

Article

Characteristics of Runoff Variations and Attribution Analysis in the Poyang Lake Basin over the Past 55 Years

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Abstract: Spatial and temporal variations in hydrological series are affected by both climate change and human activities. A scientific understanding of the impacts of these two main factors on runoff will help to understand the response mechanism of the water cycle in a changing environment. This study focused on Poyang Lake Basin, which contains China's largest freshwater lake. Several approaches, including the Mann-Kendall trend test, cumulative anomaly method, Hurst exponent analysis, and slope change ratio of cumulative quantity (SCRCQ) method, were adopted to explore the characteristics of runoff variations and the respective impacts of climate change and human activities on runoff variations in the five subbasins. The results indicated that (1) from 1961 to 2015, the runoff throughout the basin fluctuated, and it decreased significantly in the 2000s. (2) Different baseline periods and measurement periods were identified for each subbasin to analyse the spatial and temporal responses of runoff to climate change and human activities. (3) The runoff of each subbasin will exhibit anti-persistent features with different persistence times in the future. (4) Compared with those in the baseline period, in the first measurement period, precipitation was the main factor driving the runoff increase in the Ganjiang, Fuhe, Xinjiang and Raohe subbasins, with contribution rates of 50.91–63.47%, and human activities played a supplementary role. However, in the second measurement period, as human activities intensified, they became the leading factor causing changes in runoff, with contribution rates between 59.57% and 92.49%. Considering water shortages and the intensification of human activities, the impacts of human activities on runoff variations will require more attention in the future.

Keywords: runoff; climate change; human activities; quantitative estimation; SCRCQ; Poyang Lake Basin

1. Introduction

River runoff is a key part of the hydrological cycle in a basin, as runoff not only provides valuable water resources for human life and regional economic development but also is of crucial importance to the marine ecosystem due to its role in nutrient transport [1–3]. Many previous studies have shown that hydrological processes in a basin are directly or indirectly influenced by both climate change (e.g., changes in precipitation, temperature and evaporation) and human activities (e.g., agricultural irrigation, domestic and industrial water consumption, water and soil conservation, hydropower engineering and land use/land cover (LULC) changes) [4–7]. Due to climate change as well as large-scale utilization of water resources by human activities, river runoff is not consistent and



undergoes significant changes [8–10]; as a result, approximately 31% of the 145 major rivers in the world have been shown to exhibit statistically significant increasing (9%) or decreasing (22%) trends in annual runoff in recent decades [11]. Changes in runoff could affect the rational allocation and utilization of water resources and even lead to some influence on the physical, chemical and biological processes of river ecosystems [12–15]. However, the characteristics of climate change and human activities vary from region to region, which may result in different influences on water resources [16]. Additionally, numerous studies have tried to investigate the influence of climate change and human activities on runoff variations using different methods that fall into three main groups [17–19] (Figure 1): (1) empirical statistical methods; (2) elasticity-based methods; (3) hydrological model methods.



Figure 1. Characteristics of the three methods for detecting the quantitative impacts of climate changes and human activities on runoff changes.

Many researchers have conducted a wide range of studies on the attribution of runoff changes and quantitative analyses in the arid and semi-arid regions in northern China, such as the Yellow River Basin, Hei River Basin, and Wei River Basin. However, such studies are relatively rare in humid regions. In this study, we focus on the basin where China's largest freshwater lake is located—the Poyang Lake Basin (PYLB). Notably, according to statistics, in recent years, extreme hydrologic events such as floods, droughts, and abrupt drought-flood alternations have occurred frequently in the PYLB [20–22]. In the 1990s, the probability of occurrence of flood disasters in the PYLB was significantly higher than that in the 1950s, and three serious flood disasters occurred in 1995, 1996 and 1998 [23,24]. However, in the 2000s, drought disasters in the basin were frequent, such as those in 2003, 2006, 2007 and 2011 [25]. These frequent water resource problems seriously endanger people's lives and property in the PYLB, constrain the development of the local social economy, threaten the ecological health of the Poyang Lake region, and arouse great concern from all walks of life. Thus, analysing the patterns of runoff variations and their attributions are important for revealing the changes in water amounts and abrupt drought-flood alternations in the PYLB. Such study is also of great significance to the protection of the ecological environment of Poyang Lake.

Many efforts have been made in recent years to identify the impacts of climate change and human activities on runoff variations in the PYLB. Guo et al. used the Soil Water Assessment Tool (SWAT) model to examine the climate and land-use and land-cover effects on hydrology and streamflow in the Xinjiang River basin of Poyang Lake, but the contributions of these factors to variations in runoff

were not considered, and the study area did not involve other subbasins [26]. Similar shortcomings also appeared in the studies by Hu et al. [27] and Liu et al. [28]. Moreover, Ye et al. used sensitivity analysis to quantify the impact of climate change and human activities on streamflow changes in the Gan, Xin and Fu Rivers [29]. However, a study by Wang noted that the sensitivity analysis technique could not exclude the impacts of human activities on streamflow changes during benchmark periods. Thus, the influences of human activities on streamflow changes as indicated by sensitivity analyses still involve human impacts during benchmark periods, which may produce misleading results [19]. Zhang et al. used three methods including Australia Water Balance Model, multivariate regression and sensitivity method to quantify the contributions of climate change and human activities on streamflow in the PYLB, and the fractional contributions were 73% and 27%, respectively [30]. However, they ignored the fact that the impact of human activities had been strengthening. Zhao et al. used Pearson's test to address the regional cross-correlation between streamflow and climate variables. The results showed that streamflow in the Poyang Lake basin were more sensitive to changes in precipitation. However, contributions of climate variables to variations in streamflow and impact of human activities were not considered [31]. Therefore, the quantitative impacts of climate change and human activities on runoff variations in the PYLB need to be further studied. This study aims: (1) to explore variable trends and change points in runoff series in the PYLB from the perspective of space and time; (2) to identify the contribution rates of climate change and human activities that caused runoff alterations in different regions and periods by using the slope change ratio of cumulative quantity (SCRCQ) method; and (3) to discuss the impacts of climate and human activities on the runoff variations. The results of this study provide a new perspective for studying the long-term changes and impact factors of runoff in the PYLB, which will help enrich and improve the research content and methods for water resources in this area and provide a scientific basis for the rational development and efficient use of water resources and the protection of ecological safety in the basin.

2. Study Area and Data

2.1. Study Area

The PYLB is located on the south shore of the middle and lower reaches of the Yangtze River (Figure 2a) and has a drainage area of 16.22×10^4 km². The basin is located in humid regions from 24°29′ N–30°05′ N latitude and 113°35′ E–118°29′ E longitude. The PYLB has some of the most obvious hydrological and climatic characteristics in the Yangtze River Basin, including the highest annual average precipitation, evaporation and runoff in the Yangtze River Basin [32]. The well-developed river system is mainly composed of five rivers (Ganjiang, Fuhe, Xinjiang, Raohe and Xiushui). Among them, Ganjiang is the largest river, running through the PYLB from south to north. The five rivers flow into Poyang Lake from the south, east and west and then discharge into the Yangtze River at Hukou to the north, forming a circular drainage system centred on Poyang Lake (Figure 2b). The runoff from the five rivers into the lake is an important indicator of the changes in the hydrological regime in Poyang Lake. The terrain in the basin is high in the south and low in the north and is surrounded by mountains on three sides to the south, east and west. Rolling hills are present in the central part, and plains are present in the north, namely, the Poyang Lake plain, which is one of the five plains in the Yangtze River Basin (Figure 2c). The topography of the basin is dominated by hills and mountainous regions, which account for approximately 78% of the total surface area (of which 36% are mountainous regions and 42% are hills), while 12.1% is plains area, and 9.9% is water [28]. The PYLB belongs to the subtropical humid monsoon climate zone, with a mild climate and abundant rainfall. The annual mean precipitation throughout the basin was 1641.40 mm from 1961–2015, but there was an asymmetric seasonal distribution of precipitation, with approximately 45% of the annual precipitation concentrated between April and June. The annual mean temperature is 17.97 °C, and the variation characteristics of inner-annual temperature show a single peak structure, reaching the hottest in July and the coldest in January, with the temperature difference between the two periods exceeding 20 °C. The annual mean

potential evapotranspiration (PET) is 1092.18 mm, and it exhibits inner-annual change characteristics similar to those of temperature (Figure 3). In this study, the total inflows into Poyang Lake include the sum of runoff at 7 hydrological stations, i.e., Waizhou (Ganjiang), Lijiadu (Fuhe), Meigang (Xinjiang), Hushan and Dufengkeng (Raohe), and Qiujin and Wanjiabu (Xiushui) (Figure 2b, Table 1). The total drainage area of these hydrological stations is 13.71×10^4 km², accounting for 84.5% of the entire basin area, and the remaining 15.5% consists of the Poyang Lake intervening basin at 2.51×10^4 km².



Figure 2. The study area: (**a**) location of the Poyang Lake Basin; (**b**) location of the five main subbasins, hydrological stations and meteorological stations; and (**c**) elevations in the Poyang Lake Basin.



Figure 3. Inner-annual variations in the climatic factors in the Poyang Lake Basin (PYLB).

Subbasin	River	Drainage Area (km²)	Annual Mean Runoff Depth (mm)	Annual Mean Precipitation (mm) [–]	Hydrological Station			Meteorological Station	
	haver				Name	Latitude	Longitude	Name	Altitude (m)
Ganging	Ganjiang	80948	847	1538.20	Waizhou	28.63° N	115.83° E	Yichun	131.3
								Ji'an	71.2
								Suichuan	126.1
								Ganxian	137.5
Fuhe	Fuhe	15811	786	1736.26	Lijiadu	28.22° N	116.17° E	Nancheng	80.8
								Guangchang	143.8
Xinjiang	Xinjiang	15535	1174	1859.91	Meigang	28.43° N	116.82° E	Guixi	60.8
								Yushan	116.3
Raohe	Changjiang	6374	1116	1776.14	Hushan	28.92° N	117.27° E	Jingdezhen	61.5
	Le'anjiang	5013	912		Dufengkeng	29.16° N	117.12° E		
Xiushui	Xiushui	9914	854	1577.36	Qiujin	29.10° N	115.41° E	Xiushui	146.8
	Liaohe	3548	999		Wanjiabu	28.85° N	115.65° E		
								Lushan	1164.5
Poyang Lake								Poyang	40.1
Region								Nanchang	46.9
								Zhangshu	30.4

Table 1. Information on the five subbasins investigated in this study.

2.2. Data

Figure 2b presents the locations of the seven hydrological stations and fourteen meteorological observation stations in the PYLB. The runoff observation data for the Ganjiang, Fuhe, Xinjiang, Raohe and Xiushui subbasins from 1961 to 2015 were obtained from the Jiangxi Hydrological Bureau, China. The meteorological data, including daily observations of precipitation, air temperature, sunshine hours, relative humidity and wind speed, during the period of 1961–2015 were provided by the China Meteorological Data Sharing Service System (http://data.cma.cn/). Based on the meteorological data, the PET at each meteorological station was then estimated following the Penman-Monteith method recommended by the Food and Agriculture Organization of the United Nations (FAO). Land use data for the years 1980, 1990, 1995, 2000, 2005, 2010 and 2015 were collected from the Resources and Environment Science Data Center at the Chinese Academy of Sciences (RESDC) (http://www.resdc.cn/).

3. Methods

3.1. Mann-Kendall Trend Test

The Mann-Kendall test is a rank-based non-parametric test recommended by the World Meteorological Organization (WMO) [33]. This method is very capable of testing linear or nonlinear trends and has been widely used to assess the significance of monotonic trends in meteorological and hydrological data time series. In this study, the method was applied to detect the variation trend in the runoff series.

In the Mann-Kendall test, if the Z value > 0, the time series data have an increasing trend over time; if the contrary, the data have a decreasing trend. In this study, the significance level of the trend is set to 0.05, which has a corresponding Z value of 1.96. Accordingly, a value of |Z| > 1.96 indicates that the increasing or decreasing trend is statistically significant.

3.2. Cumulative Anomaly

The cumulative anomaly is commonly used to identify the tendency of the changes in meteorological and hydrological data, such as sequential precipitation, evaporation and runoff [34]. In this study, the cumulative anomaly method is used to identify inflection points by observing the changing tendency within runoff series in the PYLB.

3.3. Hurst Exponent Analysis

Hurst exponent (rescaled range (R/S)) analysis was pioneered by Harold Edwin Hurst in 1951 [35] and was improved by Mandelbrot and Wallis in 1969 [36]; this exponent can reveal trend components of a time series and show the intensity of the trend components. To date, Hurst exponent analysis has been used in many fields of study, including climatology, hydrology, geology and vegetation. If H < 0.5, the time series is inconsistent, indicating that future trends will most likely be opposite of past trends. If H > 0.5, the time series is consistent, indicating that the future trend will be consistent with the past trend. Finally, if H = 0.5, the time series is random without sustainability. The grading table for the Hurst exponent is shown as follows (Table 2) [37]. To quantitatively describe the mean cycle of future changes in the time series, this study used the statistic value $V_{(\tau)}$, which has been introduced in detail in the literature [38], and the formula is:

$$V_{(\tau)} = \left[\frac{R_{(\tau)}}{S_{(\tau)}}\right]_{\tau} / \sqrt{\tau}$$
⁽¹⁾

Here, the cycle length of the system (*T*) is the corresponding time span τ . This time span represents the length of persistent time in the future until the system completely loses its dependence on the initial condition. $R_{(\tau)}$ and $S_{(\tau)}$ are the extreme deviation sequence and the standard deviation sequence, respectively.

Grade	Range of Hurs	Range of Hurst Exponent (H)			
Giude	Positive Correlation	Negative Correlation			
Ι	(0.50, 0.55]	[0.45, 0.50)	Weak		
II	(0.55, 0.65]	[0.35, 0.45]	Weaker		
III	(0.65, 0.75]	[0.25, 0.35]	Stronger		
IV	(0.75, 0.85]	[0.15, 0.25]	Strong		
V	(0.85, 1.00]	[0.00, 0.15]	Very strong		

Table 2. Grading table for the Hurst exponent.

3.4. SCRCQ Method

The SCRCQ method was proposed by Wang et al. (2012) [39] and has been widely adopted in many studies [40–43].

Assume that the slopes of the linear relationships between the year and the cumulative runoff before and after a turning year are S_{Rb} and S_{Ra} (10⁸ m³/a), respectively, the slopes of the linear relationships between the year and the cumulative precipitation before and after a turning year are S_{Pb} and S_{Pa} (mm/a), respectively, and the slopes of the linear relationships between the year and the cumulative precipitation before and after a turning year are S_{Pb} and S_{Pa} (mm/a), respectively, and the slopes of the linear relationships between the year and the cumulative potential evaporation before and after a turning year are S_{Eb} and S_{Ea} (mm/a), respectively. The steps to calculate the contributions of climate change and human activities to runoff changes are defined as follows:

(1) Calculate the change ratios of runoff (R_{SR}), precipitation (R_{SP}) and potential evaporation (R_{SE}):

$$R_{SR} = 100 \times (S_{Ra} - S_{Rb}) / S_{Rb} = 100 \times (S_{Ra} / S_{Rb} - 1)$$
⁽²⁾

$$R_{SP} = 100 \times (S_{Pa} - S_{Pb}) / S_{Pb} = 100 \times (S_{Pa} / S_{Pb} - 1)$$
(3)

$$R_{SE} = 100 \times (S_{Ea} - S_{Eb}) / S_{Eb} = 100 \times (S_{Ea} / S_{Eb} - 1)$$
(4)

(2) Calculate the contributions of precipitation, evaporation and human activities on runoff changes, which are expressed as C_P , C_E and C_H , respectively:

$$C_P = 100 \times R_{SP} / R_{SR} \tag{5}$$

$$C_P = -100 \times R_{SE} / R_{SR} \tag{6}$$

$$C_H = 100 - C_P - C_E \tag{7}$$

4. Results

4.1. Changes in Precipitation and PET

From 1961 to 2015, the annual mean precipitation in the PYLB was 1641.4 mm, and the annual precipitation exhibited a non-significant increasing trend with a tendency coefficient of 25.37 mm/10a and a Z value of 0.87 (Figure 4a). The inter-annual fluctuation range was relatively large, with a maximum of 2187.39 mm in 2012 and a minimum of 1103.50 mm in 1963, and the ratio between the two periods of 1.98. Additionally, the decadal changing trends in precipitation first increased and then decreased over the past five decades. Specifically, precipitation was lowest in the 1960s at 1538.80 mm, and it increased to 1777.63 mm in the 1990s; then, it obviously decreased to 1638.25 mm during the 2000s. Contrary to precipitation, the annual PET throughout basin exhibited a notable downward trend and a Z value of -7.07, even passing the significance test at the 99% confidence level (Figure 4b). In addition, PET decreased at a rate of 49.71 mm/10a. The maximum annual PET occurred in 1964 at 1263.50 mm, while the minimum occurred in 2001 at 909.32 mm, and the ratio between them was 1.39.



Figure 4. Temporal variations in (**a**) annual precipitation, (**b**) potential evapotranspiration (PET) and (**c**) runoff in the PYLB during 1961–2015.

The spatial distributions of annual mean precipitation and PET in the PYLB during 1961–2015 are illustrated in Figure 5. According to Figure 5a, precipitation in the PYLB spatially increases from south to north, with the maximum annual precipitation at the Lushan station in the north (1996.25 mm) and the minimum value at the Ganxian station in the south (1426 mm). Additionally, the figure shows obvious regional differences among the five subbasins; the maximum value of 1830.40 mm occurred in the Xinjiang subbasin, and the minimum of 1554.46 mm occurred in the Ganjiang subbasin. As shown in Figure 5b, the spatial distribution of the annual mean PET in the PYLB was different from that of precipitation. Precisely, the annual mean PET in the east of the basin was larger than that in the west. Among the 14 meteorological stations, the maximum of 1428.29 mm occurred at the Nancheng station in the east, and the minimum value of 721.90 mm occurred at the Xiushui station in the northwest. In addition, the comparison of each subbasin indicated that the maximum and minimum values occurred in the Xinjiang (1203.90 mm) and Xiushui (1019.50 mm) subbasins, respectively.



Figure 5. Spatial distributions of annual mean (a) precipitation and (b) PET in the PYLB during 1961–2015.

4.2. Changes in Runoff

4.2.1. Trend Change Characteristics

The annual mean runoff was 1229.16×10^8 m³ for the entire basin for the period from 1961–2015, and the runoff exhibited fluctuating inter-annual variations (Figure 4c), indicating that it varied greatly from year to year. The annual maximum runoff was 2076.11×10^8 m³ and occurred in 1998, while the minimum was 463.39×10^8 m³ and occurred in 1963. The temporal variation trends in runoff for the PYLB from 1961–2015 were analysed in this study based on linear regression analysis, which showed an increasing trend with a slope of 21.86×10^8 m³/10a. The Mann-Kendall statistic of 0.67 indicated that this change trend was not significant. The decadal analysis results indicated that runoff increased first and then decreased over the past 55 years, which is broadly consistent with the results of Luo et al. [44]; namely, the runoff peaked in the 1990s at 1430.15×10^8 m³ and then decreased to 1191.35 $\times 10^8$ m³ in the 2000s.

Figure 6 shows how the runoff changed in each subbasin, which can be summarized as follows: there were some similarities but also differences between the subbasins. Runoff in the Ganjiang, Xinjiang, Raohe, and Xiushui subbasins showed increasing trends, among which the runoff in the Ganjiang subbasin increased the most obviously with a tendency coefficient of $7.24 \times 10^8 \text{ m}^3/10a$ from 1961–2015. In contrast, the runoff in the Fuhe Basin showed a decreasing trend at $-0.16 \times 10^8 \text{ m}^3/10a$. The abovementioned temporal change characteristics were also validated by the Mann-Kendall trend test, and the Z values were 0.58 (Ganjiang), -0.09 (Fuhe), 1.19 (Xinjiang), 1.03 (Raohe) and 1.42 (Xiushui). In addition, Mann-Kendall test results indicated that the runoff series of the five subbasins did not reach the confidence level of 95%, which means that the change trends were not significant.

From a decadal point of view, the runoff in each subbasin over the past 55 years experienced a repeated "increasing-decreasing" process (Figure 6). According to the statistical results, the runoff in each subbasin increased most dramatically in the 1990s, especially in the Raohe and Xiushui subbasins, which increased by 34.19% and 34%, respectively, from the values in the 1980s. Meanwhile, the smallest increase occurred in the Fuhe subbasin at 7.07%. The runoff series in the five subbasins have decreased significantly since 2000, among which the runoff in the Fuhe subbasin was even less than that during the 1960s.

In terms of the inter-annual fluctuations in the runoff in the five subbasins, the coefficients of variation (Cv) from 1961 to 2015 were 0.37 (Fuhe) > 0.35 (Raohe) > 0.34 (Xiushui) > 0.33 (Xinjiang) > 0.28 (Ganjiang), indicating that the inter-annual variations in runoff in the Fuhe subbasin was the most obvious with the highest volatility, while the annual runoff in the Ganjiang subbasin was relatively stable.



Figure 6. Cont.



Figure 6. Temporal variations in annual runoff for the five subbasins: (**a**) Ganjiang; (**b**) Fuhe; (**c**) Xinjiang; (**d**) Raohe; and (**e**) Xiushui.

4.2.2. Abrupt Change Characteristics

To analyse the inflection point of the runoff in each subbasin from 1961–2015, the cumulative anomaly method was used in this study, and the results are shown in Figure 7. As shown by the cumulative anomaly curves, the runoff curves for the Ganjiang, Fuhe and Xinjiang subbasins all had two significant inflection points in 1991 and 2002. That is, runoff showed a decreasing trend from 1961 to 1991, an increasing trend from 1992 to 2002, and a decreasing trend after 2002. For the Raohe and Xiushui subbasins, the cumulative anomaly curves of runoff reached their lowest values in 1988 and their highest values in 1999 and 2002, respectively. Therefore, the significant inflection points of runoff occurred in 1988 and 1999 for Raohe and 1988 and 2002 for Xiushui. As such, the entire study period of 1961–2015 could be divided based on these inflection points (Table 3). The periods from 1961–1991 and 1961–1988 were designated as the reference baseline periods for the runoff changes in the corresponding subbasin. Other periods (i.e., 1992–2002 and 2003–2015 for the Ganjiang, Fuhe and Xinjiang subbasins, 1989–1999 and 2000–2015 for the Raohe subbasin, and 1989–2002 and 2002–2015 for the Xiushui subbasin) were regarded as the measurement periods.

Compared with the values obtained during the baseline period (Ta), the annual mean runoff during the first measurement period (Tb) increased for all subbasins but with different magnitudes. In addition, the annual mean runoff during the second measurement period (Tc) continued to increase for the Xinjiang and Xiushui subbasins, although the increase ranges were smaller than those in the period Tb. However, runoff decreased slightly for the Ganjiang, Fuhe and Raohe subbasins (Table 3).

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Figure 7. Cumulative anomalies in annual runoff and the turning years in each subbasin: (**a**) Ganjiang; (**b**) Fuhe; (**c**) Xinjiang; (**d**) Raohe; and (**e**) Xiushui.

Table 3. Period divisions for the five subbasins and annual mean rur	noff during	g different	periods.
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Subbasin	Baselin	e Period	Measurement Periods					
Subbushi	T _a	R _a (10 ⁸ m ³ /a)	T _b	R _b (10 ⁸ m ³ /a)	T _c	R _c (10 ⁸ m ³ /a)		
Ganjiang	1961–1991	657.93	1992–2002	808.73	2003–2015	647.24		
Fuhe	1961–1991	121.95	1992-2002	143.63	2003-2015	113.60		
Xinjiang	1961–1991	169.43	1992-2002	221.55	2003-2015	179.82		
Raohe	1961–1988	108.72	1989–1999	150.79	2000-2015	107.73		
Xiushui	1961-1988	110.66	1989-2002	146.56	2003-2015	112.07		

4.2.3. Long-Term Memory Characteristics

The Hurst exponent (H) was used to analyse the persistence of runoff, and the fitting curves of $R/S - \tau/2$ and $V(\tau) - lg\tau$ were generated and are plotted in Figure 8. As shown in Table 4, the H values for runoff in the Ganjiang, Fuhe, Xinjiang, Raohe and Xiushui subbasins were 0.39, 0.36, 0.26, 0.30 and 0.35, respectively. These results indicated that the future trends in runoff in the five subbasins would be the opposite of the past trends. That is, in the future, there will be decreasing trends in runoff in the Ganjiang, Xinjiang, Raohe and Xiushui subbasins and an increasing trend in runoff in the Fuhe subbasin.

According to the grading table of the Hurst exponents (Table 2), the continuous intensities of runoff in the Ganjiang, Fuhe and Xiushui subbasins were weak with persistence strengths of Grade II, and the intensities were strong for the Xinjiang and Raohe subbasins with persistence strengths of Grade III. The runoff persistence times (T) were 9 years (Ganjiang, Fuhe and Xinjiang subbasins) and 6 years (Raohe and Xiushui subbasins). This finding indicates that within their persistence times, runoff in the Ganjiang, Xinjiang, Raohe and Xiushui subbasins will continuously decrease, whereas runoff in the Fuhe subbasin will continuously increase.



Figure 8. Cont.



Figure 8. Fitting curves for the results of Hurst exponent analysis and the persistent times of runoff in the five subbasins.

Table 4. Results of Hurst exponent analysis and the future sustainability features of runoff in the five subbasins.

Subbasin	TT	Correlation	Strength	T (a)	Change Trend		
	п			1 (a)	Historical	Future	
Ganjiang	0.39	Negative	Weaker	9	↑	\downarrow	
Fuhe	0.36	Negative	Weaker	9	\downarrow	↑	
Xinjiang	0.26	Negative	Stronger	9	↑	\downarrow	
Raohe	0.30	Negative	Stronger	6	\uparrow	\downarrow	
Xiushui	0.35	Negative	Weaker	6	1	\downarrow	

Note: " \uparrow " represents an increasing trend, and " \downarrow " indicates a decreasing trend.

4.2.4. Quantification of the Influences of Climatic and Human Activities

The relationships between runoff and climatic factors in the PYLB were explored in this study using the correlation analysis method. The analysis results indicated that runoff in the PYLB was closely correlated with precipitation, with a correlation coefficient of 0.92 that passed the significance level of 0.01. However, the correlational relationships between runoff and both temperature and PET were not significant (-0.06 and -0.23, respectively). The results suggested that temperature and PET in the PYLB had limited influence on Poyang Lake inflow, whereas precipitation was the main climatic factor. Thus, in this study, only precipitation was considered in the quantitative assessment of the impacts of climate change on runoff changes.

Figures 9 and 10 illustrate the scatter distributions, fitted lines and fitted best linear relationships between the year and cumulative data (runoff and precipitation) before and after the turning years for the five subbasins. The coefficients of determination (\mathbb{R}^2) between year and each factor were high and exceeded 0.98. Meanwhile, the confidence levels of the *p* values were < 0.0001. Thus, the correlation between each factor and year was high. The slope (S_R and S_P) of each fitted line was extracted from the equations shown in Figures 9 and 10, and the values are listed in Table 5.

The quantitative impacts of precipitation on runoff changes were calculated using Equation (5). As shown in Table 5, compared with the baseline period (Ta), the main factor resulting in runoff changes in the Ganjiang, Fuhe, Xinjiang, and Raohe subbasins was precipitation in the Tb period, while precipitation was not the main factor in the Xiushui subbasin. However, the impact of human activities on runoff changes in the five subbasins occupied the dominant position in the most recent decade (Tc).



Figure 9. Relationships between year and cumulative runoff for the five subbasins: (**a**) Ganjiang; (**b**) Fuhe; (**c**) Xinjiang; (**d**) Raohe; and (**e**) Xiushui.

(a)

R²=0.9994

P<0.0001

(c)

 $R^2 = 0.9992$

P<0.0001

100000_r

Cumulative precipitation (mm)

(e)

R²=0.9996

Year

P<0.0001

Cumulative precipitation (mm)



Figure 10. Relationships between year and cumulative precipitation for the five subbasins: (a) Ganjiang; (**b**) Fuhe; (**c**) Xinjiang; (**d**) Raohe; and (**e**) Xiushui.

Subbasins	Periods		S _R (10 ⁸ m ³ /a)	S _P (mm/a)	ΔS_R (%)	ΔS_P (%)	Contribution to the Runoff Changes	
							<i>C</i> _P (%)	<i>C_H</i> (%)
Ganjiang	Ta	1961–1991	671.56	1510.04				
, 0	T _b	1992-2002	797.68	1690.04	18.78	11.92	63.47	36.53
	T _c	2003-2015	652.25	1505.93	-2.88	-0.27	9.47	90.53
Fuhe	Ta	1961–1991	125.13	1746				
	T _b	1992-2002	143.38	1888.3	14.58	8.15	55.88	44.12
	T _c	2003-2015	115.31	1690.6	-7.85	-3.17	40.43	59.57
Xinjiang	Ta	1961–1991	172.76	1808.56				
	T _b	1992-2002	224.94	2110.34	30.20	16.69	55.25	44.75
	T _c	2003-2015	185.57	1842.35	7.41	1.87	25.20	74.80
Raohe	Ta	1961–1988	114.46	1737.18				
	T _b	1989–1999	149.18	2005.47	30.33	15.44	50.91	49.09
	T _c	2000-2015	104.88	1726.26	-8.37	-0.63	7.51	92.49
Xiushui	Ta	1961–1988	114.22	1543.23				
	T _b	1989-2002	153.49	1739.83	34.38	12.74	37.05	62.95
	T _c	2003–2015	104.72	1508.64	-8.32	-2.24	26.95	73.05

Table 5. Contributions of precipitation and human activities to runoff changes in the five subbasins.

5. Discussion

5.1. Different Inflection Points in the Runoff Changes

In a previous study on runoff in the PYLB, Ye et al. subjectively used only 1960–1969 as the reference baseline period [29]. However, Liu et al. [45] and Xiao et al. [46] noted that the inflection points of the runoff series were different in the five rivers in the PYLB, and they believed that the runoff series of each river had only one inflection point. Considering the regional spatial and temporal differences, the above studies are not sufficient to fully understand the characteristics of runoff variations in the PYLB.

The results of this research indicated that the runoff series of all five subbasins had two inflection points, but they were not the same; namely, inflection points appeared in 1991 and 2002 for the Ganjiang, Fuhe and Xinjiang subbasins, 1988 and 1999 for the Raohe subbasin, and 1988 and 2002 for the Xiushui subbasin. According to the above analysis, the correlation between runoff and precipitation in the PYLB was strong and not sensitive to other climatic factors; we believe that the abrupt characteristics of the runoff series in different regions were mainly caused by the uneven spatial and temporal distributions of precipitation. By further analysing the abrupt characteristics of the precipitation series, the inflection points of precipitation in each subbasin were clearly consistent with the runoff (Figure 11). Therefore, the rationality of the above conjecture is further proven.



Figure 11. Cumulative anomalies in annual precipitation and the inflection points in each subbasin: (**a**) Ganjiang; (**b**) Fuhe; (**c**) Xinjiang; (**d**) Raohe; and (**e**) Xiushui.

5.2. Impacts of Precipitation on the Runoff Changes

The much stronger correlation between runoff and precipitation than between runoff and other climatic factors in the PYLB was proven in this research, which is consistent with the research findings of Zhao et al. [31]. Additionally, Zhang et al. noted that the upward trend in runoff series may be related to the simultaneous increases in the runoff coefficient and precipitation of each tributary in the PYLB [47]. Moreover, the research by Guo et al. also showed that the impact of climate change on the runoff coefficient of the PYLB has remained very significant for the last half-century [48].

5.3. Impacts of Human Activities on Runoff Changes

According to the results of this research, we know that during the 2000s, the contribution rate of precipitation to runoff changes in each subbasin gradually decreased, while the impact of human activities gradually increased, and the contribution rates of human activities in each subbasin were between 59.57% and 92.49%. That is, as human activities have intensified, they have played a leading and positive role in the factors impacting runoff changes in the most recent decade in the PYLB. In addition, this phenomenon is increasingly common in various regions of China, such as Dongting Lake (58.89–78.33%) and the Hanjiang River Basin (56.5–57.2%) of the Yangtze River Basin, the Yellow River Basin (91.7%) and the Liao River Basin (80%) [49–52].

In general, the impacts of human activities on hydrological processes are mainly reflected in two aspects [17,53–55]: (1) direct impacts: for example, the construction and operation of large reservoirs and dams can change the natural characteristics of runoff and redistribute runoff in time and space, and water withdrawal by agriculture, industry and life is another direct factor affecting runoff; and (2) indirect impacts: for example, soil and water conservation practices or urbanization can change the LULC (Land Use and Land Cover) by changing the characteristics of the underlying surface of the basin, thus affecting the generation and collection of runoff.

To date, 24.2×10^4 water storage projects have been built in the PYLB with a total capacity of 317.7×10^8 m³; most of these projects are ponds and small reservoirs, and their main functions are irrigation, water supply and power generation. Among these water storage projects, there are 30 large reservoirs with a total capacity of 176.9×10^8 m³ and a utilizable capacity of 81.0×10^8 m³. In addition, there are 3 large reservoirs under construction on the Ganjiang and Raohe Rivers. Figure 12 shows the number of large reservoirs built during different periods; construction exhibited an "up-down-up" pattern and reached its maximum value in the 2000s, which may be one of the reasons for the decrease in runoff in the PYLB during this period.



Figure 12. Statistics on the number of large reservoirs in the PYLB.

The development of urbanization increases not only the amount of water withdrawal but also the impervious area of built-up land. The former leads to decreases in runoff, while the latter leads to increases in runoff. The effect of water withdrawal on runoff reduction is most evident in the Fuhe River subbasin because the largest irrigation district in Jiangxi Province takes approximately 37.6×10^8 m³ of water from the Fuhe River per year, accounting for 29.6% of the annual total runoff of this river. Additionally, to meet the demands of agriculture, industry and life, the annual average water consumption from the five subbasins increased from 108.95×10^8 m³ in 1980 to 146.91×10^8 in 2015 (Figure 13), which inevitably led to reductions in runoff. With the development of the regional social economy, the level of urbanization has continuously improved, which means that the urban impervious area has increased. As shown in Figure 13, the area of built-up land in the five subbasins increased rapidly after 2000 and reached 2916 km² by 2015, which represents an increase of 1120 km² compared with that in 1980.

Due to an unreasonable economic development policy coupled with population increase and severe deforestation, the forest coverage in the PYLB decreased from 40.4% in 1949 to 31.5% in the early 1980s [28]. The decline in forest coverage during this period led to the deterioration of the ecological environment, serious soil erosion and increased runoff in the PYLB. Since the early 1980s, Jiangxi Province has implemented a series of afforestation projects, including returning farmland to forest; as a result, the annual average afforestation area was 2630 km² in the 1990s, and the forest coverage increased to 60% at the end of this period, ranking second in the country [56]. The increase in forest coverage can play a positive role in water conservation, reducing runoff to a certain extent. In addition, Jiangxi Province has successively carried out several other water and soil conservation projects since the early 1980s, such as the National Project of Water and Soil Loss Key Management and the National Water and Soil Conservation Program of Agricultural Comprehensive Development, forming a comprehensive protection system. This protection system has interfered with the runoff generation process in the basin in different ways; thus, the water demand in the basin has increased and the runoff has decreased.



Figure 13. Changes in annual water consumption and the area of built-up land in the five subbasins of the PYLB during 1980–2015.

Overall, the impacts of human activities on runoff changes are complex; some changes increase runoff, while other changes have the opposite effect. Runoff changes under the joint action of multiple human activities, and the impacts of these human activities can overlap or weaken each other. Therefore, it is difficult to separate these impacts. Due to the diversity and uncertainty of human activities and the limitations of the data, this study explored the impacts of different types of human activities on runoff changes in the PYLB and distinguished their comprehensive contribution rate in each subbasin. Furthermore, runoff exhibited an obvious downward trend in each subbasin after 2000, and human activities became the leading factor causing the changes in runoff in the most recent decade. Thus, we believe that human activities that reduced runoff (such as the construction and operation of large reservoirs and dams, and water withdrawals) were the dominant factors responsible for the runoff changes in the PYLB during the 2000s.

6. Conclusions

In this study, the Poyang Lake Basin was taken as the study area to explore the characteristics of the variations in runoff and its responses to climate changes and human activities over the period from 1961 to 2015. Using the Mann-Kendall trend test, cumulative anomaly, Hurst exponent analysis, and SCRCQ method, the results of this study conclusively reveal the following:

(1) From 1961–2015, the runoff series in the Ganjiang, Xinjiang, Raohe and Xiushui subbasins showed non-significant increasing trends, whereas runoff in the Fuhe subbasin showed a non-significant decreasing trend. Runoff in each subbasin increased most dramatically in the 1990s and declined significantly in the 2000s.

(2) The inflection points in runoff variations for the five subbasins were identified. For Ganjiang, Fuhe and Xinjiang, the inflection points occurred in 1991 and 2002; for Raohe, they occurred in 1988 and 1999; and for Xiushui, they occurred in 1988 and 2002. The entire study period was divided into one baseline period and two measurement periods for each subbasin according to these inflection points.

(3) In the future, the runoff in the five subbasins will present anti-persistent features with different persistence strengths and persistence times (6 or 9 years). Given their persistence times, runoff in the Fuhe subbasin is expected to continuously increase, and runoff in the other four subbasins will continuously decrease, which is undoubtedly a hazard for the Poyang Lake Basin, which has already suffered from the problem of water resource shortages.

(4) The annual average inflow to Poyang Lake presented an overall increasing trend over the past 55 years, indicating that climate change and human activities played positive roles in this process. Compared with the values during the baseline period, the contribution rates of precipitation and human activities to runoff changes were different in time and space. In the first measurement period, precipitation was the main factor driving the runoff increases in the Ganjiang, Fuhe, Xinjiang and Raohe subbasins, and the contribution rates were 50.91–63.47%. However, in the second measurement period, human activities had become the leading factor causing changes in runoff, and the contribution rates were 59.57–92.49%.

In summary, against the background of global climate change and increasingly frequent human activities, exploring the relative impacts of climate change and human activities on basin hydrology can provide a scientific basis and an important reference for guiding control of regional flood and drought disasters and for the planning and management of water resources, which is also of great significance for solving regional water shortage problems.

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Data Availability: The meteorological data used to support the findings of this study are available from the China Meteorological Data Sharing Service System (http://data.cma.cn/) for researchers who meet the criteria for access to confidential data. The runoff observation data used to support the findings of this study have not been made available because of the data management policy.

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