

Supplementary Table S1. Antidepressants available in Castile and Leon.

| Antidepressant class | ATC Code | Drug |
|---|----------|----------------|
| Non-selective monoamine reuptake inhibitors | N06AA02 | Imipramine |
| | N06AA04 | Clomipramine |
| | N06AA06 | Trimipramine |
| | N06AA09 | Amitriptyline |
| | N06AA10 | Nortriptyline |
| | N06AA12 | Doxepine |
| | N06AA21 | Maprotiline |
| Selective serotonin reuptake inhibitors | N06AB03 | Fluoxetine |
| | N06AB04 | Citalopram |
| | N06AB05 | Paroxetine |
| | N06AB06 | Sertraline |
| | N06AB08 | Fluvoxamine |
| | N06AB10 | Escitalopram |
| Monoamine oxidase A inhibitors | N06AG02 | Moclobemide |
| Other antidepressants | N06AX03 | Mianserin |
| | N06AX05 | Trazodone |
| | N06AX11 | Mirtazapine |
| | N06AX12 | Bupropion |
| | N06AX14 | Tianeptine |
| | N06AX16 | Venlafaxine |
| | N06AX18 | Reboxetine |
| | N06AX21 | Duloxetine |
| | N06AX22 | Agomelatine |
| | N06AX23 | Desvenlafaxine |
| | N06AX26 | Vortioxetine |

Abbreviations: ATC; Anatomical, Therapeutical and Chemical Classification.

Supplementary Table S2. Population characteristics distribution across adherence levels to antidepressants in Castile and Leon.

| Adherence level | Non-adherent | | | Adherent |
|--|------------------|------------------|---------------------|---------------------|
| | None (<20) | Poor (20 - 49) | Moderate (50 - 79) | (≥ 80) |
| Total | 0.39 (0.36-0.41) | 3.47 (3.39-3.55) | 16.01 (15.86-16.17) | 80.13 (79.96-80.3) |
| Sociodemographic characteristics | | | | |
| <i>Sex</i> | | | | |
| Male | 0.44 (0.41-0.47) | 3.66 (3.58-3.74) | 16.47 (16.31-16.63) | 79.44 (79.26-79.61) |
| Female | 0.36 (0.34-0.39) | 3.39 (3.32-3.47) | 15.83 (15.68-15.99) | 80.41 (80.24-80.58) |
| <i>Age group</i> | | | | |
| 0 - 17 | 0.62 (0.59-0.65) | 5.32 (5.22-5.42) | 26.06 (25.88-26.25) | 68 (67.8-68.2) |
| 18 - 64 | 0.55 (0.51-0.58) | 4.72 (4.63-4.81) | 20.26 (20.09-20.44) | 74.47 (74.28-74.66) |
| 65 - 79 | 0.26 (0.24-0.28) | 2.61 (2.54-2.67) | 12.93 (12.79-13.07) | 84.21 (84.05-84.36) |
| ≥ 80 | 0.23 (0.21-0.25) | 2.1 (2.04-2.16) | 11.43 (11.3-11.57) | 86.24 (86.09-86.39) |
| <i>Institutionalized</i> | 0.15 (0.13-0.16) | 1.87 (1.81-1.92) | 11.6 (11.46-11.74) | 86.39 (86.24-86.53) |
| <i>Urbanicity</i> | 0.4 (0.38-0.43) | 3.71 (3.63-3.79) | 16.81 (16.65-16.97) | 79.08 (78.9-79.25) |
| Health related characteristics (95% CI) | | | | |
| <i>Polypharmacy (≥ 5 drugs)</i> | 0.37 (0.35-0.4) | 3.14 (3.06-3.21) | 14.92 (14.77-15.07) | 81.57 (81.4-81.73) |
| <i>Multiple prescribers (≥ 3)</i> | 0.35 (0.32-0.38) | 3.21 (3.12-3.31) | 15.62 (15.43-15.82) | 80.81 (80.6-81.02) |
| <i>Antidepressant class</i> | | | | |
| TCA | 0.6 (0.57-0.63) | 4.88 (4.79-4.97) | 18.51 (18.34-18.67) | 76.01 (75.83-76.2) |
| SSRI | 0.32 (0.3-0.34) | 3.31 (3.23-3.38) | 16.56 (16.4-16.72) | 79.81 (79.64-79.99) |
| Other antidepressants | 0.35 (0.32-0.37) | 2.84 (2.77-2.91) | 15.32 (15.17-15.47) | 81.5 (81.33-81.66) |
| Mental health diagnostics (95% CI) | | | | |
| <i>Pain (different etiologies)</i> | 0.69 (0.65-0.72) | 5.39 (5.3-5.49) | 18.73 (18.56-18.89) | 75.19 (75.01-75.38) |
| <i>Anxiety</i> | 0.38 (0.36-0.41) | 3.76 (3.68-3.84) | 17.4 (17.24-17.57) | 78.45 (78.28-78.63) |
| <i>Depression and Anxiety</i> | 0.34 (0.32-0.37) | 2.99 (2.92-3.07) | 16.13 (15.98-16.29) | 80.53 (80.36-80.7) |
| <i>Depression</i> | 0.31 (0.29-0.33) | 2.98 (2.9-3.05) | 14.54 (14.39-14.69) | 82.17 (82.01-82.33) |
| <i>Other psychiatric diagnoses</i> | 0.34 (0.31-0.36) | 2.66 (2.59-2.73) | 14.75 (14.6-14.9) | 82.25 (82.08-82.41) |

Abbreviations: 95% CI, confidence interval, SSRIs, Selective Serotonin Reuptake Inhibitors; TCAs: Tricyclic Antidepressants.