



Article Choice of Ultrafilter Affects Recovery Rate of Bacteriophages

Frej Larsen ^{1,*}, Simone Margaard Offersen ², Viktoria Rose Li ², Ling Deng ¹, Dennis Sandris Nielsen ¹, and Torben Sølbeck Rasmussen ^{1,*}

- ¹ Department of Food Science, University of Copenhagen, 1958 Frederiksberg C, Denmark; lingdeng@food.ku.dk (L.D.); dn@food.ku.dk (D.S.N.)
- ² Section for Comparative Pediatrics and Nutrition, Department of Veterinary and Animal Sciences, Faculty of Health and Medical Sciences, University of Copenhagen, 1870 Frederiksberg C, Denmark; simo@sund.ku.dk (S.M.O.)
- * Correspondence: frej.larsen@food.ku.dk (F.L.); torben@food.ku.dk (T.S.R.); Tel.: +45-35328073 (T.S.R.)

Abstract: Studies into the viral fraction of complex microbial communities, like in the mammalian gut, have recently garnered much interest. Yet there is still no standardized protocol for extracting viruses from such samples, and the protocols that exist employ procedures that skew the viral community of the sample one way or another. The first step of the extraction pipeline often consists of the basic filtering of macromolecules and bacteria, yet even this affects the viruses in a strain-specific manner. In this study, we investigate a protocol for viral extraction based on ultrafiltration and how the choice of ultrafilter might influence the extracted viral community of known phages (T4, c2, $\Phi 6$, $\Phi 29$, $\Phi x 174$, and $\Phi 2972$), filtered, and quantified using spot and plaque assays to estimate the loss in recovery. The enveloped $\Phi 6$ phage is especially severely affected by the choice of filter, but also tailed phages such as T4 and c2 have a reduced infectivity after ultrafiltration. We conclude that the pore size of ultrafilters may affect the recovery of phages in a strain- and sample-dependent manner, suggesting the need for greater thought when selecting filters for virus extraction.

Keywords: virome; virus purification; VLP; bacteriophage; ultrafiltration

1. Introduction

Historically, there has been a strong focus on the bacterial members of complex microbial ecosystems [1,2], but the extensive diversity and key functions of the viral component of such systems are becoming increasingly evident [3–9]. The viral fraction of these communities is, in general, dominated by the ubiquitous viral entity called bacteriophages (phages), while eukaryotic and archaeal viruses constitute the remaining fraction. Phages are viruses that, in a host-specific manner, infect bacteria to replicate and are therefore believed to play an important role in shaping the bacterial communities' structure and stability in the respective environment [9–13]. Furthermore, recent studies have revealed that the human gastrointestinal tract harbors hundreds of different types of eukaryotic viruses with unknown functions [7,14,15] that remain to be studied and characterized. This emphasizes the importance of not just analyzing the bacterial, but also the viral component of microbial ecosystems. This can be carried out directly by investigating the viral fraction of metagenomic studies, finding viral contigs using bioinformatical tools such as VirSorter2 [16] or CheckV [17] as is achieved by Paez-Espino et al. [18]. However, most current studies choose to enrich the viral fraction of the sample prior to sequencing.

The first step of most viral enrichment pipelines is to separate the viral particles from bacteria and other contaminants. There is currently no accepted standard protocol, resulting in each phage research group having its own preferred methods [19–22]. Many pipelines include agitation to release the viral particles from the sample material and into a buffer, followed by centrifugation and filtration to remove larger particles and bacteria. The next



Citation: Larsen, F.; Offersen, S.M.; Li, V.R.; Deng, L.; Nielsen, D.S.; Rasmussen, T.S. Choice of Ultrafilter Affects Recovery Rate of Bacteriophages. *Viruses* **2023**, *15*, 2051. https://doi.org/10.3390/v15102051

Academic Editor: Jennifer Mahony

Received: 14 September 2023 Revised: 28 September 2023 Accepted: 4 October 2023 Published: 5 October 2023



Copyright: © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). step is then to concentrate the phages by decreasing the volume of the solvent and this is where most methods diverge; either using a tangential flow system [23,24], PEG-based precipitation, density gradient centrifugation, iron flocculation [25], ultrafiltration [21,26], or a combination of them.

There is still much discussion on the merits of each of the methods, and they all seem to bias the resulting viral community one way or another. Density gradient centrifugation loses phages outside the extracted density and some enveloped phages have been shown to lyse when exposed to cesium chloride [23,27–29]. Other viral taxa, such as herpesvirus and rotavirus, lose infectivity when purified using PEG-based precipitation [30,31], while ultrafiltration reduces the infectivity of tailed T4-like phages [22,32]. Additionally, the storage conditions and choice of buffer also seem to affect the infectivity of the phages, with SM-buffer being a better choice [19,33].

Ultrafiltration uses molecular-scale pores to concentrate particles, such as viruses, from a high-volume sample, while getting rid of smaller contaminants below the pore size that typically ranges between 10 and 300 kDa. It provides a relatively bias-free, cheap, and easily scalable method for producing analysis-ready viral communities, and the protocol developed by Deng et al. [22] provides a good basis for an analysis of the inherent biases introduced through ultrafiltration. In this study, we investigate the effects of a range of commercially available ultrafilter devices on the infectivity of an exogenous mock community of phages in both retentate and eluate in an array of different sample types.

2. Materials and Methods

2.1. Sample Collection

Human adult and infant samples were collected from healthy volunteers. Tracheal suction samples were collected at Gentofte Hospital and dissolved in 2 mL saline (0.9% (w/v) NaCl). Vaginal swabs were collected using a Copan ESwab [34] and dissolved in the accompanying medium. Human fecal samples were collected at home and stored at 4 °C until transport to the laboratory. Porcine feces were collected at a commercial farm (Bornholm, Denmark). All samples were transported to the laboratory within 24 h where they were diluted 1:1 in 2× SM buffer (400 mM NaCl, 20 mM MgSO₄, 100 mM Tris-HCl, pH 7.5) containing 30% (w/v) glycerol and stored at -60 °C until extraction.

2.2. Phage Mock Community

A phage mock community was created from an in-house phage bank of virulent phages to represent a wide range of morphologically and taxonomically different types of phages (Table 1) commonly found in the tested sample types. The mock community had representatives from the three morphological groups previously known as *Siphoviridae*, *Podoviridae*, and *Myoviridae* [35], now in the families *Skunavirus*, *Brussowvirus*, *Tevenvirinae*, and *Salasvirus*, as well as a *Microviridae* species. Additionally, the *Pseudomonas* phage $\Phi 6$ was chosen to represent enveloped dsRNA phages. Although enveloped dsRNA phages are less commonly detected natively in the human gut microbiome [4,36], environmental and human RNA viruses are often present and could be important to the overall virome composition and activity as well as host health [37].

Table 1. Properties of phages used in mock community. Dimensions are given in diameter (*ø*) for spherical phages, and head diameter/tail length for tailed phages. All measurements are in nanometers (nm).

Name	Family	Genome	Dimensions (nm)	Morphology
Φx174	Microviridae	ssDNA	ø50	Icosahedral
Φ6	Cystoviridae	dsRNA	ø70	Icosahedral, Enveloped
c2	Skunavirus	dsDNA	40/150	Long, non-contractile tail
Ф2972	Brussowvirus	dsDNA	50/250	Long, non-contractile tail
T4	Tevenvirinae	dsDNA	90/200	Long, contractile tail
Ф29	Salasvirus	dsDNA	41/30	Short tail

Phages were propagated individually by mixing 9.8 mL growth medium containing 10 mmol CaCl₂ and 10 mmol MgCl₂, 100 µL overnight host culture and 100 µL high concentration phage lysate in a tube and incubating at the temperatures indicated in Table 2. Bacteria requiring aeration were grown in wide conical flasks at 160 RPM. Growth media used were tryptic soy broth (TSB), lysogeny broth (LB, also known as Luria–Bertani broth), and M17 broth containing either 0.5% (w/v) lactose (LM17) or 0.5% (w/v) glucose (GM17). The following day, the lysates were centrifuged at $5000 \times g$ for 30 min and passed through a 0.45 µm filter to remove any remaining host bacteria, enumerated using spot assays (see Section 2.4.1), and stored at 4 °C until use.

Table 2. Phage host growth parameters. Growth medias are lysogeny broth (LB), tryptic soy broth (TSB), and M17 broth containing either 0.5% (w/v) lactose (LM17), or 0.5% (w/v) glucose (GM17). Host/phage pairs requiring aeration were incubated in a shaking incubator moving at ~160 RPM.

Phage	Host Species	Host Strain	Growth Media	Tempera	ture Aeration
Фх174	Escherichia coli	ATTC13706	LB	37	Yes
Φ6	Pseudomonas sp.	DSM21482	TSB	25	Yes
c2	Lactococcus lactis	MG1363	GM17	30	No
Φ2972	Streptococcus thermophilus	DGCC7710	LM17	42	No
T4	Escherichia coli	DSM613	LB	37	Yes
Ф29	Bacillus subtilis	DSM5547	TSB	37	Yes

The individual phages were mixed just before use to generate the phage mock community. This was done by transferring 5×10^8 plaque-forming units (PFU) of each phage to a centrifuge tube and adding SM buffer (200 mM NaCl, 10 mM MgSO₄, 50 mM Tris-HCl, pH 7.5) to the 50 mL mark, which resulted in an approximate concentration of 10^7 PFU/mL for each phage.

2.3. Extraction of Viral-Like Particles

This procedure is identical to the one presented by Deng et al. [22]. Samples were thawed and 500 mg diluted feces, vaginal swab medium, or tracheal fluid was transferred to a 50 mL tube. They were spiked with 1 mL phage mock community and diluted with 29 mL SM buffer. The mix was homogenized using a stomacher 80 (Seward, Worthing, UK) for 2 min, centrifuged at $5000 \times g$ for 30 min at 4 °C, and the supernatant was then forced through a 0.45 µm Filtropur S polyethersulfone (PES) membrane filter (Sarstedt, Helsingborg, Sverige) mounted on a 20 mL syringe (Chirana, Stara Tura, Slovakia). The filtrated sample was then placed in the retention chamber of an ultrafiltration unit and centrifuged at $1500 \times g$ until less than 200 µL was left in the retention chamber. The eluate was saved for enumeration, while the phage-enriched retentate was diluted to 1 mL with SM buffer to equalize volumes across samples and incubated in the retention chamber at 4 °C overnight. See Figure 1 for an overview.



Figure 1. The VLP extraction protocol consists of 4 primary steps. The sample is first dissolved in SM buffer to release viruses into the buffer. Centrifugation pellets bacteria and macromolecules. Filtration removes remaining bacterial contaminants. Ultrafiltration concentrates phages in a small volume.

2.4. Enumeration of Infectious Phage Particles

Phages in the retentate of all filter/sample type combinations, as well as in the eluate of select samples, were enumerated for analysis using spot and plaque assays, respectively.

2.4.1. Spot Assays

Soft agar (growth medium (see Table 2) containing 0.5% (w/v) agar) was melted in a microwave and brought to 50 °C in a water bath. Square petri dishes (81 cm², Simport, Saint-Mathieu-de-Beloeil, QC, Canada) with 40 mL hard agar (growth medium containing 1.2% (w/v) agar) were brought to room temperature. 10 mmol CaCl₂ and 10 mmol MgCl₂ (concentrations in final solution) was added to 5 mL soft agar which was then mixed with 500 µL overnight host culture and quickly poured on top of the hard agar plates. This was repeated for each of the host strains. Retentate from the virus-like particle (VLP) extraction was then diluted from 10^{-1} to 10^{-6} times in SM buffer and 5 µL of each fraction was spotted on the bacterial lawn of the square dishes using a multichannel pipette. The spots were dried out on the table with the lid ajar for an hour and were then incubated overnight at the temperatures described in Table 2. The following day, a spot with 5 to 20 plaques was enumerated in order to estimate the concentration of phages in the original lysates.

2.4.2. Plaque Assays

Like for the spot assays, soft agar was liquefied and brought to 50 °C in a water bath. Round petri dishes (61 cm²) containing 25 mL hard agar were brought to room temperature. Amounts of 100 μ L undiluted eluate and 300 μ L overnight host culture were gently mixed and incubated for 10 min. An amount of 10 mmol CaCl₂ and 10 mmol MgCl₂ along with 3 mL soft agar was added to the mixture, which was quickly mixed and poured evenly onto the petri dishes. Once the soft agar had hardened, the dishes were inverted and incubated overnight, similar to the spot assays. For plaque assays, a maximum of 200 plaques was counted per plate, giving a PFU/mL bounded by 10 and 2000 PFU/mL.

3. Results

3.1. Ultrafiltration

The filters tested in this study were selected to have properties similar to the CentriPrep device used by Deng et al. [22], which is currently out of production, such as membrane material and pore size (Table 3). Their molecular weight cut-off (MWCO) was 30 kilodalton (kDa), except for the Centrisart device, which had an MWCO of 100 kDa. A pore size of 100 kDa roughly translates to a radius of 3 nm for spherical proteins [38]. As this is below the lowest found size of phages [39], smaller molecules such as DNA fragtments and metabolites can pass through, while the phages stay in the retention chamber of the filter device. The membranes of the Vivaspin, Pierce Protein Concentrator, and the Centrisart filter devices are made of polyethersulfone (PES), while the membranes of the Amicon Ultra-15 device, as well as the original CentriPrep device, have membranes made of regenerated cellulose. PES is, however, very close to cellulose in properties, as they are both hydrophilic membranes with the low binding of both proteins and DNA, providing a high flow-through with little clogging [40,41].

Three of the filters have a similar volume capacity to that of CentriPrep and are capable of processing around 15–20 mL at a time, whereas the Centrisart has a capacity of 2.5 mL. The CentriPrep and Centrisart filters utilize reverse flow; the sample is placed in the bottom chamber of the device and centrifugation forces the liquid up through the filter membrane and into the elution chamber above (see Figure 2). The reverse design keeps large molecules remaining in the solution from clogging the filters as they are instead forced to the bottom of the retention chamber. However, when compared to the standard flow devices, they have an increased hands-on time due to the lower volume capacity and more elaborate opening mechanisms.

Table 3. Concentrators and their properties and distributors. The molecular weight cut-off (MWCO) describes the pore size of the filters; molecules above the given value in kilodalton (kDa) cannot pass through. The membrane column describes the filter membrane material, which is either regenerated cellulose (RC) or polyethersulfone (PES). The volume metric describes the size of the retention chamber, and thus the amount of sample that can be added at a time.

Name	MWCO (kDa)	Volume (mL)	Membrane	Flow
Vivaspin	30	20	PES	Standard
Pierce Protein Concentrator	30	20	PES	Standard
Amicon Ultra-15	30	15	RC	Standard
CentriPrep	30	15	RC	Reverse
Centrisart	100	2.5	PES	Reverse

Reverse



Standard

Figure 2. Ultrafiltration unit types. Ultrafiltration devices come in two formats: either the retention chamber is on the top and the sample is pushed down through the filter into the bottom elution chamber (standard), or the retention chamber is on the bottom and the sample is forced up through the filter membrane by centrifugation (reverse). Any sample left in the retention chamber is the retentate, while liquid passing through is coined the eluate.

3.2. Rate of Recovery in Retentate

Filter

The phage mock community was mixed with the sample matrices as a quantifiable proxy of the real viral community present. The sample, along with its spiked phage community, was passed through the VLP extraction pipeline (Section 2.3), and the number of plaque-forming units was determined using spot assays and compared to the original concentration of the phage mock community. This ratio between the input phage and the resulting infective units was used to quantify the rate of recovery (ROR) of infective units across sample matrices (human tracheal suction, vaginal swab, and adult, infant, and pig feces) and filters (VivaSpin, Amicon, CentriPrep, Pierce, and CentrisArt) for the six phages in the phage mock community (T4, c2, Φ6, Φ29, Φx174, and Φ2972).

Most combinations of sample matrix/filter/phage ended up with an ROR at approximately 10^0 (100%), suggesting that most phages are fully recovered after ultrafiltration. The accuracy of spot assays is slightly reduced compared to plaque assays, as quantification is based on a smaller volume (10 μ L versus 100 μ L) as well as an increased chance of overlapping infections. As such, all results above 10^{-1} (10% ROR) are considered fully recovered. This is illustrated in the results (Figures 3 and 4) by a green span.

Extracting phages from samples with phage mock, but no added sample matrix, resulted, for most phage/ultrafilter combinations, in an ROR between 10⁰ and 10¹ (10–100% of input phage). The ROR is particularly low for the tailed Skunavirus phages c2 (Figure 3f) and Φ 2972 (Figure 3b) when extracted using the Amicon ultrafilter. Interestingly, samples with an added sample matrix did not have a decreased ROR, even with the Amicon device.



Figure 3. Bacteriophage recovery rate of 6 different phages forming a mock community in SM buffer, in tracheal suction, and in a vaginal swab sample. Recovery rates are calculated as the concentration of infective phages in the retentate divided by the concentration of infective phages in the initial phage mock community. The green area is considered full recovery. Subfigures correspond to individual phage strains: (a) T4, (b) Φ 2972, (c) Φ 29, (d) Φ x174, (e) Φ 6, and (f) c2.

The drop in infectivity of the tailed phages was also remarked upon by Deng et al. [22]. They, however, only observed a reduced ROR for the T4 phage and not the c2 *Skunavirus* phage, despite using the same strain as in this current study. They explain the reduced ROR of the T4 phage by its rigid tail structure being vulnerable to centrifugation, however, this is not what we see in this study, as the ROR of T4 in most sample types is similar to that of the globular *Microviridae* Φ x174 and the tailed, but smaller, *Salasvirus* phage Φ 29. We do, however, see a significant drop in T4 phage in the infant fecal sample type when we—similar to Deng et al.—use the CentriPrep filter, suggesting that it is not the centrifugation step causing the reduction in ROR, but rather an unknown factor in the sample material of the filtration unit that inhibits the infectivity of the phage.

For the fecal matrices, the ROR is mostly between 10^1 and 10^0 . The short-tailed *Salasvirus* Φ 29 and the spherical *Microviridae* are close to 100% recovery, while the tailed phages are slightly lower (mean recovery: T4: 67%, C2: 75%, Φ 2972: 41%) and the ROR of

the enveloped *Cystoviridae* phage $\Phi 6$ is severely impacted by both filter type and sample matrix. In tracheal, vaginal swab (Figure 3e), and pig fecal (Figure 4e) sample matrices, the recovery of $\Phi 6$ is between 10^{-1} and 10^{0} (10–100%). However, in human feces (both adult and infant), the ROR is reduced below 10^{-4} in the Amicon filter, translating to a recovery of less than 0.01% of the input phage. In sharp contrast, the $\Phi 6$ phage has a ROR of 10^{-1} when using the Centrisart filter, suggesting that the severe reduction in recovery in the other filters is due to the combination effect of both sample matrix and filter type.



Figure 4. Phage recovery rate of 6 different phages forming a mock community in feces from human infants, human adults and colon content from 10-day-old pigs. Recovery rates are calculated as the concentration of infective phages in the retentate divided by the concentration of infective phages in the phage mock community. The green area is considered full recovery. Subfigures correspond to individual phage strains: (a) T4, (b) Φ 2972, (c) Φ 29, (d) Φ x174, (e) Φ 6, and (f) c2.

3.3. Phage Presence in Eluate

To explore the loss in phage infectivity, we measured the concentration of infective phages in the eluate after ultrafiltration to see whether some phage particles were able to pass through the filters. The phage-free eluates might also be of interest as a negative control in fecal viral transplantation or metabolite transplantation experiments, in which case the presence or absence of viruses in the eluate is vital.

Plaquing 100 μ L of eluate from the pig fecal samples on the phage hosts revealed that none of the ultrafilters produced 100% phage-free eluates. CentriPrep leaked the most phages into the eluate, reaching the counting threshold of 2000 PFU/mL (Figure 5). Centrisart had Φ x174 and c2 present in all replicates (Figure 5). The reverse flow design can possibly explain the increased phage concentration of these two filters as the eluate chamber is nested within the retention chamber and thus likely increasing the risk of contamination during sampling. There was no discernible association between phage concentrations in the eluate (2000 PFU/mL and above) and a lowered concentration in the retentates from the same filters (Figure 4). Eluates from Vivaspin and Pierce had the lowest contamination levels, with only a few phage particles present in the range of 10–100 PFU/mL—less than 0.001% of the input phage titer—and thus these might be the most optimal filters for generating phage-free eluates.



Figure 5. Phage concentration in ultrafilter eluate from a pig fecal matrix measured in PFU/mL for 5 different ultrafilters. The upper detection limit is 2000 PFU/mL. The lower limit is 10 PFU/mL.

4. Discussion

In this study, we investigated the effects of a range of sample types and ultrafilters on the ROR of a phage mock community representing viral families most commonly found in human samples [42]. We found that the ROR was highly dependent on both sample and filter type, and that even small changes, such as whether the mock community was mixed with adult or infant fecal matter, affected the ROR for some phages. The enveloped $\Phi 6$ phage was especially heavily affected, with highly reduced infectivity after filtration in a human fecal matrix. This could be due to enveloped phages being more sensitive to the laboratory environment [27], or possibly due to phage-inactivating contaminants present in the fecal matter [43,44].

The difference in the ROR of the $\Phi 6$ phage between filters with different pore sizes (Figure 4e) corroborates this, as the increased MWCO of the Centrisart filter (Table 3) allows larger particles to pass through the filter and away from the retentate during ultrafiltration. Such contaminants could, for instance, be lipases or lysozymes that dissolve the membrane surrounding the phage particle, or cellular debris, such as membrane proteins or bacterial pili, which are capable of binding or aggregating the $\Phi 6$ phages, rendering them unable to infect their hosts in the spot assay [44–47]. This source of bias would be even more pronounced for endogenous phages than for phages from a mock community, as their natural hosts would likely be present in the sample, increasing the risk of residual bacterial debris in the retentate capable of disrupting the phages.

A third explanation could be that phages were able to pass through the ultrafilters, potentially aided by some agent in the sample matrix. However, the plaquing efficiency of the eluate did not correspond to the loss in ROR, which would be expected if some filter/sample combinations were more prone to pass phages through the membrane than

others. Instead, it seemed that the reverse filters specifically had a higher concentration of phages in the eluate than those with a standard direction of flow (Figure 5), most likely caused by contamination from the retention chamber due to their proximity and the open design of the retention chamber.

With the increased interest in the gut virome, several studies have investigated the community bias created during the extraction and DNA processing process:; Conceição-Neto et al. produced a thorough protocol for VLP extraction, finding that the pore size of ultrafilters has a significant effect on both bacterial contamination and the abundance of specific viral species in the eluate, as well as how chloroform treatment, bead homogenization, and centrifugation speed affect the viral community [21]. Pérez-Cataluña et al. investigated the effect of different combinations of nucleases on irrigation-water-derived viral samples [48] and Shkoporov et al. developed a pipeline that produces virome data with very low levels of bacterial contamination and explored the effects of freeze–thaw cycles as well as operator reproducibility [19]. The studies mentioned all quantify their results using either qPCR or sequencing, which are valid methods for virome studies.

Although the genetic material may be present, the phages may have lost their infectivity through the breaking of the phage tail or membrane rupture [22,23], which could be of great importance for isolating novel culturable phages or for concentrating phages for therapeutic purposes [49]. Recent examples of this include studies on fecal virome transplantations (FVT) where filtered stool from healthy donors is used to treat diseases caused by the dysbiosis of the gut, such as necrotizing enterocolitic [50], *Clostridioides difficile* infection [51,52], type-2-diabetes and obesity [8], or to manipulate the native gut community [52]. Here, the continued infectivity of the viral community after filtration and concentration is essential, and, thus, studies investigating how the infective community is skewed in the lab will be important for these promising treatment options.

This study is a refinement of a previous validated protocol [22] that provides an easy, cost-efficient, and scalable method for extracting VLPs from environmental samples for downstream applications such as plaque assays or sequencing. The immense diversity of viruses in term of sizes, morphology, sensitivity, and binding capabilities makes bias-free protocols nearly impossible. Our investigation focused on how the choice of ultrafilter would affect the rate of recovery (ROR) of phages, while other design choices, such as the choice of buffer [33], pore size of the membrane filter [21], or temperature [44,53] also affects the ROR in a species-dependent manner. In this current protocol, a pore size of 0.45 μ m was used for sterile filtration to ensure that the majority of larger viruses were included in the VLP-enriched fraction for downstream analysis. However, as a consequence, small bacterial species such as Polynucleobacter and some Actinobacteria [54,55] may also pass through the filter. Choosing a smaller pore size (such as the 0.22 μ m filter) can minimize this contamination, but will cause the exclusion of viruses above 220 nm in diameter, such as giant viruses and larger phages [56,57].

Even with the increased effort in creating extraction protocols for culturing and virome analysis, we are still far away from a bias-free method. Yet, these studies give us an understanding of the mechanics of phage loss, of how the community is affected, and thus how protocols can be adapted to better suit the specific experimental purposes.

Author Contributions: Conceptualization, F.L., L.D., D.S.N. and T.S.R.; Methodology, F.L., S.M.O., V.R.L. and T.S.R.; Validation, F.L. and T.S.R.; Formal analysis, F.L., S.M.O., V.R.L., L.D., D.S.N. and T.S.R.; Investigation, F.L., S.M.O., V.R.L. and T.S.R.; Writing—original draft, F.L. and T.S.R.; Writing—review & editing, F.L., S.M.O., V.R.L., L.D., D.S.N. and T.S.R.; Visualization, F.L.; Supervision, T.S.R.; Project administration, D.S.N. and T.S.R.; Funding acquisition, D.S.N. All authors have read and agreed to the published version of the manuscript.

Funding: This research was funded by The Lundbeck Foundation, ID: R324-2019-1880 and The Novo Nordisk Foundation, ID: NNF20OC0061029.

Institutional Review Board Statement: The study was approved by The Local Ethics Committee (H-B-2008-093), and the Danish Data Protection Agency (2015-41-3696). Animal procedures were approved by the Danish Animal Experiments Inspectorate (license number, 2014-15-0201-00418), which is in accordance with the guidelines from Directive 2010/63/EU of the European Parliament.

Informed Consent Statement: Informed consent was obtained from all subjects involved in the study.

Data Availability Statement: Plaque counts are available at https://doi.org/10.17605/OSF.IO/N84D7, accessed on 4 October 2023.

Conflicts of Interest: The authors declare no conflict of interest.

Abbreviations

The following abbreviations are used in this manuscript:

ROR	Rate of Recovery
PFU	Plaque-Forming Units
PEG	Polyethersulfone
RC	Regenerated Cellulose
MWCO	Molecular Weight Cut-Off
kDa	Kilodalton
FVT	Fecal virome transplantation

References

- Rinninella, E.; Raoul, P.; Cintoni, M.; Franceschi, F.; Miggiano, G.; Gasbarrini, A.; Mele, M. What is the Healthy Gut Microbiota Composition? A Changing Ecosystem across Age, Environment, Diet, and Diseases. *Microorganisms* 2019, 7, 14. [CrossRef] [PubMed]
- Angulo, M.T.; Moog, C.H.; Liu, Y.Y. A theoretical framework for controlling complex microbial communities. *Nat. Commun.* 2019, 10, 1045. [CrossRef] [PubMed]
- 3. Wommack, K.E.; Colwell, R.R. Virioplankton: Viruses in Aquatic Ecosystems. *Microbiol. Mol. Biol. Rev.* 2000, 64, 69–114. [CrossRef] [PubMed]
- Callanan, J.; Stockdale, S.R.; Shkoporov, A.; Draper, L.A.; Ross, R.P.; Hill, C. Expansion of known ssRNA phage genomes: From tens to over a thousand. *Sci. Adv.* 2020, *6*, eaay5981. [CrossRef] [PubMed]
- 5. Tisza, M.J.; Buck, C.B. A catalog of tens of thousands of viruses from human metagenomes reveals hidden associations with chronic diseases. *Proc. Natl. Acad. Sci. USA* **2021**, *118*, e2023202118. [CrossRef] [PubMed]
- Nayfach, S.; Páez-Espino, D.; Call, L.; Low, S.J.; Sberro, H.; Ivanova, N.N.; Proal, A.D.; Fischbach, M.A.; Bhatt, A.S.; Hugenholtz, P.; et al. Metagenomic compendium of 189,680 DNA viruses from the human gut microbiome. *Nat. Microbiol.* 2021, 6,960–970. [CrossRef] [PubMed]
- Shah, S.A.; Deng, L.; Thorsen, J.; Pedersen, A.G.; Dion, M.B.; Castro-Mejía, J.L.; Silins, R.; Romme, F.O.; Sausset, R.; Jessen, L.E.; et al. Expanding known viral diversity in the healthy infant gut. *Nat. Microbiol.* 2023, *8*, 986–998. [CrossRef]
- Rasmussen, T.S.; Koefoed, A.K.; Jakobsen, R.R.; Deng, L.; Castro-Mejía, J.L.; Brunse, A.; Neve, H.; Vogensen, F.K.; Nielsen, D.S. Bacteriophage-mediated manipulation of the gut microbiome–promises and presents limitations. *FEMS Microbiol. Rev.* 2020, 44, 507–521. [CrossRef]
- 9. Hwang, Y.; Roux, S.; Coclet, C.; Krause, S.J.E.; Girguis, P.R. Viruses interact with hosts that span distantly related microbial domains in dense hydrothermal mats. *Nat. Microbiol.* **2023**, *8*, 946–957. [CrossRef]
- 10. Zuo, T.; Wong, S.H.; Lam, K.; Lui, R.; Cheung, K.; Tang, W.; Ching, J.Y.L.; Chan, P.K.S.; Chan, M.C.W.; Wu, J.C.Y.; et al. Bacteriophage transfer during faecal microbiota transplantation in *Clostridium difficile* infection is associated with treatment outcome. *Gut* 2017, *67*, 634–643. [CrossRef]
- Shkoporov, A.N.; Clooney, A.G.; Sutton, T.D.; Ryan, F.J.; Daly, K.M.; Nolan, J.A.; McDonnell, S.A.; Khokhlova, E.V.; Draper, L.A.; Forde, A.; et al. The Human Gut Virome Is Highly Diverse, Stable, and Individual Specific. *Cell Host Microbe* 2019, 26, 527–541.e5. [CrossRef] [PubMed]
- Angly, F.E.; Felts, B.; Breitbart, M.; Salamon, P.; Edwards, R.A.; Carlson, C.; Chan, A.M.; Haynes, M.; Kelley, S.; Liu, H.; et al. The Marine Viromes of Four Oceanic Regions. *PLoS Biol.* 2006, *4*, e368. [CrossRef] [PubMed]
- Clooney, A.G.; Sutton, T.D.; Shkoporov, A.N.; Holohan, R.K.; Daly, K.M.; O'Regan, O.; Ryan, F.J.; Draper, L.A.; Plevy, S.E.; Ross, R.P.; et al. Whole-Virome Analysis Sheds Light on Viral Dark Matter in Inflammatory Bowel Disease. *Cell Host Microbe* 2019, 26, 764–778.e5. [CrossRef]
- 14. Cao, Z.; Sugimura, N.; Burgermeister, E.; Ebert, M.P.; Zuo, T.; Lan, P. The gut virome: A new microbiome component in health and disease. *eBioMedicine* **2022**, *81*, 104113. [CrossRef] [PubMed]
- Lim, E.S.; Zhou, Y.; Zhao, G.; Bauer, I.K.; Droit, L.; Ndao, I.M.; Warner, B.B.; Tarr, P.I.; Wang, D.; Holtz, L.R. Early life dynamics of the human gut virome and bacterial microbiome in infants. *Nat. Med.* 2015, *21*, 1228–1234. [CrossRef] [PubMed]

- Guo, J.; Bolduc, B.; Zayed, A.A.; Varsani, A.; Dominguez-Huerta, G.; Delmont, T.O.; Pratama, A.A.; Gazitúa, M.C.; Vik, D.; Sullivan, M.B.; et al. VirSorter2: A multi-classifier, expert-guided approach to detect diverse DNA and RNA viruses. *Microbiome* 2021, 9, 37. [CrossRef] [PubMed]
- 17. Nayfach, S.; Camargo, A.P.; Schulz, F.; Eloe-Fadrosh, E.; Roux, S.; Kyrpides, N.C. CheckV assesses the quality and completeness of metagenome-assembled viral genomes. *Nat. Biotechnol.* **2020**, *39*, 578–585. [CrossRef]
- 18. Paez-Espino, D.; Eloe-Fadrosh, E.A.; Pavlopoulos, G.A.; Thomas, A.D.; Huntemann, M.; Mikhailova, N.; Rubin, E.; Ivanova, N.N.; Kyrpides, N.C. Uncovering Earth's virome. *Nature* **2016**, *536*, 425–430. [CrossRef]
- Shkoporov, A.N.; Ryan, F.J.; Draper, L.A.; Forde, A.; Stockdale, S.R.; Daly, K.M.; McDonnell, S.A.; Nolan, J.A.; Sutton, T.D.; Dalmasso, M.; et al. Reproducible protocols for metagenomic analysis of human faecal phageomes. *Microbiome* 2018, *6*, 68. [CrossRef]
- 20. Göller, P.C.; Haro-Moreno, J.M.; Rodriguez-Valera, F.; Loessner, M.J.; Gómez-Sanz, E. Uncovering a hidden diversity: Optimized protocols for the extraction of dsDNA bacteriophages from soil. *Microbiome* **2020**, *8*, 17. [CrossRef]
- Conceição-Neto, N.; Zeller, M.; Lefrère, H.; Bruyn, P.D.; Beller, L.; Deboutte, W.; Yinda, C.K.; Lavigne, R.; Maes, P.; Ranst, M.V.; et al. Modular approach to customise sample preparation procedures for viral metagenomics: A reproducible protocol for virome analysis. *Sci. Rep.* 2015, *5*, 16532. [CrossRef] [PubMed]
- Deng, L.; Silins, R.; Castro-Mejía, J.L.; Kot, W.; Jessen, L.; Thorsen, J.; Shah, S.; Stokholm, J.; Bisgaard, H.; Moineau, S.; et al. A Protocol for Extraction of Infective Viromes Suitable for Metagenomics Sequencing from Low Volume Fecal Samples. *Viruses* 2019, 11, 667. [CrossRef] [PubMed]
- Castro-Mejía, J.L.; Muhammed, M.K.; Kot, W.; Neve, H.; Franz, C.M.A.P.; Hansen, L.H.; Vogensen, F.K.; Nielsen, D.S. Optimizing protocols for extraction of bacteriophages prior to metagenomic analyses of phage communities in the human gut. *Microbiome* 2015, 3, 64. [CrossRef]
- 24. Cai, L.; Yang, Y.; Jiao, N.; Zhang, R. Evaluation of Tangential Flow Filtration for the Concentration and Separation of Bacteria and Viruses in Contrasting Marine Environments. *PLoS ONE* **2015**, *10*, e0136741. [CrossRef]
- Poulos, B.T.; John, S.G.; Sullivan, M.B. Iron Chloride Flocculation of Bacteriophages from Seawater. In *Methods in Molecular Biology*; Springer: New York, NY, USA, 2017; pp. 49–57. [CrossRef]
- Beller, L.; Deboutte, W.; Vieira-Silva, S.; Falony, G.; Tito, R.Y.; Rymenans, L.; Yinda, C.K.; Vanmechelen, B.; Espen, L.V.; Jansen, D.; et al. The virota and its transkingdom interactions in the healthy infant gut. *Proc. Natl. Acad. Sci. USA* 2022, 119, e2114619119. [CrossRef] [PubMed]
- 27. Thurber, R.V.; Haynes, M.; Breitbart, M.; Wegley, L.; Rohwer, F. Laboratory procedures to generate viral metagenomes. *Nat. Protoc.* **2009**, *4*, 470–483. [CrossRef] [PubMed]
- Arnold, H.P.; Ziese, U.; Zillig, W. SNDV, a Novel Virus of the Extremely Thermophilic and Acidophilic Archaeon Sulfolobus. Virology 2000, 272, 409–416. [CrossRef] [PubMed]
- 29. Kleiner, M.; Hooper, L.V.; Duerkop, B.A. Evaluation of methods to purify virus-like particles for metagenomic sequencing of intestinal viromes. *BMC Genom.* 2015, *16*, 7. [CrossRef]
- 30. Shi, H.; Tarabara, V.V. Charge, size distribution and hydrophobicity of viruses: Effect of propagation and purification methods. *J. Virol. Methods* **2018**, *256*, 123–132. [CrossRef]
- Carroll-Portillo, A.; Coffman, C.N.; Varga, M.G.; Alcock, J.; Singh, S.B.; Lin, H.C. Standard Bacteriophage Purification Procedures Cause Loss in Numbers and Activity. *Viruses* 2021, 13, 328. [CrossRef]
- Bourdin, G.; Schmitt, B.; Guy, L.M.; Germond, J.E.; Zuber, S.; Michot, L.; Reuteler, G.; Brüssow, H. Amplification and Purification of T4-Like Escherichia coli Phages for Phage Therapy: From Laboratory to Pilot Scale. *Appl. Environ. Microbiol.* 2014, 80, 1469–1476. [CrossRef] [PubMed]
- Zhai, X.; Castro-Mejía, J.L.; Gobbi, A.; Aslampaloglou, A.; Kot, W.; Nielsen, D.S.; Deng, L. The impact of storage buffer and storage conditions on fecal samples for bacteriophage infectivity and metavirome analyses. *Microbiome* 2023, 11, 193. [CrossRef] [PubMed]
- 34. COPAN. Package Insert and How to Use Guide; HPC108 Rev.00 2017.07; COPAN: Murrieta, CA, USA, 2017.
- Turner, D.; Shkoporov, A.N.; Lood, C.; Millard, A.D.; Dutilh, B.E.; Alfenas-Zerbini, P.; van Zyl, L.J.; Aziz, R.K.; Oksanen, H.M.; Poranen, M.M.; et al. Abolishment of morphology-based taxa and change to binomial species names: 2022 taxonomy update of the ICTV bacterial viruses subcommittee. *Arch. Virol.* 2023, 168, 74. [CrossRef] [PubMed]
- Sausset, R.; Petit, M.A.; Gaboriau-Routhiau, V.; Paepe, M.D. New insights into intestinal phages. *Mucosal Immunol.* 2020, 13, 205–215. [CrossRef] [PubMed]
- Walters, W.A.; Granados, A.C.; Ley, C.; Federman, S.; Stryke, D.; Santos, Y.; Haggerty, T.; Sotomayor-Gonzalez, A.; Servellita, V.; Ley, R.E.; et al. Longitudinal comparison of the developing gut virome in infants and their mothers. *Cell Host Microbe* 2023, 31, 187–198.e3. [CrossRef] [PubMed]
- 38. Erickson, H.P. Size and Shape of Protein Molecules at the Nanometer Level Determined by Sedimentation, Gel Filtration, and Electron Microscopy. *Biol. Proced. Online* **2009**, *11*, 32–51. [CrossRef] [PubMed]
- 39. Garmaeva, S.; Sinha, T.; Kurilshikov, A.; Fu, J.; Wijmenga, C.; Zhernakova, A. Studying the gut virome in the metagenomic era: Challenges and perspectives. *BMC Biol.* **2019**, *17*, 84. [CrossRef]
- 40. Corning. Corning Filtration Guide; Corning: Tewksbury, MA, USA, 2011.
- 41. Cytiva. Membrane Filtration: Choosing the Correct Type of Filter; Cytiva: Marlborough, MA, USA, 2023.

- 42. Liang, G.; Bushman, F.D. The human virome: Assembly, composition and host interactions. *Nat. Rev. Microbiol.* **2021**, *19*, 514–527. [CrossRef]
- 43. Callanan, J.; Stockdale, S.R.; Shkoporov, A.; Draper, L.A.; Ross, R.P.; Hill, C. Biases in Viral Metagenomics-Based Detection, Cataloguing and Quantification of Bacteriophage Genomes in Human Faeces, a Review. *Microorganisms* **2021**, *9*, 524. [CrossRef]
- 44. Gerba, C.P.; Betancourt, W.Q. Viral Aggregation: Impact on Virus Behavior in the Environment. *Environ. Sci. Technol.* 2017, 51, 7318–7325. [CrossRef]
- Ölander, M.; Handin, N.; Artursson, P. Image-Based Quantification of Cell Debris as a Measure of Apoptosis. *Anal. Chem.* 2019, 91, 5548–5552. [CrossRef] [PubMed]
- Bamford, D.H.; Palva, E.T.; Lounatmaa, K. Ultrastructure and Life Cycle of the Lipid-containing Bacteriophage 6. J. Gen. Virol. 1976, 32, 249–259. [CrossRef] [PubMed]
- 47. Craig, L.; Forest, K.T.; Maier, B. Type IV pili: Dynamics, biophysics and functional consequences. *Nat. Rev. Microbiol.* 2019, 17, 429–440. [CrossRef] [PubMed]
- 48. Pérez-Cataluña, A.; Randazzo, W.; Martínez-Blanch, J.F.; Codoñer, F.M.; Sánchez, G. Sample and library preparation approaches for the analysis of the virome of irrigation water. *J. Sci. Food Agric.* **2023**, *103*, 4450–4457. [CrossRef] [PubMed]
- Doss, J.H.; Barekzi, N.; Gauthier, D.T. Improving high-throughput techniques for bacteriophage discovery in multi-well plates. J. Microbiol. Methods 2022, 200, 106542. [CrossRef] [PubMed]
- 50. Brunse, A.; Deng, L.; Pan, X.; Hui, Y.; Castro-Mejía, J.L.; Kot, W.; Nguyen, D.N.; Secher, J.B.M.; Nielsen, D.S.; Thymann, T. Fecal filtrate transplantation protects against necrotizing enterocolitis. *ISME J.* **2021**, *16*, 686–694. [CrossRef] [PubMed]
- Ott, S.J.; Waetzig, G.H.; Rehman, A.; Moltzau-Anderson, J.; Bharti, R.; Grasis, J.A.; Cassidy, L.; Tholey, A.; Fickenscher, H.; Seegert, D.; et al. Efficacy of Sterile Fecal Filtrate Transfer for Treating Patients With Clostridium difficile Infection. *Gastroenterology* 2017, 152, 799–811.e7. [CrossRef] [PubMed]
- Rasmussen, T.S.; Mentzel, C.M.J.; Danielsen, M.R.; Jakobsen, R.R.; Zachariassen, L.S.F.; Mejia, J.L.C.; Brunse, A.; Hansen, L.H.; Hansen, C.H.F.; Hansen, A.K.; et al. Fecal virome transfer improves proliferation of commensal gut *Akkermansia muciniphila* and unexpectedly enhances the fertility rate in laboratory mice. *Gut Microbes* 2023, *15*, 2208504. [CrossRef]
- Tokman, J.I.; Kent, D.J.; Wiedmann, M.; Denes, T. Temperature Significantly Affects the Plaquing and Adsorption Efficiencies of Listeria Phages. Front. Microbiol. 2016, 7, 631. [CrossRef]
- 54. Hahn, M.W.; Lang, E.; Brandt, U.; Lünsdorf, H.; Wu, Q.L.; Stackebrandt, E. *Polynucleobacter cosmopolitanus* sp. nov., free-living planktonic bacteria inhabiting freshwater lakes and rivers. *Int. J. Syst. Evol. Microbiol.* **2010**, *60*, 166–173. [CrossRef]
- 55. Li, Q.; Chen, X.; Jiang, Y.; Jiang, C. Morphological Identification of Actinobacteria. In *Actinobacteria*; Dhanasekaran, D., Jiang, Y., Eds.; IntechOpen: Rijeka, Croatia, 2016; Chapter 3. [CrossRef]
- Alexyuk, P.; Bogoyavlenskiy, A.; Alexyuk, M.; Akanova, K.; Moldakhanov, Y.; Berezin, V. Isolation and Characterization of Jumbo Coliphage vB_EcoM_Lh1B as a Promising Therapeutic Agent against Chicken Colibacillosis. *Microorganisms* 2023, 11, 1524. [CrossRef]
- 57. Berg, M.; Roux, S. Extreme dimensions—How big (or small) can tailed phages be? *Nat. Rev. Microbiol.* **2021**, *19*, 407–407. [CrossRef]

Disclaimer/Publisher's Note: The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.