

Supplementary Information – Literature table

| Document details | | | | Case study details | | | ES suitability | | | Investigation themes | | | Model complexity | | | |
|---|------|--|-----------|--|---|-----------------------|---------------------|-------------------|-----------------|----------------------|-------------|-------------------------|---------------------|-----------------------------------|------------------|-----------------|
| Authors | Year | Title | Citations | Case study location | Metabolic flows | Provisioning services | Regulating services | Cultural services | Temporal detail | Spatial detail | Multi-level | Cross-scale integration | Life cycle thinking | Systems thinking/ system dynamics | Network analysis | Energy analysis |
| Pauleit, S.; Duhme, F. | 2000 | Assessing the environmental performance of land cover types for urban planning | 254 | 50km ² grid cell in Munich, Germany | Energy, water, carbon dioxide | ✓ | ✓ | X | X | ✓ | X | X | X | X | X | X |
| Huang, S. L.; Chen, C. W. | 2005 | Theory of urban energetics and mechanisms of urban development | 91 | Taipei area | Emergy (seJ) | X | X | X | ✓ | ✓ | X | ✓ | X | X | X | ✓ |
| Zhang, Y.; Yang, Z.; Yu, X. | 2006 | Measurement and evaluation of interactions in complex urban ecosystem | 60 | 6 Chinese cities: Beijing, Shanghai, Tianjin, Chongqing, Guangzhou, Shenzhen | Socioeconomic & ecological indices | X | X | X | X | X | X | ✓ | X | X | X | X |
| Forkes, J. | 2007 | Nitrogen balance for the urban food metabolism of Toronto, Canada | 70 | Toronto, Canada | Nitrogen | ✓ | ✓ | X | ✓ | X | X | X | X | X | X | X |
| Kennedy, C.; Cuddihy, J.; Engel-Yan, J. | 2007 | The changing metabolism of cities | 491 | Brussels, Sydney (2), Tokyo, Hong Kong (2), Toronto (2), Vienna, London, Cape Town | Water, sulphur dioxide, nitrogen oxides, volatile organic compounds, & particulate matter | ✓ | ✓ | X | X | X | X | X | X | X | X | X |
| VandeWeghe, J. R.; Kennedy, C. | 2007 | A Spatial Analysis of Residential Greenhouse Gas Emissions in the Toronto Census Metropolitan Area | 100 | Toronto, Canada | Carbon dioxide | X | ✓ | X | X | ✓ | X | X | X | X | X | X |
| Lookingbill, T. R.; Kaushal, S. S.; Elmore, A. J.; Gardner, R.; Eshleman, K. N.; Hilderbrand, R. H.; Morgan, R. P.; Boynton, W. | 2009 | Altered ecological flows blur boundaries in urbanizing watersheds | 20 | Potomac river watershed, Chesapeake bay USA | Nitrogen & water | X | ✓ | X | ✓ | ✓ | ✓ | X | X | ✓ | X | X |

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| R.; Palmer, M. A.; Dennison, W. C. | | | | | | | | | | | | | | | | |
| Zhang, Y.; Yang, Z.; Fath, B. D.; Li, S. | 2010 | Ecological network analysis of an urban energy metabolic system: Model development, and a case study of four Chinese cities | 73 | Beijing | Energy | X | X | X | X | X | X | X | X | X | ✓ | X |
| Zhang, Y.; Yang, Z.; Liu, G.; Yu, X. | 2011 | Emergy analysis of the urban metabolism of Beijing | 61 | 4 Chinese cities: Beijing, Tianjin, Chongqing, Shanghai | Emergy (seJ) | X | X | X | ✓ | X | X | X | X | X | ✓ | |
| Chen, S.; Chen, B. | 2012 | Network environ perspective for urban metabolism and carbon emissions: A case study of Vienna, Austria | 132 | Vienna, Austria | Carbon dioxide | X | ✓ | X | X | X | X | ✓ | ✓ | X | ✓ | X |
| Li, S.; Zhang, Y.; Yang, Z.; Liu, H.; Zhang, J. | 2012 | Ecological relationship analysis of the urban metabolic system of Beijing, China | 50 | Beijing | Energy, materials, mutualism index | X | X | X | ✓ | X | X | X | X | X | ✓ | X |
| Villarreal Walker, R.; Beck, M. B. | 2012 | Understanding the metabolism of urban-rural ecosystems: A multi-sectoral systems analysis | 20 | Upper Chattahoochee Watershed, USA | Carbon, nitrogen, phosphorous, & water | ✓ | ✓ | X | X | ✓ | X | X | X | X | X | X |
| Chrysoulakis, N.; Lopes, M.; San José, R.; Grimmond, C. S. B.; Jones, M. B.; Magliulo, V.; Klostermann, J. E. M.; Synnefa, A.; Mitraka, Z.; Castro, E. A.; González, A.; Vogt, R.; Vesala, T.; Spano, D.; Pigeon, G.; Freer- Smith, P.; Staszewski, T.; Hodges, N.; Mills, G.; Cartalis, C. | 2013 | Sustainable urban metabolism as a link between bio-physical sciences and urban planning: The BRIDGE project | 63 | 5 cities in Europe: Helsinki, Athens, London, Firenze, Gliwice | Energy, water, carbon (especially), & socio-economic indicators | ✓ | ✓ | X | X | ✓ | X | ✓ | X | X | X | X |
| Leduc, W. R. W. A.; Van Kann, F. M. G. | 2013 | Spatial planning based on urban energy harvesting toward productive urban regions | 26 | Kerkrade, city in Netherlands | Energy | ✓ | X | X | X | ✓ | X | X | X | X | X | X |
| Mörberg, U.; Haas, J.; Zetterberg, A.; Franklin, J. P.; Jonsson, D.; Deal, B. | 2013 | Urban ecosystems and sustainable urban development-analysing and assessing interacting systems in the Stockholm region | 18 | Stockholm county | Biodiversity/ habitat fragmentation | X | ✓ | X | ✓ | ✓ | ✓ | X | X | ✓ | ✓ | X |

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|---|------|--|----|---|------------------------------|---|---|---|---|---|---|---|---|---|---|---|
| Lin, T.; Wang, J.; Bai, X.; Zhang, G.; Li, X.; Ge, R.; Ye, H. | 2016 | Quantifying and managing food-sourced nutrient metabolism in Chinese cities | 5 | Xiamen, China | Carbo, nitrogen, phosphorous | ✓ | ✓ | X | ✓ | X | X | X | X | ✓ | X | X |
| Lu, Y.; Geng, Y.; Qian, Y.; Han, W.; McDowell, W.; Bleischwitz, R. | 2016 | Changes of human time and land use pattern in one mega city's urban metabolism: a multi-scale integrated analysis of Shanghai | 14 | Shanghai, China | Human time & Land Use | X | X | X | ✓ | ✓ | X | ✓ | X | X | X | X |
| Metzger, A. E.; McHale, M. R.; Hess, G. R.; Steelman, T. A. | 2016 | Same time, same place: analyzing temporal and spatial trends in urban metabolism using proximate counties in the North Carolina Triangle | 1 | 3 cities in North Carolina, USA: Durham, Orange, and Wake counties | Water, food, energy, wastes | ✓ | ✓ | X | ✓ | X | ✓ | X | X | X | X | X |
| Sun, L.; Dong, H.; Geng, Y.; Li, Z.; Liu, Z.; Fujita, T.; Ohnishi, S.; Fujii, M. | 2016 | Uncovering driving forces on urban metabolism - A case of Shenyang | 28 | Shenyang, China | Emergy (seJ) | X | X | X | ✓ | X | X | ✓ | X | X | X | ✓ |
| Zhang, Y.; Lu, H.; Fath, B. D.; Zheng, H. | 2016 | Modelling urban nitrogen metabolic processes based on ecological network analysis: A case of study in Beijing, China | 10 | Beijing, China | Nitrogen | ✓ | ✓ | X | ✓ | X | X | X | X | X | ✓ | X |
| Dal Bo Zanon, B.; Roeffen, B.; Czapiewska, K. M.; de Graaf-Van Dinther, R. E.; Mooij, P. R. | 2017 | Potential of floating production for delta and coastal cities | 3 | 2 floating production units (Rotterdam, Netherlands, & Metro Manila, Philippines) | Nitrogen & phosphorous | ✓ | ✓ | X | X | X | ✓ | X | X | X | X | X |
| Firmansyah, I.; Spiller, M.; de Ruijter, F. J.; Carsjens, G. J.; Zeeman, G. | 2017 | Assessment of nitrogen and phosphorus flows in agricultural and urban systems in a small island under limited data availability | 7 | St. Eustatius, Caribbean | Nitrogen & phosphorous | ✓ | ✓ | X | X | X | X | X | X | X | X | X |
| Liu, W.; Chang, A. C.; Chen, W.; Zhou, W.; Feng, Q. | 2017 | A framework for the urban eco-metabolism model - Linking metabolic processes to spatial patterns | 3 | Wangchunyuan community, Beijing | Water | ✓ | ✓ | X | X | ✓ | X | ✓ | X | ✓ | X | X |
| Wang, X.; Wu, S.; Li, S. | 2017 | Urban metabolism of three cities in Jing-Jin-Ji urban agglomeration, China: Using the MuSIASEM approach | 3 | 3 Chinese cities: Beijing, Tianjin, Tangshan in the Jing-Jin-Ji urban agglomeration | Energy & labour | X | X | X | ✓ | X | ✓ | ✓ | X | X | X | X |

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|---|------|---|---|--|--|-------------------------|
| Han, W.; Geng, Y.; Lu, Y.; Wilson, J.; Sun, L.; Satoshi, O.; Geldron, A.; Qian, Y. | 2018 | Urban metabolism of megacities: A comparative analysis of Shanghai, Tokyo, London and Paris to inform low carbon and sustainable development pathways | 1 | Shanghai, Tokyo, London, Paris | Energy, economic labour productivity, human activity | X X X ✓ X X ✓ X X X X |
| Tan, L. M.; Arbab, H.; Li, Q.; Sheng, Y.; Densley Tingley, D.; Mayfield, M.; Coca, D. | 2018 | Ecological network analysis on intra-city metabolism of functional urban areas in England and Wales | 1 | 35 FUAs in England and Wales | Relationship indicators | X X X ✓ ✓ X X X X ✓ X |
| Thomson, G.; Newman, P. | 2018 | Urban fabrics and urban metabolism – from sustainable to regenerative cities | 4 | Perth, WA, Australia | Food, fuel, energy | X ✓ X X ✓ X X X X X X |
| Viglia, S.; Civitillo, D. F.; Cacciapuoti, G.; Ulgiati, S. | 2018 | Indicators of environmental loading and sustainability of urban systems. An energy-based environmental footprint | 8 | Roma, Napoli, Ischia, Massa Lubrense, Vico Equense, in Italy (5 cases) | Emergy (seJ) | ✓ ✓ X X X X X X X X X ✓ |
| Wen, Z.; Bai, W.; Zhang, W.; Chen, C.; Fei, F.; Chen, B.; Huang, Y. | 2018 | Environmental impact analysis of nitrogen cross-media metabolism: A case study of municipal solid waste treatment system in China | 1 | Municipal waste treatments aggregated across China | Ammonia, ammonium, & nitrogen oxides | X ✓ X X X X X X ✓ X X X |
| Wu, Y.; Que, W.; Liu, Y. G.; Li, J.; Cao, L.; Liu, S. B.; Zeng, G. M.; Zhang, J. | 2018 | Efficiency estimation of urban metabolism via Emergy, DEA of time-series | 1 | Changsha city, China | Emergy (seJ) | X X X ✓ X X ✓ X X X X |
| Zhang, Y.; Lu, W.; Wing-Yan Tam, V.; Feng, Y. | 2018 | From urban metabolism to industrial ecosystem metabolism: A study of construction in Shanghai from 2004 to 2014 | 0 | Shanghai (construction sector only) | Materials, energy, water, labour | ✓ X X ✓ X X ✓ X X X X |

Supplementary Information – Scoping review

| Document details Citation | Citations ¹ | Article type | Adaptation for UES assessment | Investigation themes | | | |
|---|------------------------|--------------|-------------------------------|----------------------|----------------|-------------|-------------------------|
| | | | | Temporal detail | Spatial detail | Multi-level | Cross-scale integration |
| Pincetl, Stephanie; Bunje, Paul; Holmes, Tisha Kennedy, Pincetl, and Bunje (2011) | 102 | PE | ✓ | | ✓ | | ✓ |
| Zhang (2013) | 97 | Re | ✓ | ✓ | ✓ | | ✓ |
| Golubiewski (2012) | 46 | Re | ✓ | ✓ | ✓ | ✓ | ✓ |
| Stephanie Pincetl (2012) | 42 | Ar | ✓ | ✓ | | | ✓ |
| Zhang, Yang, and Yu (2015) | 18 | Re | ✓ | ✓ | ✓ | ✓ | ✓ |
| van Broekhoven and Vernay (2018) | 1 | Re | ✓ | | ✓ | ✓ | |
| Kennedy et al. (2011) | 290 | Re | | ✓ | | | ✓ |
| Beloin-Saint-Pierre et al. (2017) | 9 | Re | | ✓ | ✓ | ✓ | ✓ |
| Céspedes Restrepo and Morales-Pinzón (2018) | 5 | Re | | | | | ✓ |
| Cui (2018) | 0 | Re | | | ✓ | ✓ | ✓ |

- Beloin-Saint-Pierre, D., Rugani, B., Lasvaux, S., Mailhac, A., Popovici, E., Sibiude, G., . . . Schiopu, N. (2017). A review of urban metabolism studies to identify key methodological choices for future harmonization and implementation. *Journal of Cleaner Production*, 163, S223-S240.
- Céspedes Restrepo, J. D., & Morales-Pinzón, T. (2018). Urban metabolism and sustainability: Precedents, genesis and research perspectives. *Resources, Conservation and Recycling*, 131, 216-224. doi:10.1016/j.resconrec.2017.12.023
- Cui, X. (2018). How can cities support sustainability: A bibliometric analysis of urban metabolism. *Ecological Indicators*, 93, 704-717. doi:10.1016/j.ecolind.2018.05.056
- Golubiewski, N. (2012). Is there a metabolism of an urban ecosystem? An ecological critique. *Ambio*, 41(7), 751-764. doi:10.1007/s13280-011-0232-7
- Kennedy, C., Pincetl, S., & Bunje, P. (2011). The study of urban metabolism and its applications to urban planning and design. *Environ Pollut*, 159(8-9), 1965-1973. doi:10.1016/j.envpol.2010.10.022
- Pincetl, S. (2012). Nature, urban development and sustainability – What new elements are needed for a more comprehensive understanding? *Cities*, 29, S32-S37. doi:10.1016/j.cities.2012.06.009
- van Broekhoven, S., & Vernay, A. L. (2018). Integrating functions for a sustainable urban system: A review of multifunctional land use and circular urban metabolism. *Sustainability (Switzerland)*, 10(6). doi:10.3390/su10061875
- Zhang, Y. (2013). Urban metabolism: a review of research methodologies. *Environmental pollution (Barking, Essex : 1987)*, 178, 463-473.
- Zhang, Y., Yang, Z., & Yu, X. (2015). Urban Metabolism: A Review of Current Knowledge and Directions for Future Study. *Environmental Science and Technology*, 49(19), 11247-11263. doi:10.1021/acs.est.5b03060

¹ SCOPUS citations as of 20th November 2018