

Article



# **Effective Molecular Identification of Ectomycorrhizal Fungi: Revisiting DNA Isolation Methods**

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Abstract: A better understanding of ectomycorrhizal symbiosis leads to numerous advancements in forest management and environmental protection. The morphological identification of the ectomycorrhizae often proves to be misleading. For this reason, in order to study the ectomycorrhizal fungi communities, a number of molecular methods that require the isolation of nucleic acids are being used. However, ectomycorrhizal root tips, low mass heterogenic material rich in inhibitors, are a recalcitrant substrate in DNA isolation. It is common for published studies to include some number of unidentified root tips in their results, in spite of diverse isolation protocols being available to researchers. This study aims to analyze the relationship between the collected fungal material and later isolation results, and to propose a DNA isolation protocol specifically optimized for ectomycorrhizal root tips. It was found that the taxonomic position can be used to predict the potential isolation efficiency, with Ascomycota being generally more difficult from which to isolate DNA. After a number of cell lysis and lysate purification methods were evaluated, the joined approach of mechanical and chemical lysis, followed by silica column purification, was found to provide the best results, even with recalcitrant material.

Keywords: ectomycorrhiza; lysate purification; fungal morphology; method optimization

## 1. Introduction

Ectomycorrhizal (ECM) fungi, involved in obligatory symbiosis with a number of major tree families, are invaluable to most forest ecosystems [1–3]. Major tree families of the temperate and boreal climate, such as *Pinaceae*, *Fagaceae*, or *Betulaceae*, provide their ECM fungal partners with photosynthesis products in exchange for access to nutrients in an inorganic form [2,4]. Moreover, ECM symbiosis improves tree tolerance to biotic and abiotic stress [5,6]. Continuous research of this interaction provides insight into forest ecology, enhancing nature protection and forestry [6].

The complexity of ECM symbiosis is partially due to the great variety of ECM fungi. At this time 18 fungal orders, five belonging to Ascomycota and 12 belonging to Basidiomycota, as well as one Zygomycota, are known to contain ECM species [3,7,8]. Such phylogenetic diversity explains numerous differences in both the structure and functionality of those organisms. The size and shape of the ECM mantle covering a root tip may vary from, barely distinguishable from a naked root like *Elaphomyces muricatus* Fr., to a full and rounded example like *Tuber puberulum* Berk. & Broome; its surface can be smooth like *Lactarius aurantiacus* (Pers.) Grey, hirsute like *Cortinarius torvus* (Fr.) Fr. or coarse like *Tomentella* sp. 1 (Figure 1). On the biochemical level, ECM fungi vary greatly across the taxa in the type and amount of produced secondary metabolites, including melanin among others [9].



Figure 1. The photographed ectomycorrhizae of taxa used in the study. (A) *Elaphomyces muricatus*Fr.; (B) *Pachyphloeus* sp.; (C) *Genea hispidula* Berk. ex Tul. & C. Tul.; (D) *Humaria hemisphaerica* (F.H. Wigg.) Fuckel; (E) *Tuber puberulum* Berk. & Broome; (F) *Amanita rubescens* Pers.; (G) *Cortinarius torvus* (Fr.) Fr.; (H) *Laccaria amethystina* Cooke; (I) *Piloderma sphaerosporum* Jülich; (J) *Imleria badia* (Fr.) Vizzini; (K) *Xerocomellus cisalpinus* (Simonini, H. Ladurner & Peintner) Klofac; (L) *Paxillus involutus* (Batsch) Fr.; (M) *Suillus variegatus* (Sw.) Richon & Roze; (N) *Craterellus cornucopioides* (L.) Pers.; (O) *Clavulina coralloides* (L.) J. Schröt; (P) *Lactarius aurantiacus* (Pers.) Grey; (Q) *Russula nigricans* Fr.; (R) *Tomentella* sp.1; (S) *Tomentella* sp.2; (T) *Tomentella terrestris* (Berk. & Broome) M.J. Larsen.

Molecular research based on DNA isolation is one of the most often used approaches in studying ECM fungi. While many techniques for nucleic acid isolation have been devised and described, for their ease of use, applicability and reliability, variants of chloroform extraction and silica surface adsorption are predominantly used. This classical extraction approach, dividing proteins and nucleic acids into organic and aqueous phases respectively, has been in use for over 80 years [10,11], receiving countless modifications. The silica adsorption approach [12], while not as popular in its original form, became the basis of many popular commercial DNA isolation kits, the use of which reduces the time per experiment greatly, thus increasing overall work efficiency.

Due to the distinctive features of fungi, isolating their DNA poses a number of difficulties. Fungal cell lysis necessitates rupturing the sturdy chitin cell wall. This usually requires an additional preparation step, as most common isolation methods are primarily optimized for animal tissue. While chemical and enzymatic methods for wall breakage are available, the most common approach consists of mechanical disruption, e.g., grinding (with a pestle or bead mill) or sonication [13–15]. After successful lysis, the resulting mixture may contain secondary metabolites, e.g., polysaccharides, polyphenols, and melanin. Those are known to interfere with DNA and inhibit downstream

applications, like the PCR reaction [16]; to prevent that, an extra purification step is often used. Isolating nucleic acids from ECM root tips poses even more obstacles. Their small mass is often orders of magnitude smaller that the recommended sample mass for protocols [13–15]. Additionally, they contain not only fungal cells, but also plant tissue of the ECM tree partner, in the form of the root itself.

This paper aims to compare cell lysis and DNA isolation methods in terms of efficiency. We hypothesize that:

- Approaches to isolating DNA from ECM root tips differ significantly in general efficiency.
- The efficiency of certain DNA isolation methods depends on the properties of a specific fungal sample.

We think that verifying those hypotheses and proposing an optimized DNA isolation protocol is going to increase the rate of progress for mycological and ecological research. Devising a straightforward and codified DNA isolation approach, optimized for ectomycorrhizae, would benefit the researchers working with them, easing the workload and leading to more reliable and comparable results.

## 2. Materials and Methods

## 2.1. Materials

To evaluate the effectiveness of the selected DNA isolation approaches, each method was tested with a set of 20 pre-identified ECM root tips, each belonging to a different fungal taxon (Table 1). The research material was obtained from roots collected in Lithuania (Cepkelių Marsh) and Poland (Białowieża Forest; Puszcza Drawska Forest; Puszcza Zielonka Forest, Czerniejewo Forest District) (Table S1) and stored at -80 °C. For each morpho-type respectively, the root tips originated from a single, uniform ECM cluster-a part of a fine root covered in continuous, homogenic mycorrhizal mycelium. The morphology of the mycorrhizae was assessed under a dissecting microscope (NIKON SMZ1000, Tokyo, Japan). The mycorrhizae were then divided into distinct morphotypes, following the rules proposed by Agerer [17,18]. The color of the ectomycorrhizae was evaluated by comparing them to color charts in the hue-saturation-value (HSV) color coordinates system. Each of the ECM clusters was photographed. The root tips were prepared by cutting off 18 equal-size apical fragments from the cluster under a dissecting microscope. To standardize the sample pool, the fragments of all morphotypes were cut to an equal length (3 mm). Each of the prepared 3 mm ectomycorrhizal root tips were individually weighed, and for each taxon, an average fresh mass per root tip was calculated. The mean fresh mass was compared between the samples using an analysis of variance with Tukey's test. For each isolation, a single root tip was used.

Order Division Species Family Eurotiales Α Elaphomyces muricatus Elaphomycetaceae Ascomycota В Pachyphloeus sp. Pezizaceae Pezizales Ascomycota С Genea hispidula Pyronemataceae Pezizales Ascomycota D Humaria hemisphaerica Pezizales Pyronemataceae Ascomycota Ε Tuber puberulum Tuberaceae Pezizales Ascomycota F Amanita rubescens Amanitaceae Agaricales Basidiomycota G *Cortinarius torvus* Cortinariaceae Agaricales Basidiomycota Н Laccaria amethystina Hydnangiaceae Agaricales Basidiomycota I Piloderma sphaerosporum Atheliaceae Atheliales Basidiomycota J Imleria badia Boletaceae **Boletales** Basidiomycota

**Table 1.** Fungal taxa used for the study. Letters in the first column (A–T) were assigned to the taxa for further reference.

Species	Family	Order	Division
Xerocomellus cisalpinus	Boletaceae	Boletales	Basidiomycota
Paxillus involutus	Paxillaceae	Boletales	Basidiomycota
Suillus variegatus	Suillaceae	Boletales	Basidiomycota
Craterellus cornucopioides	Cantharellaceae	Cantharellales	Basidiomycota
Clavulina coralloides	Clavulinaceae	Cantharellales	Basidiomycota
Lactarius aurantiacus	Russulaceae	Russulales	Basidiomycota
Russula nigricans	Russulaceae	Russulales	Basidiomycota
Tomentella sp.1	Thelephoraceae	Thelephorales	Basidiomycota
<i>Tomentella</i> sp.2	Thelephoraceae	Thelephorales	Basidiomycota
Tomentella terrestris	Thelephoraceae	Thelephorales	Basidiomycota
	Species Xerocomellus cisalpinus Paxillus involutus Suillus variegatus Craterellus cornucopioides Clavulina coralloides Lactarius aurantiacus Russula nigricans Tomentella sp.1 Tomentella sp.2 Tomentella terrestris	SpeciesFamilyXerocomellus cisalpinusBoletaceaePaxillus involutusPaxillaceaeSuillus variegatusSuillaceaeCraterellus cornucopioidesCantharellaceaeClavulina coralloidesClavulinaceaeLactarius aurantiacusRussulaceaeRussula nigricansRussulaceaeTomentella sp.1ThelephoraceaeTomentella sp.2ThelephoraceaeTomentella terrestrisThelephoraceae	SpeciesFamilyOrderXerocomellus cisalpinusBoletaceaeBoletalesPaxillus involutusPaxillaceaeBoletalesSuillus variegatusSuillaceaeBoletalesCraterellus cornucopioidesCantharellaceaeCantharellalesClavulina coralloidesClavulinaceaeCantharellalesLactarius aurantiacusRussulaceaeRussulalesRussula nigricansRussulaceaeRussulalesTomentella sp.1ThelephoraceaeThelephoralesTomentella sp.2ThelephoraceaeThelephoralesTomentella terrestrisThelephoraceaeThelephorales

Table 1. Cont.

The chosen fungi were selected to represent a wide range of ectomycorrhizal (ECM) fungal diversity. Fungi in the study sample represent *Ascomycota* (four families in two orders) and *Basidiomycota* (11 families in six orders) (Table 1). Also, a broad range of morphological forms (Figure 1) is represented.

#### 2.2. Cell Lysis and Lysate Purification

For cell lysis, six approaches were used. They consisted of routinely using mechanical cell wall disruption, a chemical lysis process based on a commercially available reagent set (Extract-N-Amp<sup>™</sup> Plant PCR Kit, Sigma, St. Louis, MO, USA) used in laboratory practice [19,20] and enzymatic lysis [14]. Joint methods of mechanical cell disruption and chemical lysis, as well as mechanical cell disruption and enzymatic lysis, were also tested. Additionally, as a point of reference, samples that had not lysed were prepared. The lysis approaches were assigned with roman numerals: I—no lysis; II—mechanical cell disruption; III—chemical lysis; IV—enzymatic lysis; V—combined mechanical and chemical lysis; VI—combined mechanical and enzymatic lysis.

Three approaches to purifying DNA from the cell lysate were evaluated. The classical approach of chloroform extraction [15] and silica surface adsorption, using silica columns from a commercially available DNA isolation kit (GeneMATRIX Plant and Fungi DNA Purification Kit, EURx, Gdansk, Poland) were used to isolate material from the cell lysates. Additionally, as a point of reference, the samples that were not purified were prepared and used for additional assessment and comparison. The purification approaches were assigned with capital letters: A—no purification; B—silica columns purification; C—purification by chloroform extraction.

All of the detailed protocols are presented in the Supplementary Materials (Supplementary protocols).

#### 2.3. Isolation Assessment

The final isolation products were used as a matrix for a PCR reaction (*Taq* PCR Core Kit, Qiagen, Hilden, Germany). The internal transcribed spacer regions (ITS) 1 and 2, as well as the nuclear ribosomal DNA 5.8S region, were amplified using primers ITS1F and ITS4 [21,22]. PCR was performed using T100 Thermal Cycler (BIO-RAD, Foster City, CA, USA). The PCR protocol details are listed in Table S2. All of the samples were assessed by electrophoresis (1.5% agarose gel, 30 min, 135 V) and grouped according to the species. The gels were pre-dyed with Gel View (Novazym, Poznan, Poland). After electrophoresis, the gels were photographed under UV light ( $\lambda$  = 312 nm) using an Uvitec Gel Documentation System, model D56. The selected samples that had produced visible bands were sent for DNA sequencing to the Laboratory of Molecular Biology at Adam Mickiewicz University.

## 2.4. Statistical Analysis

A non-parametric Kruskal–Wallis test, followed by a multiple-comparison procedure (p < 0.05), was used to examine the significance of differences between the tested methods of lysis and DNA purification, as well as the differences in efficiency of DNA isolation from Ascomycota and Basidiomycota ectomycorrhizae. A nonparametric Spearman rank-correlation analysis was used to analyze associations between the morphological traits (root tip mass and color) and the number of successful amplifications. Prior to the analyses, the data were log+1 transformed. Statistical analyses were performed using Statistica 9.0 (StatSoft, Tulsa, OK, USA) software.

# 3. Results

# 3.1. ECM Root Tip Mass and Morphology

For each fungal species, an average ECM root tip fresh mass was calculated. The lowest fresh mass tips belonged to *Elaphomyces muricatus* Fr. and the highest fresh mass to *Suillus variegatus* (Sw.) Richon & Roze. *Suillus variegatus* (Sw.) Richon & Roze ECM root tips were heavier from all of the other root tips, weighing more than double the second heaviest species, *Imleria badia* (Fr.) Vizzini, and more than ten times the lightest *E. muricatus*. The coloration of studied ectomycorrhizae was similar, with all morphotypes having the hue angle between  $0^{\circ}$ – $45^{\circ}$  (Table 2).

**Table 2.** Morphological traits of the studied ectomycorrhizal root tips: average fresh mass of the ectomycorrhizal root tip and color hue-saturation-value (HSV) coordinates. The letters (**A**–**T**) represent respective taxa as described in the Table 1.

Spaciac		Mass $\pm$ SD		Color		
	Species		$(g \times 10^{-5})$ –		Saturation (%)	Value (%)
Α	Elaphomyces muricatus	$0.833 \pm$	0.111 f *	30	60	80
В	Pachyphloeus sp.	$1.333 \pm$	0.043 ef	30	55	75
С	Genea hispidula	$1.417~\pm$	0.283 e	30	65	65
D	Humaria hemisphaerica	1.944 $\pm$	0.053 de	25	70	65
Ε	Tuber puberulum	$1.028 \pm$	0.086 f	45	70	95
F	Amanita rubescens	$2.056~\pm$	0.411 de	15	40	75
G	Cortinarius torvus	$0.861 \pm$	0.084 f	40	40	80
Н	Laccaria amethystina	$1.694~\pm$	0.261 de	25	40	80
Ι	Piloderma sphaerosporum	$3.472 \pm$	1.157 c	20	70	85
J	Imleria badia	$4.500~\pm$	0.811 b	30	35	85
Κ	Xerocomellus cisalpinus	$2.806~\pm$	0.401 d	30	35	80
L	Paxillus involutus	$0.972 \pm$	0.210 ef	25	50	75
Μ	Suillus variegatus	$9.556 \pm$	2.415 a	20	55	70
Ν	Craterellus cornucopioides	$2.556~\pm$	0.333 de	40	40	85
0	Clavulina coralloides	$1.389 \pm$	0.231 e	30	15	60
Р	Lactarius aurantiacus	$1.500~\pm$	0.134 de	45	75	95
Q	Russula nigricans	$2.667~\pm$	0.064 de	25	50	75
R	Tomentella sp.1	$2.528~\pm$	0.139 de	0	25	45
S	Tomentella sp.2	$3.528 \pm$	0.044 c	0	5	30
Т	Tomentella terrestris	1.444 $\pm$	0.076 e	20	40	70

\* different letters indicate significant differences between species at p < 0.05 (Tukey's test).

# 3.2. PCR Results and DNA Sequencing

Among the PCR products of isolated DNA amplification, 69 samples produced visible bands during electrophoresis and were sent for DNA sequencing. The only approach used to produce a visible band for each fungal species was mechanical and a chemical lysis accompanied by silica columns purification (Figure S1). However, the product of amplifying the *Elaphomyces muricatus* DNA isolate, prepared in this protocol, could not be successfully sequenced. Out of the 69 samples sent for sequencing, 66 produced identifiable non-heterogenic chromatograms as results (Table S3).

Of the three samples left unidentified, two were prepared using the mechanical and chemical lysis with chloroform extraction purification, and one was prepared using mechanical and chemical lysis, with silica columns purification. The lysis method and purification method, that resulted in the most successful amplifications, were the mechanical and chemical lysis (V; 37 successful isolations), and silica columns purification (B; 44 successful isolations), respectively. As expected, the control methods produced the fewest successful amplification products (no lysis (I; 2 successful isolations) and no purification (A; 4 successful isolations)) in their categories respectively (Table 3).

**Table 3.** The number of successful transcribed spacer regions (ITS) amplifications of isolates prepares with specific lysis and purification protocols, based on the DNA sequencing of the final reaction product. The total number (100%) of samples was 20, which included 5 Ascomycota and 15 Basidiomycota samples.

Lysis	Purification	Number of Successful Ascomycota Amplifications	Number of Successful Basidiomycota Amplifications	Total Number of Successful Amplifications
	А	0 (0%)	0 (0%)	0 (0%)
Ι	В	0 (0%)	1 (7%)	1 (5%)
	С	1 (20%)	0 (0%)	1 (5%)
	А	0 (0%)	0 (0%)	0 (0%)
II	В	0 (0%)	2 (13%)	2 (10%)
	С	0 (0%)	4 (27%)	4 (20%)
	А	0 (0%)	0 (0%)	0 (0%)
III	В	0 (0%)	9 (60%)	9 (45%)
	С	0 (0%)	5 (33%)	5 (25%)
	А	0 (0%)	0 (0%)	0 (0%)
IV	В	0 (0%) *	7 (47%)	7 (35%) *
	С	0 (0%)	0 (0%)	0 (0%)
	А	0 (0%)	4 (27%)	4 (20%)
V	В	4 (80%) *	15 (100%)	19 (95%) *
	С	3 (60%) *	11 (73%) *	14 (70%) *
	А	0 (0%)	0 (0%)	0 (0%)
VI	В	1 (20%)	5 (33%)	6 (30%)
	С	0 (0%)	1 (7%)	1 (5%)

\* the marked values indicate, that additional samples produced visible bands in electrophoresis, however could not be successfully sequenced.

#### 3.3. Statistical Analysis

The Kruskal–Wallis test showed statistically significant differences between the tested lysis methods ( $\chi^2 = 84.0$ , p = 0.000) and purification methods ( $\chi^2 = 41.3$ , p = 0.000). Out of the two, the lysis protocol was found to have a stronger effect on the isolation success rate. A significant difference was also found between the success rates of Ascomycota and Basidiomycota ectomycorrhizal DNA isolation ( $\chi^2 = 7.8$ , p < 0.005), with Basidiomycota having a higher success rate for the general isolation (Figure 2).

The nonparametric Spearman rank-correlation analysis indicated that the mass of the ectomycorrhizal root tip, used for isolation did not have a significant effect on the DNA isolation success rate (p > 0.05). Out of the color parameters, saturation was found to have a significantly negative effect on the isolation success rate.



**Figure 2.** The average DNA isolation success rate of compared lysis (I–VI) and purification methods (A–C). The vertical bars represent standard error (SE).

## 4. Discussion

## 4.1. The Efficiency of the DNA Isolation Approaches

The study indicates the importance of mechanical cell wall disruption in molecular applications. Material grinding (II) resulted in more successful isolations than the control, with no lysis protocol (I), and grinding and applying the chemical lysis (V), were more efficient than the chemical lysis on its own (III). Mechanical disruption, that is not followed by any other treatment, may result in the secondary metabolites of the cell intercalating and damaging DNA, due to mechanical stress [23], thereby leading to less successful isolations compared to the combined lysis approaches. This coincides with reports in the literature [14], indicating that the highest fungal DNA isolation success rates occur when an initial mechanical disruption is followed by chemical or enzymatic treatment. Plant [23] and fungi [14] grinding is often a necessary step to sufficiently break-down the cell wall, it can be difficult to develop high-throughput applications. For those reasons, further research and development of alternative cell wall disruption techniques would be advised.

Grinding, followed by an enzymatic treatment (VI), was less efficient compared to enzymatic treatment on its own (IV). Moreover, half of the species, where DNA isolation was successful when just the enzymatic treatment was used, did not produce any visible products when the additional grinding step was applied. We conclude this might have been caused by the enzyme being inhibited by the secondary metabolites that were released during the grinding process, alongside the longer incubation time, allowing these substances to react with and degrade the DNA. Although other cell lysis enzyme-based reagents, e.g., zymolyase, are available, they were shown not to differ in efficiency from protease in cell lysis applications [14].

From the compared DNA purification methods, silica adsorption (B) was by far the most efficient. DNA adsorption to silica surface is thought to be caused by two co-occurring mechanisms: van der Waals attractions between the phosphate groups of DNA and silanol groups present on the surface of silica crystals, and hydrophobic attractions between other parts of silica crystal surface and the nucleobases [24]. In normal circumstances, water molecules solvate both the DNA and silica, preventing them from coming close enough for the interactions to occur. To prevent that, chaotropic conditions are applied [24]. This specific interaction allows the removal of both polar and non-polar contaminants from the lysate, as opposed to extraction (C), where the contaminants are discriminated based on their polarity.

Although it is a common laboratory practice [19,25] to use large fragments of clusters or multiple mycorrhizae for isolation in our approach, from each fungal species we were able to extract DNA of quality sufficient for downstream applications from just a single root tip. Since most DNA isolation protocols advise using the material of mass at orders of magnitude higher than the mass of any single mycorrhizae [14,15], proportional downscaling is often impractical. A protocol optimized for use with a single mycorrhiza allows for more potential isolations from the same amount of collected material. Moreover, it leads to increased certainty in the results, as the probability of using morphologically similar mycorrhizae of different fungal species in one isolation is excluded.

## 4.2. Fungal Diversity as a Factor in DNA Isolation

There is a relationship between the fungi taxonomic status and its observed isolation efficiency. While the taxa of Basidiomycota present a wide range in terms of the DNA isolation ease, the Ascomycota are in general more difficult. Moreover, two of the PCR products (*E. muricatus, Pachyploeus* sp.) were of a quality insufficient for successful sequencing. Some tendencies for the isolation efficiency within individual orders, like Thelephorales or Boletales, were observed, but due to insufficient sampling on lower taxonomic levels, definitive conclusions should not be drawn.

Our study found the color saturation of ectomycorrhizae, rather than its hue or value, is a predictor of DNA isolation success. While the color hue and value may potentially result from the presence of distinct pigments that could interfere with DNA isolation and downstream reactions [16], e.g., specific subtypes of melanin [9] or thelephoric acid [26], they might not necessarily showcase the amount of the pigments present in the sample. However, changes in the color saturation within the same hue angle are often caused by a different concentration of pigments producing such hue; as such, it is sometimes possible to use it to approximate the pigment concentration in an analyzed material [27]. The mycorrhizae mass did not seem to impact the final isolation results. Further studies focusing on the mycorrhizal physiology, as opposed to morphology, might be highly informative.

#### 5. Conclusions

Differences in the DNA isolation ease were observed between Ascomycota and Basidiomycota. No apparent connection was observed between the mycorrhizae morphology and isolation results. The best approach to DNA isolation from ectomycorrhizae was found to be a combination of mechanical and chemical lysis followed by purification based on silica surface adsorption.

**Supplementary Materials:** The following are available online at http://www.mdpi.com/1999-4907/10/3/218/s1, Table S1: Overview of geographical origin of used fungal material, including the information about vegetative cover, Table S2: Used PCR protocol, Table S3: Results of sequencing the PCR amplification products of the prepared ectomycorrhizal DNA isolates. The "Used sample" column refers to the sample used, with the first letter referring to the used morphotype, and roman numeral and second letter to the isolation and purification method used respectively. The red color marks samples from which sequencing was unsuccessful. The yellow color marks samples from which DNA of contaminating yeast was isolated. Reference sequences and species hypotheses were assigned in reference to the UNITE database. Figure S1: Electrophoresis results: the columns were loaded with: (L) DNA ladder (peqGOLD 50 bp DNA-Ladder, PEQLAB); and (IA–VIC) PCR products prepared using respective isolation method product as a reaction matrix; the gels (A–T) were prepared with samples from respective fungal taxa, as assigned in the Table 1. Supplementary protocols: Detailed protocols for procedures evaluated in the study.

**Author Contributions:** Conceptualization, D.J.; methodology, D.J. and T.L.; Formal Analysis, R.W. and L.K.; investigation, D.J. and R.W.; resources, T.L. and M.R.; writing—original draft preparation, D.J.; writing—review and editing, D.J. and M.R.; visualization, D.J. and R.W.; supervision, M.R. and T.L.; funding acquisition, T.L.

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