

Survey on Daily Lifestyle and Food Waste Generation in Bangkok

[For Reference] SA: single answer, MA: multiple answers, N: number, T: text

1. Personal/Household Information

Q1-1: Personal information about the respondents. (T, N)

Name (Mr./Ms.) _____
Age _____
Home Address _____
Tel. (optional) _____

Q1-2: Please indicate your education level. (SA)

1	No schooling
2	Primary school
3	Lower secondary school
4	Upper secondary school (High school)
5	Vocational or Technical University
6	University
7	Master's Degree or Higher
8	Other (specifically: _____)

Q1-3: Please indicate a number of persons living together in your home. (N)

Adult (18-55 years old)	Male	
	Female	
Children (Younger than 6 years old)	Male	
	Female	
Children (Younger than 18 years old)	Male	
	Female	
Elderly (More than 55 years old)	Male	
	Female	

Q1-4: Please indicate your monthly household income (The sum of the monthly income of all people living together). (SA)

1	< 5000 THB
2	5,001-10,000 THB
3	10,001-15,000 THB
4	15,001-30,000 THB
5	30,001-50,000 THB
6	50,001-100,000 THB
7	> 100,000 THB

Q1-5: Please indicate the type of house you are living in. (SA)

1	Detached house
2	Apartment/Condominium
3	Town house/Town home
4	Shop house (1st floor is shop)
5	Dormitory
6	Other (specifically: _____)

Q1-6: Please indicate total floor space of your home and period of residence. If there are multiple stories used for residential use, please indicate the total floor space of all stories. (N)

Floor area: _____m²

Period of residence: _____years

2. Food waste

The following questions are about the **food waste management** in your household.

Q2-1: Please choose the disposal method of food waste generated in your household, and then specify the way to reuse/recycle your food waste (if applicable). (N&SA)

	Leftover during preparation (peels & scraps, corn stub, etc.)	Leftover of cooked rice	Leftover of cooked dishes	Food passed the "expiration date"
How to manage/dispose the generated food waste				
Disposal without separation				
Separation before disposal				
Reuse/Recycle				
For the respondent choosing "Reuse/Recycle", please specify the method				
Use as ingredient for another dish				
Give it to other peoples				
Compost within household				
Compost by community				
Bring to waste bank				
Bring to food bank				
Others (_____)				

Q2-2: At which level are you concerning about the “expiration date”, when purchasing foods/ingredients at supermarket or other places? (SA)

1	I always choose the one with a longer “expiration date” even just one day
2	It depends on what I am buying (type of foods/ingredients)
3	I am not really concerning about the “expiration date”
4	Other (specifically:)

Q2-3: Have you ever throw away foods/ingredients without eating them at all? (SA)

1	Often
2	Sometimes
3	Rarely
4	Never

If you chose choice (1) or (2) above, please select top 3 reasons for throwing away foods/ingredients from the list given below. (MA – 1,2,3)

	The deterioration of quality
	Passing the “expiration date”
	Excessive amount of foods (overabundance)
	Not delicious
	Already bought new ones
	Having no plan to consume further
	Be bored and dissatisfied
	Other (specifically:)

Q2-4: Do you check foods/ingredients in the refrigerator before going out for shopping? (SA)

1	I must check before going out for shopping
2	I usually check before going out for shopping
3	I sometimes check before going out for shopping
4	I rarely check before going out for shopping
5	I never check before going out for shopping
6	I remember all foods/ingredients in the refrigerator without having to check it

Q2-5: Have you ever made the “leftovers” when eating out at, for example, the restaurant? (SA)

1	Often
2	Sometimes
3	Rarely
4	Never

If you chose choice (1) or (2) above, please select top 3 reasons for the “leftovers” from the list given below. (MA – 1,2,3)

	I ordered a lot because I am too concerned about my own image in the public
	I wanted to have a variety of dishes
	I just ordered too much
	The volume of each dish was so big to eat up
	I did not like the taste
	I was bored and dissatisfied after tasting a few bites
	Other (specifically:)

Q2-6: Which of the following choices can best describe about your attempt to reduce food waste?

(SA)

1	I will remain as I am now, since I seldomly throw away foods.
2	I am now trying my best not to waste foods
3	I want to take some action
4	I have no plan to do in a near future

If you chose choice (2) or (3) above, please select top 3 behaviours reflecting your effort to reduce food waste from the list given below. (MA – 1,2,3)

	Not cook too much
	Not order too much when eating out
	Regularly check food left over in the refrigerator or cupboard
	Try not to throw food away by checking the “expiration date” regularly
	Avoid a bulk purchase (a big lot of the same thing)
	Avoid shopping too many things
	Plan for a list of dishes in each meal in advance
	Contrive how to make another dish from the leftovers
	Try to eat everything up
	Ask the restaurant to reduce the volume of each dish when ordering
	Carry the leftovers home (with a doggie bag)
	Other (specifically:)

3. General household waste

Q3-1: Do you regularly separate household waste (garbage) before disposal? (SA)

1	I always separate waste before disposal
2	I sometimes separate waste before disposal
3	I never separate waste before disposal
4	Other (specifically:)

Q3-2: Please indicate the method you choose for the disposal of following household wastes. (SA)

Household waste	Throw away without separation	Give it to the housekeeper (cleaning staff)	Bring it to the garbage station	Sell it to the waste collector	Donation to relevant foundation	Other (specifically:)
1. Newspaper						
2. PET bottle						
3. Aluminum can						
4. Glass bottle						
5. Clothes						
6. Electric appliances						
7. Bulky rubbish (furniture)						

Thank you very much for your assistance with our research and planning efforts.