



Article

Towards the Sustainable Development of Digital Educational Games for Primary School Students in China

Juan Chen , Shuxia Yang and Bing Mei *

School of Foreign Languages, Henan University, Kaifeng 475001, China; JuanChenhenu@outlook.com (J.C.); hdysx@henu.edu.cn (S.Y.)

* Correspondence: meibing@henu.edu.cn

Abstract: Despite considerable discussion on the benefits of digital educational games, empirical research on their effectiveness in primary schools in China is limited. This case study aimed to promote the sustainable development of digital educational games in primary schools in China by examining the effect of digital educational games on primary school students' vocabulary acquisition and ascertaining their perceptions and attitudes toward this approach. Given the purposes of this study, an embedded mixed methods research design was employed. Two Grade 4 classes at a Chinese primary school were recruited in this study. During the quasi-experiment, the experimental class (n = 50) was provided with educational game software, Quizlet, while the control class (n = 50) was taught through a traditional teaching method. The results show that integrating educational games into language education in the primary schools was effective in improving students' vocabulary acquisition. This study makes a case for further research of digital educational games in language classrooms at a primary level in China. Implications are made regarding the future sustainable implementation of digital educational games in primary schools in China.

Keywords: digital educational games; English vocabulary acquisition; primary schools



Citation: Chen, J.; Yang, S.; Mei, B. Towards the Sustainable Development of Digital Educational Games for Primary School Students in China. *Sustainability* **2021**, *13*, 7919. https://doi.org/10.3390/su13147919

Academic Editors: Lawrence Zhang and Vincent T. Greenier

Received: 27 May 2021 Accepted: 12 July 2021 Published: 15 July 2021

Publisher's Note: MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



Copyright: © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https://creativecommons.org/licenses/by/4.0/).

1. Introduction

With the development of technology, the potential of digital games to facilitate language learning has been increasingly discussed [1]. A plethora of research suggests that digital games with educational purposes (hereafter referred to as digital educational games) can engage students in instructional activities, promote active learning, foster teamwork spirit, and thus help make the learning process more effortless, enjoyable, and productive [2]. However, currently, in China, there is a deficiency of relevant research in language classrooms of Chinese primary schools for fear of the possible drawbacks of digital educational games, and less is known about its implementation for language education at the primary school level in China.

In view of this gap, this case study focused on the effect of digital educational games on the English vocabulary acquisition of primary school students in China. Further, it attempted to reveal students' experiences of such language learning. We hope that findings from this study will provide guidance to English teachers in primary schools in China and contribute to the future implementation of educational game-based English education.

2. Literature Review

To date, digital game research remains a controversial topic among educational researchers [3]. On one hand, prior research suggests that digital games can be detrimental to students' studies, leading to negative impacts such as aggressive behavior, addiction, and social isolation [4–7]; on the other hand, some scholars have shown the potential positive impacts of such games in improving students' learning outcomes [8–10]. Despite these conflicting views, there is a growing consensus among researchers fact that digital

Sustainability **2021**, 13, 7919 2 of 14

games can exert a positive influence upon education if designed well and implemented deliberately [11–13]. In this vein, Kapp [14] holds that digital educational games, based on computer technology, aesthetics, and gameplay mechanics, are capable of engaging students and keeping them motivated. Recent research evidence suggests that, when used wisely, digital educational games can afford a new medium of learning, which then gives way to the emergence of digital educational games in various contexts [15,16]. For example, Yuda [17] examined the effectiveness of flash-based puzzle digital games of Japanese maps and found that educational games as digital education materials have an impact on improving pupils' spatial thinking, expanding their views, and supporting geographical education. J. Lee and F. Lee [18] designed a game-based learning platform named The Farm Rhapsody, based on the virtual and interactive learning environment. Through managing the operation of a farm, students can learn interdisciplinary knowledge about agriculture and develop their problem-solving ability.

Meanwhile, recent findings indicate that digital educational games have been a rising research direction in language research. Compared with traditional games, they may afford a multitude of potential advantages for language learning. Most of these advantages are related to the ability to create learning environments that contextualize knowledge and offer learners immersive experiences. For instance, Guillén-Nieto and Aleson-Carbonell [19] tested the effectiveness of an educational game, It's a Deal!, on developing students' intercultural communication competency. Their findings show that video games can be a perfect learning tool to facilitate intercultural communication between Spaniards and Britons in business settings in which English is used as the lingua franca. Mei and Yang [20] explored the integration of gamification, environmental education, and language education at the tertiary level. They designed a geolocation-based mobile augmented reality scavenger hunt for first-year students at a comprehensive university. The findings suggest that such an integration is effective and plausible and can benefit students' learning and improve their awareness of the environment.

Summing up, our literature review suggests that digital educational games are increasingly accepted as a promising tool in the modern language teacher's toolkit. However, with concerns about the negative influence of digital games on students' academic achievement and eyesight, primary school teachers in China are usually reluctant to integrate digital educational games into their classrooms, and most extant studies were conducted at tertiary level institutions or in laboratory settings [21].

Given the situation, this study investigated the application of an educational gamebased learning platform Quizlet in a primary school in China. The study aimed to address the following two research questions (RQ):

RQ 1: Does the use of digital educational games have a positive influence upon the English vocabulary acquisition of primary school students in China?

RQ 2: How do primary school students view the educational game-based vocabulary learning approach?

3. Method

3.1. Research Design

Given the research questions, an embedded mixed methods research design was employed in this study. The feature of mixed methods design is that one dataset provides a supportive or secondary role in a study based on another kind of dataset [22]. Figure 1 provides a schematic overview of the research design. In this design, quantitative data analysis results are used to answer the research questions in general, and qualitative data are used to provide a detailed account of educational games in practice from the learners' point of view (Creswell & Plano Clark, 2011).

3.2. Case Study Site and Sampling Strategy

The present study was conducted in a public primary school located in Central China. The school has its own advanced multimedia network classrooms, and the teachers, in

Sustainability **2021**, 13, 7919 3 of 14

general, have adequate level of computer literacy (all teachers need to pass required tests or get relevant certificates as is stipulated in relevant regulations made by the educational administration department of the local province), which provides the necessary conditions for the study. Three English teachers voluntarily agreed to participate in the study. However, considering the aim of the study, we chose to conduct the study with a Grade 4 English teacher who was then teaching English in two classes.

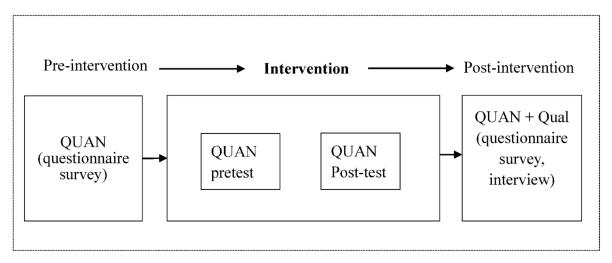


Figure 1. A schematic presentation of the embedded mixed methods design.

3.3. Participants

The final sample after attrition comprised 100 Grade 4 students currently enrolled at the school. They were from two classes taught by the same teacher. All of the students from the two classes had received one year of English language study in Grade 3. Further, there were neither gender ratio nor age differences between these two classes. Details about the participants are provided in Table 1.

Table 1. Demographic information of the participants.

Class -	Gender		Age	
	Male	Female	M	SD
EC	24	26	10.34	0.67
CC	25	25	10.32	0.59

Note. EC = experimental class; CC = control class; M = mean; SD = standard deviation.

3.4. Materials

Given the aim of the study, Quizlet (http://www.quizlet.com/, accessed on 7 June 2020) was adopted as the educational game in this study. Quizlet allows users to create and study sets of flashcards online with a suite of engaging activities. Students can use it individually or collaboratively, either at home or in a classroom. It is an innovative online and mobile digital vocabulary-learning game that can provide students with different ways to interact with each word. For example, students can listen to a pronunciation model, learn the word's definition, spell the words they hear, check their progress, play review games, and take random practice tests. These pre-determined vocabulary-learning activities help expose users to necessary vocabulary with alternative interactions [23]. The activities used in the study were designed by the first author.

Match, Gravity, and Quizlet Live are the three games in Quizlet that help keep students engaged in language learning activities. Match has students quickly match terms to their respective definitions. If students match the term and its definition successfully, two corresponding pictures will disappear. Gravity is a game set in outer space. In this game,

Sustainability **2021**, 13, 7919 4 of 14

pre-determined words fall from the top of the screen at increasing speeds, depicted as asteroids. Students need to type in the definitions before they reach the bottom of the screen. To prevent asteroids from hitting the earth, students need to quickly recognize the vocabulary and type in the correct answer. Quizlet Live is also an exciting game. Teachers can set up different types of questions, including vocabulary and sentences with Quizlet Live. Students can be divided into several teams automatically. They must work together quickly to figure out the right solution for each question. The final victory requires close collaboration between team members. Students' interaction with Quizlet in the classroom is shown in Figure 2.



Figure 2. Students' interaction with Quizlet in the classroom.

3.5. Procedure

There were two vocabulary lectures delivered to students each week, and each lecture lasted 45 min. During the quasi-experiment, the two classes were taught by the same English teacher, and the teaching content for the two classes was the same. The difference between the two classes was that the EC included educational games. Given the restrictive policies for the use of personal mobile devices in primary schools in China [24], students from the EC were required to go to the computer classroom to take the lesson. Detailed teaching procedures for the EC and CC are provided in Appendix A.

At the end of the experiment, a researcher conducted a post-test with participants to ascertain the effect of this project on their English vocabulary knowledge. Students in the EC were also invited to complete a Likert-scale questionnaire survey about its perceived usefulness, its perceived ease of use, their perceived enjoyment, their perceived engagement, and their intention to use the Quizlet app in the future. Two days after the intervention, five participants in the EC were randomly chosen to attend semi-structured interviews. They were asked to share their experiences and perceptions of learning English vocabulary with Quizlet.

Sustainability **2021**, 13, 7919 5 of 14

3.6. Ethical Considerations

All procedures in the study conformed to the ethical standards of the local institution. Before the study, the researchers contacted the principal of the school and gained approval to conduct the study. English teachers from the school were approached and briefed about the purpose and content of the study. Given that the students were under 18, conversations with both the students and their parents were arranged. The researcher also sent letters to students' parents to inform them of this experiment's purpose and gain their written consent. Additionally, they were informed that participation in the one-month experiment would be completely voluntary, that a student could withdraw at any stage of the experiment without incurring any punishment, and that the collected data would not be anonymous, but would remain confidential and be accessible only by the researchers. When the study was completed, remedial sessions were arranged to make sure students from both classes had equal chances to be exposed to the two teaching approaches.

3.7. Research Instrument

In this study, data were collected through English vocabulary tests, questionnaire surveys, and semi-structured interviews.

First, a pre-experiment questionnaire survey was arranged to measure students' ability to use computers and the Internet, their frequency of computer use and playing digital games, their enjoyment of digital games, and their attitudes about English learning and the role of technology in vocabulary learning. This questionnaire contains 13 Likert-scale (1 = strongly disagree, 2 = disagree, 3 = agree, 4 = mostly agree, 5 = strongly agree) items adapted from Altiner's [25] pre-project survey.

Two English vocabulary tests that aimed to test students' vocabulary acquisition were then arranged, one before and one after the intervention. The two tests, each with a maximum score of 100 points, were designed in line with the teaching content covered in the four weeks. In order to ensure the accuracy of the results, factors that might influence the results of the test were controlled. For example, the difficulty of the two English vocabulary tests was similar, and the types of questions were identical.

Next, in order to gauge the students' perceptions of educational games, participants in the EC were invited to complete a post-questionnaire containing 27 Likert-scale items (1 = strongly disagree, 2 = disagree, 3 = agree, 4 = mostly agree, 5 = strongly agree), which were pertinent to five factors: the perceived usefulness, the perceived ease of use, their perceived enjoyment, their perceived engagement, and their intention to use the app in the future. All these items were developed on the basis of previous studies [26–33]. In order to help students to understand all the survey items easily and clearly, the questionnaire was translated into Chinese (see Appendix B for details).

After the experiment, face-to-face interviews were conducted to learn more about their experiences and perceptions related to vocabulary learning with Quizlet. The interview questions were also related to the five pre-determined themes, i.e., perceived usefulness, perceived ease of use, perceived enjoyment, perceived engagement, and intention to use the app in the future [20,34]. Each interview lasted approximately 15 min. The semi-structured interviews were recorded and transcribed later for subsequent analysis.

3.8. Data Analysis

The quantitative data were analyzed in two phases. In the first phase, quantitative data from students' test results were imported into SPSS 24.0 for statistical analysis. Afterwards, both independent- and paired-sample *t*-tests were carried out to analyze students' test scores. Specifically, an independent-sample *t*-test was used to examine differences between the EC and CC, and paired-sample *t*-tests were conducted to find the differences between the pretest and post-test scores of the EC. Following Hattie's [35] suggestion, Cohen's *d* values for statistically significant tests were reported as the measure of effect sizes, where values of 0.2 and below were interpreted as small, 0.2–0.6 as moderate, and 0.6 and above as large.

Sustainability **2021**, 13, 7919 6 of 14

Next, quantitative data collected from the participants' pre- and post-experiment questionnaire surveys were also subjected to statistical analysis. Before the analysis, Cronbach's alpha coefficients were used to check the reliability of the questionnaire to ensure that the results were above the threshold value of 0.70, as recommended by Nunnally [36].

As for the qualitative data analysis, the transcripts of the interviews were imported into Nvivo and coded to obtain an in-depth understanding of the participants' experiences and perceptions toward educational game-based vocabulary learning. The researchers then grouped these transcripts thematically into the pre-designated categories.

4. Results

4.1. RQ 1: Does the Use of Digital Educational Games Have a Positive Influence upon the English Vocabulary Acquisition of Primary School Students in China?

4.1.1. Results of the Pre-Experiment Survey

As shown in Table 2, responses from the pre-experiment survey suggested that students were, in general, confident in their use of computers (mean (M) = 4.00, standard deviation (SD) = 0.99) and the Internet (M = 3.88, SD = 1.02). They also showed great interest in playing digital games (M = 3.90, SD = 1.11). However, the results also revealed that students had fewer opportunities to frequently use a computer (M = 2.98, SD = 1.10) or play digital games (M = 3.23, SD = 1.14). As for their attitude about English vocabulary learning, they agreed with the importance (M = 4.28, SD = 1.04) and usefulness (M = 4.28, SD = 0.93) of English vocabulary learning, but their responses showed that they held a less favorable attitude towards vocabulary learning (M = 3.28, SD = 1.22). They felt that memorizing vocabulary is not easy (M = 2.88, SD = 1.22). In addition, they did not have adequate knowledge about how to study English vocabulary effectively (M = 3.33, SD = 1.14). In terms of their attitude about the technology-enhanced vocabulary learning, they, in general, agreed that computers and the Internet could help them improve their vocabulary (M = 4.15, SD = 0.80). Further, students also indicated that they hoped to be able to use online sources to improve their English (M = 3.63, SD = 0.98).

Table 2. Descriptive statistics in	or the pre-experiment survey.
---	-------------------------------

Items	M	SD
I can use the computer skillfully.	4.00	0.99
I can skillfully surf the Internet.	3.88	1.02
I often use the computer.	2.98	1.10
I often play digital games.	3.23	1.14
I like playing digital games.	3.90	1.11
I think vocabulary is a crucial part of English learning.	4.28	1.04
I know how to learn English vocabulary effectively.	3.33	1.14
I think memorizing English words is easy.	2.88	1.22
I think learning vocabulary is very interesting.	3.28	1.22
I think English class is very interesting.	3.50	1.11
I think learning vocabulary is useful.	4.28	0.93
I think computers and the Internet can help improve my English.	4.15	0.80
I hope to use online resources to learn English.	3.77	1.04

4.1.2. Results of the Pretest Comparison

In order to guarantee the study's reliability and effectiveness, the vocabulary level between the EC and the CC was compared with an independent-sample *t*-test. The average test scores of the CC and EC were 77.12 and 78.12, respectively. Though the mean score in the EC was slightly higher than the CC, no statistically significant difference was detected, suggesting that students from both classes were at the same level in English vocabulary learning.

Sustainability **2021**, 13, 7919 7 of 14

4.1.3. Results of the Pre- and Post-Test Comparison

In this phase, independent-sample *t*-tests between the CC and the EC and paired-sample *t*-tests within each class were conducted to better evaluate the possible effect of the intervention.

First, to check the vocabulary development of students in the CC and the EC, a paired-sample t-test between the pre-test and post-test scores of students from the CC was conducted. Though the mean value of the post-test (M = 78.16, SD = 1.37) was higher than that of the pretest (M = 77.12, SD = 1.49), no statistically significant difference was detected, suggesting that there was no substantial improvement of participants' vocabulary in the CC.

Next, to examine the learning outcomes of students in the EC, another paired-sample t-test was conducted. The mean score difference between the pre- and post-test of the EC was 3.84, with a statistically significant improvement in the post-test, t(49) = 5.34, p < 0.05. The effect size for this analysis (d = 0.76) was found to exceed that in Hattie's work, which indicates that the educational game-based teaching method could effectively improve these students' performance in English vocabulary learning.

Moreover, an independent-sample t-test was performed to compare the learning outcomes of the CC and the EC. The result was found to be statistically significant: t(98) = 2.00, p < 0.05. The effect size for this analysis (d = 0.40) suggested the presence of a medium effect, which provides further support for the efficacy of an educational game-based approach.

4.2. RQ 2: How do Primary School Students View the Educational Game-Based Vocabulary Learning Approach?

Results of the Post-Experiment Survey

Table 3 presents the descriptive statistics of the post-questionnaire items. With regard to participants' attitudes towards perceived usefulness, the mean score on each of the seven items is higher than 3.50, which indicates that participants generally agreed that Quizlet was a valuable tool for learners to learn and memorize English vocabulary.

Next, as for the questions evaluating the perceived ease of use, PEU6 was of the highest mean scores. We can infer therefore that most participants strongly agreed that they could easily interact with the user interface of Quizlet. Moreover, the mean scores of PEU1, PEU2, and PEU5 were also slightly above 4.00, suggesting that participants generally agreed that Quizlet was easy to use (M = 3.86, SD = 0.95) and that they had clear guidance (M = 3.95, SD = 0.73). However, there was less than complete agreement in PEU4, implying that a small number of them experienced difficulty using Quizlet.

As for the questions evaluating their perceived enjoyment, the mean scores were also above 4.00 (ranging from 4.67 to 4.76), suggesting that students strongly held that learning vocabulary with Quizlet was enjoyable. Moreover, the standard deviations ranged from 0.43 to 0.48, which indicates that there was no great discrepancy among students' perceptions towards this factor.

From the descriptive statistical analysis of their perceived engagement, the mean score of PEG3 was the highest among these five questions, which indicated that participants were engaged when playing the educational games, with the most rewarding experience being feeling happy. The mean score of PEG4 was slightly lower than that of PEG3, indicating that participants did not like being disturbed when they were playing the Quizlet games (M = 4.26, SD = 0.63). Students also showed positive attitudes towards PEG1 and PEG5, which suggests that many learners confirmed the belief that they lost track of time and became unaware of their surroundings when they participated in the English class (M = 4.21, SD = 0.68; M = 4.21, SD = 0.65).

Regarding the questions evaluating their intentions to use the Quizlet app again, participants showed a strong willingness to use it in the future and recommend it to their friends (M > 4.00).

Sustainability **2021**, 13, 7919 8 of 14

Table 3. Descriptive statistics for the	post-questionnaire items (n = 42).
--	----------------------------	----------

Items	M	SD	Skewness	Kurtosis
	Perceive	ed Usefulness (PU,	$\alpha = 0.93$	
PU1	3.95	0.73	0.07	-1.07
PU2	4.02	0.72	-0.04	-0.97
PU3	4.07	0.75	-0.12	-1.14
PU4	4.02	0.64	-0.02	-0.44
PU5	4.12	0.71	-0.17	-0.91
PU6	3.79	0.78	-0.56	0.32
PU7	4.10	0.73	-0.15	-1.03
	Perceive	d Ease of Use (PEU	$J, \alpha = 0.96$)	
PEU1	3.86	0.95	-0.59	0.42
PEU2	3.95	0.73	-0.32	0.01
PEU3	3.67	1.07	-0.27	-0.64
PEU4	3.55	1.06	-0.39	-0.60
PEU5	3.95	0.94	-0.28	-1.10
PEU6	4.07	0.89	-0.36	-1.16
	Perceive	d Enjoyment (PEY	$'$, $\alpha = 0.87$)	
PEY1	4.67	0.48	-0.73	-1.54
PEY2	4.74	0.45	-1.12	-0.78
PEY3	4.67	0.48	-0.73	-1.54
PEY4	4.69	0.47	-0.86	-1.34
PEY5	4.71	0.46	-0.98	-1.09
PEY6	4.76	0.43	-1.28	-0.39
	Perceived	l Engagement (PEG	$G, \alpha = 0.89$	
PEG1	4.21	0.68	-0.30	-0.78
PEG2	4.14	0.57	0.04	0.13
PEG3	4.29	0.71	-0.48	-0.86
PEG4	4.26	0.63	-0.25	-0.55
PEG5	4.21	0.65	-0.23	-0.59
	Intention to Use	the App in the Fu	ture (IU, $\alpha = 0.82$)	
IU1	4.24	0.62	-0.19	-0.47
IU2	3.79	0.65	0.23	-0.59
IU3	4.12	0.71	-0.17	-0.91

4.3. Qualitative Results

In order to obtain a deeper understanding of participants' perceptions related to educational game-based learning, interviews were held with five students from each level around the five pre-determined dimensions: perceived usefulness, perceived ease of use, perceived enjoyment, perceived engagement, and intention to use the app in the future. These five interviewees were coded as Students 1–5. The results are, in general, in line with the participants' quantitative feedback

First, in line with the positive feedback from the post-experiment survey, all participants found Quizlet useful because, when they played these games on this platform, their vocabulary, in terms of definitions, spelling, and pronunciation, was improved. One interview excerpt is listed below:

By using this platform, I have learned many new words through flashcards. What's more, my pronunciation has also improved.

(Student 1)

Next, when asked the question about whether Quizlet is easy to operate, three interviewees provided a positive response. They reported that they could easily find the buttons that they needed. One excerpt is shown below:

It [was] easy for me to find the button that I [wanted] to use. First you need to open a study set, and then you can see different kinds of functions on the Quizlet.

(Student 3)

Sustainability **2021**, 13, 7919 9 of 14

Nonetheless, despite the agreement on the ease of use of Quizlet reflected in the survey, two interviewees reported negative experiences. They indicated that they had experienced some difficulties while using this platform. Therefore, they did not hold favorable attitudes towards Quizlet. Their feedback is listed below:

I [couldn't] open the link [to] Quizlet shared by [the] teacher on the cellphone, so I [turned] on my laptop and [went to] the [Quizlet website] myself. It took me [a lot of] time to find where "match" [was], so I do not think it has [an easy-to-use] interface.

(Student 5)

With regard to perceived enjoyment, most interviewees also their enjoyable perceptions of using Quizlet game activities for vocabulary learning. One of them mentioned that they liked it because it was a new way to learn vocabulary:

I like 'match' best. I [enjoyed] playing this game with classmates in the classroom. We [needed to] match all the terms in [the shortest possible] time, so everyone [had to] be very quick. I [had never had] such experiences [learning] words in the past. It was exciting!

However, one student complained about the games in the Quizlet app, indicating that the difficulty of the game might affect their perception in this regard.

I dislike "gravity", because I felt frustrated when I made minor punctuation mistakes. These mistakes [won't be] accepted by Quizlet. This game [was] difficult for me.

(Student 2)

Next, regarding engagement, four interviewees reported that they had been more concentrated in English class than ever before, which, to some extent, reveals the potential of gaming element in language classrooms.

I always devoted myself [to the] different tasks in [the] English class. I didn't like being disturbed, because time [was] limited when playing the games, [such as] "match" [and] "gravity."

(Student 4)

Furthermore, three interviewees expressed their intention to use Quizlet in the future. One of them reported that he had already shared the platform with his friends and they had played games on Quizlet together:

I have recommended this platform to my best friend. [She] really [appreciated it] and expressed that she wanted to [participate] in [a] similar activity.

(Student 3)

However, one student expressed that he will not use Quizlet in the future, which points out practical constraints for implementing this approach. His reason is listed below:

I have too much homework after school. It always takes me [a] long time to finish my homework. So I don't have extra time to use Quizlet.

(Student 2)

To sum up, both positive and negative responses were identified in these interviews. Overall, participants agreed that the use of Quizlet was useful for vocabulary learning. In their view, Quizlet was an engaging and effective learning method. Students reported that the Quizlet-assisted learning method also made them more motivated to learn English vocabulary. The major problems regarding Quizlet are related to technical issues, such as a slow Internet speed and an incompatibility between devices.

5. Discussion and Implications

The purpose of this study report was to ascertain the effect of digital educational games on the English vocabulary acquisition of primary school students in China and this particular cohort's perceptions of this approach. Employing mixed methods research, we conducted a case study with Quizlet. The overall findings support the efficacy of

Sustainability **2021**, 13, 7919 10 of 14

digital education games in language education at the primary level. Moreover, despite some negative feedback, participants exhibited favorable perceptions towards digital educational games in future language classrooms.

5.1. Effectiveness of the Digital Educational Game-Based Learning Approach

Compared with prior research findings of the positive impact of digital games-based learning on students' learning outcomes such as language awareness [37,38], knowledge acquisition [39] and metacognition [40], the experimental results reveal that though students from the EC and the CC both made progress, more significant improvement was found in the EC. Such results add to existing body of knowledge about the effectiveness of digital educational games learning approach, in particular, its efficacy in the vocabulary acquisition of primary school students in China.

Moreover, the post experimental data analysis results suggest that the effectiveness of the educational game-based approach in enhancing primary school students' vocabulary acquisition may be attributed to the fact that is helpful to maintain learners' motivation in goal-oriented tasks, thus enhancing the retention of knowledge. This finding also echoes Zou et al.'s [41] conclusion, which indicated that teaching language with information and communication technologies in a gamification context fostered language acquisition remarkably.

5.2. Students' Perceptions of the Digital Educational Game-Based Learning Approach

First, with regard to the perceived usefulness and ease of use of this learning approach, the post-experiment results provide further support to previous research about the usefulness of similar educational game-based activities in promoting students' motivation and self-exploration and active learning [42,43]. Most students agreed that Quizlet was useful and easy to operate. By using Quizlet, they could take control of their English vocabulary learning through games both in the classroom and at home. With the multimodal content delivered through Quizlet, the approach could also facilitate students' language acquisition and retention [44]. However, similar negative feedback as is revealed in pertinent studies was also documented [7]. Specifically, although participants generally agreed that Quizlet was easy to use, interview data also revealed that some technical problems regarding the usability of this platform may impede students' learning experiences [45,46].

Next, regarding perceived enjoyment and engagement, both quantitative and qualitative results indicated that participants enjoyed learning English vocabulary with Quizlet and were actively engaged in the learning process. Specifically, some participants mentioned that previously, it was no easy task to memorize English vocabulary; however, with the Quizlet-assisted vocabulary learning strategy, they became eager to participate in learning activities. These findings corroborate other research findings suggesting that game dynamics embedded within the approach can effectively prevent students from becoming distracted and make the learning process more exciting and interesting [13,47,48].

Last but not least, similar to previous research on the use of digital games in primary schools in other contexts [21,49], our results also revealed that students were mostly willing to engage with game-based learning in the future and would share the platform with their friends because of their positive experience.

Overall, our findings lent further support to the effect of digital educational games on English vocabulary learning in primary schools as the learning approach helps keep students engaged in their learning. This means that when teaching vocabulary, primary school English teachers in China may consider adding game dynamics to their instruction. Further, highly positive perceptions of the game-based vocabulary learning approach among the participants were also documented, suggesting students may be ready for the change.

For school leaders and teachers in China, given the research findings, a more inclusive attitude towards digital educational games is needed. Efforts should be made so that teachers can be aware of the potentials and issues pertinent to the implantation of digital educational games in classrooms. Teachers should realize that, although it might be time-

Sustainability **2021**, 13, 7919 11 of 14

consuming to prepare lessons with educational games, it would be worthwhile to spend time to design such courses. Additionally, digital educational games can keep students motivated in pre-set learning tasks. This is especially pertinent given the ongoing impact of the COVID-19.

6. Limitations

This study is an initial attempt to integrate digital educational games into English language education. However, the following limitations must be addressed. First, the present study is a case study conducted with only two classes of students from one primary school, which might influence the generalizability of its findings. Future studies may consider a larger sample size; moreover, teachers' and parents' perceptions of digital educational games can also be also be explored. Next, the long-term effects of the intervention were not examined. Future research can incorporate different time points after the intervention to further gauge the growth of students' vocabulary. Finally, due to the restrictive policy of digital devices on school premises, the intervention of the study had to be completed in a computer classroom; thus, the possibility of the Hawthorne effect could not be eliminated.

Author Contributions: Conceptualization, S.Y., B.M. and J.C.; methodology, S.Y. and J.C.; data analysis, J.C.; resources, B.M.; writing—original draft preparation, J.C. and S.Y.; writing—review and editing, B.M. and S.Y.; funding acquisition, S.Y. All authors have read and agreed to the published version of the manuscript.

Funding: This research was funded by Project of Henan Provincial Educational Department (grant number: 2019GGJS036).

Institutional Review Board Statement: The study was conducted according to the guidelines of the Declaration of Helsinki, and approved by the Institutional Review Board of the School of Foreign Languages, Henan University (12 September 2020).

Informed Consent Statement: Informed consent was obtained from all subjects involved in the study.

Conflicts of Interest: The authors declare no conflict of interest.

Appendix A

Table A1. Sample lesson plan.

Duration: 45 min

Topic:

Learn some new words about food

(such as beef, chicken, noodles, soup, vegetable ...)

Learning objectives:

Students can recognize and read the new words

Students can pronounce the new words correctly and use these words to express what kind of food they like to eat.

Lesson outline (EC):

1. Presentation (10 min)

The teacher uses word cards in Quizlet to display new words and teach students the meaning and the pronunciation of the new words by flipping word cards.

2. Practice (25 min)

Ask students to practice using "match" on Quizlet by themselves.

Ask students to play Quizlet Live in team mode.

3. Consolidation (10 min)

Ask students to finish the "Test" of this unit on Quizlet.Reward students who get high grades.

Lesson outline (CC):

1. Presentation (10 min)

The teacher uses word cards to display new words and teach students the meaning and the pronunciation of the new words by flipping word cards.

2. Practice (25 min)

Listen to the tape.

Ask students to read after the tape. Choose several students to read, and then have the whole class read together.

3. Consolidation

Flash the word cards.

Flash the word cards. Teacher asks the students, "What is this on this card?" Students answer, "It's chicken/milk . . . "

Sustainability **2021**, 13, 7919

Appendix B

Table A2. Questionnaire items.

Factor	Survey Items	English Version	Chinese Version	Source	
Perceived Usefulness	PU1	I learned many new words by playing "gravity" with group members in the classroom.	我在课堂上和小组成员玩"重力"学了很 多新单词。		
	PU2	I learned many words by using 我通过使用Quizlet上的闪存卡学习了the flashcards on Quizlet.		[27,29]	
	PU3	I think that Quizlet was useful in improving my vocabulary.	我认为Quizlet对提高我的词汇量是有用的。		
	PU4	I learned many new words by playing "match" on Quizlet.	我通过在Quizlet上玩"匹配"学到了许 多新单词。	-	
	PU5	My interest in English learning has improved through this type of class.	通过参与这种类型的课, 我对英语学习的兴趣提高了。	-	
	PU6	I can easily improve my English knowledge with this type of class.	通过参与这种类型的课, 很容易提高我的英语知识。	-	
	PU7	Playing the games on Quizlet enables me to remember words more quickly.	在Quizlet上玩游戏使我能够更快地记住单词。	-	
	PEU1	I find it easy to use Quizlet.	我觉得Quizlet使用起来很容易。		
	PEU2	This game has a clear interface, so it is easy to operate.	这个游戏有清晰的界面, 所以它很容易操作。	[27,31]	
Perceived Ease of Use	PEU3	It was easy for me to become skilful at using Quizlet. 对我来说, 熟练地使用Quizlet是很容的。		-	
	PEU4	I have not experienced any technical difficulty with Quizlet.	我没有在Quizlet上遇到过任何技术性的问题。	-	
	PEU5	It was easy to remember how to use Quizlet.	记住如何使用Quizlet很容易。	-	
	PEU6	I could easily find the buttons I needed on Quizlet, for example, "Match".	我可以很容易地在Quizlet上找到我需要的按键,例如"匹配"。	-	
	PEY1	It was fun to play these games in the English class.	在英语课上玩这些游戏是很棒的。		
	PEY2	It was motivating to use Quizlet to learn vocabulary.	使用Quizlet学习词汇是一件很有动力的事。	[26,33]	
Perceived	PEY3	I hope this kind of tool can be included in future English classes.	我希望这种软件可以加入到以后的英语 课堂上。	-	
Enjoyment	PEY4	I enjoyed the activities in the English class.	我喜欢英语课上的活动。	-	
	PEY5	Learning vocabulary with Quizlet is enjoyable.	用Quizlet学习词汇是令人愉快的。	-	
	PEY6	Learning new words with Quizlet is interesting.	用Quizlet学习新单词很有趣。	-	
	PEG1	I lost track of time during the English class.	我在上英语课时忘记了时间的流逝。		
Perceived Engagement	PEG2	I momentarily forgot the annoyances of everyday life while participating in the English class. 我在上英语课时,暂时忘记了日常生活中的烦恼。		[32]	
	PEG3	I was happy when I participated in the games in Quizlet.	当我加入Quizlet上的各种活动时, 我非常高兴。	-	
	PEG4	When I took part in the games in Quizlet, I did not like being disturbed.	当我在玩Quizlet的各种游戏时,我不喜欢被打扰。	-	
	PEG5	I forgot where I was during the English class.	当我在上英语课时,我忽略掉了周围的 事物。	-	
Intention to	IU1	I will use Quizlet to learn new words in the future.	将来我会用Quizlet来学习新单词。	_ [28,30] _	
Use the App	IU2	I plan to use Quizlet often.	我计划经常使用Quizlet。		
in the Future	IU3	I will recommend Quizlet to my friends.	我会推荐我的朋友使用Quizlet。		

Sustainability **2021**, 13, 7919 13 of 14

References

1. Peterson, M.B.; Yamazaki, K.; Thomas, M. Digital Games and Language Learning: Theory, Development and Implementation; Bloomsbury: London, UK, 2021.

- 2. Hung, H.-T.; Yang, J.C.; Hwang, G.-J.; Chu, H.-C.; Wang, C.-C. A Scoping Review of Research on Digital Game-Based Language Learning. *Comput. Educ.* **2018**, 126, 89–104. [CrossRef]
- 3. Quandt, T.; Van Looy, J.; Vogelgesang, J.; Elson, M.; Ivory, J.D.; Consalvo, M.; Mäyrä, F. Digital Games Research: A Survey Study on an Emerging Field and Its Prevalent Debates. *J. Commun.* **2015**, *65*, 975–996. [CrossRef]
- Anderson, C.A.; Bushman, B.J. Effects of Violent Video Games on Aggressive Behavior, Aggressive Cognition, Aggressive Affect, Physiological Arousal, and Prosocial Behavior: A Meta-Analytic Review of the Scientific Literature. *Psychol. Sci.* 2001, 12, 353–359.
 [CrossRef]
- Hellström, C.; Nilsson, K.W.; Leppert, J.; Åslund, C. Effects of Adolescent Online Gaming Time and Motives on Depressive, Musculoskeletal, and Psychosomatic Symptoms. Ups. J. Med. Sci. 2015, 120, 263–275. [CrossRef] [PubMed]
- 6. Kohn, A. No Contest: The Case Against Competition; Houghton Mifflin Harcourt: Boston, MA, USA, 1992; ISBN 978-0-395-63125-6.
- 7. Bolliger, D.U.; Mills, D.; White, J.; Kohyama, M. Japanese Students' Perceptions of Digital Game Use for English-Language Learning in Higher Education. *J. Educ. Comput. Res.* **2015**, *53*, 384–408. [CrossRef]
- 8. Homer, B.D.; Plass, J.L.; Raffaele, C.; Ober, T.M.; Ali, A. Improving High School Students' Executive Functions through Digital Game Play. *Comput. Educ.* **2018**, *117*, 50–58. [CrossRef]
- 9. Tokac, U.; Novak, E.; Thompson, C.G. Effects of Game-Based Learning on Students' Mathematics Achievement: A Meta-Analysis. *J. Comput. Assist. Learn.* **2019**, *35*, 407–420. [CrossRef]
- 10. Cagiltay, N.E.; Ozcelik, E.; Ozcelik, N.S. The Effect of Competition on Learning in Games. *Comput. Educ.* **2015**, *87*, 35–41. [CrossRef]
- 11. Ke, F. Designing and Integrating Purposeful Learning in Game Play: A Systematic Review. *Educ. Technol. Res. Dev.* **2016**, *64*, 219–244. [CrossRef]
- 12. Mekler, E.D.; Brühlmann, F.; Tuch, A.N.; Opwis, K. Towards Understanding the Effects of Individual Gamification Elements on Intrinsic Motivation and Performance. *Comput. Hum. Behav.* **2017**, *71*, 525–534. [CrossRef]
- 13. Hawlitschek, A.; Joeckel, S. Increasing the Effectiveness of Digital Educational Games: The Effects of a Learning Instruction on Students' Learning, Motivation and Cognitive Load. *Comput. Educ.* **2017**, 72, 79–86. [CrossRef]
- 14. Kapp, K.M. The Gamification of Learning and Instruction; Wiley: Hoboken, NJ, USA, 2012.
- 15. Clark, D.B.; Tanner-Smith, E.E.; Killingsworth, S.S. Digital Games, Design, and Learning: A Systematic Review and Meta-Analysis. *Rev. Educ. Res.* **2016**, *86*, 79–122. [CrossRef]
- 16. Talan, T.; Doğan, Y.; Batdı, V. Efficiency of Digital and Non-Digital Educational Games: A Comparative Meta-Analysis and a Meta-Thematic Analysis. *J. Res. Technol. Educ.* **2020**, *52*, 474–514. [CrossRef]
- 17. Yuda, M. Effectiveness of Digital Educational Materials for Developing Spatial Thinking of Elementary School Students. *Procedia Soc. Behav. Sci.* **2011**, 21, 116–119. [CrossRef]
- 18. Lee, J.H.M.; Lee, F.L. Virtual Interactive Student-Oriented Learning Environment (VISOLE): Extending the Frontier of Web-Based Learning; The scholarship of teaching and learning; University Grant Council, HKSAR: Hong Kong, China, 2001.
- 19. Guillén-Nieto, V.; Aleson-Carbonell, M. Serious Games and Learning Effectiveness: The Case of It's a Deal! *Comput. Educ.* **2012**, 58, 435–448. [CrossRef]
- 20. Mei, B.; Yang, S. Nurturing Environmental Education at the Tertiary Education Level in China: Can Mobile Augmented Reality and Gamification Help? *Sustainability* 2019, 11, 4292. [CrossRef]
- 21. Deng, L.; Wu, S.; Chen, Y.; Peng, Z. Digital Game-Based Learning in a Shanghai Primary-School Mathematics Class: A Case Study. *J. Comput. Assist. Learn.* **2020**, *36*, 709–717. [CrossRef]
- 22. Creswell, J.W.; Plano Clark, V.L. Designing and Conducting Mixed Methods Research, 2nd ed.; Sage: Housand Oaks, CA, USA, 2011.
- 23. Bueno-Alastuey, M.C.; Nemeth, K. Quizlet and Podcasts: Effects on Vocabulary Acquisition. *Comput. Assist. Lang. Learn.* **2020**, 1–30. [CrossRef]
- Ministry of Education. Guangyu Jiaqiang Zhongxiaoxuesheng Shouji Guanli Gognzuo de Tongzhi [Strengthening the Managment of Mobile Phones among Primary and Secondary Students. Available online: http://www.gov.cn/zhengce/zhengceku/2021-02/ 01/content_5584120.htm (accessed on 2 May 2021).
- 25. Altiner, C. Integrating a Computer-Based Flashcard Program into Academic Vocabulary Learning. Master's Thesis, Iowa State University, Ames, IA, USA, 2011; p. 2736219.
- 26. Chang, C.-T.; Hajiyev, J.; Su, C.-R. Examining the Students' Behavioral Intention to Use e-Learning in Azerbaijan? *The General Extended Technology Acceptance Model for E-Learning Approach. Comput. Educ.* **2017**, 111, 128–143. [CrossRef]
- Davis, F.D. Perceived Usefulness, Perceived Ease of Use, and User Acceptance of Information Technology. Manag. Inf. Syst. Q. 1989, 13, 319–340. [CrossRef]
- 28. Hsu, C.-L.; Lu, H.-P. Why Do People Play On-Line Games? An Extended TAM with Social Influences and Flow Experience. *Inf. Manag.* **2004**, *41*, 853–868. [CrossRef]
- 29. Keil, M.; Beranek, P.M.; Konsynski, B.R. Usefulness and Ease of Use: Field Study Evidence Regarding Task Considerations. *Decis. Support Syst.* **1995**, *13*, 75–91. [CrossRef]
- 30. Moon, J.-W.; Kim, Y.-G. Extending the TAM for a World-Wide-Web Context. Inf. Manag. 2001, 38, 217–230. [CrossRef]

Sustainability **2021**, 13, 7919 14 of 14

31. Moore, G.C.; Benbasat, I. Development of an Instrument to Measure the Perceptions of Adopting an Information Technology Innovation. *Inf. Syst.* **1991**, *2*, 192–222. [CrossRef]

- 32. Wrzesien, M.; Alcañiz Raya, M. Learning in Serious Virtual Worlds: Evaluation of Learning Effectiveness and Appeal to Students in the E-Junior Project. *Comput. Educ.* **2010**, *55*, 178–187. [CrossRef]
- 33. Yi, M.Y.; Hwang, Y. Predicting the Use of Web-Based Information Systems: Self-Efficacy, Enjoyment, Learning Goal Orientation, and the Technology Acceptance Model. *Int. J. Hum. Comput. Stud.* **2003**, *59*, 431–449. [CrossRef]
- 34. Teo, T. Technology Acceptance in Education; Sense Publishers: Rotterdam, The Netherlands, 2011; ISBN 978-94-6091-487-4.
- 35. Hattie, J. Visible Learning; Routledge: London, UK, 2009.
- 36. Nunnally, J.C. Psychometric Theory, 2nd ed.; McGraw-Hill: New York, NY, USA, 1978.
- 37. McNeil, L. Implementing Digital Game-Enhanced Pedagogy: Supportive and Impeding Language Awareness and Discourse Participation Phenomena. *ReCALL* **2020**, *32*, 106–124. [CrossRef]
- 38. Wu, C.-J.; Chen, G.-D.; Huang, C.-W. Using Digital Board Games for Genuine Communication in EFL Classrooms. *Educ. Technol. Res. Dev.* **2014**, *62*, 209–226. [CrossRef]
- 39. Sundqvist, P.; Wikström, P. Out-of-School Digital Gameplay and in-School L2 English Vocabulary Outcomes. *System* **2015**, *51*, 65–76. [CrossRef]
- 40. Yang, J.C.; Quadir, B.; Chen, N.-S. Effects of the Badge Mechanism on Self-Efficacy and Learning Performance in a Game-Based English Learning Environment. *J. Educ. Comput. Res.* **2016**, *54*, 371–394. [CrossRef]
- 41. Zou, D.; Huang, Y.; Xie, H. Digital Game-Based Vocabulary Learning: Where Are We and Where Are We Going? *Comput. Assist. Lang. Learn.* **2019**, 1–27. [CrossRef]
- 42. Calvo-Ferrer, J.R. Educational Games as Stand-Alone Learning Tools and Their Motivational Effect on L2 Vocabulary Acquisition and Perceived Learning Gains. *Br. J. Educ. Technol.* **2017**, *48*, 264–278. [CrossRef]
- Hwang, G.-J.; Wang, S.-Y. Single Loop or Double Loop Learning: English Vocabulary Learning Performance and Behavior of Students in Situated Computer Games with Different Guiding Strategies. Comput. Educ. 2016, 102, 188–201. [CrossRef]
- 44. Ali Mohsen, M. The Use of Computer-Based Simulation to Aid Comprehension and Incidental Vocabulary Learning. *J. Educ. Comput. Res.* **2016**, *54*, 863–884. [CrossRef]
- 45. Bell, A.; Gresalfi, M. Teaching with Videogames: How Experience Impacts Classroom Integration. *Tech. Know. Learn.* **2017**, 22, 513–526. [CrossRef]
- 46. Godwin-Jones, R. Games in Language Learning: Opportunities and Challenges. Lang. Learn. Technol. 2014, 18, 9–19.
- 47. Licorish, S.A.; Owen, H.E.; Daniel, B.; George, J.L. Students' Perception of Kahoot!'s Influence on Teaching and Learning. *Res. Learn. Technol.* **2018**, *13*, 9. [CrossRef]
- 48. Lee, J. Problem-Based Gaming via an Augmented Reality Mobile Game and a Printed Game in Foreign Language Education. *Educ. Inf. Technol.* **2020**. [CrossRef]
- 49. Fokides, E. Digital Educational Games and Mathematics. Results of a Case Study in Primary School Settings. *Educ. Inf. Technol.* **2018**, 23, 851–867. [CrossRef]