Appendix

Survey

1. Do you use a personal listening device? (circle one)

CD player (discman) MP3 player (*e.g.*, iPod) Radio No

2. What brand is your personal listening device? _____

3. What type of headphones do you use? (circle one)

Earbuds (in the ear) Over-the-ear headphones

Noise-cancelling earbuds Noise-cancelling

4. How many days a week do you use your personal listening device?

1 day or less 3 days 5 days More than 5 days

5. How long do you usually use your personal listening device for in a day?

Less than 30 min 30 min-1 hour 1-4 hours More than 4 hour

6. Where do you use your personal listening device? (circle all that apply, and indicate how long you listen for in a day)

a) On the bus _____hours b) At home _____hours

c) In the library _____hours d) Walking home/to school _____hours

e) At school _____hours f) Doing homework/studying_____hours

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7. Do you listen to your personal listening device when you are: (circle all that apply)

a) Happy b) Angry c) Stressed d) Excited

e) Bored f) Upset/sad g) Depressed h) Tired

8. Do you listen to your personal listening device: (circle all that apply)

a) For fun/enjoyment b) For something to do

c) As a distraction d) To make chores/work more fun

e) To tune others out f) Help you concentrate when doing homework

g) When you are working out or exercising

9. Do you play any sports (team or individual)? (circle one)

Yes No

10. Do you ride the bus to and/or home from school?

Yes No

11. How concerned are you that using your personal listening device will cause hearing loss? (circle one)

Not concerned Sort of concerned Very concerned Not sure

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12. Thinking about how you usually use your personal listening device, would you say that you generally play the volume: (circle one)

Very low Somewhat low Somewhat loud Very loud

13. If you use a personal listening device with a visual volume display (*e.g.*, iPod Nano), do you:

a) set the volume so that it sounds best

b) set the volume to a certain point on the volume bar

c) set the volume so that it sounds good and use the volume bar for reference

d) My device does not have a visual volume display

14. Do you or your parents set the volume limiter on your listening device? (circle one)

Yes No

15. Consider yourself in each of the following situations. Imagine that you are listening to your mp3 player in the environment described. Write the number that you think represents the volume level you would listen at, where 0 is no volume and 100 is the loudest possible volume. Then, indicate whether you feel this is a very low, somewhat low, somewhat loud or very loud level. Indicate how loud you normally listen when you are:

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1. *Riding the bus home from school*: Volume level _____

Would you say that this volume level is: (circle one)

Very low Somewhat low Somewhat loud Very loud

2. *Studying in the library:* Volume level _____

Would you say that this volume level is: (circle one)

Very low Somewhat low Somewhat loud Very loud

3. *Exercising:* Volume level _____

Would you say that this volume level is: (circle one)

Very low Somewhat low Somewhat loud Very loud

4. *Walking on a busy street:* Volume level _____

Would you say that this volume level is: (circle one)

Very low Somewhat low Somewhat loud Very loud

5. *At home:* Volume level _____

Would you say that this volume level is: (circle one)

Very low Somewhat low Somewhat loud Very loud

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