

Average Values for Adult Population

Year	Food Energy Demand [kcal/cap/day]	Weight [kg]	Height [cm]	Age [years]	Population [cap]
1975	2465.1	56.7	161.0	39.7	2310073615
1976	2470.0	57.0	161.1	39.7	2361032131
1977	2475.0	57.2	161.2	39.7	2413811721
1978	2480.1	57.4	161.3	39.7	2468512186
1979	2485.0	57.7	161.3	39.7	2525116004
1980	2489.9	57.9	161.4	39.7	2583564899
1981	2494.6	58.1	161.5	39.6	2643215985
1982	2499.2	58.3	161.6	39.6	2703472182
1983	2503.7	58.6	161.7	39.6	2765077068
1984	2508.2	58.8	161.8	39.6	2828993855
1985	2512.5	59.0	161.8	39.6	2895452568
1986	2516.7	59.2	161.9	39.6	2959241993
1987	2520.7	59.4	162.0	39.6	3025936297
1988	2524.6	59.6	162.0	39.6	3094474840
1989	2528.4	59.8	162.1	39.7	3163836782
1990	2532.1	60.0	162.2	39.7	3233611782
1991	2535.4	60.2	162.2	39.7	3298514865
1992	2538.7	60.4	162.3	39.8	3366476093
1993	2542.0	60.6	162.3	39.9	3435873369
1994	2545.3	60.7	162.4	40.0	3504771252
1995	2548.5	60.9	162.4	40.0	3572463443
1996	2551.9	61.1	162.5	40.1	3642506923
1997	2555.2	61.3	162.5	40.2	3709574960
1998	2558.6	61.5	162.6	40.3	3775821781
1999	2562.2	61.7	162.6	40.4	3844200589
2000	2565.9	61.9	162.6	40.5	3915965390
2001	2569.7	62.1	162.7	40.6	3986852931
2002	2573.7	62.3	162.7	40.7	4060187071
2003	2577.7	62.5	162.8	40.8	4135911621
2004	2581.9	62.7	162.8	40.9	4213451869
2005	2586.2	62.9	162.8	41.0	4292426217
2006	2590.3	63.2	162.9	41.1	4369889045
2007	2594.5	63.4	162.9	41.2	4449881082
2008	2598.5	63.6	162.9	41.3	4530741314
2009	2602.1	63.8	163.0	41.4	4610574708
2010	2605.5	64.0	163.0	41.6	4688351245
2011	2608.4	64.2	163.0	41.7	4763419327
2012	2610.9	64.4	163.0	41.9	4836823686
2013	2613.2	64.6	163.0	42.0	4908653591
2014	2615.2	64.7	163.1	42.2	4979577288