

Article

# Synthesis of Honeycomb-Like Co<sub>3</sub>O<sub>4</sub> Nanosheets with Excellent Supercapacitive Performance by Morphological Controlling Derived from the Alkaline Source Ratio

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**Abstract:** Honeycomb-like Co<sub>3</sub>O<sub>4</sub> nanosheets with high specific surface area were successfully synthesized on porous nickel foam by the facile hydrothermal method followed by an annealing treatment (300  $^{\circ}$ C), which were used as high-performance supercapacitor electrodes. The effects of the mole ratio of hexamethylenetetramine (HMT) and Co(NO<sub>3</sub>)<sub>2</sub> (1:1, 2:1, 3:1, 4:1, 5:1 and 6:1) as the reactants on the morphological evolution and electrochemical performance of the electrodes were investigated in detail. X-ray diffractometry (XRD), transmission electron microscopy (TEM), X-ray photoelectron spectroscopy (XPS), and scanning electron microscopy (SEM) were applied to characterize the structure and morphology of the products. The electrochemical performance was measured by cyclic voltammetry (CV) and galvanostatic charge/discharge. The mole ratio of HMT and  $Co(NO_3)_2$  produced a significant effect on the morphological evolution of  $Co_3O_4$ . The morphological evolution of  $Co_3O_4$  with the increase in the mole ratio was followed: the nanosheets accompanied with a large number of spherical nanoparticles  $\rightarrow$  the formation of some strip-like particles due to the agglomeration of spherical nanoparticles  $\rightarrow$  the formation of new nanosheets resulting from the growth of strip-like particles  $\rightarrow$  the formation of coarse flower-like particles owing to the connection among the nanosheets  $\rightarrow$  the nanosheets gradually covered with flower-like particles. Accompanied with the change, the specific surface area was increased firstly, and then decreased. A maximum was obtained at a HMT and Co(NO<sub>3</sub>)<sub>2</sub> mole ratio of 4:1. The evolution in morphology of  $Co_3O_4$  was responsible for the change in electrochemical performance of the electrode. The specific capacitance value of the electrode prepared at a HMT and  $Co(NO_3)_2$  mole ratio of 4:1 was highest (743.00 F·g<sup>-1</sup> at 1 A·g<sup>-1</sup> in the galvanostatic charge/discharge test). The similar result was also observed in the CV test with a scanning rate of 5 mV s<sup>-1</sup>. Moreover, the electrode also demonstrated an excellent cyclic performance, in which about 97% of the initial specific capacitance remained at  $1 \text{ A} \cdot \text{g}^{-1}$  for 500 cycles in the galvanostatic charge/discharge test. This excellent electrochemical performance was ascribed to high specific surface area of  $Co_3O_4$ nanosheets that provide added channels and space for the ions transportation.

Keywords: hydrothermal method; Co<sub>3</sub>O<sub>4</sub> nanosheets; mole ratio; electrochemical performance; HMT

## 1. Introduction

The rapid development of the economy and the growth of the global population have depleted conventional energy resources and worsened pollution; thus, the development of new energy has become an urgent need for social progress [1]. Supercapacitors, which are situated between traditional



capacitors and batteries, have become the new focus in research on energy sources as a result of their high power density, prolonged life cycle, wide range of operation temperatures, durability under harsh environments, efficient cycling, and low maintenance costs [2]. The electrode material is a decisive affecting factor of the electrochemical performance of supercapacitors. Therefore, investigating the electrode material is a breakthrough point in the exploration of high-performance supercapacitors.

Transition-metal oxides (such as RuO [3], MnO<sub>2</sub> [4], Co<sub>3</sub>O<sub>4</sub> [5], V<sub>2</sub>O<sub>5</sub> [6], SnO<sub>2</sub> [7], TiO<sub>2</sub> [8], and NiO [9]) have been explored as promising electrode materials. Among them,  $Co_3O_4$  is regarded as a favorable candidate for supercapacitors due to its high theoretical capacity  $(890.00 \text{ mAh}\cdot\text{g}^{-1})/\text{specific capacitance}$  (3560.00 F·g<sup>-1</sup>) [10], comparatively low cost, abundant oxidation states for reversibility, and good environmental affinity [11]. Co<sub>3</sub>O<sub>4</sub> with different structures (zero-dimensional spherical/octahedral/cubical nanoparticles [12], one-dimensional nanoneedles/nanowires [13,14] with high aspect ratio and nanotubes/nanorods/bundles [15,16] with low aspect ratio, two-dimensional regularly arranged nanosheets [17,18], and regularly-arranged nanobands [19]) has been synthesized by different methods, such as thermal decomposition of solid phase [20], hydrothermal synthesis [21], chemical vapor deposition [22], sol-gel method [23], or electrodeposition [24]. Among these methods, the hydrothermal method is widely used in the preparation of  $Co_3O_4$  electrode materials because of its low cost, good crystal shape, high purity, easy operation, high production, and uneasy reunion [25]. From the Science Citation Index Expanded (SCI-E) data, studies on the preparation of  $Co_3O_4$  by the hydrothermal method were obtained by the bibliometric method with the "hydrothermal method" and "Co<sub>3</sub>O<sub>4</sub>" as keywords. Figure 1a indicates the change in the number of papers indexed by SCI-E in the last 10 years (2008–2017), whereas Figure 1b shows the change in the number of cited index papers for the same years. Notably, the numbers of papers and cited frequency reveal an increasing tendency with year. The results indicate that the investigation related to the field has become a major task and is gaining increasing attention. However,  $Co_3O_4$  metal oxide and its composite materials are usually prepared in powder form, which will be mixed with the appropriate amount of conductive materials (acetylene black) and binders (polytetrafluoroethylene). The slurry will then be placed on different substrates to assemble the electrode [26]. The routine, which is composed of approximately three steps, is comparatively complicated and costly. Moreover, the reliability and conductivity of the electrode are weakened to a certain extent due to the addition of other substances. To solve the above-mentioned shortcomings, Co<sub>3</sub>O<sub>4</sub> metal oxides have been deposited directly on different substrates in preparing the electrode by the hydrothermal method in recent works. The advantages in the improved method are as follows: (1) Co<sub>3</sub>O<sub>4</sub> metal oxide is grown directly on nickel foam by the one-step method, which greatly simplifies the preparation process. (2) No additives are introduced into the electrode, thereby considerably reducing the internal/interfacial resistance of the electrode. (3) The inner/outer surfaces, which are found in the nickel foam with a three-dimensional porous structure, will be covered by Co<sub>3</sub>O<sub>4</sub> metal oxide to improve the electrochemical storage properties, service life, and durability.

Feng et al. [12] investigated the effect of hydrothermal temperature (90–110 °C) on Co<sub>3</sub>O<sub>4</sub> morphologies. A low temperature (90 °C) did not provide sufficient driving force for Co<sub>3</sub>O<sub>4</sub> recrystallization. However, Co<sub>3</sub>O<sub>4</sub> microspheres presented an agglomeration trend as the temperature increased to 105 °C. The optimum hydrothermal temperature was confirmed as 100 °C, at which point the specific capacitances of the prepared Co<sub>3</sub>O<sub>4</sub> microspheres were 850.00, 780.00, 700.00, and 630.00  $\text{F} \cdot \text{g}^{-1}$  at current densities of 1, 2, 4, and 8 A·g<sup>-1</sup>, respectively. After 1000 cycles, approximately 90.8% of the specific capacitance was retained at a current density of 2 A·g<sup>-1</sup>. Xia et al. [13] synthesized Co<sub>3</sub>O<sub>4</sub> nanowires in a system comprising 30 mmol of Co(NO<sub>3</sub>)<sub>2</sub> and 3 mmol of sodium nitrate at 120 °C for 12 h, which was then annealed in flowing argon at 250 °C for 1 h. The product exhibited specific capacitances of 599.00 F·g<sup>-1</sup> at 2 A·g<sup>-1</sup> and 439.00 F·g<sup>-1</sup> at 40 A·g<sup>-1</sup>. Chang et al. [14] also prepared Co<sub>3</sub>O<sub>4</sub> nanowires at a cobalt glucose/Co(NO<sub>3</sub>)<sub>2</sub>·6H<sub>2</sub>O mole ratio of 1:2 by the hydrothermal method, followed by an annealing treatment at 300 °C. The sample exhibited a specific capacitance of 471.80 F·g<sup>-1</sup> at 0.5 A·g<sup>-1</sup> and cycling stability with 94.8% capacitance

retention after 1000 cycles at 2 A·g<sup>-1</sup>. Venkatachalam et al. [15] synthesized  $Co_3O_4$  nanorods via a hydrothermal reaction (120 °C for 12 h) between cobalt chloride (CoCl<sub>2</sub>·6H<sub>2</sub>O) and urea [CO(NH<sub>2</sub>)<sub>2</sub>] and then annealed the nanorods at 300 °C for 5 h. The modified Co<sub>3</sub>O<sub>4</sub> electrode exhibited a specific capacitance of 655.00  $\text{F} \cdot \text{g}^{-1}$  at a current density of 0.5  $\text{A} \cdot \text{g}^{-1}$ . Mesoporous Co<sub>3</sub>O<sub>4</sub> bundles were synthesized by the hydrothermal method (180  $^{\circ}$ C for 24 h) followed by an annealing treatment  $(350 \degree C \text{ for } 3 \text{ h})$  [16]. The specific capacitance of the Co<sub>3</sub>O<sub>4</sub> bundles was 357.00 F·g<sup>-1</sup> at 2 A·g<sup>-1</sup> after 500 cycles. Moreover, the mesoporous  $Co_3O_4$  was found to maintain 85.5% of specific capacitance with an increase in the current density from  $1 \text{ A} \cdot \text{g}^{-1}$  to  $20 \text{ A} \cdot \text{g}^{-1}$ . Co<sub>3</sub>O<sub>4</sub> nanoflakes were successfully synthesized by the hydrothermal method (90 °C for 24 h) and then annealed (300 °C for 4 h) [17]. The charge-discharge measurement showed that the specific capacitance of these electrodes was  $263.00 \text{ F} \cdot \text{g}^{-1}$  within a potential range of -0.40-0.55 V, and the Co<sub>3</sub>O<sub>4</sub> flakes retained 89.4% of specific capacitance at 3  $A \cdot g^{-1}$  after 1000 consecutive cycles. Duan et al. [18] prepared a two-layer Co<sub>3</sub>O<sub>4</sub> film on a self-assembled monolayer polystyrene sphere template by the hydrothermal method (100 °C for 2 h), followed by annealing (250 °C for 1.5 h). The average specific capacitance, which was calculated from the cyclic voltammetry (CV) curve, was approximately  $360.00 \text{ F} \cdot \text{g}^{-1}$  at a scanning rate of 10 mV·s<sup>-1</sup>, and a value of 454.00 F·g<sup>-1</sup> was retained at 2 A·g<sup>-1</sup> after 2500 cycles.

Present studies mainly focus on the improvement in specific capacitance of  $Co_3O_4$  with different morphologies by regulating the affecting factors, such as hydrothermal temperature and reactant components and their ratios. On the basis of this notion, a correlation between morphologies and affecting factors was established to obtain  $Co_3O_4$  with a high specific capacitance. Table 1 summarizes the specific capacitance of  $Co_3O_4$  as reported in related references. The table shows that the value of  $Co_3O_4$  ranges from 100.00 F·g<sup>-1</sup> to 850.00 F·g<sup>-1</sup> and is less than its theoretical value (approximately 3560.00 F·g<sup>-1</sup>). Therefore, there is a large space for improving the specific capacitance of  $Co_3O_4$ .

To date, hexamethylenetetramine (HMT) and  $Co(NO_3)_2$  are frequently used reactants for the hydrothermal synthesis of  $Co_3O_4$ . However, investigations on the effect of their ratio on the morphological evolution of  $Co_3O_4$  are few. Thus, the precise optimum ratios of these reactants remain unidentified. In our work, HMT and  $Co(NO_3)_2$  with different mole ratios (1:1, 2:1, 3:1, 4:1, 5:1 and 6:1) were used for the hydrothermal synthesis of  $Co_3O_4$  with high specific surface area. The morphological evolution of  $Co_3O_4$  with the changes in the HMT/ $Co(NO_3)_2$  mole ratio was investigated in detail. Moreover, the nucleation and growth mechanisms of  $Co_3O_4$  were revealed. On the basis of the obtained results combined with the measurement results of specific capacitance, the optimum mole ratio was finally determined.



**Figure 1.** (**a**) The change in the number of papers indexed by SCI-E in 2008–2017; (**b**) The change in the number of cited frequency of those indexed papers from 2008–2017.

Materials	Specific Capacitance	Cycle Performance	References
Co <sub>3</sub> O <sub>4</sub> microspheres	$850.00 \text{ F} \cdot \text{g}^{-1} / 1 \text{ A} \cdot \text{g}^{-1}$	$90.8\%/1000 \text{ cycles}/2 \text{ A} \cdot \text{g}^{-1}$	[12]
$Co_3O_4$ microspheres	$261.10 \text{ F} \cdot \text{g}^{-1} / 0.5 \text{ A} \cdot \text{g}^{-1}$	$90.2\%/2000 \text{ cycles}/5 \text{ A} \cdot \text{g}^{-1}$	[27]
Co <sub>3</sub> O <sub>4</sub> octahedras	$98.00 \text{ F} \cdot \text{g}^{-1} / 1 \text{ A} \cdot \text{g}^{-1}$	$195.9\%/3000 \text{ cycles}/2 \text{ A} \cdot \text{g}^{-1}$	[28]
Co <sub>3</sub> O <sub>4</sub> particulates	224.38 $F \cdot g^{-1} / 2.75 A \cdot g^{-1}$	$72.2\%/1000 \text{ cycles}/2.75 \text{ A} \cdot \text{g}^{-1}$	[29]
Co <sub>3</sub> O <sub>4</sub> nanoparticles	$157.00 \text{ F} \cdot \text{g}^{-1} / 0.5 \text{ A} \cdot \text{g}^{-1}$	100%/2500 cycles/1 A·g <sup>-1</sup>	[30]
$Co_3O_4$ nanowires	599.00 $F \cdot g^{-1} / 20 A \cdot g^{-1}$	$91\%/7500 \text{ cycles}/2 \text{ A} \cdot \text{g}^{-1}$	[13]
$Co_3O_4$ nanowires	$439.00 \text{ F} \cdot \text{g}^{-1}/40 \text{ A} \cdot \text{g}^{-1}$	$82\%/7500 \text{ cycles}/10 \text{ A} \cdot \text{g}^{-1}$	[13]
$Co_3O_4$ nanowires	$471.80 \text{ F} \cdot \text{g}^{-1} / 0.5 \text{ A} \cdot \text{g}^{-1}$	$94.8\%/1000 \text{ cycles}/2 \text{ A} \cdot \text{g}^{-1}$	[14]
Co <sub>3</sub> O <sub>4</sub> nanorods	$655.00 \ \mathrm{F} \cdot \mathrm{g}^{-1} / 0.5 \ \mathrm{A} \cdot \mathrm{g}^{-1}$	$82.7\%/1000 \text{ cycles}/3 \text{ A} \cdot \text{g}^{-1}$	[15]
Co <sub>3</sub> O <sub>4</sub> nanorods	$352.00 \text{ F} \cdot \text{g}^{-1} / 1 \text{ A} \cdot \text{g}^{-1}$	$129.6\%/500 \text{ cycles}/1 \text{ A} \cdot \text{g}^{-1}$	[31]
Co <sub>3</sub> O <sub>4</sub> flakes	$263.00 \text{ F} \cdot \text{g}^{-1}/20 \text{ A} \cdot \text{g}^{-1}$	$89.4\%/1000 \text{ cycles}/3 \text{ A} \cdot \text{g}^{-1}$	[17]
Co <sub>3</sub> O <sub>4</sub> flakes	$450.00 \ \mathrm{F} \cdot \mathrm{g}^{-1} / 1 \ \mathrm{A} \cdot \mathrm{g}^{-1}$	$92\%/5000 \text{ cycles}/1 \text{ A} \cdot \text{g}^{-1}$	[32]
Co <sub>3</sub> O <sub>4</sub> films	$325.00 \text{ F} \cdot \text{g}^{-1}/2 \text{ A} \cdot \text{g}^{-1}$	$139.69\%/2500 \text{ cycles}/2 \text{ A} \cdot \text{g}^{-1}$	[16]
Co <sub>3</sub> O <sub>4</sub> nanoplates	231.00 $F \cdot g^{-1} / 1 A \cdot g^{-1}$	$97\%/2000 \text{ cycles}/2 \text{ A} \cdot \text{g}^{-1}$	[33]

## 2. Materials and Methods

## 2.1. Synthesis of Co<sub>3</sub>O<sub>4</sub> Nanosheets on Nickel Foam

All the reagents in the experiments were of analytical grade and were used without further purification. Nickel foam ( $2.5 \text{ cm} \times 3.5 \text{ cm}$ ) was selected as the electrode substrate (Shanxi Powder Source Battery Materials Co., Ltd., Taiyuan, China) and cleaned by a 3 M of HCl solution for 30 min to remove the NiO layer surface and then washed with deionized water and ethanol several times in an ultrasonic bath. Thereafter, the samples were dried at 60  $^{\circ}$ C and weighted using an electronic balance (0.01 mg, Sartorius SQP, Beijing, China). Next, 2 mmol of Co(NO<sub>3</sub>)<sub>2</sub>·6H<sub>2</sub>O was added into a mixed solvent consisting of deionized water (20 mL) and absolute ethanol (10 mL) under magnetic stirring, and different moles of HMT (2, 4, 6, 8, 10, and 12 mmol) were added into the solution. Solutions with six HMT/Co(NO<sub>3</sub>)<sub>2</sub> mole ratios were prepared (1:1, 2:1, 3:1, 4:1, 5:1, and 6:1). The pink solutions were transferred into six 50 mL Teflon-lined stainless-steel autoclaves (Figure 2), and six pieces of nickel foam were immersed into the solutions. The autoclaves were sealed and maintained at 90  $^\circ$ C for 12 h and then cooled to room temperature. The obtained samples were rinsed several times with deionized water and dried at 60  $^{\circ}$ C for 2 h. The samples were annealed to obtain Co<sub>3</sub>O<sub>4</sub> nanosheets for 2 h at 300 °C in air with a heating rate of 2 °C  $\cdot$ min<sup>-1</sup> and were weighted again. The difference between the two weights was the amount of the active substances. Six samples, which were prepared at different mole ratios, were labeled as Samples A (1:1), B (2:1), C (3:1), D (4:1), E (5:1), and F (6:1).

## 2.2. Material Characterization

The evolution in phase constituent of the samples before and after annealing was identified with an X-ray diffractometer (XRD, D2-PHASER Bruker, Karlsruhe, Germany) using Cu K $\alpha$  radiation ( $\gamma = 0.1540560$  nm). The elemental compositions and chemical states of the Co<sub>3</sub>O<sub>4</sub> precursors and their sintered products were further determined with an X-ray photoelectron spectrometer (XPS, ESCALAB 250Xi, Thermo Fisher Scientific, Waltham, MA, USA). Morphologies of the annealed samples were observed under a field-emission scanning electron microscope (FESEM, S-4800, Hitachi, Tokyo, Japan). Information on the crystal structure was identified under a transmission electron microscope (TEM, JEM-2100F, JEOL, Tokyo, Japan). Chemical compositions were confirmed with an energy dispersive spectrometer (EDS, IET 200, Oxford Instruments, Oxford, UK).



Figure 2. Schematic illustration of the Teflon-liner stainless steel autoclave.

#### 2.3. Electrochemical Performance

The electrochemical performance of the  $Co_3O_4$  electrodes was measured by CV and galvanostatic charge-discharge tests on a CHI 6082D (CH Instrument Inc., Shanghai, China). A 2 M of KOH aqueous solution was used as the supporting electrolyte. A three-electrode system was applied. The nickel foam piece covered with  $Co_3O_4$  was used as the working electrode. The graphite sheet and saturated calomel electrode (SCE) were selected as the counter and reference electrodes, respectively. CV scans were recorded from -0.2 V to 0.6 V (vs. SCE) at scanning rates from 5 mV·s<sup>-1</sup> to 100 mV·s<sup>-1</sup>, and the cycling stability of the  $Co_3O_4$  electrodes was evaluated by CV for 500 cycles at 50 mV·s<sup>-1</sup>. Galvanostatic charge-discharge tests were performed at different constant current densities (1, 2, 4, 6, 8, and 10 A·g<sup>-1</sup>).

#### 3. Results and Discussion

## 3.1. Formation Mechanism of Co<sub>3</sub>O<sub>4</sub>

When the reaction system including  $Co(NO_3)_2 \cdot 6H_2O$  and HMT is heated, HMT will be decomposed into NH<sub>3</sub> and formaldehyde by Equation (1) [18]. A portion of NH<sub>3</sub> will further react with H<sub>2</sub>O to increase the concentration of OH<sup>-</sup> in the solution by Equation (2):

$$C_6H_{12}N_4 + 6H_2O \rightarrow 6HCHO + 4NH_3 \tag{1}$$

$$NH_3 + H_2O \leftrightarrow NH_4^+ + OH^-$$
<sup>(2)</sup>

In an alkaline solution rich in Co ions, nickel foam as the substrate will play an important role in the synthesis of Co(OH)<sub>2</sub> due to its surface covered with some intermediate products. Some investigations proved that the nanowire-like Ni-Co-based carbonate hydroxide is formed preferentially on the surface of nickel foam in the hydrothermal process [34–36]. A large number of the intermediate products adhering to the nickel foam surface possess considerably high surface energy, owing to their very high specific surface area. The heterogeneous nucleation centers significantly promote the deposition of Co(OH)<sub>2</sub>. The intermediate products synthesized in the hydrothermal process will be transformed into spinel Ni $Co_2O_4$  nanowires in subsequent annealing. Du et al. [34] prepared the precursor on nickel foam in an alkaline solution (1 mmol Ni(NO<sub>3</sub>)<sub>2</sub>·6H<sub>2</sub>O, 2 mmol CoCl<sub>2</sub>·6H<sub>2</sub>O and 15 mmol HMT dissolved into 70 mL water) by the hydrothermal method. Then, the precursor was annealed to obtain NiCo<sub>2</sub>O<sub>4</sub> nanowires. Cai et al. [35] synthesized NiCo<sub>2</sub>O<sub>4</sub> nanosheets on nickel foam in a solution (2 mmol Co(NO<sub>3</sub>)<sub>2</sub>·6H<sub>2</sub>O, 1 mmol NiCl<sub>2</sub>·6H<sub>2</sub>O, 6 mmol NH<sub>4</sub>F and 10 mmol HMT and 30 mL deionized water) by the same method. Wang et al. [36] prepared the nanowire-like Ni-Co-based carbonate hydroxides on nickel foam by hydrothermal precipitation in an alkaline solution containing  $Co(NO_3)_2 \cdot 6H_2O$ ,  $Ni(NO_3)_2 \cdot 6H_2O$ ,  $NH_4F$ , and urea. The products were further converted into  $NiCo_2O_4$ nanowires growing directly on the substrate by the annealing treatment. Besides the high specific area of the intermediate substance, the difference in isoelectric points between it and  $Co(OH)_2$  is also responsible for the synthesis of  $Co(OH)_2$  since it directly affects the electrostatic interaction between them [37]. When the pH value in the solution is between the two isoelectric points of two substances, the nucleation of  $Co(OH)_2$  on the intermediate substance will be accelerated due to their electrostatic attraction occurring between opposite electrical charges. Although no precise isoelectrc points of the two substances are obtained, there is no doubt that the isoelectric point is a non-negligible factor affecting the synthesis of  $Co(OH)_2$ .

The formation mechanism of  $Co_3O_4$  can be described intuitively by a schematic illustration (Figure 3). With Equation (1) in progress, the concentration of NH<sub>3</sub> will be constantly increased in the sealed system. According to coordination theory [38], most metal ions form metal complexes with an octahedral structure with the presence of a large number of ligands, such as H<sub>2</sub>O and NH<sub>3</sub>, in the solution. According to the electronic theory of acid and alkali [39], the alkalinity of NH<sub>3</sub> is stronger than H<sub>2</sub>O. The ligand H<sub>2</sub>O around Co (II) in  $[Co(H_2O)_6]^{2+}$  will be inevitably replaced by NH<sub>3</sub> to form a metal complex with an octahedral structure. This notion is due to the fact that  $[Co(NH_3)_6]^{2+}$  has a higher complex stability coefficient than  $[Co(H_2O)_6]^{2+}$  [40], in which  $Co^{2+}$  and NH<sub>3</sub> are located at the center and six vertex positions of the octahedron. The process can be described as follows:

$$[Co(H_2O)_6]^{2+} + 6NH_3 \to [Co(NH_3)_6]^{2+} + 6H_2O$$
(3)

Xia et al. [13] prepared self-supported hollow  $Co_3O_4$  nanowires by a facile hydrothermal synthesis method.  $[Co(H_2O)_6]^{2+}$  was confirmed to first react with NH<sub>3</sub> to generate  $[Co(NH_3)_6]^{2+}$  in the presence of NH<sub>3</sub>, which affected the subsequent reaction directly. Feng et al. [41] also proposed that  $[Co(H_2O)_6]^{2+}$  underwent a reconstruction process by the introduction of NH<sub>3</sub> under hydrothermal conditions, so that  $Co_3O_4$  was prepared at relatively low temperatures. This indicates that the generation of NH<sub>3</sub> resulting from Equation (1) is a very influential factor in the synthesis of  $Co_3O_4$ .  $[Co(NH_3)_6]^{2+}$  gradually becoming the dominant substance in alkaline solution with the reconstitution that constantly occurs under hydrothermal conditions, which will greatly promote the two-dimensional instantaneous nucleation [38]. Accompanied with this, the concentration of OH<sup>-</sup> in the solution is also increased in the solution due to the excessive concentration of NH<sub>3</sub> (see Equation (2)), which is also conducive to the formation of the membrane structure [42,43]. As a result, the complex  $[Co(NH_3)_6]^{2+}$  will react with OH<sup>-</sup> to generate  $Co(OH)_2$  with high stability via the following reaction [18,44]. During the subsequent annealing,  $Co(OH)_2$  is decomposed into  $Co_3O_4$  nanosheets.

$$\left[\operatorname{Co}(\mathrm{NH}_3)_6\right]^{2+} + 2\mathrm{OH}^- \to \operatorname{Co}(\mathrm{OH})_2 \downarrow + 6\mathrm{NH}_3 \tag{4}$$



Figure 3. Schematic illustration of the synthesis process for Co<sub>3</sub>O<sub>4</sub> nanosheets.

## 3.2. Chemical Compositions and Phase Constituents of the Products

EDS was used to identify the chemical compositions of Samples D and F. Figure 4 provides the results. The chemical compositions of Samples D and F are very similar; specifically, the two samples are rich in Co (40 at.%; at.% is percentage of the atom), O (60 at.%), and C (7.3 at.%). In conclusion, the synthesized product is composed of oxides that contain Co.



Figure 4. EDS results of the samples: (a) sample D; (b) sample F.

Figure 5 indicates the XRD patterns of the synthesized product with a 4:1 mole ratio of HMT/Co(NO<sub>3</sub>)<sub>2</sub> before and after annealing. A large number of diffraction peaks with different intensities can be observed in the XRD pattern of the initial product. The indexed result shows that the product is mainly composed of Co(OH)<sub>2</sub> (JCPDS01-074-1057) and Co<sub>3</sub>O<sub>4</sub> (JCPDS01-076-1802). Moreover, traces of the reactants (Co(NO<sub>3</sub>)<sub>2</sub>·6H<sub>2</sub>O, JCPDS01-071-0726) are found in the product. The synthesis of Co(OH)<sub>2</sub> has been previously discussed. Given the remaining oxygen in the Teflon-lined stainless-steel autoclaves, a portion of Co(OH)<sub>2</sub> products were further oxidized to Co<sub>3</sub>O<sub>4</sub> via the following reaction at high temperature [33].

$$6Co(OH)_2 + O_2 \rightarrow 2Co_3O_4 + 6H_2O$$
 (5)

After the product was annealed for 2 h at 300 °C, the XRD pattern presents a considerable change. The pattern becomes smoother than before, and the diffraction peaks related to  $Co(NO_3)_2 \cdot 6H_2O$  nearly disappear. Therefore,  $Co(NO_3)_2 \cdot 6H_2O$  has been completely decomposed into  $Co_3O_4$  and gases (NO<sub>2</sub> and O<sub>2</sub>) via the following reaction:



$$3\text{Co}(\text{NO}_3)_2 \rightarrow \text{Co}_3\text{O}_4 + 6\text{NO}_2 + \text{O}_2 \tag{6}$$

Figure 5. XRD patterns of sample D: (a) before annealing; (b) after annealing.

From the changes in intensity of three strong peaks related to  $Co_3O_4$  and  $Co(OH)_2$ , we can conclude that the content of  $Co(OH)_2$  is considerably reduced after annealing due to its conversion into  $Co_3O_4$  by Equation (5) at high temperature.

Identifying whether  $Co(OH)_2$  is completely oxidized to  $Co_3O_4$  is extremely difficult because the main diffraction peaks related to  $Co(OH)_2$  nearly coincide with those related to  $Co_3O_4$ . However, the changes in intensity of the diffraction peaks related to  $Co(OH)_2$  and  $Co_3O_4$  prove that the remainder of  $Co(OH)_2$  has been greatly reduced (even completely removed) in the product after annealing. Figure 6 shows the changes in three strong peaks of  $Co(OH)_2$  and  $Co_3O_4$ . The intensities of the three strong peaks of  $Co(OH)_2$  are obviously decreased after annealing compared with those in the initial product. Therefore, the  $Co(OH)_2$  content has been remarkably reduced. Given that the three strong peaks are also related to  $Co_3O_4$ , they have comparatively high intensities after annealing. On the contrary, the intensity of the strongest diffraction peak of  $Co_3O_4$  is enhanced from 76.94% to 98.68% after annealing, which imply that the majority of  $Co(OH)_2$  has reacted with oxygen.



Figure 6. Change in intensity of three strong peaks related to Co(OH)<sub>2</sub> and Co<sub>3</sub>O<sub>4</sub> before and after annealing.

The chemical compositions of Sample D were further analyzed by XPS (Figure 7a,b). The spectroscopic spin orbit of Co 2p can be divided into  $2p_{1/2}$  and  $2p_{3/2}$ , which contain the same chemical information. Obvious differences between the two XPS spectra before and after annealing are noted. Four peaks can be clearly observed in the XPS spectra before annealing, which are located at 803.01, 796.87, 786.60, and 781.08 eV. According to the XPS binding energy manual, these peaks can be fitted into three pairs (Figure 7a). Two peaks situated at 803.01 and 786.60 eV agree well with those of Co in  $Co(NO_3)_2$  with standard binding energies of 803.05 and 786.85 eV. The two other peaks with binding energies of 796.87 and 781.08 eV can be confirmed as combinations of two pairs related to Co(OH)<sub>2</sub> and Co<sub>3</sub>O<sub>4</sub> (standard binding energies for Co in Co(OH)<sub>2</sub>: Co  $2p_{1/2}$  798.00 eV, Co  $2p_{3/2}$ 781.00 eV; for Co in Co<sub>3</sub>O<sub>4</sub>: Co 2p<sub>1/2</sub> 795.90 eV, Co 2p<sub>3/2</sub> 780.10 eV). We conclude that the product is mainly composed of  $Co(OH)_2$  and  $Co_3O_4$  along with small amounts of  $Co(NO_3)_2$ . After the product is annealed, a pair of peaks that are related to  $Co(NO_3)_2$  nearly disappear due to the considerable reduction in their intensities. Moreover, the two other peaks shift toward the right, which results in their binding energies decreased from 796.87 eV to 794.80 eV for the first peak, from 781.08 eV to 779.61 eV for the second peak. This change makes the two peaks only match with those related to Co in  $Co_3O_4$ . It further demonstrates that the intermediate product ( $Co(OH)_2$ ) and residual reactant  $(Co(NO_3)_2)$  are nearly completely converted into  $Co_3O_4$  after annealing.



Figure 7. High resolution XPS spectra of Co 2p in sample D: (a) before annealing; (b) after annealing.

TEM was applied to acquire precise structure information of the annealed product prepared in HMT/Co(NO<sub>3</sub>)<sub>2</sub> at a mole ratio of 4:1. Figure 8a illustrates the morphology of the product. A large number of equiaxed or near-equiaxed particles with smooth edges cluster together, among which numerous interfaces can be clearly observed. A large particle with a size of approximately 80 nm is found, and the sizes of the rest are located at a range of approximately 5–30 nm. Notably, the contrast in different zones of the particles is nearly similar. From the formation mechanism of the mass thickness contrast, we can conclude that nanosheets with similar thickness are successfully synthesized. The lattice fringes are shown in a HRTEM image (Figure 8b). The plane distances in different zones are calculated to be 0.242, 0.286, and 0.468 nm for the nanosheets, and they fully match with the (311), (220), and (111) planes of Co<sub>3</sub>O<sub>4</sub>. No lattice fringes related to Co(OH) are observed, which further confirms that Co(OH)<sub>2</sub> is completely oxidized to Co<sub>3</sub>O<sub>4</sub>. Figure 8c presents the selected area electron diffraction pattern of the nanosheets. Five concentric diffraction rings from the center can be observed. It has been demarcated with the Co<sub>3</sub>O<sub>4</sub> interplanar crystals (111), (220), (311), (422), and (440), which are completely consistent with the XRD result.



**Figure 8.** (a) Transmission electron microscope (TEM) image; (b) Selected area electron diffraction; and (c) high-resolution transmission electron microscope (HRTEM) image of the annealed product prepared at a HMT/Co(NO<sub>3</sub>)<sub>2</sub> mole ratio of 4:1.

Scanning electron microscope (SEM) was used to observe the morphological evolution of the samples (Figure 9a–f). The nickel foam is composed of a large number of three-dimensional skeletons (Figure 9a), among which many holes can be clearly observed. After the hydrothermal reaction, the initial surface is completely covered with a thin layer of honeycomb-like products with loose and porous structures (Figure 9b). A small quantity of flower-like particles with large size protrude from the surfaces of the honeycomb-like products, and they are situated around the edges of the nickel foam and mainly result from the excessive growth of the products around these zones. With the further increases in HMT concentration to 6 and 8 mmol, the flower-like particles corresponding increase in size and quantity (Figure 9c,d). Most of the surfaces of the honeycomb-like products remain uncovered. However, when the HMT concentration is enhanced to 10 mmol, the morphology of the product exhibits a considerable change (Figure 9e). A large number of flower-like particles continue to grow and spread from the edge to the middle of the nickel foam. As a result, over 70% of the surface of the nickel foam is covered by these particles. The flower-like particles are predominant in the product. The honeycomb-like particles are completely transformed into flower-like particles at a HMT concentration of 12 mmol (Figure 9f). Close inspection reveals that the honeycomb-like particles possess a higher specific surface area than the flower-like particles.

Additional morphological features are shown in high magnification SEM images (Figure 10a–f). Numerous nanosheets with a thickness of approximately 4 nm protrude from the comparatively flat surface and connect with one another, which results in the formation of the honeycomb-like structure (Figure 10a). Moreover, a large number of fine spheroidal particles with a diameter of approximately 100 nm are clearly observed. A high-magnification image, which is located in the upper right corner of Figure 10a, clearly indicates that these particles result from the excessive growth of partial zones. When the concentration of HMT is enhanced to 4 mmol, the nanoparticles grow to approximately 200 nm and cluster together (Figure 10b). As a result, some strips of protrusions similar to nanosheets are formed (white circle marked in Figure 10b). These protrusions grow into nanosheets with the increase in the concentration of HMT (Figure 10c). The independently dispersed nanoparticles nearly disappear and are completely transformed into nanosheets at a HMT concentration of 0.8 mmol (Figure 10d). The product surface is divided into small scattered zones with numerous nanosheets, among which a few narrow gaps are maintained. The evolution contributes to the increase in the specific area of the product. However, with the further increase in the concentration of HMT, the nanosheets continue to grow and are interconnected to form new growth sites, which finally grow into coarse flower-like particles (Figure 10e,f). Initial honeycomb-like particles are vaguely visible and completely covered with coarse flower-like particles at HMT concentrations of 1.0 and 1.2 mmol.

The morphological evolution can be intuitively described as follows. The fine nuclei that adhere to the surface of nickel foam constantly grow omnidirectionally and are gradually connected with one another, which results in the formation of a comparatively flat surface. As the reaction time is prolonged, the grain boundary with high energy grows preferentially compared with the grain. As a result, numerous fine nanosheets grow along the grain boundaries, thereby resulting in the formation of honeycomb-like structures. Nanosheets also present tiny changes in morphology due to the difference in concentration of reactants. The similar phenomenon also occurs at the flat zones surrounded by nanosheets. Several local zones with high growth rates preferentially protrude from the product surface and grow into fine nanoparticles. These spherical nanoparticles interconnect into long strip-like particles with HMT added into the solution along with initial nanosheets that grow constantly. A high concentration of HMT will hasten the growth of the long strip-like particles, which will result in the formation of sheet-like particles that are similar to the initial nanosheets. With the increase in density of nanosheets, new growth sites inevitably form and grow into flower-like particles. The specific area surface increases first and then decreases with the increase in HMT concentration. The highest specific area surface should be obtained from the product prepared with HMT/Co(NO<sub>3</sub>)<sub>2</sub> at a mole ratio of 4:1.

The morphological evolution of the product is closely related to the concentration of HMT, which becomes a crucial affecting factor of the growth of the product. Obviously, a high HMT concentration offers a strong driving force to accelerate the growth of the nuclei. According to the synthesis of  $Co(OH)_2$  as described in Equations (1)–(4), HMT can sufficiently react with  $Co(NO_3)_2$  to form  $Co(OH)_2$  at a mole ratio of 2:1. However, the opposite is true. HMT may be completely consumed. However, a portion of  $Co(NO_3)_2$  may remain, which should be attributed to the important intermediate product (NH<sub>3</sub>). NH<sub>3</sub> originates from the reaction between HMT and H<sub>2</sub>O, which further reacts with  $[Co(H_2O)_6]^{2+}$  to form  $[Co(NH_3)_6]^{2+}$ . Finally,  $Co(OH)_2$  is synthesized by the reaction between  $[Co(NH_3)_6]^{2+}$  and  $OH^-$ . A portion of NH<sub>3</sub> escapes from the solution due to the highly volatile characteristic of NH<sub>3</sub>. Thus, the rest can only consume a portion of the added  $Co(NO_3)_2$ . That is,  $Co(NO_3)_2$  may be excessive when HMT and  $Co(NO_3)_2$  is very essential to ensure complete reactions between the two reactants. The evolution in morphology of the products also confirms that large amounts of  $Co(OH)_2$  are synthesized with the increase in the mole ratio from 1:1 to 6:1.



Figure 9. (a) SEM image of nickel foam; (b-f) Low magnification SEM images of samples B-F.



**Figure 10.** SEM images of the samples: (**a**) Sample A; (**b**) Sample B; (**c**) Sample C; (**d**) Sample D; (**e**) Sample E; (**f**) Sample F.

#### 3.4. Electrochemical Characterization

Figure 11 shows the CV results of the  $Co_3O_4$  electrodes that were prepared on nickel foam at various HMT/Co(NO<sub>3</sub>)<sub>2</sub> mole ratios. The scanning potential is swept from -0.2 V to 0.8 V, and the scanning rate is changed from 5 mV·s<sup>-1</sup> to 100 mV·s<sup>-1</sup>. Notably, all obtained CV curves seriously deviate from the standard rectangle, which implies that the electrodes exhibit the typical pseudocapacitance behavior. The capacitance mainly originates from the redox reactions that occur between the active substance and electrolyte, which can be confirmed by the two clear redox peaks indicated in Figure 11. At a scanning rate of 100 mV·s<sup>-1</sup>, two oxidation peaks occur at 0.3 and 0.45 V along with two matching reduction peaks observed at 0.15 and 0.28 V, respectively. With the decrease in scanning rate from 100 mV·s<sup>-1</sup> to 5 mV·s<sup>-1</sup>, the positions of the two oxidation peaks move to lower potentials, and the matching reduction peaks shift to higher potentials. The phenomenon may be attributed to the electrode reaction that seriously deviates from the equilibrium state with the increase in the scanning rate. The two redox reactions that occur on the electrode surface can be described as follows [45]:

$$Co_3O_4 + OH^- + H_2O \leftrightarrow 3CoOOH + e^-$$
(7)

$$CoOOH + OH^{-} \leftrightarrow CoO_{2} + H_{2}O + e^{-}$$
(8)

The integrated area that is surrounded by the CV curves is closely related to the HMT/Co(NO<sub>3</sub>)<sub>2</sub> mole ratio. With the increase in mole ratio of HMT/Co(NO<sub>3</sub>)<sub>2</sub> from 1:1 to 4:1 at any given scanning rate, the area presents an increasing tendency. However, further increases in the mole ratio cause a reduction in the area. The area peak is acquired at a HMT/Co(NO<sub>3</sub>)<sub>2</sub> mole ratio of 4:1. We can conclude that the capacitance can reach a maximum at a mole ratio of 4:1 due to the electrode capacitance that is proportionate to the integrated area. The calculated results of the specific capacitance further confirm this notion. The specific capacitances of Co<sub>3</sub>O<sub>4</sub> can be calculated by integrating the area of the CV curves as follows [46]:

$$C_m = \frac{1}{mv(\Delta V)} \int_{V_a}^{V_c} I(V) dV$$
(9)

where  $\Delta V$  signifies the specific capacitance (F·g<sup>-1</sup>) as measured from the CV tests; *m* is the mass of Co<sub>3</sub>O<sub>4</sub> that adheres to the nickel foam (g);  $\Delta V$  denotes the potential range; and *V* and *I*(*V*) represent the scan rate (V·s<sup>-1</sup>) and corresponding current response, respectively.



**Figure 11.** CV curves recorded on the samples at different scanning rates: (**a**) Sample A; (**b**) Sample B; (**c**) Sample C; (**d**) Sample D; (**e**) Sample E; (**f**) Sample F.

Using the equation above, the specific capacitances of the six samples at various scanning rates are calculated. Sample D with a HMT/Co(NO<sub>3</sub>)<sub>2</sub> mole ratio of 4:1 possesses the highest value (693.56  $F \cdot g^{-1}$ )

at a scanning rate of 5 mV·s<sup>-1</sup>, followed by Sample C with a mole ratio of 3:1 (559.86 F·g<sup>-1</sup>), Sample E with a mole ratio of 5:1 (423.35 F·g<sup>-1</sup>), Sample F with a mole ratio of 6:1 (321.64 F·g<sup>-1</sup>), Sample B with a mole ratio of 2:1 (217.33 F·g<sup>-1</sup>), and Sample A with a mole ratio of 1:1 (121.32 F·g<sup>-1</sup>). The same tendency can be observed using other scanning rates.

Figure 12 presents the galvanostatic charge/discharge profiles of the products synthesized in different mole ratios at a potential range of 0–0.45 V with different charging and discharging current densities. These profiles are also deviated from a typical symmetrical triangular shape, and two charge/discharge platforms can be clearly observed (especially at a low current density). This result indicates that the products present a pseudocapacitance characteristic. The charge/discharge time is heavily reliant on the mole ratio of HMT/Co(NO<sub>3</sub>)<sub>2</sub>; specifically, it increases first and then decreases with the increase in mole ratio. The longest time period is obtained at a HMT/Co(NO<sub>3</sub>)<sub>2</sub> mole ratio of 4:1, which indicates that the maximum specific capacitance is acquired at 4:1. This result agrees well with that confirmed in the CV tests. The specific capacitance of the products can be calculated using the following equation [47]:

$$C_m = \frac{I \cdot \Delta t}{m \cdot \Delta v} \tag{10}$$

where  $C_m$  is the specific capacitance measured from galvanostatic charge/discharge curve (F·g<sup>-1</sup>), *I* represents the constant discharge current (A), *m* is the mass of Co<sub>3</sub>O<sub>4</sub> (g),  $\Delta t$  (s) is discharge time and  $\Delta v$  is the potential range (V).



Figure 12. Cont.



**Figure 12.** Galvanostatic charge/discharge curves recorded on the samples at different current densities: (a) Sample A; (b) Sample B; (c) Sample C; (d) Sample D; (e) Sample E; (f) Sample F.

The highest specific capacitances are also obtained in the product prepared at a HMT/Co(NO<sub>3</sub>)<sub>2</sub> mole ratio of 4:1 at any given specific current density (743.00, 730.74, 710.93, 697.32, 680.88, and 621.21  $\text{F}\cdot\text{g}^{-1}$  at current densities of 1, 2, 4, 6, 8, and 10  $\text{A}\cdot\text{g}^{-1}$ , respectively).

Figure 13 shows the specific capacitance of the six samples as a function of the scanning rate and current density. The specific capacitance decreases with the increases in the scanning rate and current density. The six samples retain approximately 74.44%, 70.55%, 53.77%, 51.16%, 70.66%, and 66.74% of the value obtained in 0.005 V·s<sup>-1</sup> as the scan rate increases from 0.005 V·s<sup>-1</sup> to 0.1 V·s<sup>-1</sup> and approximately 65.93%, 76.06%, 82.87%, 83.61%, 81.46%, and 80.03% of the values obtained in 1 A·g<sup>-1</sup> when the current density is increased from 1 A·g<sup>-1</sup> to 10 A·g<sup>-1</sup>. These samples also present an outstanding rate performance. Generally speaking, sample D still possesses the highest specific capacitance when the scanning rate and the current density are improved from 0.005 to 0.1 V·s<sup>-1</sup>, and from 1 to 10 A·g<sup>-1</sup>, respectively.



**Figure 13.** (**a**) Specific capacitance of six samples as a function of scanning rate; (**b**) Specific capacitance of six samples as a function of current density.

The change in specific capacitance with HMT/Co(NO<sub>3</sub>)<sub>2</sub> mole ratio is undoubtedly related to the above-mentioned morphological evolution, and it directly determines the specific surface area. A high specific surface area can provide added active sites for electron exchange and shorten the transfer path of the electrons and active ions. At a HMT/Co(NO<sub>3</sub>)<sub>2</sub> mole ratio of 1:1, three zones with different morphologies coexist in the deposit surface and correspond to nanosheets, flat zones surrounded by nanosheets, and spherical nanoparticles that are uniformly distributed on the two zones, respectively. When the mole ratio of HMT/Co(NO<sub>3</sub>)<sub>2</sub> increases to 2:1, striped particles are formed due to the growth and interconnection among spherical nanoparticles. However, the constant growth of nanosheets causes the increase in specific surface area. The latter plays a leading role in the change in specific surface

area, thereby resulting in the increase in specific capacitance of the product (from 139.11  $\rm F\cdot g^{-1}$  to  $280.46 \text{ F} \cdot \text{g}^{-1}$  at  $1 \text{ A} \cdot \text{g}^{-1}$ , from  $135.11 \text{ F} \cdot \text{g}^{-1}$  to  $289.11 \text{ F} \cdot \text{g}^{-1}$  at  $2 \text{ A} \cdot \text{g}^{-1}$ , from  $120.89 \text{ F} \cdot \text{g}^{-1}$  to  $240.89 \text{ F} \cdot \text{g}^{-1}$ at  $4 \text{ A} \cdot \text{g}^{-1}$ , from 109.33  $\text{F} \cdot \text{g}^{-1}$  to 229.33  $\text{F} \cdot \text{g}^{-1}$  at  $6 \text{ A} \cdot \text{g}^{-1}$ , from 99.56  $\text{F} \cdot \text{g}^{-1}$  to 220.45  $\text{F} \cdot \text{g}^{-1}$  at  $8 \text{ A} \cdot \text{g}^{-1}$ , and from 91.72  $F \cdot g^{-1}$  to 213.33  $F \cdot g^{-1}$  at 10  $A \cdot g^{-1}$ ). The striped particles gradually grow into fine sheets along with the constant growth of initial nanosheets at a  $HMT/Co(NO_3)_2$  mole ratio of 3:1, both of which will considerably enhance the specific surface area of the product. As a result, the specific capacitance of the product that is synthesized in 3:1 is increased to approximately 70–95% compared with that synthesized at 2:1. Tiny amounts of coarse flower-like particles with low specific surface areas are formed due to the connection and growth of nanosheets, and the effect of these particles on the specific surface area of the product is negligible. When the ratio is increased to 4:1, the flower-like particles produce an increasing effect on the specific area of the product due to their increase in number. However, the constant growth of nanosheets causes corresponding increases in specific surface area, which completely eliminates the reverse effect that result from the flower-like particles. As a consequence, specific capacitance is increased to 4:1. When the mole ratio is further enhanced to 8:1, the growth of the flower-like particles is predominant and nearly completely covers the entire surface of the product, which shields the initial nanosheets from fully coming into contact with the active ions. The specific capacitance is correspondingly reduced.

The change in rate performance of  $Co_3O_4$  is closely related to the evolution in specific surface area of  $Co_3O_4$  prepared in different mole ratios of HMT and  $Co(NO_3)_2$ .  $Co_3O_4$  with a high specific surface area will provide more tunnels for the transportation of active ions and more active sites for the charge exchange, which can make a fast response to the charge in charge-discharge rate due to the enhancement in charge-transfer rate. Moreover, the increase in specific surface area of  $Co_3O_4$  will reduce its internal resistance due to the shortening in the electronic transfer path, which can also greatly enhance the charge-transfer rate when the charge-discharge rate is changed. Many investigations had confirmed that the increase in specific surface area contributed to the reduction in internal resistance. Zhang et al. [3] synthesized  $Co_3O_4$  nanowire superstructure with different morphologies by a typical hydrothermal process. Three surfactants (polyvinyl pyrrolidone (PVP), cetyltrimethylammonium bromide (CTAB) and sodium dodecyl sulfate (SDS)) were applied to control its morphology. For comparison, a  $Co_3O_4$  sample was synthesized under the same conditions but without addition of the surfactant. The EIS (electrochemical impedance spectroscopy) results indicated that the specific surface area of Co<sub>3</sub>O<sub>4</sub> was closely related to its internal resistance. The SDS-Co<sub>3</sub>O<sub>4</sub> sample with the highest specific surface area of 121.4  $m^2 \cdot g^{-1}$  possessed the lowest internal resistance of about 0.3  $\Omega$ , followed by the CTAB-Co<sub>3</sub>O<sub>4</sub> sample (92.9 m<sup>2</sup>·g<sup>-1</sup>), the Co<sub>3</sub>O<sub>4</sub> sample (85.6 m<sup>2</sup>·g<sup>-1</sup>) and the PVP-Co<sub>3</sub>O<sub>4</sub> sample (65.0 m<sup>2</sup>·g<sup>-1</sup>) from low to high in internal resistance. Chen et al. [48] synthesized the nanostructured PbO<sub>2</sub> thin films using a galvanostatic oxidation method to dilute the H<sub>2</sub>SO<sub>4</sub> solution and investigated the effect of change in the morphology of PbO<sub>2</sub> prepared at different current densities on electrochemical properties. The results also indicated that the sample with a high specific surface area exhibited a low internal resistance and excellent electrochemical properties. The other studies also confirmed this conclusion [28,49,50]. That is to say, a high specific surface area will endow the sample with a low internal resistance, which further causes the improvement in electrochemical property. In this study, the increase in tunnel/active site and the reduction in internal resistance resulting from the increase in specific surface area of  $Co_3O_4$  are responsible for the improvement in its rate performance.

The cycling stability of  $Co_3O_4$  electrodes is evaluated by the CV tests for 500 cycles at 50 mV·s<sup>-1</sup> (Figure 14). Clearly, the specific capacitance prepared at a HMT/Co(NO<sub>3</sub>)<sub>2</sub> mole ratio of 4:1 is higher than those in other mole ratios. The specific capacitance of the sample prepared in 4:1 is 474.18 F·g<sup>-1</sup> after 500 cycles, which indicates a capacitance retention of 97% from the initial value (488.77 F·g<sup>-1</sup>). Only a slight degradation (approximately 3%) is observed, which indicates that Sample D exhibits excellent cycling stability. However, the specific capacitances of the other samples are notably slightly increased after 500 cycling; their specific capacitance retentions are approximately

112.92% (Sample A), 117.99% (Sample B), 121.50% (Sample C), 112.10% (Sample E), and 113.88% (Sample F). The phenomenon is associated with the increase in active sites that participate in the electron transfer and the change in morphology resulting from the current shock and mechanical destruction during charge/discharge. An increased number of active sites will be activated as the electrolyte gradually infiltrates the electrode material during charge/discharge, which improves wettability and activation of the electrode. In addition, the active substance will be inevitably subject to repeated current shocks and mechanical destruction during cycling, from which the morphology of the active substance will be changed locally. For Samples A and B, the activation of the active sites is predominant in the increase in specific capacitance. Nanosheets with comparatively low height will tightly adhere to the electrode surface, which cannot be easily destroyed under the current shock due to the insufficient growth of the nanosheets prepared at low HMT/ $Co(NO_3)_2$  mole ratios (1:1, 2:1). Therefore, the effect of the current shock on the specific capacitance of Samples A and B is negligible. Nanosheets with a large height protrude into the electrolyte when the  $HMT/Co(NO_3)_2$  mole ratio is increased to 3:1, and they may be prone to breakage under the current shock. Accompanied by the fracture of the local nanosheets, the specific capacitance will be reduced. However, the activation of added active sites will cause an increase in specific capacitance. A slight increase in specific capacitance of Sample C, compared with that of Sample B, is a result of the integration of the two above-mentioned factors. With the further increase in mole ratio to 4:1, a strong current shock may be generated in Sample D with a considerably high specific surface area due to the frequent and violent electron transfer during charge/discharge. This phenomenon may accelerate the exfoliation of the nanosheets from the electrode surface during cycling. Current shock becomes an essential factor that causes the decrease in specific capacitance of the sample compared with the activation of active sites. With the increase in thickness of the deposits, the structural integrity cannot be well preserved after long time cycling due to the transformation reactions between Ni(OH)<sub>2</sub> and NiOOH occurring on nickel foam [50,51]. The transformation reactions between Ni(OH)<sub>2</sub> and NiOOH can cause the volumetric change of the surface layer of nickel foam, which will result in some  $Co_3O_4$  particle detached from some local zones. For Sample D, since the new exposed area resulting from the destruction cannot compensate for the loss in area, the specific capacitance will be reduced to a certain extent. As a result, a slight reduction in specific capacitance occurs. When the HMT/Co(NO<sub>3</sub>)<sub>2</sub> mole ratios are enhanced to 6:1 and 8:1, coarse flower-like particles that cover the nanosheets may fall off under the current shock, and nanosheets with a high specific surface area are exposed to the electrolyte, along with which the specific capacitance presents a tendency to increase with the increase in cycling number. For Samples E and F, the mechanical destruction will be greatly weakened, since it is very difficult for the electrolyte to permeate into nickel foam covered with the more compact deposits.



**Figure 14.** Cycling tests for Samples A–F at a scanning rate of 50 mV·s<sup>-1</sup> up to 500 cycles.

## 4. Conclusions

In summary,  $Co_3O_4$  nanosheets with a high specific surface area were prepared on nickel foam by hydrothermal synthesis method followed by annealing treatment (300 °C). The mole ratio of HMT and  $Co(NO_3)_2 \cdot 6H_2O$  as the reactants was an essential factor determining the morphologies of  $Co_3O_4$ . The highest specific surface of  $Co_3O_4$  prepared was obtained at a HMT and  $Co(NO_3)_2$  mole ratio of 4:1, when their mole ratio was increased from 1:1 to 6:1. The specific capacitance of the electrode was closely related to the morphological evolution of  $Co_3O_4$ . The highest specific capacitance of the electrode was acquired for the product synthesized at a mole ratio of HMT and  $Co(NO_3)_2$  (4:1) (743.00 F·g<sup>-1</sup> at 1 A·g<sup>-1</sup> in galvanostatic charge/discharge tests, 693.56 F·g<sup>-1</sup> at 5 mV·s<sup>-1</sup> in CV tests).  $Co_3O_4$  synthesized in the mole ratio of HMT and  $Co(NO_3)_2$  (4:1) exhibited excellent cyclic performance; about 97% of the initial specific capacitance remained after 500 cycling tests.

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