



Article A Comparison of Internal and External Preheat Methods for NMC Batteries[†]

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Abstract: Lithium-ion batteries (LiBs) performance can be significantly declined when operated at cold climates in terms of capacity loss, resistance increase and accelerated aging rates. To prevent this downgrade and to maintain the optimal operation of battery cells, a preheat process is taking place, which can be implemented either by internal or external techniques. The former is performed actively, by circulating a constant amplitude and frequency alternative pulse current (APC) at the battery cell's terminal and preheating it internally by harvesting its generated Joule losses. The latter is achieved passively, by enclosing the cell into thermal blankets. In this work, a comparison of these two preheating strategies is presented, by proposing electro-thermal and lifetime models of a lithium nickel manganese cobalt oxide (NMC/G) 20 Ah pouch battery cell. Heat transfer, energy efficiencies and degradation costs are estimated during operation of the preheat techniques. Validation of the model showed a good agreement between the model and experimental data, and a study case is proposed to estimate and compare the cost efficiency of the methods as based for an economic study.

Keywords: APC; bi-directional pulse current; internal preheat; cold climate; NMC; external preheat

1. Introduction

Nowadays, LiBs are the dominant choice in most pure electric/plug-in hybrid electric vehicles (EVs/PHEVs), or both as plug-in electric vehicles (PEVs) applications. Several research works focus on improving their safety and reliability subjected to minimum production and operation costs, whereas it is becoming more and more crucial that they adhere to an increased power and energy capability at cold climates [1]. PEVs can be part of the struggle to meet the CO2 emission requirements, and their contribution can be enhanced if they overcome certain challenges such as their downgraded operation at cold climates.

In a cold environment, typically below 10 °C, LiB cells performance is downgraded in terms of power and energy capability, resulting from the respective resistance increase and discharge capacity decrease [2], where discharge capacity (Ah) is the amount of current (Amperes) the battery can deliver to a load connected to it per hour, at a certain discharge current rate—C-rate, from 100% SoC to cut-off voltage limit. The limiting factors are correlated to the poor electrolyte conductivity, the slower charge transfer kinetics and the lithium ions diffusion in the anode, as well as the increased solid electrolyte interphase (SEI) resistance that appear at these low temperatures [3]. Consequently, a PEV might face difficulties in starting-up or poor performance, which makes it quite important

to protect and increase the temperature of the battery cells before operation at cold climates, by a preheat/warming-up method.

Specifically, in [4], authors measure the discharge capacity of an LiB cell dropped around 60% to its value at the safe operation area. Moreover, the resistance drastically increases and leads to downgraded pulse power capability of LiBs at low ambient temperatures due to a reduction in electrolyte conductivity [5], a decrement in reaction kinetics [6] and a slower Li+ diffusion in the negative electrode [7]. In addition, fast charging can be challenging at those low temperatures due to the metallic lithium deposition that takes the intercalation place on the graphite anode surface (so-called lithium plating). Such an accumulated phenomenon can lead to further loss of available lithium (significant capacity fade) and eventually into safety hazards by the dendrites formation (increase of the metallic lithium can reach the cathode) and result in internal short circuits of the battery cell [8,9].

A preheating process to cope with the aforementioned limiting effects can be accomplished with either (actively) internal or (passively) external techniques. On the one hand, an externally connected heat source such as heat pads (HP) benefits due to simplicity, but lacks in energy and time efficiency point of view [10] and temperature uniformity on the cell's surface [11], while also in the additional weight which affects the cost and the performance of the PEV in total.

On the other hand, internal preheat methods are able to warm the cell by using its electro-chemical reactions and temperature evolution during charge/discharge, by feeding a high magnitude bi-directional pulse current with a constant frequency and duty cycle. This technique, estimated by Pesaran et al. in the early 2000s [12], is also known as alternative pulse current (APC) method or bi-directional current pulse method and, despite its extra cycling and calendar degradation on the battery cells, it is able to produce a fast uniformed temperature rise with generally low energy and degradation costs.

The effects of the preheat methods, in terms of required time and cost to preheat, temperature increase and preservation during a whole night (8 h) study case are examined for a lithium nickel manganese cobalt oxide (NMC/G) 20 Ah pouch cell. An electro-thermal model coupled with lifetime dependency function is presented and validated in order to estimate and compare different approaches as well as the energy efficiency of the preheating techniques.

The rest of this paper is organized as follows: Section 2 describes the development of the proposed models. Section 3 gives a validation of the model with experimental results, whereas discussions on the APC with a comparison to the external method are taking place in Section 4. Lastly, Section 5 concludes this paper.

2. Model Development

This section describes the models used in this work with a brief discussion on their individual parts.

2.1. General Model

In this paper, an electro-thermal coupled to a lifetime model is proposed to describe an NMC pouch cell built in Matlab/Simulink interface, composed of three sub-models as shown in Figure 1.

The model's inputs are the battery cell current and the ambient temperature. It is capable of estimating the heat transfers and the energy losses and it is coupled with a lifetime function to determine the total energy cost efficiency, due to cycle degradation that occurs during the preheat methods on the battery cell. Authors invite the reader to refer to previous articles [13,14] for more information about the model description and parameterization as well as the experimental protocols followed to characterize the battery cell. In particular, the hybrid pulse power characterization (HPPC) is performed to give information on the DC resistance of the battery cell and its power capabilities, the open circuit voltage test is performed to show the voltage of the battery at different SoC levels and the

capacity test which is performed to give the discharge capacity of the battery cell at different current rates [15,16].



Figure 1. Structure of the complete modeling of the NMC/G 20 Ah pouch cell.

2.2. Electrical Model

According to [17], the Dual Polarization Electric Equivalent Circuit (ECM) utilized in this work followed the topology of Figure 2, which is a quite accurate approach with low simulation error for the Li-ion electrical characterization purpose [18,19].



Figure 2. Electrical model for the NMC pouch cell.

Accordingly, the terminal voltage of the ECM battery cell is calculated based on the following Equation (1):

$$V_{batt} = V_{oc} - V_1 - V_2 - R_0 I_{batt},$$
(1)

where R_0 is the internal ohmic resistance, R_1 and R_2 are the polarization resistances (Ohms) with the respective capacitances (C_1 and C_2) and voltage drops across them (V_1 and V_2). I_{batt} is the current flow through the NMC cell (in Amps). Those parameters are estimated according to standard characterization procedures. Firstly, the Open Circuit Voltage (OCV) test corresponds to specific SoCs and temperatures, and it estimates the OCV at the various conditions. The discharge Capacity test is implemented to evaluate the capacity of the cell at different current rates. Lastly, the Hybrid Pulse Power Characterization (HPPC) test is performed at a 10% step from 100% to 0% at four temperature profiles to evaluate the power capability and the resistive elements of the ECM. Least-square curve fitting algorithms are performed to calculate the electrical components of the 2^{nd} order ECM and characterize the battery cell according to Equation (2) [20]:

$$\dot{V}_{1} = -\frac{1}{R_{1}C_{1}}V_{1} + \frac{1}{C_{1}}I_{batt},$$

$$\dot{V}_{2} = -\frac{1}{R_{2}C_{2}}V_{2} + \frac{1}{C_{2}}I_{batt}.$$
(2)

Lastly, the state of charge (SoC in %) is calculated based on the coulomb counting technique according to Equation (3):

$$SoC(t) = SoC_0 - \frac{1}{C_{init}} \int I_{batt}(t) dt,$$
(3)

where SoC_0 is the initial state of charge and C_{init} is the initial capacity (Ah) as a function of temperature and current rate. In Table 1, the electrical and mechanical properties of the cell can be found.

Main Characteristics	Value	Unit
Туре	NMC/G	[-]
Nominal voltage	3.65	[V]
Nominal capacity	20	[Ah]
Specific energy	174	[Wh/kg]
Volumetric energy density	370	[Wh/L]
End-of-charge maximum voltage	4.2	[V]
End-of-discharge cut-off voltage	3	[V]
Volumetric energy density	370	[Wh/L]
AC impedance (1 KHz)	3	[mOhms]
Recommended charge current rate	C/2	[-]
Weight	0.428	[kg]
Dimensions (Length \times Width \times Thickness)	$217\times130\times7$	[mm]

Table 1. Electromechanical properties (manufacturer). NMC pouch cell.

The electrical model is validated with standard current profiles, dynamic discharge pulse test (DDPT) and the worldwide harmonized light vehicle test procedure (WLTC) and the results can be seen in [17].

2.3. Thermal Model

The heat sources that are considered in the thermal model are conduction and convection. Considering also the relative small thickness of the pouch cell's casing, its internal energy is neglected and, for this purpose, a global core i.e., NMC core is taken under account. To maintain the temperature efficiently during the experiment, the battery cell is enclosed in an insulation material composed of polystyrene foam. In addition, all the components inside the cell are assumed to be single homogeneous materials with averaged/lumped properties, while assuming temperature uniformity on the cell, the thermal circuit model with the heat energies within the cell and its carriage to the surroundings is developed as illustrated in Figure 3, according to [21]. In the same figure, the thermal heat transferring from the cell to the environment is shown for both the internal and external methods.

According to Figure 3, the equivalent electrical resistive elements R_{cond} and R_{conv} , along with the capacitive elements C_p and C_{ins} represent the heat transfer phenomena, whereas the current sources represent the rate of heat that is generated or consumed. For the NMC cell, the thermal properties can be found in [13], and they are illustrated in Table 2, along with the thermal properties of heating pad and the insulation material, for convenience.



Figure 3. 1D thermal models for the NMC/G 20Ah pouch cell for the (**a**) APC—internal and (**b**) HP—external preheating method.

Table 2. Heating elements features (manufacturer). NMC/G pouch cell thermal properties [13].

Main Characteristics	Value	Unit	
Specific heat (C_{p-NMC})	785	[J/kg·K]	
Thermal conductivity (k_{NMC})	30	[W/m·K]	
Heat transfer coefficient (h_{NMC})	5	[W/m ² ·K]	
Density (ρ)	2247	[kg/m ³]	
Insulation material	thermal properties	Ŭ	
Main Characteristics	Value	Unit	
Туре	Polystyrene foam	[-]	
Specific heat (C_{p-iso})	1100	[J/kg·K]	
Thermal conductivity (k_{ins})	0.033	[W/m·K]	
Mass (m_{ins})	0.145	[kg]	
Area (A_{ins})	0.0825	[m ²]	
Thickness (d_{ins})	0.005	[m]	
Heat transfer coefficient (h_{conv})	7.7	[W/m ² ⋅K]	
Dimensions (<i>Length</i> \times <i>Width</i>)	0.0825	[m ²]	
Heating pad thermal properties			
Main Characteristics	Value	Unit	
Watt densities	0.78	[W/cm ²)]	
Specific heat (C_{p-HP})	900	[J/kg·K]	
Thermal Conductivity (k_{HP})	0.03	[W/m·K]	
Area (A_{HP})	0.031	[m ²]	
Thickness (d_{HP})	0.0015	[m]	
Wire-wound element thickness	0.0014	[m]	
Dimensions (diameter)	0.105	[m]	

In the internal preheat method Figure 3a, the generated heat from the core cell is conducted to the insulation material, and then through it, convected to the environment. On the other hand, as shown in Figure 3b, it is conducted firstly to the heating pad R_{cond1} , then to the ins,ulation material R_{cond2} to the convection with the environment. This is because, between the two rear sides of the cell, two HP that provide 8W each are being placed in order to externally heat the cell. Each pad is identical and provides the same heat flow to the cell.

In this paper, a comparison between the different preheat methods is proposed. For this purpose the equations describing the aforementioned thermal models and heat transfers rates are analyzed for both cases.

2.3.1. APC Thermal Model Description

The heat equations describing the thermal model are the subsequent [22,23] where the temperature gradient is calculated by the following Equation (4):

$$\frac{dU_{core}}{dt} = Q_{gen_{core}}(t) - Q_{loss_{core}}(t) = m C_p \frac{dT}{dt},$$

$$Q_{loss_{core}}(t) = Q_{cond}(t),$$
(4)

where U_{core} (J) is the internal energy that a thermodynamic system consists of, $Q_{gen_{core}}$ (W) is the generated heat rate on the core characterized in this work only by the ohmic losses [24,25] seen in the ECM as calculated based on Label (5):

$$Q_{gen_{core}}(t) = R_0 I_{batt}^2 + R_1 I_1^2 + R_2 I_2^2$$
(5)

and $Q_{loss_{core}}$ (W) is the heat loss of the core expressed by conductive heat transfer Q_{cond} (W) to the insulation material and the convective heat transfer Q_{conv} (W) to the ambient expressed as in Equation (6):

$$Q_{loss_{core}}(t) = Q_{cond}(t) = \frac{T_{core} - T_{ins}}{R_{cond}} = A_{ins} k_{ins} \frac{T_{core} - T_{ins}}{d_{ins}},$$

$$Q_{conv}(t) = \frac{T_{ins} - T_{amb}}{R_{conv}} = h_{conv} A_{ins} (T_{ins} - T_{amb}),$$

$$\frac{dU_{ins}}{dt} = Q_{cond}(t) - Q_{conv}(t) = m_{iso} C_{p-iso} \frac{dT}{dt},$$
(6)

where A_{ins} is the area of the insulation material, k_{ins} is the thermal conductivity, T_{core} and T_{ins} represent the temperatures of the NMC core and the insulation material, respectively, (°C) and d_{ins} is the material's thickness. U_{ins} (J) is the internal total energy of the insulation material dependent on its specific heat and mass, and defines the temperature of the material, which thermal parameters can be found in Table 1.

2.3.2. HP Thermal Model Description

Similarly to the APC thermal calculations, the conduction from core cell to HP Q_{cond_1} and from HP to insulation material Q_{cond_2} are described based on Equation (6) for the conduction, where the areas A_{ins} and A_{HP} are given in Table 2. That heat transfer is shown in Figure 3b, where Q_{loss} is the conduction losses from the cell to the HP and from the HP to the insulation material.

The thermodynamic system that describes the external preheat method treats the generation of the HP as another source of Joule losses:

$$Q_{gen_{HP}} = R_{HP} * I_{HP}^2. \tag{7}$$

Since there is no current flow in the cell during this method, the generation of the NMC core is zero, but there is a conduction loss between the cell and the HP, which is assumed to be the losses on the core:

$$\frac{dU_{core}}{dt} = Q_{gen_{core}}(t) - Q_{loss_{core}}(t),$$

$$Q_{gen_{core}}(t) = 0,$$

$$Q_{loss_{core}}(t) = Q_{cond_1}(t) = A_{HP} k_{HP} \frac{T_{core} - T_{HP}}{d_{HP}}.$$
(8)

2.4. Aging Model

The lifetime model of the pouch cell was developed using an empirical approach. The cycling aging data had been acquired in a previous study, which proposed an extensive battery model for NMC cells. A detailed behavior of the NMC pouch cell of this work for various calendar and cycling aging profiles, as well as the internal resistance increment and capacity fade, are analyzed in [26,27], respectively. The text matrix presented a large number of variables such as depth of discharge, current rate, mid-SOC and temperature. To simplify this study and because of its significant impact on aging evolution, only the temperature dependency has been chosen. The aging model proposed in [27] combines the two aging behaviors of the NMC cell and derives a combined capacity fade behavior model, which is employed in this work and presented in Figure 4 for various temperatures.



Figure 4. Capacity evolution of the NMC cell based on a combined calendar and cycling aging models at various temperatures.

Unfortunately, experimental raw data of either aging are not available, and authors use Figure 4 as an assumption to calculate the degradation costs in both internal and external cases. As for the former, it can be a valid assumption since both calendar and cycling aging are taking place and they cannot be separated (during cycling profiles, performance test and relaxation periods), the latter, however, has an inherited error (due to the cycling part) in the cost estimation which cannot be assessed by the authors and considered acceptable to proceed with the investigation.

A simple linear regression is implemented in order to obtain the rate of capacity fade based on cycling aging and ambient temperature. Thereafter, the aging model presented here accounts for the capacity fade by a capacity correction factor (CCF), which calculates the remaining usable capacity as in Equation (9):

$$CCF = 1 - k_{NMC}(T, N), \tag{9}$$

$$C_{av} = C_{init} * CCF, \tag{10}$$

$$SoC(t) = SoC_0 - \frac{1}{C_{av}} \int I_{batt}(t) dt, \qquad (11)$$

where k_{NMC} is the degradation rate from the combined aging model, N the cycle number and T the temperature (°C). Data collected from the previous studies and the aging factor is derived for different temperatures and cycles, based on observations on Figure 4, and its values are summarized in Table 3.

Temperature (°C)	Degradation rate, k_{NMC} (% per Hours of Cycling)
-15	10.2
10	0.004
25	0.0014
35	0.0034
45	0.0052

Table 3. Degradation rate of NMC/G pouch cell.

This work focuses on the present power and capacity state of health of the battery (SoH_P apprx. at 170% and SoH_Q apprx. at 85%), which corresponds to state after the battery cell has been tested for the heating investigation. Both SoHs are considered adequate for model validation and preheat investigation. The pouch cell is not at the beginning of life conditions but neither its resistance value nor capacity fade are considered as limitations for this work.

3. Experimental Profiles and Model Validation

In this section, the thermal behavior of the models, operated with internal or external preheat method, is validated through experimental work. The objective is to propose a verified model able to estimate the energy cost and assess the outcomes of both methods.

3.1. Case Study

The scope is to maintain the battery cell's temperature at a certain range over a whole night—an 8 h scenario. It is assumed as a case that a PEV is parked at a cold environment overnight and a preheat method is applied to preserve the battery cells between 20 °C and 25 °C, according to the safe and optimal operation of the lithium ion battery cells [23,28]. The preheat method is achieved with either a bi-directional square wave current pulse or external heating sources applied to its core. The same thermal strategies and current profiles are applied experimentally to the battery cell and at the model for verification purposes. Several assumptions are made as:

- The internal temperature of the battery cell is 25 °C due to the first cycle of the heating up phase.
- The ambient temperatures are set at 0 °C and 10 °C due to fast degraded performance at subzero temperatures of the pouch battery cell.
- The internal heating method (APC/bi-directional current pulses) applies a square-wave 40 A (2C of nominal current) amplitude, with a constant-low frequency 0.01 Hz and 50% duty cycle current, in order to maintain the SoC of the battery cell as close to a certain value as possible within a 100 s cycle. The external heating method heats up the cell with silicon-rubber heating sources rated at 16 W, which preserve its OCV constant throughout the whole experiment.
- The NMC/G battery cell is at the heating and temperature adjustment conditions for eight hours.

3.2. Results

3.2.1. Model Validation

The ambient temperature is set at 10 °C and the battery cell is charged with 1C until its core temperature reaches a certain value (25 °C) that is within its optimal temperature range and considered as the upper limit of the selected temperature preservation window. Then, both preheat methods are applied and the battery cell's core temperature is tracked through an infrared camera. The battery cell is placed inside a climatic chamber to reproduce the cold climate conditions, and an ACT 0550 (80 channels) battery tester charger station is used to produce the bi-directional current pulses. Figure 5 presents both results.

A good agreement between the experimental and the simulated results is shown, with the accuracy being adequate to validate the model.



Figure 5. (a) internal bi-directional current preheat and (b) externally heating profiles and models validations.

3.2.2. IR Images

The temperature is observed during both experiments and its distribution on the core is compared. Over the lifetime of the battery cells, the non-uniformed distribution of the heat can create increased resistance and decreased capacity, and non-uniformed localized aging distribution [29]. In a battery pack topology, they might bring errors to the Battery Management System (BMS) estimations and aging evaluations. For this purpose, the temperature uniformity of the cell with both methods during the validation profile is estimated and shown in Figure 6.



(2)

Figure 6. Infrared (IR) images for (a) internal and (b) external preheat method.

Concerning the external heating method, the thickness, the dimensions and the heating power of the heating elements can effect the heating time and the temperature distribution on the cell [30]. Moreover, temperature uniformity is affected after the stop of the heating, with certain areas of the battery cell to suffer with higher values for longer periods of time. It is seen that the external heating method in this work is quite poor concerning the heat distribution throughout the whole experiment.

On the contrary, the temperature uniformity is more consistent and controllable with the internal APC method, throughout the whole experiment.

4. Cost Function and Comparison of Both Methods

This section describes the cost functions to calculate the energy efficiency and gives simulation results of the preheat methods for two different ambient temperatures 0 $^{\circ}$ C and 10 $^{\circ}$ C.

4.1. Cost Functions

In order to determine a total cost of each method, this work proposes functions that combine the effects of degradation cost and the electricity price according to Equation (12):

$$d_{NMC} = 2.5 euro / \% Li_{loss},$$

$$e = 0.22 euro / kWh,$$
(12)

where d_{NMC} is the degradation factor for the NMC cell based on its price, i.e., 50 euro over the usable 20% of the capacity which turns 2.5 euro for each percentage of Lithium loss. The electricity prices for household consumers *e* are set to 0.22 euro/kWh, as an average cost of Europe based on Eurostat for 2018. Hereafter, the energy cost of the methods is assumed as the potential expenses on power provided by the grid at a certain price *e*, and it is calculated according to Equation (13):

$$d_{NMC} * k_{NMC} = \cos t \text{ in degradation (euro)},$$

$$e * \int R_{cell} I_{batt}^2 dt = \cos t \text{ in energy with APC internal heating (euros)},$$

$$e * \int Q_{gen_{HP}} dt = \cos t \text{ in energy with HP external heating (euros)},$$
(13)

where the cost in degradation is calculated based on the degradation factor and rate which is previously estimated in Equations (9) and (12). The energy cost is estimated from the Joule losses of the battery cell during the internal preheat method, dependent on the consumption for an eight hour case study at a euro/kWh charge rate. The R_{cell} is the total core resistance of the battery cell, i.e., the sum of the resistances responsible for the Joule losses on the core, and the $Q_{gen_{HP}}$ is the power losses for the external heating as estimated in Equations (5) and (7), respectively.

4.2. Results

In this section, two different parameters that affect directly the total costs are assessed. The first one deals with the influence of the ambient temperature where two cases are evaluated at 0 °C and 10 °C. The second one compares the effects of the temperature window that the pouch battery cell is maintained during the 8 h case, i.e., either 15 °C to 20 °C, or 20 °C to 25 °C.

4.2.1. Influence of the Ambient Temperature

The preheat methods are set to maintain the battery cell's core temperature between 20 °C and 25 °C, with an ambient temperature of 0 °C and 10 °C. Lower ambient temperatures are not considered for this battery cell since its degradation cost is significantly increased and the End of Life criteria are rapidly met according to Figure 4. As mentioned earlier, for the internal case, a bidirectional current pulse of certain amplitude, frequency and duty cycle is applied to the battery cell to maintain it within a predefined temperature range, whereas, for the external HP, 16W power is applied. Figures 7 and 8 show the results of the methods for two different ambient temperatures, 0 °C and 10 °C, respectively, for which the current profile and the temperature evolution are depicted.

In Figures 7 and 8, it can be observed that more current/power pulses are required to maintain the temperature of the cell when the ambient temperature is lower. Indeed, as explained in Equation (6), the convective heat transfer depends on the difference of the thermal gradient between the defined

system and the outside temperature. In this context, if the ambient temperature is lower, the convective heat transfer is higher, thus more energy is needed to maintain the cell in a fixed temperature range.



Figure 7. Simulation results for 0 °C ambient temperature with (**a**) the APC method; (**b**) the HP. Current (blue) and battery cell's core temperature (green) maintained between 20 °C and 25 °C.



Figure 8. Simulation results for 10 °C ambient temperature with (**a**) the APC method; (**b**) the HP. Current (blue) and battery cell's core temperature (green) maintained between 20 °C and 25 °C.

Moreover, by comparing the heating strategies, it is seen that the heating time is approximately half for the internal method to reach the upper temperature limit as it takes more time for the heat flux to reach the battery core with the heating pads.

For -15 °C, the energy cost with the APC would increase, as the current injection and the Joule losses are higher. However, according to the aging profile of the cell, the sharp capacity fade at very low temperatures prevents any cycling in these ambient conditions. Hence, the degradation cost and the total cost are not calculated for this case as the cell would degrade sharply, but the heating pad with no cycling degradation effect is estimated. It can be observed that the decrease of temperature has an opposite effect on the total heating cost for both methods. The calculated energy, degradation and total costs are illustrated in Table 4 for three ambient temperatures.

Bi-directional current—Internal heating approach				
Ambient Temperature (°C) Energy Cost (euro)		Degradation Cost (euro)	Total Cost (euro)	
-15	-15 0.018 EoL conditions		EoL conditions	
0	0.012	0.025	0.037	
10	0.006	0.024	0.030	
Heating pads—External heating approach				
Ambient Temperature (°C)	Energy Cost (euro)	Degradation Cost (euro)	Total Cost (euro)	
-15	0.019	0.023	0.042	
0	0.011	0.023	0.035	
10	0.005	0.023	0.028	

Table 4. Costs for 8 h preheat with bi-directional current pulses method for the NMC/G pouch cell.

For the internal heating method, the number of required cycling is increasing as the temperature drops, which creates a proportional increase to the degradation cost. On the other hand, for the external heating method, the degradation cost is constant because no cycling of the battery cell is happening.

In addition, as explained earlier, the aging model uses for both methods the same degradation factor which explains the more-or-less similar degradation effect of the methods. An alternative approach, since the individual models are not currently available, would be to use a zero degradation factor on the external heating method, which would consequently give zero degradation cost, or, for arbitrary use, a percentage of the degradation cost to represent the external heating method. Authors decided that these alternatives cannot be a fair assumption or a fair comparison of the methods, where the decline in the outcomes would be greater. Hence, the same degradation factor has been kept. In conclusion, as far as the degradation cost in both methods is concerned, it can be stated that, for the internal method, the cycling is increasing for the lower temperature, hence the degradation cost is increased. For the external, the degradation cost is constant because no cycling is happening, however estimated at a combined aging point of view.

Figure 9 emphasizes the APC energy losses on the NMC cell's core for the two ambient temperatures and a certain time frame of two pulses. As it can be seen, more Joule losses are generated in proportion to the required current to heat the battery. These losses are the potential energy expenses provided by the grid as explained in Equation (13), hence an energy cost higher is observed for a 0 °C ambient temperature. It is estimated that for 10 °C the energy cost accounts for 0.006 euro per 8 h case, whereas the double and triple cost is required for a colder weather condition at 0 °C and -15 °C.



Figure 9. Energy (J) losses at 10 °C (red) and 0 °C (blue) on the NMC battery cell, for a couple of periods of the bi-directional current preheat method.

The degradation cost is affected by many factors; nevertheless, based on Table 3, it is considered mainly by its influence to the ambient temperature. The lifetime model which provides inputs to the degradation cost is based on experimental data and methodology limitation for which the current amplitude is assumed not to influence the degradation, but only the temperature and the cycling number (life). In this regard and as far as the internal method is concerned, the degradation cost accounts for an approximate 0.024 euro of added cycling cost per 8 h case, i.e., 0.01% of total available lifetime of the cell, whereas the cost is increased as the temperature drops. As for the external heating case, the degradation cost remains the same for storing the cell (calendar aging) as zero current is flowing through the cell at any SoH, although it will be affected if the temperature would be preserved at a different target window. It is seen that the ambient temperature or the current of the APC are not affecting the degradation cost as important as the selected window, which will be further discussed in the following section.

4.2.2. Influence of the Temperature Window

For the same current rate at 40 A and the same SoC level at both ambient temperatures, two temperature windows, i.e., 15 $^{\circ}$ C to 20 $^{\circ}$ C and 20 $^{\circ}$ C to 25 $^{\circ}$ C are tested, accounting on the safe

operation area of LiBs being generally between 15 °C to 35 °C. Figure 10 shows the results of this method for the two different ranges and Table 5 indicates the estimated cost results.



Figure 10. Internal heating temperature behavior and Joule losses on the NMC core at 10 °C ambient temperature and for two different cases: temperature window (**a**) 15 °C to 20 °C; and temperature window (**b**) 20 °C to 25 °C.

Table 5. Costs for 8 h preheat with bi-directional current pulses method for the NMC/G pouch cell at different temperature ranges. Window (a): 15 °C to 20 °C, window (b): 20 °C to 25 °C.

Bi-directional Current Approach					
Ambient Temp. (°C)	Temp. Window	Energy Cost (euro)	Degradation Cost (euro)	Total Cost (euro)	
0	window (a)	0.009	0.018	0.027	
	window (b)	0.012	0.025	0.037	
10	window (a)	0.005	0.017	0.022	
	window (b)	0.006	0.024	0.030	

What is noticeable in Figure 10 is that the energy cost for the lower temperature window is less than when selecting a higher one. The reason for that is mainly due to the losses via convective heat transfer flux, which thanks to a smaller thermal gradient difference, are lesser for a lower temperature range. Indeed, maintaining the cell at a lower temperature range requires less power or, in this case, heating time and total losses.

In addition, when the cell is operating in a lower temperature range, the internal resistance increases due to sluggish electrochemical reactions happening inside the battery cell. The internal resistance of the NMC for the two different windows (a) and (b) is estimated approximately 11 mOhms for (a) at 20 °C and 9.5 mOhms for (b) at 25 °C. This can also be seen at Figure 10 where the same current pulse generates higher instantaneous losses at those peak temperatures. Nevertheless, despite the behavior of the resistance, the overall loss is greater for the higher peak temperature (window b) for the same reason as previously mentioned.

A closer look in Figure 10 shows the temperature behavior and the corresponding energy losses for windows (a) and (b) for a certain period of the experiment. It can be observed that, for the same applied current profile (amplitude, frequency and duty cycle), a higher internal resistance leads to a higher heat generation but for a shorter time needed to reach the temperature limit.

Regarding the degradation cost, as it is listed in Table 5, it appears to be lower when the cell is maintained between 10 °C and 25 °C, than between 20 °C and 25 °C. The reason is that the degradation cost is based on a lifetime model for which the data propose a better lifetime behavior at 10 °C than at

25 °C. At the end, according to the results of the influence, this NMC/G pouch cell performs better between 15 °C to 20 °C.

It is noticeable that APC at the 10 $^{\circ}$ C ambient and window (a), it is less costly than HP at window (b) (see Table 4), and it is quite comparable to the HP at window (a) as well, which is at the rate of 0.021 euro per study case (0.004Energy + 0.017Degradation).

5. Conclusions

In this work, a 20 Ah-NMC/G battery cell is exposed to 0 °C and 10 °C ambient temperature in order to compare two preheat methods (internal: APC or bi-directional currents and external: with heating pads) that are applied to increase and preserve its core temperature between a target temperature window. During experiments on the former case, the battery cell is supplied with a 2C square wave pulse current at a frequency of 0.01 Hz and with a 50% duty cycle, whereas, experimenting on the latter case, a heating power of 16 W is supplied to both sides of the battery cell's core by externally connected heating pads. It is shown that, in both ambient conditions, the preheat methods are able to maintain the temperature of the battery cell within the 20 °C and 25 °C range. Experimental results shown a better temperature uniformity for the internal preheat method, which is crucial for the minimization of the non-uniformed localized aging effects that can take place when externally heating the NMC cell with pads.

Then, an electro-thermal coupled to an aging model is proposed and validated with the experimental results in order to calculate the energy and the degradation cost of the heating methods, based on the generated Joule losses on the NMC core and the energy charges from the grid, as well as the degradation rate k_{NMC} at various temperatures of the battery cell. The degradation factor is calculated based on combined calendar and aging effects, and it is constant for the external method, whereas it is increasing proportionally to the cycling, during the APC. Simulation results showed a quite low influence of the internal preheat method on the degradation cost of the battery cell with less than approximately 0.01% added total cost per day, as well as a relatively low energy charge compared to the external method. Maintaining the temperature between 20 °C to 25 °C makes not much difference in cost for both heating methods, as far as the energy costs are concerned. On the other hand, degradation costs remain constant for the external heating method if the effects of non-uniformity are neglected, which, according to the combined cycling-calendaring model proposed in this work, are approximately 5–8% less than the daily degradation costs calculated for the internal pre-heat method.

It should be noted at this point that the costs are calculated on a single battery cell and they will be increased for the total battery cells number in a battery electric vehicle application. It is also shown that the optimal heating-maintaining window for the NMC pouch cell would be between 15 °C to 20 °C resulting from the lifetime model methodology on which the data are collected and proposed solely for this work. These experimental results that show the aging effects under certain conditions at temperatures below 25 °C are expected to be published in a future report.

The internal preheat method showed better heat distribution on the cell and a comparable total cost for the battery cell. Considering also the reduced volume and maintenance that the external heating sources require as well as the potential applicability of the method, the APC appears as a challenging alternative to preheat the NMC pouch cell. Nevertheless, it would be interesting as a next step to investigate the importance of the frequency and amplitude of the pulse current applied to the battery cell, and how it can be optimized in order to further minimize the cost.

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