

Review

## On Wood–Water Interactions in the Over-Hygroscopic Moisture Range—Mechanisms, Methods, and Influence of Wood Modification

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Abstract: Wood is a hygroscopic material that absorbs and desorbs water to equilibrate to the ambient climate. Within material science, the moisture range from 0 to about 95–98% relative humidity is generally called the hygroscopic moisture range, while the exceeding moisture range is called the over-hygroscopic moisture range. For wood, the dominating mechanisms of moisture sorption are different in these two moisture ranges; in the hygroscopic range, water is primarily bound by hydrogen bonding in cell walls, and, in the over-hygroscopic range, water uptake mainly occurs via capillary condensation outside cell walls in macro voids such as cell lumina and pit chambers. Since large volumes of water can be taken up here, the moisture content in the over-hygroscopic range increases extensively in a very narrow relative humidity range. The over-hygroscopic range is particularly relevant for durability applications since fungal degradation occurs primarily in this moisture range. This review describes the mechanisms behind moisture sorption in the over-hygroscopic moisture range, methods that can be used to study the interactions between wood and water at these high humidity levels, and the current state of knowledge on interactions between modified wood and water. A lack of studies on interactions between modified wood and water in the over-hygroscopic range was identified, and the possibility of combining different methods to acquire information on amount, state, and location of water in modified wood at several well-defined high moisture states was pointed out. Since water potential is an important parameter for fungal growth, such studies could possibly give important clues concerning the mechanisms behind the increased resistance to degradation obtained by wood modification.

**Keywords:** moisture; moisture content; over-hygroscopic; sorption isotherm; sorption; water; wood; wood modification.

## 1. Introduction

In the living tree, water and nutrients are transported from the roots to the transpiring leaves in the canopy through the xylem in the wood stem, a transport mechanism which requires that a continuous path of water [1]. The structure of the xylem differs between softwoods and hardwoods, but they both have in common that water travels from cell lumen to cell lumen through openings (pits or perforation plates) that connect lumina of adjacent cells. The structure of the xylem is, thus, specialized in conducting and holding water, something that needs to be considered when using wood as a construction material.

The moisture content of the xylem in the living tree is high, in the range of 100–200% (mass of water in relation to dry mass) in sapwood depending on wood species [2]. After a tree is felled, the wood, therefore, needs to be dried before it can be used as a construction material. If the wood is kept in a relatively dry environment, e.g., indoors, it will not return to as high moisture levels as in the living tree.



However, if wood is exposed in humid environments or to liquid water, e.g., outdoors, the moisture content can again reach levels similar to those in the living tree. Within material science, the moisture range from 0 to about 95–98% relative humidity is generally called the hygroscopic moisture range [3]. The moisture range exceeding about 95–98% is called the over-hygroscopic moisture range [4] or the capillary moisture range [3]. During the lifespan of wood used as a construction material, it experiences moisture contents in the over-hygroscopic range on mainly two occasions: during drying after felling and if the wood is wetted again in humid environments or by rain exposure. Therefore, for engineering applications, the over-hygroscopic moisture range is mainly relevant within wood-drying technology and for outdoor structures. In wood-drying technology, research on wood–water interactions mainly focused on moisture sorption and transport at high moisture levels for the purpose of developing models describing and optimizing wood-drying processes [5–8]. For wood in outdoor applications, this moisture range is relevant since degradation by wood-decaying fungi occurs at high humidity levels; the minimum water potential that allows activity of wood-degrading fungi is in the range of -4 to -0.1 MPa [9–12], which corresponds to 97–99.9% relative humidity.

The objectives of this review are to describe the mechanisms behind moisture sorption in the over-hygroscopic moisture range, the methods that can be used to study the interactions between wood and water at these high humidity levels, and the current state of knowledge on interactions between modified wood and water.

#### 2. Moisture Sorption in Wood in the Over-Hygroscopic Moisture Range

In the over-hygroscopic moisture range, wood takes up a substantial amount of water in a very narrow relative humidity range. A softwood with a density of 400 kg·m<sup>-3</sup> absorbs 150% water (based on the dry mass of the wood) between 99.5% and 100% relative humidity [13]. For comparison, the moisture content in the whole hygroscopic moisture range increases from 0 to about 30%. The dominating mechanisms behind moisture sorption are different in the hygroscopic and over-hygroscopic moisture ranges. In the hygroscopic range, water is absorbed in cell walls and interacts with hydroxyl groups of the chemical constituents cellulose, hemicellulose, and lignin, and water is bound by hydrogen bonding. In this moisture range, physical wood properties, such as strength and dimensional stability, are strongly influenced by moisture content. In the over-hygroscopic range, water uptake is dominated by capillary condensation in macro voids such as cell lumina and pit chambers. Here, physical wood properties are not affected to the same extent as in the hygroscopic range, but this is the range where fungal degradation occurs. In the present paper, water absorbed in cell walls is denoted cell-wall water, while water outside cell walls is denoted capillary water.

For a long period of time, the paradigm within wood science was that water is found in cell lumina only when the cell walls are saturated with water [14]. According to this theory, cell walls should be saturated when capillary condensation in cell lumina occurs during absorption, and, in desorption, capillary water in macro voids should drain before the moisture content of cell walls decreases. However, others [15] suggested that the transition between the hygroscopic and the over-hygroscopic moisture range is more gradual in terms of where the water molecules are taken up in the wood structure [15]. This is supported by the fact that the moisture content at which large changes in mechanical properties and dimensions occur (referred to as the fiber saturation point) is generally lower than the cell-wall moisture content of water-saturated specimens measured by differential scanning calorimetry (DSC), solute exclusion, or low-field nuclear magnetic resonance (LFNMR) [15]. An additional indication of the fact that this transition is more gradual is that small dimensional changes and changes in mechanical properties were observed at high moisture levels, despite careful conditioning procedures being used to avoid moisture gradients [16–18].

#### Capillary Condensation

The dominating mechanism for water uptake in wood in the over-hygroscopic range is capillary condensation. That is, in small voids, water vapor can condense below the saturation vapor

pressure [19,20]. The relative humidity at which capillary condensation occurs depends on void dimensions and geometry and is given by Equation (1) [20].

$$ln\varphi = -\frac{\gamma\cos(\theta)V}{RT} \left(\frac{1}{r_1} + \frac{1}{r_2}\right),\tag{1}$$

where  $\varphi$  is the relative humidity (Pa·Pa<sup>-1</sup>),  $\gamma$  (N·m<sup>-1</sup>) is the water surface tension,  $\theta$  is the water–wood surface contact angle, V (m<sup>3</sup>·mol<sup>-1</sup>) is the molar volume of water, R (8.314 J·mol<sup>-1·</sup>K<sup>-1</sup>) is the gas constant, T (K) is the temperature, and  $r_1$  and  $r_2$  (m) are the principal radii of condensation. In small voids, capillary condensation, thus, occurs at a lower relative humidity than in large pores, but also depends on pore geometry. For example, for a cylindrical pore,  $r_1 = r_2 = r$ , where r is the pore radius, while, for a slit shaped pore,  $r_1 = r$  and  $r_2 = \infty$ . For further examples of capillary condensation in pores of different geometries, see References [20,21].

Since the voids or pores outside of cell walls are in the micrometer range, capillary condensation to a significant extent occurs only at very high relative humidity levels. For cylindrical pores, the relative humidity at which capillary condensation occurs in different pore sizes is given in Table 1. Assuming cylindrical geometry for cell lumina and a radius of 5  $\mu$ m, capillary condensation will occur at 99.98% relative humidity (Table 1). However, the wood macro structure also contains other, smaller spaces where capillary condensation can occur at lower humidity levels, e.g., pit chambers and the tapered ends of tracheid cell lumina. A relative humidity above 99% is, however, still needed in these smaller spaces in order to have significant amounts of water outside cell walls during absorption [22].

Radius (µm)	Relative Humidity (%)	Water Potential (J∙kg <sup>-1</sup> )
0.01	89.7734	-14587.5
0.1	98.9270	-1458.7
0.5	99.7845	-291.7
1	99.8922	-145.8
2	99.9461	-72.9
5	99.9784	-29.2
10	99.9892	-14.6
20	99.9946	-7.3
40	99.9973	-3.7

**Table 1.** The relative humidity and water potential at which capillary condensation occurs in cylindrical pores with different radii at 20 °C. The relative humidity was calculated from Equation (1) with  $r_1 = r_2 = r$ . For conversion of relative humidity to water potential, see Equation (2).

#### 3. The Over-Hygroscopic Sorption Isotherm

The total amount of water present in a material at equilibrium with a certain relative humidity is shown in a sorption isotherm. In the hygroscopic moisture range, the sorption isotherm is typically expressed as a function of relative humidity (insert in Figure 1a). Sorption isotherms covering the full moisture range, however, are commonly expressed as a function of water potential or pore water pressure since this gives a higher resolution at high humidity levels (Figure 1b). The water potential  $\psi$  (J·kg<sup>-1</sup>) is related to relative humidity  $\varphi$  (Pa·Pa<sup>-1</sup>) by Equation (2) [7].

$$\psi = \frac{RT}{M_{\rm w}} \ln(\varphi),\tag{2}$$

where *R* (8.314 J·mol<sup>-1</sup>·K<sup>-1</sup>) is the gas constant, *T* (K) is the temperature, and  $M_w$  (0.018 kg·mol<sup>-1</sup>) is the molar mass of water. Water potential can also be expressed in other units such as MPa. For example, 1 J·kg<sup>-1</sup> is 10<sup>-3</sup> MPa. For conversion between different units, see Table 2.1 in Cooper [23]. For more details on the theoretical background, see Cloutier and Fortin [24].



**Figure 1.** Sorption isotherms for Norway spruce (*Picea abies* (L.) Karst.) as a function of relative humidity (**a**) and water potential (**b**); data from Fredriksson and Johansson [25]. The insert in (a) shows the hygroscopic part of the sorption isotherm. Note that, in (b), the moisture content at  $-100 \text{ J} \cdot \text{kg}^{-1}$  is the moisture content at water saturation, and the shape of the over-hygroscopic part of the sorption isotherm is an estimation based on the structure of spruce.

#### 3.1. Sorption Hysteresis

The equilibrium moisture content of a material does not only depend on the ambient climate; it also depends on the previous moisture level. An initially water-saturated material that reached equilibrium at a certain relative humidity contains more water than an initially dry material that reached equilibrium at the same relative humidity. This is called sorption hysteresis, and, as seen in Figure 1, the sorption hysteresis is particularly large in the over-hygroscopic moisture range. This large hysteresis for wood in this range is attributed to the ink-bottle effect or the pore blocking effect [26]. That is, the relative humidity where the pore is emptied depends on the radius of the opening that the water needs to pass through during drainage rather than the radius of the actual pore [20,27,28]. For example, assume a cylindrical pore with a radius of  $5 \,\mu$ m having two cylindrical openings (bottle necks) each with a radius of 1 µm (Figure 2a). During absorption, capillary condensation in the bottle necks will occur at a water potential/relative humidity that corresponds to a radius of 1  $\mu$ m, which is at 99.8922% (Table 1). The wider part of the pore will be filled at the relative humidity corresponding to a radius of 5  $\mu$ m, which is 99.9784% (Table 1). The absorption isotherm would then have two steps: one where the ink-bottle necks are filled and one where the rest of the pore is filled (Figure 2a). During desorption, however, the wider part of the pore cannot be emptied until the bottle necks are emptied. Therefore, the whole pore will be emptied at the water potential/relative humidity that corresponds to a radius of 1 µm, which results in hysteresis between the absorption and desorption isotherms (Figure 2a). In wood, the pits that connect adjacent cell lumina act as ink-bottle necks [26] (Figure 2b). Therefore, during desorption, it is not the size of cell lumina that decides when the macro voids are emptied, but the size of the pit openings [26]. Water in cell lumina is not emptied until the relative humidity that corresponds to the size of the pit openings is reached. Since the pit openings are smaller than the cell lumina, this water will, thus, be emptied at a lower relative humidity than when it was filled. Therefore, if a cell has very small pit openings, water can be held in cell lumina down to moisture contents in the hygroscopic range during desorption. This was observed by Passarini et al. [29], where capillary water in lumina of axial parenchyma of Eucalyptus saligna Sm. was present at 90% relative humidity. This was attributed to the presence of vestured pits (pits in which the openings are very small), in possible

combination with blocking by tyloses. Note, however, that sorption hysteresis for cell-wall water is attributed to other mechanisms than the ink-bottle effect (see References [15,30]).



**Figure 2.** A schematic illustration of the ink-bottle effect and the effect on the sorption isotherms (**a**). A tracheid cell where the bordered pits act as ink-bottle necks and trap water during desorption (**b**).

Since the equilibrium moisture content depends not only on the ambient climate, but also on the previous moisture level, there are also intermediate curves, connecting the desorption and isotherm isotherms, called scanning isotherms [4,31,32]. These curves describe the equilibrium moisture content obtained when starting from another initial moisture state than a dry or water-saturated state. There are no measurements of scanning isotherms in the over-hygroscopic moisture range, but Cloutier and Fortin [7] tried different hypothetical scanning isotherms in their drying model and found that the choice of scanning isotherm significantly influenced the results.

#### 3.2. Influence of Wood Structure

In the hygroscopic moisture range, the sorption isotherm expressed as moisture content  $(kg \cdot kg^{-1})$ is not strongly density-dependent. In the over-hygroscopic range, however, low wood density means a larger volume of macro voids (cell lumina) which can be filled with water. The maximum wood moisture content and the uppermost part of the over-hygroscopic sorption isotherm is, therefore, strongly density-dependent. This is shown in Figure 3 where desorption isotherms from the literature for wood of different densities are shown. The water potential where the drop in moisture content occurs depends on the size of the pit openings in the different cell types. [33]. Thus, two wood species can have the same density and similar maximum moisture content, but the shape of the desorption isotherm depends on wood structure in terms of the size of the pit openings and the volumes of water that are entrapped by these pit openings. This is seen by comparing sorption isotherms for two wood species with similar densities in Figure 3: beech (Fagus grandifolia Ehrhart) and congona (Brosimum alicastrum Swartz). The maximum moisture content of these wood species is similar due to the similar density, but the sorption isotherm of beech drops early in the desorption process, while water is held at lower humidity for congona. According to the results by Almeida and Hernandez [33], congona lost 37% of the water between -100 J·kg<sup>-1</sup> and -300 J·kg<sup>-1</sup>, which corresponds to radii of 0.48 and 1.44 µm, respectively. According to mercury intrusion porosimetry (MIP) results from the same study, 37% of the pores were larger than 0.48  $\mu$ m. Since MIP measures the pore entry sizes rather than the pore sizes themselves [34], there was a good correlation between the water potential at which the desorption isotherm dropped and the size of the "ink-bottle necks" determined by MIP. In addition, the relative volume of vessels, fiber lumina, and axial parenchyma was determined to be 38%, and this

volume was, thus, well correlated with the amount of water lost between these two levels. Beech, on the other hand, lost a lot of water before  $-100 \text{ J}\cdot\text{kg}^{-1}$ , which correlated with having a large number of pore openings larger than 1.44 µm [33].



**Figure 3.** Over-hygroscopic desorption isotherms for wood of different densities. Data for red pine (*Pinus resinosa* Ait.) [35], aspen (*Populus tremuloides* Michx.) [24], congona (*Brosimum alicastrum* Swartz) [33], beech (*Fagus grandifolia* Ehrhart) [16], and huayuro (*Robinia coccinea* Aublet) [33]. All densities,  $\rho$  (kg·m<sup>-3</sup>), were defined as dry mass in relation to green volume. Note that the moisture content at water saturation is arbitrarily placed at  $-10^{\circ}$  J·kg<sup>-1</sup>.

# 4. Experimental Methods for Studies of Moisture Conditions in the Over-Hygroscopic Moisture Range

#### 4.1. Amount of Water and Sorption Isotherms

Conditioning of specimens to different moisture levels, as well as determination of sorption isotherms, is commonly done by using saturated salt solutions since different salts generate different relative humidity levels [36]. In addition, for determination of sorption isotherms, sorption balances [37] are commonly used. These techniques can, however, only be used up to about 95–97% relative humidity. For conditioning and determination of sorption isotherms at higher levels, i.e., in the over-hygroscopic moisture range, other techniques than those used in the hygroscopic range are needed. Such techniques are the pressure plate technique, pressure membrane technique, centrifuge techniques, and hanging water column.

The pressure plate technique was originally developed to study water holding capacity in soil [38], but was since widely used within wood science [16–18,24–26,33,35,39–46]. To condition a material to high moisture levels, specimens are placed on a water-saturated porous ceramic plate inside a pressure container. The pore size distribution of the ceramic plate is designed so that it will withstand the pressure applied during the experiment. Therefore, when pressure is applied, the pores in the plate will not empty, but the water in the pores will have curved menisci. The pores in the specimens in which the capillary pressure is lower than the applied pressure will be emptied, and this water is transported out through the ceramic plate since the underside of the ceramic plate is exposed to atmospheric pressure. The pressure plate technique can be used up to 15 bar, which corresponds to a relative humidity of 98.9%. For higher pressures, up to 100 bar, corresponding to a relative humidity of about 92.9%, the pressure membrane technique is used instead, since the pores in the ceramic plates

are too large to withstand such high pressures. For determination of sorption isotherms with pressure plate/membrane techniques, specimens are equilibrated to several different pressures/moisture levels. The equilibrium mass is then determined, and the specimens are dried to determine the dry mass and, subsequently, the moisture content.

A less common technique to equilibrate wood specimens to moisture contents in the over-hygroscopic range is to spin specimens using a centrifuge [47,48]. This creates a body force which causes water to flow out of the wood specimen until the capillary forces are equal to the body force [48]. By spinning specimens at different rates, the moisture content as a function of capillary pressure can be obtained [47,48]. This is similar to the approach used to determine water retention value [49,50]. An additional method is the hanging water column, which is mainly used within soil science, but sometimes also for construction materials [51]. This method can, however, only be used at very low pressures close to saturation, since the pressure difference is obtained by elevating the sample (see References [51,52] for further details).

Conditioning above water instead of a saturated salt solution is sometimes claimed to correspond to conditioning at 100% relative humidity, which is not the case. The reason for this is that very small changes in temperature would either induce condensation or lower the relative humidity using this method. For example, if a sample is put above water in a climate box at 20.0 °C and the temperature later increases to 20.2 °C, the saturation vapor content would change from 17.28 g·m<sup>-3</sup> to 17.49 g·m<sup>-3</sup>. A vapor content in the air of 17.28 g·m<sup>-3</sup> (assuming 100% relative humidity from the start) would, thus, make the relative humidity decrease to 98.8%. From Figures 1 and 3, it is seen that this seemingly small change in relative humidity substantially decreases the equilibrium moisture content of the wood. Even a temperature change as small as 0.1 °C would decrease the relative humidity to 99.4%, and also change the moisture content substantially. For this reason, extreme accuracy in temperature would be needed in order to have a constant climate at 100% relative humidity, making this method practically impossible.

An additional way of conditioning samples to high moisture contents, which is sometimes used, is to let a dry piece of wood absorb a certain amount of water, or, to let water saturate a piece of wood and let it air-dry in a certain climate. The sample is then sealed in order for the moisture to redistribute within the sample. This will, however, not give a uniform moisture content within the specimen; during the redistribution process, some parts of the sample will reach equilibrium by absorption and others by desorption. Due to the large hysteresis, especially at high humidity levels (see Figure 1), different parts of the piece of wood will end up at different scanning isotherms and, thus, have different equilibrium moisture contents, albeit in equilibrium at the same relative humidity level [53]. This procedure should, thus, only be used if simply the average moisture content of the sample is important; furthermore, it is important to be aware that the specimens have moisture gradients, and interpretations of the results should be done accordingly.

#### 4.2. Location and State of Water

The abovementioned methods are conditioning methods and, via moisture content determination after conditioning, they provide information on how much water is present in the wood at a certain relative humidity. However, no information is given on where in the wood structure the water is located. At low moisture contents, this information is not needed since water is predominantly present within cell walls. At higher moisture levels, however, water can be present in cell walls, cell lumina in cells of different sizes, and other small voids within the wood structure such as pit chambers. Therefore, it is relevant to study not only how much water is present, but also where the water is located.

To differentiate between different pools of water within the wood structure, low-field nuclear magnetic resonance (LFNMR) can be used [54–64] (for a theoretical background, see Rutledge [65]). Here, spin–spin relaxation time ( $T_2$ ) distributions are evaluated from exponential decay functions. The exponential functions are de-convoluted either by discrete multi-exponential fitting or by algorithms where continuous distributions of  $T_2$  relaxation times and amplitudes are obtained [66].

A drawback with the former is that it assumes that a discrete number of water populations are present. The latter, however, gives a continuous  $T_2$  distribution, and no assumption of number of water populations is needed. In the literature, both approaches are sometimes used for comparison (see References [54,59,67]).

A change in  $T_2$  indicates a change in wood–water interactions, which can be due to either a change in physical environment (surface-to-volume ratio) or chemical environment (surface chemistry inside pores or solutes in the water) [68]. Water in large pores has a longer  $T_2$  than water in small pores, and it is, therefore, possible to distinguish between capillary water in differently sized cell lumina [61]. It can be difficult to interpret if a change in  $T_2$  is caused by a change in the physical or chemical environment. To separate these two effects, two-dimensional (2D) LFNMR, where the correlation between two relaxation times,  $T_1$  and  $T_2$ , is determined, can be used [63,68].

Apart from separating different pools of capillary water, LFNMR also gives information on water in and outside of cell walls. However, this technique can underestimate the amount of cell-wall water due to an exchange between capillary water and cell-wall water [67]. Therefore, measurements of absolute values of cell-wall moisture contents using this method should be interpreted with care. Cell-wall moisture content can be determined using LFNMR if the measurements are performed at sub-zero temperatures [67,69]. The capillary water then freezes, the signal normally obtained from capillary water disappears, and only one peak representing cell-wall water is seen [69]. The exchange between capillary water and cell-wall water is, thus, hindered. Beck et al. [67] showed that the cell-wall moisture content determined by LFNMR at sub-zero temperatures is higher than the cell-wall moisture content determined using the same technique at room temperature.

Apart from LFNMR at sub-zero temperatures, there are two additional techniques which can be used to differentiate between water inside and outside of cell walls: differential scanning calorimetry (DSC) [70–74] and solute exclusion technique (SET) [75]. As with LFNMR at sub-zero temperatures, DSC is based on the assumption that the water in cell walls does not freeze, but all water outside cell walls does at the temperatures used in the experiment. The specimen is exposed to sub-zero temperatures, and the energy needed to the melt the ice formed during cooling, i.e., the enthalpy of melting, is evaluated. From this, the amount of frozen (capillary water) and non-frozen water (cell-wall water) can be determined (see Simpson and Barton [73]). Solute exclusion can also be used to determine the cell-wall moisture content; however, unlike DSC and sub-zero temperature LFNMR, the specimen is not frozen. Instead, a water-saturated specimen is placed in a solution of molecular probe solutes with known concentration and known size of the probe molecules. The change in concentration, which occurs when the probe molecules diffuse into the specimen, is used to determine the volume of accessible water [75,76].

Imaging techniques can be used to visualize water distributions within the wood structure, including magnetic resonance imaging (MRI) [29,77–79], neutron imaging [80–82], and X-ray imaging [83,84]. Of these three, only MRI was used to study location of water at the cell level.

#### 4.3. Combining Different Techniques to Determine Amount, Location, and State of Water

Techniques for determining the location and state of water described above were mainly used on water-saturated specimens, or on specimens during drying or wetting, i.e., with moisture gradients present within the specimen. Depending on the purpose of the measurement, the latter can make the interpretation of the data challenging. However, all the techniques mentioned above, except SET, can potentially be used at different well-defined moisture levels in the over-hygroscopic range (Figure 4). This requires that these techniques are combined with any of the conditioning techniques giving well-defined moisture states described in Section 4.1. This makes it possible to get information about the amount, location, and state of water in wood at several humidity levels in the over-hygroscopic moisture range. There are, however, few examples in the literature where this was done. Almeida et al. [46] combined MRI with pressure membrane conditioning to visualize spatial distributions and transport of liquid water during drying under controlled high-humidity conditions. Also, Thygesen et al. [43]

used LFNMR on specimens conditioned by the pressure plate technique to establish if capillary water was present within the wood structure.



**Figure 4.** Overview of methods that can be used to study location of water in the over-hygroscopic moisture range.

#### 5. Influence of Modification

Wood modifications, such as acetylation, furfurylation, and thermal modification, are known to improve resistance to fungal degradation; however, the exact mechanisms behind the improved durability are not fully understood (see References [85–87]). It is well known that water plays an important role in degradation processes, since wood-degrading fungi need water for several different purposes [12]. All modification techniques mentioned above lower the moisture content within cell walls, and the moisture exclusion achieved by the modification is, therefore, considered to be an important factor [88]. It was also suggested that not only the total moisture content is of importance, but also the distribution of water within the wood structure, e.g., if sufficient amounts of water are accessible to fungal hyphae [89]. Water potential is a central factor for fungal growth [11,12], and, for wood-degrading fungi, the minimum water potential is in the range of -4 to -0.1 MPa [9–12], which corresponds to about 97–99.9% relative humidity. Fungal degradation, therefore, primarily occurs in the over-hygroscopic moisture range. However, despite the importance of the over-hygroscopic range for fungal degradation, few studies investigated the interaction between modified wood and water in this moisture range.

#### 5.1. Acetylation

In acetylation, wood reacts with acetic anhydride, producing acetic acid as a by-product [90]. During the reaction, accessible hydroxyl groups are replaced with acetyl groups, thus reducing the number of hydroxyl groups accessible for water molecules [91,92]. In addition, acetylation swells the cell wall, leaving less available space for water. Cell-wall bulking is considered to be the main mechanism for the lowered cell-wall moisture content in acetylated wood [93]. This lowered cell-wall moisture content is a possible reason for the enhanced durability, since a low cell-wall moisture content could hinder the transport of substances necessary for the fungi [87]. There are, however, indications that acetylation not only changes the cell-wall moisture content, but also influences the interactions between wood and capillary water [62,67]. Wood-degrading fungi need capillary water [12], and acetylation lowers the over-hygroscopic desorption isotherm [43]. Thygesen and Elder [62] and Beck et al. [67] studied the influence of acetylation on interactions between wood and water using LFNMR and found that acetylation increased  $T_2$  for the peak corresponding to lumen water. Beck et al. [67] found that this increase was linked to the weight percentage gain of the acetylated wood; a higher weight percentage gain achieved from the acetylation led to a longer  $T_2$ . An increased  $T_2$ 

can mean either a larger pore size (change in physical environment) or a changed interaction between the material and water (change in chemical environment). It is unlikely that acetylation increases the size of the cell lumina, and Thygesen and Elder [62] concluded that the longer  $T_2$  was more likely due to acetylation making the lumen surface more hydrophobic. This is reasonable since a change in contact angle was detected on surfaces of acetylated wood using the Wilhelmy method [94–96], even though contact-angle measurements using this method under non-equilibrated conditions on materials that absorb water were questioned [97]. Since a change in contact angle would change the relative humidity at which capillary condensation occurs (Equation (1)), this should change the over-hygroscopic absorption isotherm. However, over-hygroscopic absorption isotherms were not determined for acetylated wood and, as discussed above, the shape of the desorption isotherms depends on the size of pit openings. No anatomical changes were, however, detected for acetylated wood [98,99]. This is, thus, consistent with the almost constant ratio between the desorption isotherm of acetylated wood and untreated wood obtained by Thygesen et al. [43]

#### 5.2. Furfurylation

Furfurylation is performed by impregnating wood with a mixture of furfuryl alcohol and catalysts during heating so that polymerization occurs [100]. As with acetylation, furfurylation reduces the cell-wall moisture content of wood, and the suggested mechanism is cell-wall bulking, i.e., the polymer fills space in the cell wall otherwise available for water [88,101,102]. In addition, the polymer fills or partly fills lumina of softwood tracheids [99,103]. Moghaddam et al. [99] found that the cross-section of the lumina in southern yellow pine (*Pinus palustris* Mill.) became more circular or elliptic after furfurylation. In maple (*Acer platanoides* L.), polymer deposits were mainly found in rays and vessels, but not in the fiber lumina [99].

Thygesen and Elder [62] studied the influence of furfurylation on the interactions between wood and water by LFNMR and found that, as with the acetylated specimens, the  $T_2$  increased for the peak related to water in cell lumina. An increase in  $T_2$  could mean larger voids, but furfurylation rather decreases the size of the cell lumina due to polymer deposition. However, since the cell lumina of different cell types are filled to a different extent, an increase in  $T_2$  could possibly be seen if cells with small cell lumina were filled to a larger extent than cells with large lumina, i.e., if, for example, latewood tracheid lumina were filled to a larger extent than earlywood tracheid lumina. The increased  $T_2$  for the water in cell lumina could, as suggested for acetylated wood, also be related to the increased hydrophobicity of the of the wood due to furfurylation [62].

Unlike acetylated wood, the sorption isotherm of furfurylated wood is not lowered in the whole moisture range; Thygesen et al. [43] found that the sorption isotherm was lowered up to about 99 % relative humidity, but the sorption isotherm of furfurylated wood was higher than for untreated wood above that level. Since parts of the cell lumina were likely filled in the furfurylated wood, this can seem counterintuitive; however, a possible reason is that voids not present in untreated wood were introduced by the furfurylation process. Both intercellular cracks and micro-cracks were observed in furfurylated wood [103]. Therefore, it is possible that capillary condensation occurs in these voids, which would change the over-hygroscopic sorption isotherms. Also, since the furfurylation changes the geometry of cell lumina [99] and possibly also the contact angle [94], this can affect the relative humidity at which capillary condensation occurs (Equation (1)). An additional possible explanation could be that pit openings of some cells are blocked by polymer deposits. Water would then remain in cell lumina during desorption, resulting in a higher desorption isotherm.

#### 5.3. Thermal Modification

Studies on heat-treated wood in the over-hygroscopic moisture range are limited. Zauer et al. [44] found that the over-hygroscopic sorption isotherms decreased for heat-treated spruce (*Picea abies* (L.) Karst.) heartwood, but the extent of the decrease was different at different moisture levels. Javed et al. [77] found that heat treatment at 230 and 240 °C gave higher maximum moisture contents

based on dry mass than for untreated references, but the absolute amount of water was always lower in the heat-treated samples. This may be a consequence of the mass loss occurring during thermal treatment; the moisture content can, thus, increase because of the lower dry mass, but without the actual amount of water being higher. For other modifications, e.g., acetylation and furfurylation, which increase the dry mass of the wood, this is generally corrected for so that the moisture content is given based on dry mass before the treatment [88].

Other studies evaluated the amount and location of water under non-equilibrated conditions and found that wood thermally treated at temperatures above about 200 °C has slower absorption of capillary water [77,104,105]

#### 6. Concluding Remarks and Outlook for Future Research

Despite the importance of the over-hygroscopic moisture range for fungal degradation, and the importance of the change in interactions between modified wood and water in decay protection, few studies focused on the influence of wood modification on the interaction between wood and water in this moisture range. Three of the most widely studied modification techniques affect the sorption isotherm (water potential-moisture content relationship) at high humidity levels. However, since these modification techniques act in different ways, the underlying mechanisms are not necessarily the same. It is, however, likely that the contact angle between water and lumen surfaces is influenced for all these modification techniques. A change in contact angle would affect the capillary condensation of water (Equation (1)) and could, thus, change the sorption isotherm in the transition zone between the hygroscopic and the over-hygroscopic moisture ranges, i.e., around the limit where fungal activity can occur. The situation is more complex for furfurylated wood since cell lumina are filled to some extent and intercellular cracks and micro-cracks in cell walls were observed, which also affects when capillary condensation of water occurs. There are, however, no data on over-hygroscopic absorption isotherms for modified wood and, thus, no data of sorption hysteresis for modified wood in this moisture range. Such data could, however, give information on the mechanisms behind changes in sorption behavior due to wood modification.

There are a range of techniques available to study interactions between wood and water at high relative humidity levels. Combining any of the conditioning techniques with techniques detecting the location and state of water, as described in Section 4.3, enables detailed studies of the amount, location, and state of water at well-defined equilibrium moisture content, as well as on the way to equilibrium. For example, pressure plate conditioning in combination with DSC and/or LFNMR would enable studies of the influence of modification on capillary water and cell-wall water separately under equilibrated conditions. Imaging under well-defined climate conditions can give information both on the transport of water on the way to equilibrium and the location of capillary water at different high moisture contents. More work on modified wood in the over-hygroscopic range using these methods would most likely give new insights into the amount, state, and location of water in modified wood. Since water potential is an important factor for fungal growth, such studies could give important clues concerning the mechanisms behind the increased resistance to degradation.

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