, the final crisp score can be computed using Equation (9).

$$X_{ij} = \frac{\otimes \underline{Y}_{ij} \times (1 - \otimes \underline{Y}_{ij}) + (\otimes \overline{Y}_{ij} \times \otimes Y_{ij})}{(1 - \otimes \underline{Y}_{ij} + \otimes \overline{Y}_{ij})} \quad (8)$$

$$Z_{ij} = \min_j \otimes \underline{Y}_{ij} + X_{ij} \Delta_{\min}^{\max} \quad (9)$$

For data collection, grey linguistic terms were used, as presented in Table 2.

Table 2. Grey linguistic scale for the experts' responses.

Linguistic Term	Grey Number
"No influence (NO)"	(0, 0)
"Very low influence (VL)"	(0, 0.25)
"Low influence (L)"	(0.25, 0.5)
"High influence (H)"	(0.5, 0.75)
"Very high influence (VH)"	(0.75, 1)

3.3. Review of Grey DEMATEL Methodology

This section discusses the application of the grey DEMATEL methodology in different fields. Table 3 presents a summary of research articles on the grey DEMATEL methodology.

Table 3. Applications of the grey DEMATEL methodology.

Study	Contribution
[61]	The authors used the Grey DEMATEL method to analyze the relationships among the enablers and to identify their relative importance in implementing circular initiatives.
[62]	The authors used the Grey DEMATEL method to analyze the relationships among the factors and to identify their relative importance in implementing traceability systems in the food supply chain.
[63]	The authors used the Grey DEMATEL method to analyze the relationships among the critical success factors and to identify their relative importance in implementing drones in the logistics sector. The study focused on the Indian logistics industry, which is facing challenges in implementing drones because of regulatory issues and a lack of infrastructure.
[64]	The authors used the Grey DEMATEL-ANP approach to analyze the relationships among the dimensions of value and to identify their relative importance in sustainable PSS. The study focused on the electric vehicle (EV) industry, which is a rapidly growing sector that offers significant potential for sustainable PSS.
[65]	The authors used the Grey DEMATEL method to analyze the relationships among the critical factors and to identify their relative importance in construction and demolition waste (CDW) recycling. The study focused on the Chinese construction industry, which generates a significant amount of CDW and faces challenges in its effective management and recycling.

4. Analysis and Results

The authors of this study prepared an input sheet for the DEMATEL direct relationship matrix, and the input sheet was provided to experts in the area of AM. Ten experts from different countries working in the AM domain were considered. The experts were asked to provide the impact of each enabler on all other enablers using the linguistic terms provided in Table 2. The linguistic terms were then converted into grey numbers. Then, the steps of the grey DEMATEL methodology, according to the study conducted by the author of [59], were followed. Once the data were collected from the experts, we identified the average relationship matrix by taking the average data from all of the experts. The average matrix in grey numbers is presented in the Appendix A Table A1. Further, the average grey relationship matrix was then converted into crisp numbers and is presented in Appendix A Table A2. Next, the normalized relationship matrix was calculated and, finally, the total relationship matrix was developed and presented in Appendix A Tables A3 and A4.

Using the total relationship matrix, the row summation and column summation were calculated and are represented as (R) and (C) for each enabler of AM. Further, $(R + C)$ and $(R - C)$ were identified, which represent the prominent score and relation score and are represented in Table 4. The positive relation score shows that the enabler has a cause relation, whereas the negative relation score indicates that an enabler has an effect relation. So, the $(R - C)$ score categorized the enablers into cause and effect groups, as shown in Table 4. The prominence score indicates the importance of the enablers in the system. Therefore, an enabler with a higher prominent score indicates that it has a higher contribution to the AM system.

Table 4. Cause and effect categories of enablers.

Enabler	R	C	Prominence Score (R + C)	Prominence Rank	Relation Score (R – C)	Cause/Effect
E1	1.216	0.93	2.146	14	0.286	Cause
E2	0.703	1.101	1.804	16	−0.397	Effect
E3	1.581	0.883	2.464	10	0.698	Cause
E4	1.612	1.236	2.848	5	0.376	Cause
E5	1.34	1.18	2.519	9	0.16	Cause
E6	0.4	2.164	2.564	8	−1.765	Effect
E7	1.644	1.258	2.902	3	0.386	Cause
E8	0.558	0.972	1.53	17	−0.413	Effect
E9	1.9	1.244	3.144	1	0.656	Cause
E10	1.416	1.449	2.865	4	−0.032	Effect
E11	0.64	0.635	1.275	18	0.005	Cause
E12	1.266	1.087	2.353	12	0.179	Cause
E13	1.453	1.326	2.779	6	0.128	Cause
E14	0.965	0.881	1.847	15	0.084	Cause
E15	1.219	1.221	2.44	11	−0.003	Effect
E16	0.883	1.315	2.199	13	−0.432	Effect
E17	1.341	1.389	2.73	7	−0.048	Effect
E18	1.562	1.428	2.991	2	0.134	Cause

5. Discussion

The adoption of AM technologies has gained significant attention in recent years as a means to achieve sustainability in the manufacturing industry [66]. This research has explored the various enablers of AM that contribute to sustainability, including material efficiency, energy efficiency, reduced transportation, product customization, and recycling.

The result of the study indicates that the enablers material efficiency (E1), reduced transportation (E3), product customization (E4), recycling (E5), increased design flexibility (E7), on-demand production (E9), reduced labor costs (E11), increased production speed (E12), improved product quality (E13), reduced material costs (E14), and increased product lifespan (E18) come under the cause group, whereas the enablers energy efficiency (E2), reduced environmental impact (E6), reduced tooling costs (E8), improved product performance (E10), increased product reliability (E15), reduced production costs (E16), and increased safety (E17) come under the effect group.

The enablers on-demand production (E9), increased product lifespan (E18), and increased design flexibility (E7) have a high prominent score, representing that these enablers are very critical for AM applications to achieve sustainability in manufacturing.

From the results of the study, an influential map was developed from the total relationship matrix. An influential map of the enablers of AM is presented in Figure 1. From Figure 1, it is found that product customization (E4) is one of the enablers that drives most of the other enablers. With AM, it is possible to produce customized products, reducing the need for mass production and overconsumption. This not only reduces waste but also allows for more efficient use of resources.

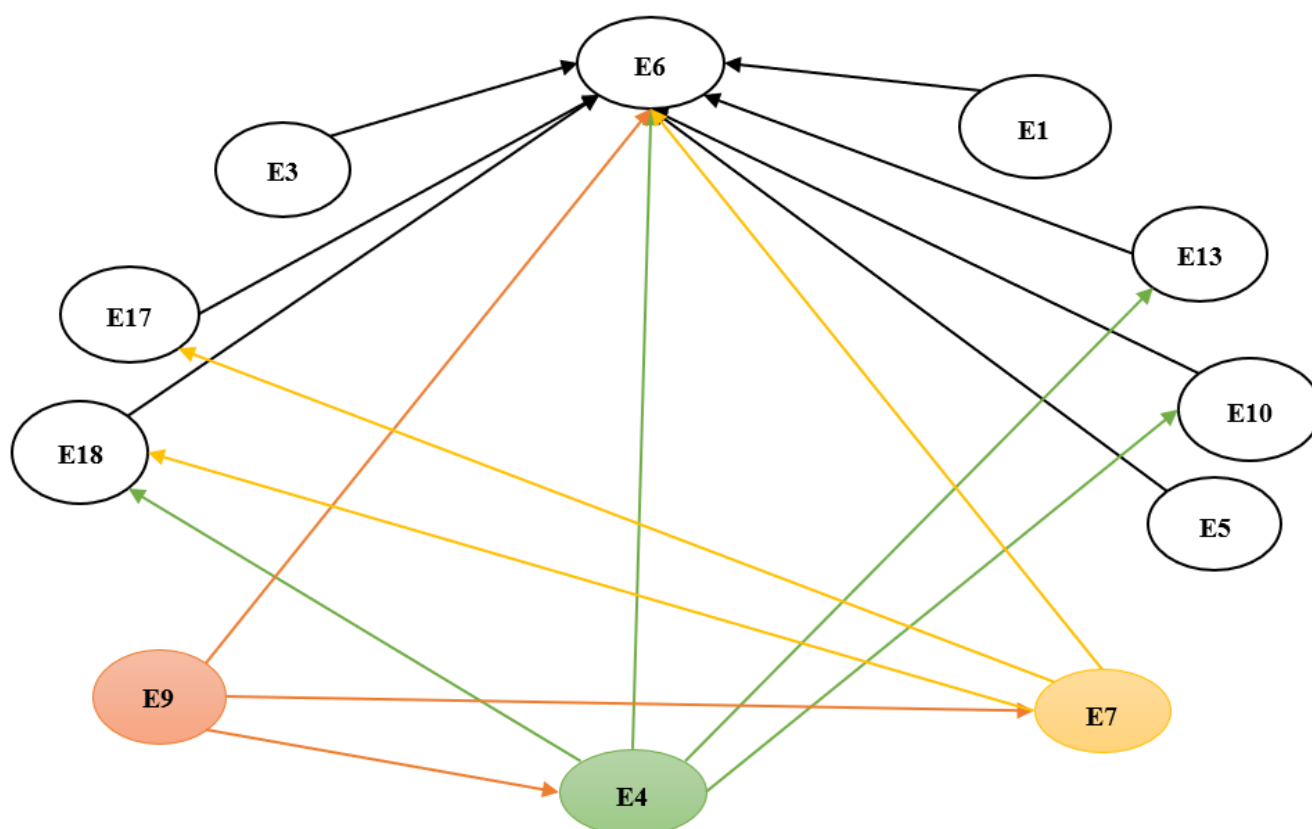


Figure 1. Influential map of the enablers of additive manufacturing.

Other important enablers are increased design flexibility (E7) and on-demand production (E9). Increased design flexibility has numerous benefits, including reduced material waste, improved product functionality, and increased customization options. With additive manufacturing, parts can be built using only the exact amount of material required, reducing material waste and lowering production costs. Additionally, additive manufacturing allows for the creation of parts with internal structures and features that improve product functionality and performance.

On-demand production also enables faster turnaround times and reduced lead times. With additive manufacturing, parts can be designed and produced quickly, allowing for faster product development and prototyping. This is especially useful in industries such as aerospace and medical devices, where speed and flexibility are critical.

In addition to faster turnaround times, on-demand production also reduces supply chain complexity. Traditional manufacturing methods require complex supply chains to manage the production and distribution of parts. With additive manufacturing, parts can be produced locally, reducing the need for complex supply chains and the associated costs and risks.

One of the key enablers of AM for sustainability is material efficiency [27]. AM allows for the precise control of material usage, resulting in reduced waste and increased resource efficiency. This is particularly important in industries that use expensive or scarce materials, as AM can help to reduce costs while conserving resources.

Energy efficiency is another important enabler of AM for sustainability [29]. Many AM processes require less energy compared to traditional manufacturing methods. This is primarily because of the reduction in material waste and the ability to produce parts closer to the point of use, reducing the need for long-distance transportation. Recycling is another enabler of AM for sustainability [33]. AM can enable the use of recycled materials in production and also allows for the recycling of end-of-life products. This helps to conserve resources and reduce waste, contributing to a more circular economy.

The adoption of AM technologies has the potential to significantly contribute to sustainability in the manufacturing industry. The enablers of AM for sustainability discussed in this research, including material efficiency, energy efficiency, reduced transportation, product customization, and recycling, demonstrate the potential of AM to reduce waste, conserve resources, and decrease environmental impact. Further research is needed to fully understand and realize the potential of AM for sustainability in various industries.

6. Implications of the Study

6.1. Industrial Implications

AM has the potential to revolutionize the way products are designed, manufactured, and distributed, leading to more efficient use of resources and less waste. This can have a positive impact on the environment and can also lead to significant cost savings for companies.

The emphasis on product customization (E4) implies that AM allows for the production of highly personalized products tailored to individual customer needs. This level of customization can significantly enhance customer satisfaction and loyalty, leading to increased sales and customer retention. Product customization (E4) enables the production of components or products with exact specifications, reducing the likelihood of producing excess or unnecessary parts. This helps minimize material waste, optimize resource usage, and decrease the environmental impact associated with overproduction.

Increased design flexibility (E7) is highlighted as an important enabler. With AM, designers have greater freedom to create complex and optimized geometries that are both functional and sustainable. By leveraging this flexibility, manufacturers can develop lightweight structures, reduce material usage, and improve energy efficiency in their products.

On-demand production (E9) is identified as an important enabler. AM enables companies to produce items only when they are needed, reducing the need for large inventories and associated storage costs. This can lead to cost savings, more efficient use of space, and minimized waste resulting from obsolete or excess inventory. On-demand production (E9) also has implications for the supply chain. By producing items closer to the point of use, companies can reduce the transportation and logistics-related environmental impacts associated with long-distance shipping. This decentralized approach to manufacturing can contribute to a more sustainable and resilient supply chain.

The combination of product customization (E4), increased design flexibility (E7), and on-demand production (E9) enables faster prototyping and iterative design processes. This can lead to accelerated innovation, reduced time to market, and the ability to respond quickly to changing customer demands. Ultimately, this agility can result in competitive advantages and improved sustainability by avoiding the production of unnecessary or outdated products.

One of the most significant implications of AM for sustainability is the ability to produce parts with improved material efficiency. With AM, it is possible to produce parts using only the necessary amount of material, resulting in reduced waste and increased resource efficiency. This is particularly important in industries that use expensive or scarce materials. Another key implication of AM is the ability to produce parts closer to the point of use, reducing the need for long-distance transportation and associated emissions. This can significantly reduce the carbon footprint of the manufacturing process, making it more environmentally friendly. In addition, AM allows for the production of customized products, reducing the need for mass production and overconsumption. This can lead to the more efficient use of resources and less waste, helping to conserve materials and reduce environmental impact.

Recycling is also an important industrial implication of AM. AM can enable the use of recycled materials in production and allows for the recycling of end-of-life products. This helps to conserve resources and reduce waste, contributing to a more circular economy. In terms of cost savings, AM can also lead to significant reductions in tooling and labor

costs. AM eliminates the need for expensive and complex tooling and reduces the need for manual labor. This can result in increased productivity and reduced costs for companies.

6.2. Theoretical and Research Implications

From a theoretical perspective, the integration of AM into sustainable manufacturing practices presents an opportunity to re-evaluate traditional manufacturing paradigms and develop new models for sustainable production.

From a research perspective, there is a significant need for further studies to fully understand the potential of AM for sustainability. This includes investigating the environmental and economic impacts of AM, as well as exploring how AM can be integrated into existing manufacturing processes and supply chains. Additionally, research is needed to develop new, sustainable materials and processes that can be used in AM, as well as to improve the energy efficiency of AM equipment.

In terms of sustainability assessments, the theoretical and research implications of AM include the development of new methods and tools to assess the environmental and social performance of AM systems in comparison with traditional manufacturing methods. This would help to identify the most sustainable options and guide the decision-making process when implementing AM in the industry. Moreover, research on the integration of AM in the circular economy is crucial, as this can provide opportunities for recycling and reusing materials in the production process. This can help to close the loop of materials, reducing the extraction of new raw materials and waste.

7. Conclusions

The adoption of AM technologies presents a significant opportunity for the manufacturing industry to achieve sustainability. The enablers of AM to achieve sustainability include material efficiency, energy efficiency, reduced transportation, product customization, recycling, reduced environmental impact, increased design flexibility, reduced tooling costs, on-demand production, improved product performance, reduced labor costs, increased production speed, improved product quality, reduced material costs, increased product reliability, reduced production costs, increased safety, and increased product lifespan. Among the identified enablers of AM, 11 enablers are in the cause group, and 7 enablers are in the effect group.

However, it is important to note that the full potential of AM for sustainability can only be realized through careful consideration of all aspects and implications of adoption, including environmental and economic impacts, integration with existing manufacturing processes and supply chains, and the development of sustainable materials and processes.

It is crucial to have a comprehensive sustainability assessment, which can provide a holistic view of the environmental and social performance of AM systems. Furthermore, the integration of AM into the circular economy can provide opportunities for recycling and reusing materials in the production process, which can help to close the loop of materials and reduce waste.

The adoption of AM technologies has the potential to significantly contribute to sustainability in the manufacturing industry, but it requires a multidisciplinary approach and more research to fully understand and realize its potential.

Future Research Work

There is a need to fully understand the environmental and economic impacts of AM, including the carbon footprint of AM processes and the costs and benefits of AM compared to traditional manufacturing methods. This research should also explore how AM can be integrated into existing manufacturing processes and supply chains to maximize sustainability benefits.

The considered sample size in this study was relatively small; in the future, it can be increased to obtain opinions from experts in different fields and to generalize the study in other sectors as well.

There is a need for research to develop new, sustainable materials and processes that can be used in AM. This includes the use of bio-based materials, such as biomaterials, bio-based plastics, and biocomposites, which can reduce the environmental impact of AM and promote a more circular economy.

Further research is needed to improve the energy efficiency of AM equipment. This includes the development of more efficient AM processes and the use of renewable energy sources to power AM equipment.

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Appendix A

Table A1. Average direct relation matrix in grey numbers.

	E1	E2	E3	E4	E5	E6	E7	E8	E9	E10	E11	E12	E13	E14	E15	E16	E17	E18
E1	(0, 0)	(0.042, 0.292)	(0.042, 0.292)	(0.5, 0.75)	(0.75, 1)	(0.75, 1)	(0.208, 0.458)	(0.042, 0.292)	(0.5, 0.75)	(0.25, 0.5)	(0.5, 0.75)	(0.458, 0.708)	(0.208, 0.458)	(0.75, 1)	(0, 0.25)	(0.75, 1)	(0, 0.25)	(0.208, 0.458)
E2	(0.25, 0.5)	(0, 0)	(0.5, 0.75)	(0.25, 0.5)	(0, 0.25)	(0.75, 1)	(0.25, 0.5)	(0.042, 0.292)	(0.042, 0.292)	(0, 0.25)	(0, 0.25)	(0, 0.25)	(0, 0.25)	(0.25, 0.5)	(0, 0.25)	(0.708, 0.958)	(0.208, 0.458)	(0, 0.25)
E3	(0.458, 0.708)	(0.458, 0.708)	(0, 0)	(0.25, 0.5)	(0.25, 0.5)	(0.75, 1)	(0.25, 0.5)	(0.5, 0.75)	(0.708, 0.958)	(0.5, 0.75)	(0.708, 0.958)	(0.708, 0.958)	(0.25, 0.5)	(0.708, 0.958)	(0.25, 0.5)	(0.75, 1)	(0.417, 0.667)	(0.208, 0.458)
E4	(0.5, 0.75)	(0.25, 0.5)	(0, 0.25)	(0, 0)	(0.75, 1)	(0.458, 0.708)	(0.75, 1)	(0, 0.25)	(0.708, 0.958)	(0.708, 0.958)	(0, 0.25)	(0.083, 0.333)	(0.75, 1)	(0, 0.25)	(0.75, 1)	(0.25, 0.5)	(0.708, 0.958)	(0.75, 1)
E5	(0.75, 1)	(0.458, 0.708)	(0, 0.25)	(0.25, 0.5)	(0, 0)	(0.75, 1)	(0.75, 1)	(0, 0.25)	(0.25, 0.5)	(0.5, 0.75)	(0.25, 0.5)	(0.25, 0.5)	(0.5, 0.75)	(0.708, 0.958)	(0.292, 0.542)	(0.292, 0.542)	(0.25, 0.5)	(0.292, 0.542)
E6	(0, 0.25)	(0, 0.25)	(0, 0.25)	(0, 0.25)	(0, 0.25)	(0, 0)	(0, 0.25)	(0, 0.25)	(0, 0.25)	(0.25, 0.5)	(0, 0.25)	(0.083, 0.333)	(0.083, 0.333)	(0.083, 0.333)	(0.25, 0.5)	(0.083, 0.333)	(0.25, 0.5)	(0.25, 0.5)
E7	(0.25, 0.5)	(0.5, 0.75)	(0.25, 0.5)	(0.75, 1)	(0.5, 0.75)	(0.75, 1)	(0, 0)	(0.25, 0.5)	(0.5, 0.75)	(0.5, 0.75)	(0.25, 0.5)	(0.25, 0.5)	(0.5, 0.75)	(0.25, 0.5)	(0.75, 1)	(0.25, 0.5)	(0.75, 1)	(0.75, 1)
E8	(0, 0.25)	(0, 0.25)	(0, 0.25)	(0.417, 0.667)	(0.25, 0.5)	(0.5, 0.75)	(0.25, 0.5)	(0, 0)	(0, 0.25)	(0, 0.25)	(0.25, 0.5)	(0, 0.25)	(0, 0.25)	(0, 0.25)	(0, 0.25)	(0.5, 0.75)	(0.25, 0.5)	(0, 0.25)
E9	(0.375, 0.625)	(0.5, 0.75)	(0.75, 1)	(0.75, 1)	(0.5, 0.75)	(0.75, 1)	(0.75, 1)	(0.625, 0.875)	(0, 0)	(0.5, 0.75)	(0.25, 0.5)	(0.75, 1)	(0.5, 0.75)	(0.625, 0.875)	(0.125, 0.375)	(0.5, 0.75)	(0.625, 0.875)	(0.625, 0.875)
E10	(0, 0.25)	(0.5, 0.75)	(0, 0.25)	(0.25, 0.5)	(0.5, 0.75)	(0.75, 1)	(0.5, 0.75)	(0.75, 1)	(0.25, 0.5)	(0, 0)	(0, 0.25)	(0.208, 0.458)	(0.75, 1)	(0.25, 0.5)	(0.542, 0.792)	(0.25, 0.5)	(0.75, 1)	(0.75, 1)
E11	(0, 0.25)	(0.25, 0.5)	(0.25, 0.5)	(0.25, 0.5)	(0, 0.25)	(0.5, 0.75)	(0, 0.25)	(0, 0.25)	(0.5, 0.75)	(0, 0.25)	(0, 0)	(0, 0.25)	(0.25, 0.5)	(0.25, 0.5)	(0, 0.25)	(0.5, 0.75)	(0, 0.25)	(0, 0.25)
E12	(0.25, 0.5)	(0.5, 0.75)	(0.75, 1)	(0, 0.25)	(0, 0.25)	(0.5, 0.75)	(0.5, 0.75)	(0.5, 0.75)	(0.75, 1)	(0.25, 0.5)	(0, 0.25)	(0, 0)	(0.25, 0.5)	(0.25, 0.5)	(0.292, 0.542)	(0.75, 1)	(0.25, 0.5)	(0.25, 0.5)
E13	(0.25, 0.5)	(0.25, 0.5)	(0.5, 0.75)	(0.25, 0.5)	(0.583, 0.833)	(0.75, 1)	(0.25, 0.5)	(0.75, 1)	(0, 0.25)	(0.75, 1)	(0, 0.25)	(0.333, 0.583)	(0, 0)	(0, 0.25)	(0.75, 1)	(0.25, 0.5)	(0.75, 1)	(0.75, 1)
E14	(0.5, 0.75)	(0.167, 0.417)	(0, 0.25)	(0.5, 0.75)	(0.25, 0.5)	(0.5, 0.75)	(0, 0.25)	(0.25, 0.5)	(0.583, 0.833)	(0.25, 0.5)	(0, 0.25)	(0.333, 0.583)	(0.25, 0.5)	(0, 0)	(0, 0.25)	(0.5, 0.75)	(0.25, 0.5)	(0.083, 0.333)
E15	(0, 0.25)	(0.125, 0.375)	(0.25, 0.5)	(0.25, 0.5)	(0.25, 0.5)	(0.625, 0.875)	(0.25, 0.5)	(0.25, 0.5)	(0, 0.25)	(0.75, 1)	(0.25, 0.5)	(0.5, 0.75)	(0.75, 1)	(0, 0.25)	(0, 0)	(0.25, 0.5)	(0.5, 0.75)	(0.75, 1)
E16	(0, 0.25)	(0.333, 0.583)	(0.5, 0.75)	(0.083, 0.333)	(0.25, 0.5)	(0.5, 0.75)	(0.25, 0.5)	(0.5, 0.75)	(0.5, 0.75)	(0.25, 0.5)	(0, 0.25)	(0.417, 0.667)	(0, 0.25)	(0.083, 0.333)	(0, 0.25)	(0, 0)	(0.083, 0.333)	(0.25, 0.5)
E17	(0.417, 0.667)	(0.25, 0.5)	(0, 0.25)	(0.5, 0.75)	(0, 0.25)	(0.75, 1)	(0.5, 0.75)	(0, 0.25)	(0.25, 0.5)	(0.75, 1)	(0.333, 0.583)	(0.5, 0.75)	(0.5, 0.75)	(0, 0.25)	(0.75, 1)	(0.083, 0.333)	(0, 0)	(0.75, 1)
E18	(0.333, 0.583)	(0.25, 0.5)	(0.25, 0.5)	(0.75, 1)	(0.75, 1)	(0.75, 1)	(0.5, 0.75)	(0, 0.25)	(0.667, 0.917)	(0.667, 0.917)	(0, 0.25)	(0.25, 0.5)	(0.75, 1)	(0, 0.25)	(0.75, 1)	(0.083, 0.333)	(0.5, 0.75)	(0, 0)

Table A2. Average direct relation matrix converted to crisp numbers.

	E1	E2	E3	E4	E5	E6	E7	E8	E9	E10	E11	E12	E13	E14	E15	E16	E17	E18
E1	0	0.115	0.1	0.65	0.95	0.95	0.3	0.1	0.65	0.35	0.655	0.6	0.3	0.95	0.05	0.95	0.05	0.3
E2	0.35	0	0.65	0.35	0.05	0.95	0.35	0.1	0.1	0.05	0.052	0.05	0.05	0.35	0.05	0.9	0.3	0.05
E3	0.6	0.635	0	0.35	0.35	0.95	0.35	0.65	0.9	0.65	0.907	0.9	0.35	0.9	0.35	0.95	0.55	0.3
E4	0.65	0.375	0.05	0	0.95	0.6	0.95	0.05	0.9	0.9	0.052	0.15	0.95	0.05	0.95	0.35	0.9	0.95
E5	0.95	0.635	0.05	0.35	0	0.95	0.95	0.05	0.35	0.65	0.353	0.35	0.65	0.9	0.4	0.4	0.35	0.4
E6	0.05	0.063	0.05	0.05	0.05	0	0.05	0.05	0.05	0.35	0.052	0.15	0.15	0.15	0.35	0.15	0.35	0.35
E7	0.35	0.688	0.35	0.95	0.65	0.95	0	0.35	0.65	0.65	0.353	0.35	0.65	0.35	0.95	0.35	0.95	0.95
E8	0.05	0.063	0.05	0.55	0.35	0.65	0.35	0	0.05	0.05	0.353	0.05	0.05	0.05	0.05	0.65	0.35	0.05
E9	0.5	0.688	0.95	0.95	0.65	0.95	0.95	0.8	0	0.65	0.353	0.95	0.65	0.8	0.2	0.65	0.8	0.8
E10	0.05	0.688	0.05	0.35	0.65	0.95	0.65	0.95	0.35	0	0.052	0.3	0.95	0.35	0.7	0.35	0.95	0.95
E11	0.05	0.375	0.35	0.35	0.05	0.65	0.05	0.05	0.65	0.05	0	0.05	0.35	0.35	0.05	0.65	0.05	0.05
E12	0.35	0.688	0.95	0.05	0.05	0.65	0.65	0.65	0.95	0.35	0.052	0	0.35	0.35	0.4	0.95	0.35	0.35
E13	0.35	0.375	0.65	0.35	0.75	0.95	0.35	0.95	0.05	0.95	0.052	0.45	0	0.05	0.95	0.35	0.95	0.95
E14	0.65	0.271	0.05	0.65	0.35	0.65	0.05	0.35	0.75	0.35	0.052	0.45	0.35	0	0.05	0.65	0.35	0.15
E15	0.05	0.219	0.35	0.35	0.35	0.8	0.35	0.35	0.05	0.95	0.353	0.65	0.95	0.05	0	0.35	0.65	0.95
E16	0.05	0.479	0.65	0.15	0.35	0.65	0.35	0.65	0.65	0.35	0.052	0.55	0.05	0.15	0.05	0	0.15	0.35
E17	0.55	0.375	0.05	0.65	0.05	0.95	0.65	0.05	0.35	0.95	0.454	0.65	0.65	0.05	0.95	0.15	0	0.95
E18	0.45	0.375	0.35	0.95	0.95	0.95	0.65	0.05	0.85	0.85	0.052	0.35	0.95	0.05	0.95	0.15	0.65	0

Table A3. Normalized relation matrix.

	E1	E2	E3	E4	E5	E6	E7	E8	E9	E10	E11	E12	E13	E14	E15	E16	E17	E18
E1	0	0.008	0.007	0.046	0.067	0.067	0.021	0.007	0.046	0.025	0.046	0.042	0.021	0.067	0.004	0.067	0.004	0.021
E2	0.025	0	0.046	0.025	0.004	0.067	0.025	0.007	0.007	0.004	0.004	0.004	0.004	0.025	0.004	0.064	0.021	0.004
E3	0.042	0.045	0	0.025	0.025	0.067	0.025	0.046	0.064	0.046	0.064	0.064	0.025	0.064	0.025	0.067	0.039	0.021
E4	0.046	0.027	0.004	0	0.067	0.042	0.067	0.004	0.064	0.064	0.004	0.011	0.067	0.004	0.067	0.025	0.064	0.067
E5	0.067	0.045	0.004	0.025	0	0.067	0.067	0.004	0.025	0.046	0.025	0.025	0.046	0.064	0.028	0.028	0.025	0.028
E6	0.004	0.004	0.004	0.004	0.004	0	0.004	0.004	0.004	0.025	0.004	0.011	0.011	0.011	0.025	0.011	0.025	0.025
E7	0.025	0.049	0.025	0.067	0.046	0.067	0	0.025	0.046	0.046	0.025	0.025	0.046	0.025	0.067	0.025	0.067	0.067
E8	0.004	0.004	0.004	0.039	0.025	0.046	0.025	0	0.004	0.004	0.025	0.004	0.004	0.004	0.004	0.046	0.025	0.004
E9	0.035	0.049	0.067	0.067	0.046	0.067	0.067	0.057	0	0.046	0.025	0.067	0.046	0.057	0.014	0.046	0.057	0.057
E10	0.004	0.049	0.004	0.025	0.046	0.067	0.046	0.067	0.025	0	0.004	0.021	0.067	0.025	0.049	0.025	0.067	0.067
E11	0.004	0.027	0.025	0.025	0.004	0.046	0.004	0.004	0.046	0.004	0	0.004	0.025	0.025	0.004	0.046	0.004	0.004
E12	0.025	0.049	0.067	0.004	0.004	0.046	0.046	0.046	0.067	0.025	0.004	0	0.025	0.025	0.028	0.067	0.025	0.025
E13	0.025	0.027	0.046	0.025	0.053	0.067	0.025	0.067	0.004	0.067	0.004	0.032	0	0.004	0.067	0.025	0.067	0.067
E14	0.046	0.019	0.004	0.046	0.025	0.046	0.004	0.025	0.053	0.025	0.004	0.032	0.025	0	0.004	0.046	0.025	0.011
E15	0.004	0.015	0.025	0.025	0.025	0.057	0.025	0.025	0.004	0.067	0.025	0.046	0.067	0.004	0	0.025	0.046	0.067
E16	0.004	0.034	0.046	0.011	0.025	0.046	0.025	0.046	0.046	0.025	0.004	0.039	0.004	0.011	0.004	0	0.011	0.025
E17	0.039	0.027	0.004	0.046	0.004	0.067	0.046	0.004	0.025	0.067	0.032	0.046	0.046	0.004	0.067	0.011	0	0.067
E18	0.032	0.027	0.025	0.067	0.067	0.067	0.046	0.004	0.06	0.06	0.004	0.025	0.067	0.004	0.067	0.011	0.046	0

Table A4. Total relation matrix.

	E1	E2	E3	E4	E5	E6	E7	E8	E9	E10	E11	E12	E13	E14	E15	E16	E17	E18
E1	0.031	0.043	0.035	0.081	0.101	0.13	0.06	0.037	0.086	0.068	0.062	0.074	0.061	0.094	0.039	0.105	0.045	0.063
E2	0.04	0.019	0.06	0.045	0.024	0.102	0.044	0.024	0.031	0.029	0.016	0.024	0.024	0.04	0.024	0.085	0.044	0.028
E3	0.077	0.088	0.038	0.073	0.069	0.15	0.073	0.085	0.112	0.099	0.086	0.105	0.074	0.098	0.069	0.12	0.091	0.075
E4	0.084	0.073	0.04	0.055	0.118	0.134	0.121	0.045	0.109	0.128	0.03	0.058	0.126	0.04	0.123	0.073	0.124	0.132
E5	0.096	0.08	0.033	0.068	0.042	0.139	0.105	0.037	0.066	0.094	0.045	0.061	0.09	0.092	0.07	0.072	0.072	0.078
E6	0.013	0.016	0.012	0.017	0.016	0.023	0.017	0.014	0.016	0.041	0.01	0.022	0.026	0.018	0.039	0.022	0.039	0.041
E7	0.064	0.093	0.06	0.117	0.095	0.156	0.056	0.063	0.094	0.11	0.05	0.07	0.105	0.058	0.121	0.076	0.126	0.129
E8	0.017	0.02	0.015	0.054	0.04	0.074	0.042	0.012	0.022	0.025	0.033	0.018	0.022	0.015	0.022	0.061	0.043	0.025
E9	0.081	0.101	0.107	0.125	0.102	0.169	0.126	0.102	0.063	0.115	0.055	0.117	0.108	0.097	0.076	0.108	0.123	0.124
E10	0.037	0.085	0.035	0.07	0.087	0.143	0.091	0.098	0.064	0.056	0.025	0.059	0.114	0.051	0.097	0.067	0.118	0.119
E11	0.019	0.044	0.041	0.043	0.022	0.079	0.024	0.021	0.065	0.027	0.01	0.023	0.043	0.039	0.022	0.066	0.026	0.026
E12	0.053	0.083	0.097	0.045	0.041	0.115	0.084	0.079	0.104	0.07	0.026	0.038	0.064	0.054	0.064	0.109	0.069	0.069
E13	0.058	0.066	0.074	0.069	0.095	0.146	0.072	0.1	0.047	0.121	0.028	0.071	0.052	0.034	0.114	0.069	0.118	0.12
E14	0.068	0.046	0.026	0.074	0.055	0.097	0.037	0.049	0.082	0.06	0.019	0.058	0.056	0.023	0.033	0.077	0.058	0.047
E15	0.032	0.05	0.051	0.062	0.062	0.123	0.064	0.056	0.041	0.113	0.042	0.077	0.109	0.027	0.045	0.061	0.091	0.113
E16	0.025	0.059	0.066	0.038	0.049	0.093	0.053	0.068	0.073	0.055	0.019	0.063	0.032	0.032	0.03	0.031	0.042	0.055
E17	0.067	0.063	0.034	0.087	0.047	0.139	0.088	0.038	0.066	0.118	0.051	0.081	0.095	0.031	0.113	0.052	0.052	0.119
E18	0.07	0.071	0.059	0.114	0.115	0.153	0.099	0.044	0.104	0.122	0.029	0.069	0.124	0.039	0.12	0.059	0.106	0.066

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