

Supporting Information

Title: Improving the lipid profile of *Hermetia illucens* (Black Soldier Fly) for aquafeeds: current state of knowledge

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Keywords: fish meal, fish oil, fatty acids, insect feed, marine aquaculture, omega-3

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Table S1 – Relative abundance of molecular species of fatty acids (expressed as % of total pool of fatty acids) of *Hermetia illucens* larvae fed with different substrates retrieved from the literature surveyed.

Table S1 - Cont.

BSF Fatty acids	Substrate tested														
	Bread and Mussels 10%	Bread and Mussels 20%	Bread and Mussels 30%	Bread and Mussels 40%	Bread and Mussels 50%	Wheat bran	Fermented maize straw	Fruit	Vegetables	Fruits/Vegetables	Seaweed 100%	Coconut endosperm and soybean crude residue (3:2)	Commercial broiler chicken feed (L-prepupae)	Broiler and cow manure	Rye meal
(C10:0)						1.25	0.85	1.1	1.5	1.0			0.8	0.8	
(C12:0)	47.4	47.6	43.6	42.0	35.3	38.26	22.36	68.0	25.0	41.5		16.1	78.4	31.9	47.7
(C14:0)	8.7	8.5	8.0	7.8	6.8	6.28	4.41	7.6	5.4	7.4	10.4	3.0	8.8	5.5	11.5
(C16:0)	13.9	14.3	14.7	14.6	15.8	11.84	13.15	8.3	15.4	12.8	11.0	4.8	5.3	21.9	15.6
(C17:0)						2.93	2.73								
(C18:0)	2.7	2.9	2.7	2.8	3.1	1.72	1.90	0.9	4.9	1.7	0.5	9.22	0.6	2.7	2.2
(C20:0)															0.1
SFA total	72.8	73.5	69.2	67.4	61.3	62.28	45.41	86.0	56.5	65.0	22.7	47.0	93.9	62.8	77.1
(C14:1)	0.2(n-5)	0.2(n-5)	0.2(n-5)	0.3(n-5)	0.2(n-5)										
(C16:1)	3.1(n-7)	3.8(n-7)	4.6(n-7)	5.2(n-7)	5.9(n-7)	0.49	1.23	3.8 (n-7)	10.0(n-7)	1.4 (n-7)	1.8 (n-7)	8.4	0.6	2.3 (n-9)	0.1 (n-7)/3.9 (n-9)
(C17:1)						n.d	0.34								
(C18:1)	13.3(n-9)/0.8(n-7)	11.7(n-9)/1.2(n-7)	12.3(n-9)/1.2(n-7)	13.2(n-9)/1.2(n-7)	14.0(n-9)/1.5(n-7)	15.84	23.29	7.1 (n-9)	11.8 (n-9)	8.7 (n-9)	31.3 (n-9)	16.93	2.0 (n-9)	20.2 (n-9)	9.7
(C20:1)												1.0			
(C22:1)												7.28			
MUFA	17.6	17.2	18.8	20.3	22.2			11.2	27.2	11.0	34.4	34.4	2.6	22.5	13.7
(C18:2)	5.6(n-6)	4.5(n-6)	4.8(n-6)	4.5(n-6)	5.9(n-6)	15.46 (n-6)	24.02 (n-6)	2.3 (n-6)	7.5 (n-6)	21.2 (n-6)	8.2 (n-6)		3.2 (n-6)	13.0 (n-6)	6.1 (n-6))
(C18:3)	2.6(n-3)	2.2(n-3)	2.7(n-3)	2.6(n-3)	3.4(n-3)	1.11 (n-3)	1.35 (n-3)	0.5 (n-3)	5.8 (n-3)	2.6 (n-6)	3.2 (n-3)		0.2 (n-3)	1.7(n-3)	0.8 (n-3)
(C18:4)												2.6 (n-3)			
(C20:2)												1.5 (n-6)			
(C20:4)	0.1(n-6)	0.1(n-6)	0.2(n-6)	0.3(n-6)	0.4(n-6)							12.4 (n-6)			
(C20:5)	0.9(n-3)	1.7(n-3)	3.0(n-3)	3.5(n-3)	4.8(n-3)							6.6 (n-3)			
(C22:2)												0.52(n-6)			
(C22:6)	0.3(n-3)	0.5(n-3)	0.9(n-3)	1.1(n-3)	1.7(n-3)										
PUFA	9.6	9.3	12.0	12.2	16.6	16.57	25.37	2.8	16.2	24.1	37.8	0.52	3.4	14.7	6.9
Omega 6	5.8	4.6	5.3	5.0	6.7			2.3	8.3	20.4	23.6	0.52	3.2	13.0	6.1
Omega 3	3.8	4.4	6.7	7.2	9.9			0.5	6.8	2.8	14.1		0.2	1.7	0.8
n-6/n-3	1.53	1.05	0.79	0.69	0.68			4.6	1.2	7.3	1.67		16.0	7.65	7.62
Reference	(Ewald et al. 2020)	(Gao et al. 2019)	(Gao et al. 2019)	(Jucker et al. 2017)	(Jucker et al. 2017)	(Jucker et al. 2017)	(Liland et al. 2017)	(Lim et al. 2019)	(Liu et al. 2017)	(Mai et al. 2019)	(Matthäus et al. 2019)				

Table S1 - Cont.

BSF Fatty acids	Substrate tested																
	Vegetable–fruit waste	Fruit waste	Winery by-product	Brewery by-product	Cow manure	Cow manure and fish	Pig manure	Horse manure	chicken feed + 4% of Flaxseed oil	Chicken Feed	HPHF (high protein, high fat)	HPLF (high protein, low fat)	LPHF (low protein, high fat)	LPLF (low protein, low fat)	Chicken feed	Pig manure and rice straw	
(C10:0)									2.8	0.8	1.1	0.7	1.3	0.8	1.2	0.9	
(C12:0)	52.1	57.4	34.7	32.4	21.4	49.3	42.6	28.1	38.9	47.8	28.9	48.4	38.4	50.7	46.6	32.87	
(C13:0)											2.4	2.4	2.3	1.8	2.4		
(C14:0)	10.3	9.6	6.5	6.6	2.9	6.8	6.9	6.7	7.7	9.2	7.4	9.5	7.8	9.0	9.2	8.26	
(C15:0)											0.0 (iso)	0.0 (iso)	0.2 (iso)	0.0 (iso)	0.1 (iso)	1.98	
(C16:0)	13.9	13.1	18.9	20.4	16.1	10.5	11.1	22.0	12.7	13.7	17.0	11.8	14.4	11.6	12.7	19.17	
(C17:0)									0.8		0.5 (Al)	0.1(Al)	0.6(Al)	0.2(Al)	0.2(Al)	0.63	
(C18:0)	2.6	1.7	2.8	1.8	5.7	2.8	1.3	5.1	2.8	2.3	2.8	2.0	2.4	1.8	2.1	6.60	
SFA	78.9	81.9	63.0	61.2	46.1	69.4	61.9	65.5	63.5	74.4	59.7	75.5	66.9	76.3	74.2	69.51	
(C14:1)											0.4	0.9	0.6	0.7	0.3		
(C16:1)	3.4 (n-9)	3.7 (n-9)	6.1 (n-9)	2.9 (n-9)					8.2 (n-7)	1.5 (n-9)	2.5(n-9)	2.9	6.6	3.4	4.7	3.4	8.46
(C18:1)	8.5 (n-9) 0.4 (n-11)	9.3(n-9) 0.3 (n-11)	12.5(n-9) 0.4 (n-11)	9.2 (n-9) 0.6 (n-11)	32.1(n-9)	11.8 (n-9)	12.3 (n-9)	22.9 (n-9)	13.4(n-9) 0.4 (n-7)	11.7 (n-9) 0.5 (n-7)	0.2(t11) 15.9 (n-9) 0.3 (c11)	0.0(t11) 10.0 (n-9) 0.5 (c11)	0.2(t11) 18.1(n-9) 0.2 (c11)	-(t11) 10.2 (n-9) 0.7 (c11)	- (t11) 10.2 (n-9) 0.2 (c11)	- (t11) 10.2 (n-9) 0.7 (c11)	17.97
(C24:1)															0.5		
MUFA	12.3	13.3	19.0	12.7	32.1	11.8	12.3	31.1	15.6	15.1	19.7	18.0	22.5	15.9	15.1	26.43	
(C18:2)	7.0(n-6)	4.1 (n-6)	17.6 (n-6)	23.5 (n-6)	4.5 (n-6)	3.7 (n-6)	3.6 (n-6)	2.1 (n-6)	10.4 (n-6)	9.1 (n-6)	17.1 (n-6)	3.6(n-6)	8.3 (n-6)	6.0 (n-6)	9.4 (n-6)	0.49	
(C18:3)	1.7 (n-3)	0.7 (n-3)	0.4 (n-3)	2.5 (n-3)	0.2 (n-6)	0.1 (n-6)	0.7 (n-6)	Nd	9.7 (n-3)	0.5 (n-3)	1.5 (n-3)	0.6 (n-3)	0.8 (n-3)	1.0(n-3)	0.6(n-3)		
(C20:4)											0.2 (n-6)	0.2 (n-6)	0.1 (n-6)	0.1 (n-6)	0.0 (n-6)		
(C20:5)								1.7 (n-3)									
(C22:5)									1.4								
(C22:6)								0.6									
PUFA	8.8	4.8	18.0	26.0	4.7	3.8	6.6	3.5	20.3	10.1	18.8	4.4	9.2	7.1	10.0	0.49	
Omega 6	7.0	4.1	17.6	23.5	4.7	3.8	4.4	2.1	10.4	9.1	17.3	3.8	8.4	6.1	9.4		
Omega 3	1.7	0.7	0.4	2.5			1.7		9.7	0.5	1.5	0.6	0.8	1.0	0.6		
n-6/n-3	4.12	5.86	44.0	9.4			2.59		1.1	18.3	11.53	6.33	10.5	6.1	15.67		
Reference	(Meneguz et al. 2018)	(Moula et al. 2018)	(Oonincx et al. 2019)	(Oonincx et al. 2019)	(Oonincx et al. 2015)	(Oonincx et al. 2015)	(Oonincx et al. 2015)	(Oonincx et al. 2015)	(Oonincx et al. 2015)	(Pang et al. 2019)							

Table S1 - Cont.

BSF Fatty acids	Control diet	Biodecomposed media	Substrate tested													
			Dairy Cow Manure	Fish Offal+Cow Manure	SCR with <i>Lactobacillus buchneri</i>	Soybean crude residues	Artificial feed	Chicken feed	Digestate	Vegetable waste	Restaurant waste	Cow manure	10% fish offal and 90% cow manure	25% fish offal and 75% cow manure	50% fish offal and 50% cow manure	24 h 22% fish offal and 78% cow manure
(C10:0)	1.09	0.86			1.5	1.7	2.2	1.4	1.2	1.6	2.0					
(C12:0)	36.40	40.79	23.6	37.1	39.6	36.9	41.3	57.3	43.6	60.9	57.6	20.9	34.1	41.0	42.6	14.7
(C13:0)	0.02	0.02														
(C14:0)	6.89	6.56	5.1	6.3	6.5	5.9	6.5	7.3	6.9	9.5	7.1	2.85	6.46	6.67	6.91	4.51
(C15:0)	0.13	0.13				0.4	0.4	0.7								
(C16:0)	15.31	16.27	19.8	17.3	13.1	13.2	12.6	9.6	10.1	8.7	10.3	16.05	14.3	12.08	11.14	16.5
(C17:0)	0.08	0.12				0.4	0.4	0.7								
(C18:0)	3.35	7.34	6.5	2.0	2.1	1.7	1.6	1.4	1.7	1.1	1.0	5.68	2.35	1.64	1.29	6.22
(C19:0)	0.01	0.01														
(C20:0)	0.05	0.08														
(C22:0)	0	0.01														
SFA	63.33	72.19	55.0	62.7	63.6	60.2	65.6	77.4	64.8	82.8	78.3	45.48	57.21	61.39	61.94	41.93
(C14:1)						1.0	1.1	1.3								
(C15:1)						0.5	0.5	0.5								
(C16:1)	2.39 (n-7) 0.72 (n-9)	2.36 (n7) 0.45 (n-9)	6.3 (n-7)	7.6 (n-7)	2.7 (n-7)	3.2 (n-7)	4.3 (n-7)	2.0	7.6	2.9	3.3					
(C17:1)						0.6	0.8	1.3								
(C18:1)	21.10 (n-9) 0.58 (n-7)	18.24 (n-9) 0.67 (n-7)	22.7 (n-9)	18.8 (n-9)	11.5(n-9)	12.1(n-9)	10.1 (n-9)	7.5(n-9) 0.2 (n-11)	7.9 (n-9) 2.3 (n-11)	5.7(n-9) 0.3 (n-11)	8.0(n-9) 0.1(n-11)	32.11 (n-9)	16.52 (n-9)	13.96 (n-9)	12.28 (n-9)	27.00 (n-9)
(C20:1)	0.09 (n-7)	0.10 (n-7)														
MUFA	24.88	21.82	29.0	26.4	16.3	17.7	17.5	10.0	19.1	9.5	12.0	32.11	16.52	13.96	12.28	27.00
(C18:2)	11.01 (n-6)	10.7 (n-6)	6.8 (n-6)	5.9 (n-6)	17.5(n-6)	17.0(n-6)	12.8 (n-6)	11.5 (n-6)	7.9 (n-6)	4.5(n-6)	7.8 (n-6)	4.51 (n-6)	3.96 (n-6)	3.22 (n-6)	3.57 (n-6)	3.89 (n-6)
(C18:3)	2.5 (n-3)	1.6 (n-3)	0.0	0.5 (n-3)	1.4 (n-3)	1.2 (n-3)	0.9 (n-3)	0.7 (n-3)	0.8 (n-3)	1.4(n-3)	1.1 (n-3)	0.19 (n-3)	0.74 (n-3)	0.71 (n-3)	0.74 (n-3)	0.86 (n-3)
(C18:4)				0.0	0.5 (n-3)			0.07 (n-3)	0.6 (n-3)	0.9 (n-3)	0.05 (n-3)					
(C20:4)	0.02 (n-6)	0.02 (n-6)			1.3 (n-6)	1.3 (n-6)	2.3(n-6)					0.04 (n-6)	0.2 (n-6)	0.18 (n-6)	0.2 (n-6)	0.19 (n-6)
(C20:5)	0.04 (n-3)	0.02 (n-3)	0.1 (n-3)	3.5 (n-3)	0.4 (n-3)	0.4(n-3)	0.06 (n-3)	0.1(n-3)	0.01 (n-3)	0.2 (n-3)	0.03 (n-3)	1.76 (n-3)	1.63 (n-3)	1.66 (n-3)	1.43 (n-3)	
(C22:5)			0	0.35 (n-3)								0	0.1 (n-3)	0.11 (n-3)	0.14 (n-3)	0.53 (n-3)
(C22:6)			0	1.7 (n-3)				0.01 (n-3)	0.02(n-3)	0.01(n-3)	0.01 (n-3)	0.006 (n-3)	0.41 (n-3)	0.43 (n-3)	0.59 (n-3)	1.66 (n-3)
PUFA	13.57	12.34	6.9	12.45	20.6	19.90	16.4	12.34	9.42	6.82	9.1	4.78	7.17	6.33	6.9	8.56
Omega 6	11.03	10.72	6.80	5.90	18.80	18.30	15.10	11.60	8.00	4.60	8.00	4.55	4.26	3.57	3.91	4.60
Omega 3	2.54	1.62	0.10	6.55	1.80	1.60	1.30	0.90	1.60	2.30	1.40	0.23	2.91	2.76	2.99	3.96
n-6/n-3	4.34	6.62	68	0.90	10.44	11.44	11.61	12.89	5.0	2	5.71	19.78	1.46	1.29	1.31	1.16
Reference	(Rabani et al. 2019)	(Rabani et al. 2019)	(Sealey et al. 2011)	(Sealey et al. 2011)	(Somroo et al. 2019)	(Somroo et al. 2019)	(Somroo et al. 2019)	(Spranghers et al. 2017)	(St-Hilaire, Cranfill, et al. 2007)							

Table S1 - Cont.

BSF Fatty acids	Substrate tested																	
	Swine manure	Food waste	100% coffee silverskin	Coffee silverskin + 5% <i>Schyzochytrium sp</i>	Coffee silverskin + 10% <i>Schyzochytrium sp</i>	Coffee silverskin + 20% <i>Schyzochytrium sp</i>	Coffee silverskin + 25% <i>Schyzochytrium sp</i>	Coffee silverskin + 5% <i>Isochrysis sp</i>	Coffee silverskin + 10% <i>Isochrysis sp</i>	Coffee silverskin + 20% <i>Isochrysis sp</i>	Coffee silverskin + 25% <i>Isochrysis sp</i>	By-products from roasting coffee	Corn meal and fruit and vegetable mixture (50:50)	Coconut Endosperm Waste	Cereal Mix 1	Cereal Mix 2	Cereal Mix 3	Cereal Mix 4
(C10:0)			0.25	0.38	0.52	0.85	0.55	0.87	1.03	0.94	0.85	0.15	0.003	2.2				
(C12:0)	49.3	44.9	14.1	9.4	8.0	19.5	19.9	28.3	32.5	30.2	28.2	0.2	0.026	63.1	0.64	0.37	0.22	0.17
(C13:0)												0.03	Nd					
(C14:0)	6.8	8.3	3.2	2.7	2.0	5.9	4.0	5.7	6.7	6.8	6.9	3.1	0.045	13.5	0.50	0.6	0.59	0.40
(C15:0)			0.46	0.32	0.22	0.16	0.12	0.24	0.27	0.25	0.20	0.57	0.012					
(C16:0)	10.48	13.5	18.1	16.6	15.9	12.1	10.8	14.4	14.3	12.7	12.0	21	0.83	8.2	24.41	32.31	27.45	27.36
(C17:0)			0.51	0.42	0.35	0.21	0.16	0.27	0.20	0.20	0.24	0.80	0.014					
(C18:0)	2.78	2.1	10.8	17.1	12.6	4.7	5.8	21.4	12.9	11.0	9.0	8.9	0.32		1.5	1.57	1.12	1.09
(C20:0)			11.0	6.9	2.7	1.2	1.3	4.2	2.9	2.6	2.4	2.42	0.033					
(C21:0)												0.17	Nd					
(C22:0)			16.0	8.9	2.8	1.3	1.1	5.0	3.3	3.0	2.8	2.68	0.027					
SFA	69.35	69.90	74.42	62.72	45.09	46.32	42.63	80.38	74.1	67.69	62.59	40.02	1.31	87.00	27.31	35.11	29.76	29.33
(C16:1)	3.45 (n-7)	2.4 (n-7)	4.7(n-7)	4.1(n-7)	5.2(n-7)	4.3(n-7)	5.0(n-7)	3.8(n-7)	4.6(n-7)	3.9(n-7)	3.6(n-7)	0.06 (n-9) 0.40 (n-7)	0.006 (n-9) 0.015 (n-7)	2.7	0.33	0.20	0.30	0.30
(C18:1)	11.81 (n-9)	12.0 (n-9)	9.0(n-9) 2.5 (n-7)	8.2(n-9) 1.5(n-7)	11.3(n-9) 1.4(n-7)	11.7(n-9) 0.9(n-7)	12.9(n-9) 0.5(n-7)	7.4(n-9) 1.6(n-7)	10.2(n-9) 1.2(n-7)	12.4(n-9) 1.2(n-7)	13.9(n-9) 1.1(n-7)	2.9 (n-9) 0.28 (n-7)	0.90 (n-9) 0.039 (n-7)	8.3	20.49 (n-9) 0.7 (n-11)	13.04 (n-9) 0.54 (n-11)	13.77 (n-9) 0.97 (n-11)	13.48 (n-9) 0.96 (n-11)
(C20:1)			0.02 (n-9)	0.15(n-9)	0.12(n-9)	0.01(n-9)	0.05(n-9)	0.04(n-9)	0.06(n-9)	0.04(n-9)	0.07(n-9)	0.65 (n-9)	0.027 (n-9)		Nd	0.16 (n-11)	0.29 (n-11)	0.27 (n-11)
MUFA	15.26	14.90	16.22	13.95	18.02	16.91	18.45	12.84	16.06	17.54	18.67	4.29	0.99	11.00	21.72	14.15	15.71	15.33
(C18:2)	3.68 (n-6)	9.9 (n-6)	6.2(n-6)	4.6(n-6)	4.9(n-6)	3.7(n-6)	3.9(n-6)	4.0(n-6)	4.8(n-6)	5.9(n-6)	6.8(n-6)	0.69 (n-6)	2.32 (n-6)	2.0	46.60 (n-6)	46.40 (n-6)	49.92 (n-6)	49.82 (n-6)
(C18:3)	0.08 (n-3)	0.1 (n-3)	0.4(n-6) 1.0 (n-3)	0.9(n-6) 0.9 (n-3)	1.6(n-6) 1.1(n-3)	1.6(n-6) 1.0(n-3)	1.9(n-6) 1.1(n-3)	0.1(n-6) 1.2(n-3)	0.1(n-6) 2.3(n-3)	0.2(n-6) 3.8(n-3)	0.2(n-6) 5.3(n-3)		0.48 (n-3)		Nd 4.21 (n-3)	nd 4.26 (n-3)	0.08 (n-6) 4.34 (n-3)	0.06 (n-6) 5.18 (n-3)
(C20:4)			0.1 (n-6)	2.2 (n-6)	3.2(n-6)	3.6(n-6)	3.9(n-6)	0.4(n-6)	0.7(n-6)	1.4(n-6)	2.0(n-6)							
(C20:5)			0.8 (n-3)	6.5(n-3)	10.6(n-3)	10.6(n-3)	11.7(n-3)	0.6(n-3)	1.2(n-3)	2.2(n-3)	3.0(n-3)							
(C22:6)			0.7 (n-3)	8.3 (n-3)	15.6 (n-3)	16.7 (n-3)	15.2 (n-3)	0.5(n-3)	0.6(n-3)	1.2 (n-3)	1.4(n-3)							
PUFA	3.76	10.00	9.20	23.40	37.00	37.2	37.8	6.8	9.7	14.7	18.7	0.69	2.80	2.00	50.96	50.74	54.53	55.34
Omega 6	3.68	9.9	6.7	7.7	9.7	8.9	9.7	4.5	5.6	7.5	9.00	0.69	2.32	2.0	46.60	46.40	50.00	49.88
Omega 3	0.08	0.1	2.5	15.7	27.3	28.3	28.1	2.3	4.1	7.2	9.7		0.48		4.21	4.26	4.34	5.18
n-6/n-3	46	99	2.68	0.49	0.35	0.31	0.34	1.96	1.37	1.04	0.93		4.83		11.07	10.89	11.52	9.63
Reference	(St-Hilaire, Sheppard , et al. 2007)	(Surendra et al. 2016)	(Truzzi et al. 2020)	(Truzzi et al. 2020)	(Truzzi et al. 2020)	(Truzzi et al. 2020)	(Truzzi et al. 2020)	(Truzzi et al. 2020)	(Truzzi et al. 2020)	(Truzzi et al. 2020)	(Vargas et al. 2018)	(Vargas et al. 2018)	(Wong et al. 2019)	(Danieli et al. 2019)	(Danieli et al. 2019)	(Danieli et al. 2019)	(Danieli et al. 2019)	(Danieli et al. 2019)

Table S1 - Cont.

BSF Fatty acids	Substrate tested															
	Cotton cake & Corn bran	Chicken feed	Fish waste & corn bran	Wheat bran & rabbit feed (control)	100% raw apricots	25% brewer's spent grain (dried), 12.5% feed mill by-products and 62.5% brewer's spent yeast (raw)	Brewer's by-product	Quail manure 0%	Quail manure 20%	Quail manure 40%	Quail manure 60%	Quail manure 80%	Quail manure 100%	Schizochytrium waste 0%	Schizochytrium waste 10%	Schizochytrium waste 20%
(C10:0)	0.97	0.83	0.69	0.57	0.52	1.36	0.92	1.28	1.34	1.32	1.41	1.3	1.51	1.58	1.30	1.19
(C12:0)	50.12	43.93	43.35	50.83	49.86	55.39	36.0	41.96	39.44	40.50	40.70	35.92	30.91	46.36	36.88	34.14
(C13:0)																
(C14:0)	8.82	8.49	9.13	8.74	8.34	7.5	7.83	7.05	6.09	6.28	6.16	5.24	5.28	7.84	6.06	5.92
(C15:0)						0.21										
(C16:0)	15.39	13.71	15.00	11.92	13.96	11.99	16.8	12.59	12.45	11.91	12.13	10.33	11.17	12.20	16.15	18.18
(C17:0)					0.18	0.22	0.38									
(C18:0)	1.8	2.77	3.09	1.61	1.89	9.64	2.28									
(C19:0)							0.11									
(C20:0)																
(C22:0)	0.41	0.00														
SFA	77.57	69.73	71.26	73.85	74.78	84.26	64.5	64.36	60.49	61.28	61.77	54.04	51.36	69.63	62.03	61.22
(C14:1)							0.15	0.50	0.48	0.50	0.61	1.00	1.39	0.53	0.28	0.17
(C15:1)							0.10									
(C16:1)	3.85	2.28	2.79	0.8 (n-9) / 1.71 (n-7)	0.46 (n-9) / 2.00 (n-7)	0.19 (n-9) / 4.35 (n-7)	2.29	5.82	7.30	8.82	8.97	9.88	15.00	5.56	5.34	5.70
(C17:1)	0.53	0.15	0.59													
(C18:1)	10.62	12.97	14.81	9.17	11.35	9.64	9.38	11.19	12.03	12.51	13.79	15.17	16.49	10.58	12.15	11.10
(C20:1)							0.19	0.18	0.26	0.29	0.33	0.39	0.00			
MUFA	15.01	15.41	18.20	11.68	13.81	14.18	12.3	17.7	21.07	21.12	21.70	26.43	32.89	16.68	17.78	16.98
(C18:2)	7.13 (n-6)	13.58 (n-6)	8.29	12.7	10.47	4.44	18.1	12.36	10.45	8.99	9.05	7.15	2.99	12.45	14.85	14.35
(C18:3)	0.12	1.19	0.23	1.77	0.93	1.85	1.48	1.08	0.81	0.73	0.62	0.39	0.19	0.99	1.14	1.02
(C18:4)																
(C20:3)	0.06	0.04	0.23													
(C20:4)	0.02 (n-6)	0.05	0.03			0.17								0.23	0.79	1.18
(C20:5)			1.38			0.57										
(C22:5)																
(C22:6)			0.37											0.00	3.4	5.23
PUFA	7.90	14.86	10.53	14.47	11.4	7.03	19.6	13.43	11.25	9.71	9.67	7.55	3.19	13.63	20.18	21.79
Omega 6	7.14	13.62	8.32	12.7	10.47	4.44	18.1	12.36	10.45	8.99	9.05	7.15	2.99	12.45	14.85	14.35
Omega 3	0.7	1.23	2.21	1.77	0.93	2.59	1.48	1.08	0.81	0.73	0.62	0.39	0.19	1.23	5.33	7.44
n-6/n-3	10.2	11.07	3.76	7.17	11.26	1.71	12.23	11.44	12.90	12.31	14.60	18.33	15.74	10.12	2.79	1.93
Reference	(Agbohessou et al. 2021)	(Agbohessou et al. 2021)	(Agbohessou et al. 2021)	(Boukid et al. 2021)	(Boukid et al. 2021)	(Boukid et al. 2021)	(Campbell et al. 2020)	(El-Dakar, Ramzy, & Ji 2021)	(El-Dakar et al. 2020)	(El-Dakar et al. 2020)	(El-Dakar et al. 2020)					

Table S1 - Cont.

BSF Fatty acids	Substrate tested															
	<i>Schizochytrium</i> waste 30%	<i>Schizochytrium</i> waste 40%	<i>Schizocystium</i> waste 50%	Poultry manure	Quail manure	Goat manure	Pig manure	Dry solid digestate 0.25	Dry solid digestate 0.50	Dry solid digestate 0.75	Dry solid digestate 1.00	Wheat bran	Brewer's spent grain	Brewery by-products	Cow's milk whey	Grape stalks
(C10:0)	1.03	1.04	0.75	0.96	1.69	1.53	0.97					1.5	0.9	1.4	1.3	1.4
(C12:0)	32.33	35.65	30.62	30.89	52.30	38.24	23.18	25.3	27.7	29.1	29.0	54.5	31.6	48.5	53.4	17.0
(C13:0)																
(C14:0)	5.90	6.38	6.57	5.10	6.90	6.33	4.69	6.1	5.9	9.5	9.5	8.3	5.0	5.6	7.8	2.9
(C15:0)								0.9	0.3	0.6	0.7					
(C16:0)	21.68	21.24	24.69	19.06	7.55	11.66	19.24	11.0	9.8	12.8	12.6	11.0	19.6	10.7	8.8	12.8
(C17:0)								1.4	0.5	1.0	1.0					
(C18:0)	1.46	1.22	1.57	1.0	1.26	2.60	3.39	2.0	1.7	3.2	3.3	1.0	1.3	1.1	1.7	3.3
(C19:0)																
(C20:0)																
(C22:0)																
SFA	62.42	65.55	64.22	57.08	69.70	60.37	51.47	46.6	45.9	56.1	56.0	76.3	58.4	67.3	73.0	37.4
(C14:1)	0.22	0.25	0.00	0.37	1.32	0.75	0.46									
(C15:1)																
(C16:1)	5.92	4.94	5.31	9.15	9.80	9.60	11.54	11.1	8.6	9.1	9.0	3.5	5.4	1.9	2.0	0.5
(C17:1)																
(C18:1)	9.24	7.50	8.22	15.09	9.26	13.98	23.98	38.9	41.1	32.8	33.0	7.9	8.2	8.2	11.4	22.9
(C20:1)			0.24													
MUFA	15.39	12.70	13.53	24.85	20.39	24.33	35.52	50.0	49.7	41.9	42.0	11.4	13.6	10.1	13.4	23.4
(C18:2)	13.88	12.36	10.43	10.19	1.37	2.14	1.96	3.4	4.4	2.0	2.1	5.2	14.3	20.5	12.9	31.8
(C18:3)	0.82	0.92	0.84	0.17		0.04	0.04							2.1	0.8	2.9
(C18:4)																
(C20:3)																
(C20:4)																
(C20:5)	1.61	1.52	1.58													
(C22:5)																
(C22:6)	5.85	6.92	9.75													
PUFA	22.18	21.74	22.23	10.37	1.37	2.19	2.00	3.4	4.4	2.0	2.1	5.2	14.3	22.6	13.8	34.7
Omega 6	13.88	12.36	10.43	10.19	1.37	2.14	1.96	3.4	4.4	2.0	2.1	5.2	14.3	20.5	12.9	31.8
Omega 3	8.29	9.38	11.80	0.17		0.04	0.04							2.1	0.8	2.9
n-6/n-3	1.67	1.32	0.88	59.94		53.5	49							9.8	16.1	11.0
Reference	(El-Dakar et al. 2020)	(El-Dakar et al. 2020)	(El-Dakar et al. 2020)	(El-Dakar, Ramzy, Plath, et al. 2021)	(Elsayed et al. 2020)	(Grossule et al. 2019)	(Grossule et al. 2019)	(Hadj Saadoun et al. 2020)	(Hadj Saadoun et al. 2020)	(Hadj Saadoun et al. 2020)						

Table S1 - Cont.

Table S1 - Cont.

	Substrate tested																
BSF Fatty acids	Flax cake 100%	Wheat Bran	Flaxseed 20%	Flaxseed 10%	Rapeseed 20%	Chia 20%	Chia 10%	Hemp 20%	Fruit waste	Foods waste	Food waste	Bacterial cell	Dewater sewage sludge and palm kernel expeller (5:0)	Dewater sewage sludge and palm kernel expeller (4:1)	Dewater sewage sludge and palm kernel expeller (3:2)	Dewater sewage sludge and palm kernel expeller (2:3)	
(C10:0)	1.1	5.5	2.1	2.6	2.4	1.4	4.0	1.7	1.0	1.3	1.0	1.6	0.9	5.6	4.5	18.9	
(C12:0)	40.4	62.1	55.4	45.0	53.0	36.5	52.5	33.4	67.8	55.5	37.0	48.7	19.6	24.3	53.4	21.4	
(C13:0)																	
(C14:0)	5.5	7.5	8.8	7.2	8.3	7.1	6.7	5.7	8.6	10.1	8.0	14.1	10.3	16.3	12.5	6.6	
(C15:0)	0.1	0.1	0.2	0.2	0.3	0.2	0.2	0.2	0.1	0.1							
(C16:0)	7.2	9.4	9.4	11.5	10.8	11.9	5.8	10.5	9.8	12.5	15.3	9.8	15.3	10.2	9.9	16.1	
(C17:0)	0.2	0.1	0.2	0.3	0.2	0.2	0.2	0.2	0.1								
(C18:0)	1.5	1.5	1.2	2.1	1.2	2.3	1.7	2.6	0.7	1.7	1.6	1.2		2.6	1.2	8.7	
(C19:0)																	
(C20:0)		0.5	2.4	1.8	1.9	2.4	0.9	4.8		0.5							
(C22:0)																	
SFA	56.1	86.7	79.8	70.8	78.1	62.1	72.0	59.1	88.0	81.8	62.9	75.4	46.1	59.0	81.5	71.7	
(C14:1)	0.3								0.1	0.5			8.9	7.2	2.8	14.1	
(C15:1)	0.2	0.4	0.4	0.6	0.5	0.4	0.5	0.4									
(C16:1)	1.0	2.1	2.3	2.3	2.7	2.0	1.9	1.6	2.3	2.4	2.6	4.2	12.8	1.4	4.4	6.3	
(C17:1)	0.2									0.1							
(C18:1)	11.7	4.5	5.7	7.7	10.8	6.0	4.6	7.2	4.1	10.0	20.6	13.5	24.4	20.3	9.2	5.0	
(C20:1)		0.1	0.2	0.2	0.2	0.2	0.1	0.4		0.1							
MUFA	13.2	7.9	9.0	12.4	14.6	8.9	7.8	9.9	6.5	13.1	23.2	17.7	46.1	28.9	16.4	25.4	
(C18:2)	6.5	4.8	5.0	7.1	6.4	9.7		7.7	24.0	1.5		10.5	5.17	7.9	12.2	2.1	2.9
(C18:3)	15.3	0.5	5.8	9.6	0.7	18.9	12.3	6.8	1.1	0.1	0.4						
(C18:4)																	
(C20:3)			0.1		0.1	0.1				0.1							
(C20:4)																	
(C20:5)			0.1		0.1	0.1											
(C22:5)																	
(C22:6)																	
PUFA	21.8	5.3	11.2	16.8	7.3	29.0	20.1	30.9	2.6	0.2	10.9	5.17	7.9	12.2	2.1	2.9	
Omega 6	6.5										10.5	5.17	7.9	12.2	2.1	2.9	
Omega 3	15.3										0.4						
n-6/n-3	0.4	9.9	0.9	0.7	7.1	0.5	0.6	3.5			26.2						
Reference	(Hoc et al. 2021)	(Lawal et al. 2021)	(Leong & Kutty 2020)	(Leong & Kutty 2020)	(Mohamad et al. 2020)	(Mohamad et al. 2020)	(Raksasat et al. 2021)										

Table S1 - Cont.

Table S2: Dataset used on MetaboAnalyst to perform the statistical analysis.

Samples	Labels	ALA	EPA	DHA	PUFA	SFA
<i>CRT1</i>	Control	0.44	0.07	0	12.6	68.9
<i>CTR2</i>	Control	0.19	1	0	6.99	72
<i>CRT2</i>	Control	4.5	0	0	57	18.3
<i>CTR3</i>	Control	0.2	0	0	3.4	93.9
<i>CRT3</i>	Control	9.7	0	0	20.3	63.5
<i>CTR4</i>	Control	0.5	0	0	10.1	74.4
<i>CRT4</i>	Control	0.6	0	0	10	74.2
<i>CTR5</i>	Control	0	0	0	13.57	63.33
<i>CRT5</i>	Control	0.7	0.06	0.01	12.34	77.4
<i>CTR6</i>	Control	1.08	0	0	13.43	64.36
<i>CRT6</i>	Control	0.99	0.23	0	13.63	69.63
<i>CTR7</i>	Control	1.2	0	0	14.9	69.73
<i>CER1</i>	Cereal	0	0	0	2.9	71.7
<i>CER2</i>	Cereal	0	0	0	10.3	58
<i>CER3</i>	Cereal	0	0	0	17.8	49.2
<i>CER4</i>	Cereal	0.5	0	0	5.3	86.7
<i>CER5</i>	Cereal	5.8	0.1	0	11.2	79.8
<i>CER6</i>	Cereal	9.6	0	0	16.8	70.8
<i>CER7</i>	Cereal	0.7	0.1	0	7.3	78.1
<i>CER8</i>	Cereal	18.9	0.1	0	29.0	62.1
<i>CER9</i>	Cereal	12.3	0	0	20.1	72.0
<i>CER10</i>	Cereal	6.8	0	0	30.9	59.1
<i>CER11</i>	Cereal	1.2	0	0	9.9	70.8
<i>CER12</i>	Cereal	1.4	0	0	10.8	69.8
<i>CER13</i>	Cereal	1.5	0	0	9.1	68.5
<i>CER14</i>	Cereal	1.3	0	0	7.3	66.3
<i>CER15</i>	Cereal	1.5	0	0	7.7	64.7
<i>CER16</i>	Cereal	2.4	0	0	11.3	56.3
<i>CER17</i>	Cereal	2.1	0	0	9.5	75.1
<i>CER18</i>	Cereal	3.1	0	0	12.3	72.9
<i>CER19</i>	Cereal	5.8	0	0	12.6	67.1
<i>CER20</i>	Cereal	6.5	0	0	13.7	66.1
<i>CER21</i>	Cereal	12.6	0	0	19.9	57.7
<i>CER22</i>	Cereal	15.3	0	0	21.8	56.1
<i>CER23</i>	Cereal	1	0	0	14.3	71.8
<i>CER24</i>	Cereal	0	0	0	5.2	76.3
<i>CER25</i>	Cereal	0.12	0	0	7.9	77.57
<i>CER26</i>	Cereal	0	0	0	67.6	12.5
<i>CER27</i>	Cereal	2.1	0	0	3.9	65.5
<i>CER28</i>	Cereal	0	0.15	0.01	0.16	74.52
<i>CER29</i>	Cereal	1.11	0	0	16.57	62.28
<i>CER30</i>	Cereal	1.35	0	0	25.37	45.41
<i>CER31</i>	Cereal	1.4	0.4	0	20.6	63.6
<i>CER32</i>	Cereal	1.2	0.4	0	19.9	60.2
<i>CER33</i>	Cereal	1	0.8	0.7	9.2	74.42
<i>CER34</i>	Cereal	0	0	0	0.69	40.02
<i>CER35</i>	Cereal	0.48	0	0	2.8	1.31
<i>CER36</i>	Cereal	4.21	0	0	50.96	27.31

<i>CER37</i>	Cereal	4.26	0	0	50.74	35.11
<i>CER38</i>	Cereal	4.34	0	0	54.53	29.76
<i>CER39</i>	Cereal	5.18	0	0	55.34	29.33
<i>CER40</i>	Cereal	0.8	0	0	6.9	77.1
<i>CER41</i>	Cereal	1.6	0	0	9.3	75.6
<i>CER42</i>	Cereal	1.77	0	0	14.47	73.85
<i>MIX 1</i>	Miscellaneous	0	0	0	5.17	75.4
<i>Mix 2</i>	Miscellaneous	0.9	0	0	8.1	75.2
<i>MIX 3</i>	Miscellaneous	1.1	0	0	18	47.9
<i>MIX 4</i>	Miscellaneous	0	0	0	0	73.32
<i>MIX 5</i>	Miscellaneous	0.4	0	0	18	63
<i>MIX 6</i>	Miscellaneous	2.5	0	0	26	61.2
<i>MIX 7</i>	Miscellaneous	1.5	0	0	18.8	59.7
<i>MIX 8</i>	Miscellaneous	0.6	0	0	4.4	75.5
<i>MIX 9</i>	Miscellaneous	0.8	0	0	9.2	66.9
<i>MIX 10</i>	Miscellaneous	1	0	0	7.1	76.3
<i>MIX 11</i>	Miscellaneous	0	0	0	12.34	72.19
<i>MIX 12</i>	Miscellaneous	0.9	0.4	0	16.4	65.6
<i>MIX 13</i>	Miscellaneous	0.8	0.1	0.02	9.42	64.8
<i>MIX 14</i>	Miscellaneous	1.48	0	0	19.6	64.5
<i>MIX 15</i>	Miscellaneous	1.85	0.57	0	7.03	84.26
<i>MIX 16</i>	Miscellaneous	0	0	0	3.4	50.0
<i>MIX 17</i>	Miscellaneous	0	0	0	4.4	49.7
<i>MIX 18</i>	Miscellaneous	0	0	0	2.0	41.9
<i>MIX 19</i>	Miscellaneous	0	0	0	2.1	42.0
<i>MAN 1</i>	Manure	0	0	0	7.9	46.1
<i>MAN 2</i>	Manure	0	0	0	12.2	59
<i>MAN 3</i>	Manure	0	0	0	2.1	81.5
<i>MAN 4</i>	Manure	0	0	0	14.3	58.4
<i>MAN 5</i>	Manure	2.1	0	0	22.6	67.3
<i>MAN 6</i>	Manure	0.8	0	0	13.8	73.0
<i>MAN 7</i>	Manure	0.19	0	0	3.19	51.36
<i>MAN 8</i>	Manure	0.39	0	0	7.55	54.04
<i>MAN 9</i>	Manure	0.62	0	0	9.67	61.77
<i>MAN 10</i>	Manure	0.73	0	0	9.71	61.28
<i>MAN 11</i>	Manure	0.81	0	0	11.25	60.49
<i>MAN 12</i>	Manure	0	0	0	10	72
<i>MAN 13</i>	Manure	1.7	0	0	14.7	62.8
<i>MAN 14</i>	Manure	0	0	0	4.7	46.1
<i>MAN 15</i>	Manure	0	0	0	3.8	69.4
<i>MAN 16</i>	Manure	0	1.7	0	6.6	61.9
<i>MAN 17</i>	Manure	0	0	0	3.5	65.5
<i>MAN 18</i>	Manure	0	0	0	0.49	69.51
<i>MAN 19</i>	Manure	0	0	0	6.9	55
<i>MAN 20</i>	Manure	0.19	0.03	0.006	4.78	45.48
<i>MAN 21</i>	Manure	0.08	0	0	3.76	69.35
<i>MAN 22</i>	Manure	0.17	0	0	10.37	57.08
<i>MAN 23</i>	Manure	0	0	0	1.37	69.7
<i>MAN 24</i>	Manure	0.04	0	0	2.19	60.37

<i>MAN 25</i>	Manure	0.04	0	0	2.00	51.47
<i>SEAF 1</i>	Seafood	1.3	0	0	11.8	58.4
<i>SEAF 2</i>	Seafood	0.23	1.4	0.4	10.53	71.26
<i>SEAF 3</i>	Seafood	0.5	3.5	1.7	12.45	62.7
<i>SEAF 4</i>	Seafood	0.74	1.76	0.41	7.17	57.21
<i>SEAF 5</i>	Seafood	0.71	1.63	0.43	6.33	61.39
<i>SEAF 6</i>	Seafood	0.74	1.66	0.59	6.9	61.94
<i>SEAF 7</i>	Seafood	0.86	1.43	1.66	8.56	41.93
<i>SEAF 8</i>	Seafood	1.3	2	0.5	6.8	73.7
<i>SEAF 9</i>	Seafood	3.6	8.2	4.5	22.6	45.3
<i>SEAF 10</i>	Seafood	1.1	1.9	0.3	8.2	65.6
<i>SEAF 11</i>	Seafood	2.6	0.9	0.3	9.6	72.8
<i>SEAF 12</i>	Seafood	2.2	1.7	0.5	9.3	73.5
<i>SEAF 13</i>	Seafood	2.7	3	0.9	12	69.2
<i>SEAF 14</i>	Seafood	2.6	3.5	1.1	12.2	67.4
<i>SEAF 15</i>	Seafood	3.4	4.8	1.7	16.6	61.3
<i>WST 1</i>	Waste	1.8	0.5	0	12.4	65.2
<i>WST 2</i>	Waste	1.1	0.2	0.01	9.1	78.3
<i>WST 3</i>	Waste	0.1	0.1	0	0.2	81.8
<i>WST 4</i>	Waste	0.4	0	0	10.9	62.9
<i>WST 5</i>	Waste	0.1	0	0	10	69.9
<i>FRU 1</i>	Fruit	1.1	0	0	2.6	88.0
<i>FRU 2</i>	Fruit	1.3	0	0	38.7	42.5
<i>FRU 3</i>	Fruit	2.9	0	0	34.7	37.4
<i>FRU 4</i>	Fruit	0.93	0	0	7.03	84.26
<i>FRU 5</i>	Fruit	0.5	0	0	2.8	86
<i>FRU 6</i>	Fruit	0	0	0	0.52	47
<i>FRU 7</i>	Fruit	0.7	0	0	4.8	81.9
<i>FRU 8</i>	Fruit	0	0	0	2	87
<i>VEG 1</i>	Vegetables	1.4	0.01	0.01	6.82	82.8
<i>VEG 2</i>	Vegetables	5.8	0	0	16.2	56.5
<i>VEG 3</i>	Vegetables	0	0	0	24.1	65
<i>VEG 4</i>	Vegetables	1.7	0	0	8.8	78.9
<i>SEAW 1</i>	Seaweed	0.5	2.6	10.6	34.4	44.3
<i>SEAW 2</i>	Seaweed	3.2	6.6	0	37.8	22.7
<i>SEAW 3</i>	Seaweed	1.14	0.79	3.4	20.18	62.03
<i>SEAW 4</i>	Seaweed	1.02	1.18	5.23	21.79	61.22
<i>SEAW 5</i>	Seaweed	0.82	1.61	5.85	22.18	62.42
<i>SEAW 6</i>	Seaweed	0.92	1.52	6.92	21.74	65.55
<i>SEAW 7</i>	Seaweed	0.84	1.58	9.75	22.23	64.22
<i>SEAW 8</i>	Seaweed	0.9	6.5	8.3	23.4	62.72
<i>SEAW 9</i>	Seaweed	1.1	10.6	15.6	37	45.09
<i>SEAW 10</i>	Seaweed	1	10.6	16.7	37.2	46.32
<i>SEAW 11</i>	Seaweed	1.1	11.7	15.2	37.8	42.63
<i>SEAW 12</i>	Seaweed	1.2	0.6	0.5	6.8	80.38
<i>SEAW 13</i>	Seaweed	2.3	1.2	0.6	9.7	74.1
<i>SEAW 14</i>	Seaweed	3.8	2.2	1.2	14.7	67.69
<i>SEAW 15</i>	Seaweed	5.3	3	1.4	18.7	62.59

Table S3 - Top 10 peer-reviewed scientific journals publishing scientific research addressing the fatty acid profile of *Hermetia illucens* retrieved from WoS™ and Scopus. (Journals publishing 5 or less articles on this topic were grouped as Others)

<i>Source title</i>	<i>Number of Publications</i>
<i>Aquaculture</i>	33
<i>Animals</i>	23
<i>Journal of Insects as Food and Feed</i>	16
<i>Animal Feed Science and Technology</i>	12
<i>Scientific Reports</i>	10
<i>Waste Management</i>	10
<i>Journal of Cleaner Production</i>	9
<i>Renewable Energy</i>	7
<i>Animal Feed Science and Technology</i>	6
<i>Others ≤5</i>	266

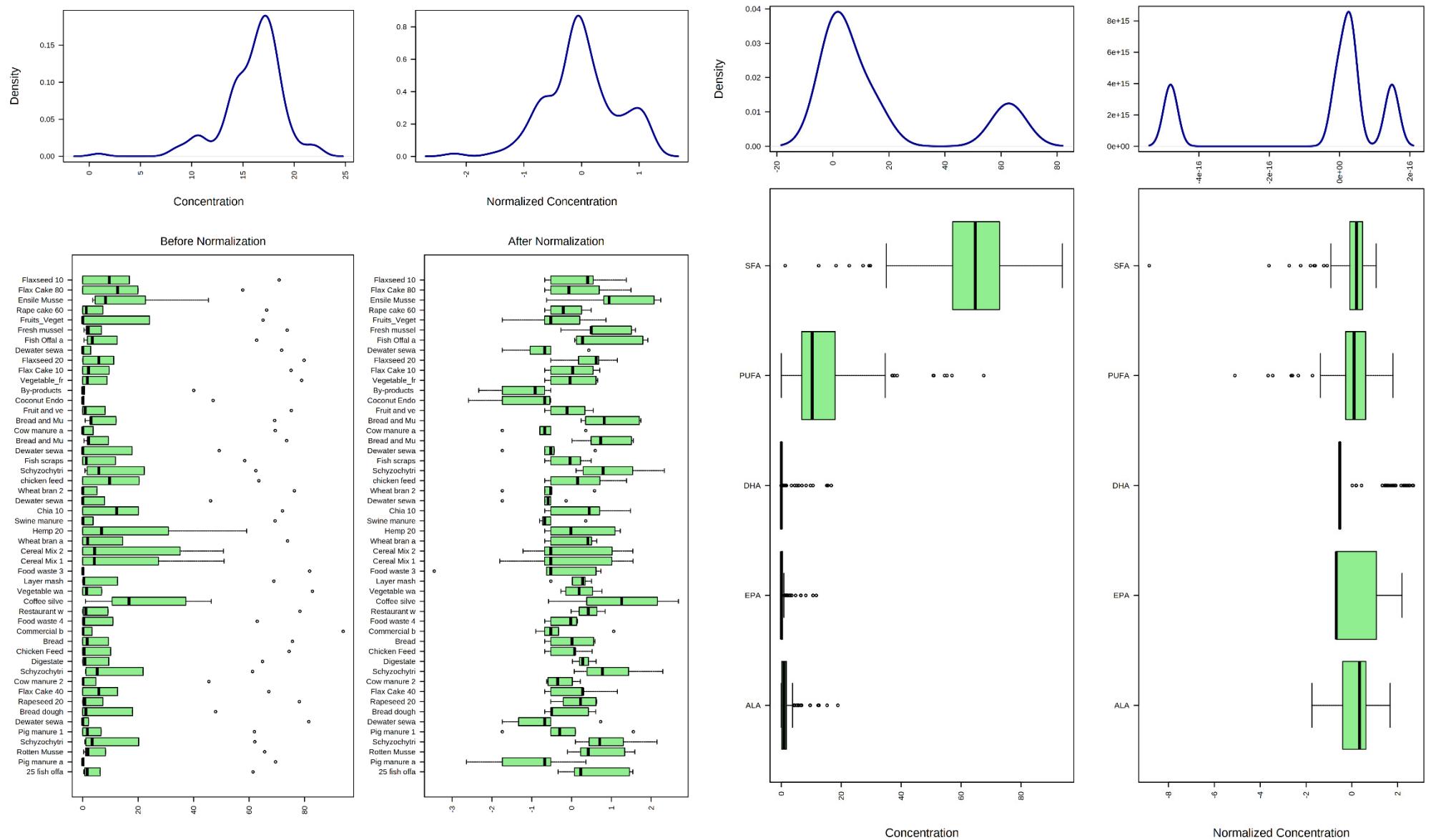


Figure S1: Box plots and kernel density plots before and after normalization. The boxplots show at most 50 features due to space limitations. The density plots are based on all samples. Data transformation: Log Normalization; Data scaling: Autoscaling.

- Cereal
- Control
- Fruit
- Manure
- Miscellaneous
- Seafood
- Seaweed
- Vegetables
- Waste

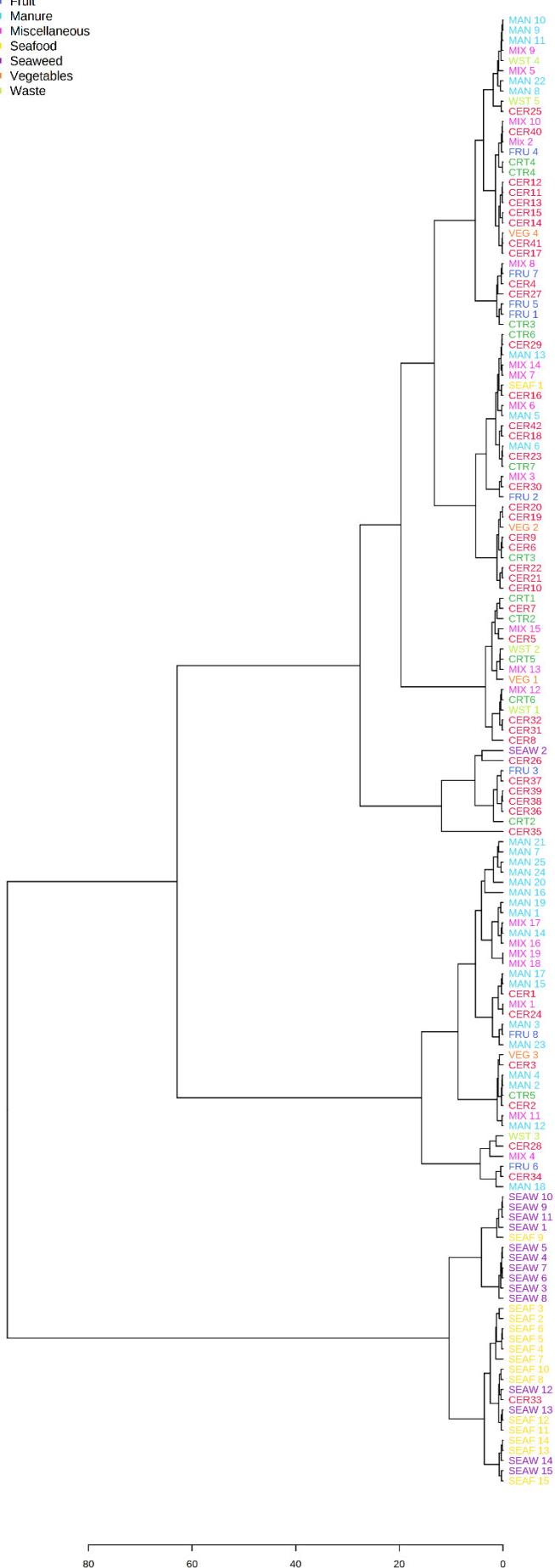


Figure S2: Hierarchical clustering of substrates shown as dendrogram (distance measures using Euclidean, and clustering algorithm using Ward's Distance).

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