



# Article Assessing Different Inoculum Treatments for Improved Production of Hydrogen through Dark Fermentation

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Abstract: Hydrogen gas (H<sub>2</sub>) is an energy carrier that does not generate carbon dioxide emissions during combustion, but several processes in use for its production demand high energy inputs associated with fossil fuels and greenhouse emissions. Biological processes, such as dark fermentation (DF), have the potential to remove the dependency on fossil fuels in H<sub>2</sub> production. DF is a process that encourages fermentative bacteria to ferment organic substrates to produce H<sub>2</sub> as a truly clean energy carrier, but its success depends on removing the presence of competing H2-consuming microorganisms in the inoculum consortia. This paper addresses a strategy to enhance H<sub>2</sub> production from different types of substrates by testing inoculum pre-treatment processes to inactivate H2\_consuming bacteria, including acid-shock (pH 3), basic-shock (pH 10) and heat-shock (115 °C) methods. Digestate from anaerobic digesters processing sewage sludge was used to produce pre-treated inocula, which were subsequently tested in a batch bio-H<sub>2</sub> potential (BHP) test using glucose as a substrate. The results show that heat-shock pre-treatment was the best method, reporting a  $H_2$  yield of 191.8 mL- $H_2/gVS$ added (the untreated inoculum reported 170.91 mL-H<sub>2</sub>/gVS added). Glucose conversion data show a high concentration of butyric acid in both treated and untreated inocula during BHP tests, which indicate that the butyrate pathway for H<sub>2</sub> production was dominant; shifting this to the formate route could further enhance net H<sub>2</sub> production. A standardised inoculum-conditioning method can help to consistently assess the biohydrogen potential of suitable feedstock for DF and maximise H<sub>2</sub> yields.

Keywords: biohydrogen production; clean energy carrier; dark fermentation; inoculum pre-treatment

## 1. Introduction

Hydrogen gas (H<sub>2</sub>) is the major future energy source. There are many reasons why H<sub>2</sub> is preferred to other energy sources, such as a high net calorific value (120 MJ/kg), compared with other fuels, including methane (50 MJ/kg), ethanol (26.8 MJ/kg) and methanol (19.6 MJ/kg), which gives H<sub>2</sub> a high energy efficiency [1,2]. Hydrogen gas has a positive impact on the environment as its combustion does not produce carbon dioxide; therefore, its use can help in reducing greenhouse gas (GHG) emissions associated with the use of conventional fuels [3].

Despite the advantages of hydrogen gas as an energy carrier, the conventionally used methods for its production, such as steam methane reforming, partial oxidation and coal gasification, have many disadvantages, including high energy demand and hazardous gas emissions. Operating temperatures for these systems are usually >700 °C [4] and the gases emitted mostly contain oxides of nitrogen, sulfur and carbon, along with ashes that contain heavy metals and radioactive substances [5]. Water electrolysis is another available hydrogen gas production method, by splitting the water molecule into hydrogen and oxygen and, therefore, has no carbon dioxide emission, but it still has high energy



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**Copyright:** © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). consumption [6]. For example, a typical electrolyser consumes 39.4–50 kWh per kg of hydrogen produced (142–180 MJ/kg) [7].

The high perspective of hydrogen gas in energy storage, decarbonizing heat and as one of the main energy carriers in the future, and the inefficiencies in current production methods, necessitated the research into other energy-efficient and environmentally friendly methods of hydrogen gas production, such as biological hydrogen production. Biological hydrogen production is a promising method for hydrogen production from different organic wastes (e.g., food, municipal and agricultural waste) through biological reactions carried out by microorganisms under specific operating conditions [8].

Dark fermentation (DF) is a biological hydrogen gas production method, whereby fermentative bacteria are used to ferment organic substrates to produce energy carriers, such as hydrogen gas, formate salts or formic acid. One of the main advantages of this method is that it does not require a light source and can easily be adapted to various organic substrates [9]. DF is sometimes referred to as stressed anaerobic digestion (AD) because the biological reactions that occur during DF are the same as in the hydrolysis/acidogenesis stage of AD [10]. In the past 10 years, the DF method has gained interest for the biological production of hydrogen gas. During DF, hydrogen is produced by the conversion (hydrolyse) of organic substrates (carbohydrates, proteins and lipids) using mixed or pure cultures of microorganisms. This conversion can follow different pathways with the associated production of volatile fatty acids (VFAs), and each pathway of conversion has a specific maximum (theoretically) hydrogen gas production. Therefore, knowing the concentration of VFAs will play a huge role in identifying the pathway and the conversion efficiency toward enhancing hydrogen gas production through DF. Certain operating parameters influence hydrogen production. Temperature, pH, agitation intensity, retention time, organic loading rate (OLR), a balanced presence of nutrients, presence/absence of inhibitors and inoculum type have major influential effects on the whole process; these operating parameters are related to each other such that changing one parameter may affect another [11]. This complexity in the relationship of these influential parameters creates the necessity to identify approaches to optimize DF for hydrogen production.

The analysis of VFAs could be used to monitor the metabolic pathway for such a complex system. For example, 1 mole of glucose (a standard substrate—Figure 1) would theoretically yield 12 moles of hydrogen gas; however, in terms of VFA production, if the reaction follows the propionate pathway, there will be hydrogen consumption and, if it follows the lactate and ethanol pathways, there will be no hydrogen yield [12]. On the contrary, in the acetate pathway, only 4 of 12 moles of hydrogen can be produced, while the butyrate pathway can produce only 2 moles of hydrogen [13]. As such, the concentration of VFAs at the end of a DF process can be an indicator of the maximum theoretical hydrogen production that can be achieved. Therefore, as in the present study, it is important to control the operating conditions to favour the most preferred VFA route for maximum hydrogen gas production from DF.



Figure 1. Conversion routes for glucose in dark fermentation processes, adapted from [14].

Inoculum pre-treatment is a very important step in DF that can affect the production of hydrogen. Mixed cultures such as digestate (from AD) can be used as an inoculum in DF because they are easier to handle and control and are highly available [15]. However, mixed cultures contain both hydrogen-consuming bacteria (methanogens and homoacetogens) and hydrogen-producing bacteria (such as *Clostridium* and *Enterobacter*). In the DF process, which is operated under anoxic conditions, hydrogen-consuming bacteria can easily consume the hydrogen produced and affect the net hydrogen yield [16,17].

Therefore, to inhibit the methanogen activity, inoculum pre-treatment is a necessary step in DF. Several studies investigated different types of inoculum pre-treatment, which are classified into physical, chemical and biological pre-treatment methods [18–21]. Physical pre-treatment (heat-shock, freezing-thawing and aeration), chemical pre-treatment (acid shock, basic shock, sodium 2-bromoethanesulfonate or 2-bromoethanesulfonic acid and iodopropane) and combined pre-treatment (e.g., combined heat and basic shock) are the main pre-treatment methods adopted to inhibit methanogenesis. Several studies compared the effect of these pre-treatments on increasing hydrogen gas production but arrived at different conclusions. For example, Zhu and Béland [19] studied heat-shock, basicshock, acid-shock, iodopropane pre-treatment, 2-bromoethanesulfonic acid pre-treatment and aeration. The operation conditions were the same in the two batch tests, and the results show that iodopropane pre-treatment was the best method for the first batch tests (sucrose + digested sludge), while basic shock was the best in the second batch tests (first batch effluent + sucrose), in terms of inhibiting the methanogens and enriching the hydrogen-producing bacteria. However, Mu and Yu [20] used the same type of inoculum (anaerobic sludge) as [19] and reported that heat shock was the best method to enrich hydrogen-producing bacteria. Further, Cheong and Hansen [22] reported that acid shock was the best method among five pre-treatment methods (dry heat shock, wet heat shock, freezing and thawing, sodium 2-bromoethanesulfonate and acid shock), using cattle manure sludge. Mohan and Babu [21] found that among seven pre-treatments, the sodium 2-bromoethanesulfonate pre-treatment method was the best for hydrogen production, using anaerobic mixed microflora as an inoculum. Using sewage sludge as an inoculum, Hu and Chen [18] demonstrated that among three pre-treatment methods, chloroform, heat shock and acid shock, chloroform was the best method.

All these studies and their conflicting results show that there is a need for more investigation and studies toward determining which pre-treatment is the best for inhibiting hydrogen-consuming bacteria and enriching hydrogen-producing bacteria in a certain type of inoculum. Therefore, the aim of this paper is to address the need for an effective inoculum pre-treatment method for hydrogen gas production and how to assess and select the best pre-treatment for any used inoculum in any future studies.

#### 2. Materials and Methods

## 2.1. Inoculum and Substrate

The inoculum used for the batch bio-H<sub>2</sub> potential (BHP) tests was prepared from digestate samples collected from an anaerobic digester processing sewage sludge at Yorkshire Water's Esholt Wastewater Treatment Works (WWTW), Bradford, United Kingdom (UK)—see Step 4 in Figure 2, showing the steps conducted at Esholt WWTW for sewage sludge processing. Digestate samples were incubated at 37 °C and fed with hydrolysed sewage sludge (HSS) once a week to keep the microorganisms active. The hydrothermal pre-treatment process to produce HSS is illustrated in Step 3—Figure 2. Digestate and HSS samples were both collected at Esholt WWTW. D-glucose powder (Sigma-Aldrich, Gillingham, UK;  $\geq$ 99.5% purity) was used as substrate for BHP tests to assess the quality and suitability of the inoculum for hydrogen gas production.



Figure 2. Sewage sludge processing at Esholt wastewater plant, Bradford, UK.

#### 2.2. Inoculum Pre-Treatment and Experimental Setup

There is no universal pre-treatment method to inhibit hydrogen-consuming bacteria; thus, different methods are reported for conducting DF experiments [23–27]. The selection of pre-treatment methods used for this research work considered criteria, such as simplicity, previous reports in the literature (commonly used methods), practical access to reagents and equipment, as well as scale-up potential. Therefore, the three following pre-treatment methods for inactivating hydrogen-consuming bacteria were chosen [28]:

- i. Acid-shock pre-treatment (AST) was performed by adjusting the pH of the digestate to pH 3 using 1 M HCl and storing it in a fridge at 4 °C for 24 h. After 24 h, the pH was returned to pH 7 using 1 M NaOH.
- ii. Basic-shock pre-treatment (BST) was performed by adjusting the pH of the digestate to pH 10 using 1 M NaOH and storing it in a fridge at 4 °C for 24 h. After 24 h, the pH was returned to pH 7 using 1 M HCl.
- iii. Heat-shock pre-treatment (HST) was conducted by heating the digestate for 20 min at 115 °C using a standard autoclave at approximately 1.5 bar.

The effectiveness of each pre-treatment method was tested by conducting batch BHP tests with the pre-treated digestate as the inoculum and glucose (D-glucose) as the sole carbon source (substrate). The standard substrate, glucose, was chosen for the BHP ex-

periments because it is a simple carbon source, easy to digest and would easily allow for a comparison of the different pre-treatment methods based on the differences in process stability and ultimate H<sub>2</sub> yields.

The BHP tests were set up using 160 mL Wheaton bottles as fermentative reactors with 70 mL working volume (Figure 3). The same set-up was previously tested for  $H_2$  leakage by Okoro-Shekwaga et al. [29], who confirmed the suitability of this method for achieving quantitative results. The reactors were sparged with nitrogen gas for 1 min and then immediately sealed with a rubber cap and aluminium crimp. The BHP tests included one control (untreated digestate as inoculum and glucose as substrate) and three tests (each pre-treated digestate as inoculum and glucose as substrate); all tests were conducted in triplicate with an inoculum to substrate ratio (ISR) of 1:1 (5 g vs. glucose to 5 g vs. inoculum) at 37 °C and pH 5.5 for 5 days.



**Figure 3.** BHP equipment and material. (**a**) Wheaton bottle (160 mL), (**b**) water bath 37 °C, (**c**) waterdisplacement device.

# 2.3. Analytical Methods

## 2.3.1. Gas Analysis

The volume of gas produced from each BHP test was measured by the water-displacement method. For biogas composition,  $H_2$ ,  $CO_2$  and  $CH_4$  were measured by gas chromatography (GC—Agilent 7890A; Agilent, Santa Clara, CA, USA) with a thermal conductivity detector (TCD). This GC-TCD was fitted with a Carboxen 1010 PLOT column with the following dimensions: length 30 m, diameter 0.53 mm and film thickness 30 µm. The inlet and oven temperatures were 200 °C and 230 °C, respectively, with Argon used as carrier gas at 3 mL/min. This GC method was calibrated with three standard gas mixtures: (a) 20%-O<sub>2</sub>:80%-N<sub>2</sub>; (b) 50%-CH<sub>4</sub>:3%-H<sub>2</sub>:47%-N<sub>2</sub>; and (c) 10%-CO<sub>2</sub>:90%-N<sub>2</sub> at predetermined intervals. Gas samples were manually injected using 200 µL injection volume.

## 2.3.2. Liquid Analysis

pH was measured by using a digital pH meter (HACH HQ40D; HACH, Loveland, CO, USA) and alkalinity by automatic titration (Mettler-Toledo auto-titrator T50; Mettler-Toledo, Columbus, OH, USA). VFA concentration was measured by gas chromatography (GC—Agilent 7890A, Santa Clara, CA, USA) with a flame ionization detector (FID). The GC-FID was fitted with a DB-FFAP column with the following dimensions: length 30 m, diameter 0.32 mm and film thickness 0.5  $\mu$ m. The GC-FID was operated at 150 °C Inlet temperature and 200 °C oven temperature with Helium as carrier gas (10 mL/min). Liquid samples were injected by an autosampler at 10  $\mu$ L injection volume. This GC method was calibrated with a standard Volatile Acid Standard Mix (SUPELCO, Darmstadt, Germany), which includes acetic, propionic, iso-butyric, butyric, iso-valeric, valeric, iso-caproic, caproic and heptanoic acids. The liquid samples for VFA analysis were prepared by lowering the pH to 2.00–2.20 with phosphoric acid and allowing to rest for 30 min. Acidified samples were then centrifuged for 5 min using a Pico 21 Centrifuge at 14,000 rpm for 5 min. The

supernatant was then collected and filtered through a 0.2 µm fiberglass filter. Pyruvate, formate and ethanol were measured by high-performance liquid chromatography (HPLC—Thermo Ultimate 3000) with Photodiode-Array Detection (PDA detector) and Supelcogel<sup>TM</sup> C-610H (6% Crosslinked) column. The HPLC was operated at 0.5 mL/min flow rate, 10 mL sample injection volume, 30 °C column temperature and a mobile phase of 0.1% H<sub>3</sub>PO<sub>4</sub> in distilled water. High-purity standards were used for calibration, including pyruvic acid (98%), formic acid (ACS reagent, ≥96%) and ethanol (BioUltra, ≥99.8%), from Sigma-Aldrich. Table 1 shows the characteristics of all reactors on Day 0.

Parameter	Unit Control		Test I	Test II	Test III
Inoculum	-	Untreated digestate	Heat shock treated digestate (HST)	Acid shock treated digestate (AST)	Basic shock treated digestate (BST)
Substrate	-	Glucose	Glucose	Glucose	Glucose
pН	-	5.5	5.5	5.5	5.5
Alkalinity	mg CaCO <sub>3</sub> /L	287 (±3)	249 (±6)	200 (±13)	255 (±9)
TS	%	1.23 (±0.09)	$1.40 (\pm 0.10)$	1.12 (±0.28)	$1.15 (\pm 0.11)$
VS	%	0.88 (±0.04)	1.00 (±0.06)	0.80 (±0.31)	0.82 (±0.11)

Table 1. Characterisation results for all reactors on Day 0 for BHP tests.

TS: total solids; VS: volatile solids; Standard deviation from the mean (n = 3) is reported in brackets.

#### 2.3.3. Statistical Analysis

Minitab 18 statistical software was used to run correlation analyses between hydrogen yield and VFAs (acetate and butyrate) using a confidence level of  $\alpha = 0.05$ .

### 2.3.4. Energy Balance of BHP Tests

Energy consumption (Ec) was calculated according to the energy consumption of heating the inoculum (digestate) (HST pre-treatment) from its initial temperature (37 °C) to the final temperature (115 °C). A water-heating calculator [30] was used to calculate (Ec) with the assumption that the density of the inoculum is equal to the density of water because of the inoculum vs. value (30 g/L). Energy production (Ep) was calculated according to the maximum hydrogen yield (191.8 mL-H<sub>2</sub>/g glucose-added), as shown in Section 3.1, and the energy production of hydrogen gas (33.6 Kwh/kg of hydrogen, [31]). Net energy was calculated by subtracting Ec from Ep. Note that energy balance of BHP with HST pre-treatment is based on 1 Kg substrate and 1 year of operation.

#### 3. Results and Discussion

#### 3.1. Hydrogen Yields

Cumulative hydrogen yield for the control and three test conditions is shown in Figure 4. The three test conditions (HST, AST and BST) produced high amounts of hydrogen gas during the 5-day DF process (BHP test), with no methane gas detected in any of the BHP reactors, including the control (untreated inoculum), as shown in Table 2. As the inoculum for this experiment was collected from AD reactors at Esholt WWTW, it might be that fermentative bacteria were dominant in this AD. Wang and Wan [28] reported a similar phenomenon with no methane detected for the untreated inoculum (also digestated sludge) with glucose as the substrate. Further, Luo [32] used the same type of inoculum and substrate and concluded that in addition to inoculum pre-treatment, the fermentation condition (mesophilic and low pH 5.5) also impacts methanogenesis inhibition. Contrariwise, Hu [18] used sewage sludge and methanogenic granules as an inoculum and glucose as the substrate; both of them reported detectable methane in biogas from the untreated inoculum during DF.



**Figure 4.** Cumulative hydrogen production for untreated and treated inoculum during 5-day BHP tests (average value of triplicate with max/min bar).

Table 2. Biogas composition of the maximum biogas volume produced during 5-day BHP experiments.

Parameter	Unit	Control	Test I	Test II	Test III
			Heat shock treated	Acid shock treated	Basic shock treated
Inoculum	-	Untreated digestate	digestate	digestate	digestate
		_	(HST)	(AST)	(BST)
Substrate	-	Glucose	Glucose	Glucose	Glucose
Total biogas <sup>a</sup>	mL	207.7	203.3	192.7	198.7
H <sub>2</sub>	mL (%)	59.7 (28.7)	62.4 (30.7)	52.8 (27.4)	54.9 (27.6)
CO <sub>2</sub>	mL (%)	70.8 (34.1)	61.7 (30.3)	50.2 (26.1)	60.6 (30.5)
N <sub>2</sub>	mL (%)	77.1 (37.1)	79.3 (39.0)	89.7 (46.5)	83.2 (41.9)
$CH_4$	mL (%)	0.0 (0)	0.0 (0)	0.0 (0)	0.0 (0)
O <sub>2</sub>	mL (%)	0.0 (0)	0.0 (0)	0.0 (0)	0.0 (0)

<sup>a</sup> Total biogas volume represents the maximum volume reached for the produced biogas from the Wheaton bottles with 70 mL working volume. The existence of  $N_2$  gas is due to the sparged process at the set-up phase of the BHP experiment (for oxygen removal). No methane and oxygen were detected during BHP experiments.

However, among the three pre-treatments and untreated inoculum investigated in the present study, HST achieved the maximum cumulative hydrogen production, 191.8 mL-H<sub>2</sub>/gVS added, which is slightly lower than [28], who reported that hydrogen production reached (221 mL-H<sub>2</sub>/gVS added) and higher than [32] (155 mL-H<sub>2</sub>/gVS added), as shown in Table 3, for HST of similar inoculum type, substrate and operation conditions (batch, temperature and pH).

One possible reason is the different heat-shock temperatures and retention times used in these studies (100 °C for 15 min) [28] and (100 °C for 60 min) [32], while in the present study, the HST was 115 °C for 20 min, which may have influenced some level of suppression of the hydrogen-producing bacteria [18,19]. The control (untreated inoculum) reached 170.91 mL-H<sub>2</sub>/gVS added, which is higher than 50 mL-H<sub>2</sub>/gVS added [28] and 156 mL-H<sub>2</sub>/gVS added [32] and it might imply that the fermentative bacteria were dominant in the inoculum used in the present study. AST and BST had a similar impact on hydrogen production, although BST showed a faster production rate in the first two days and both reached 154–157 mL-H<sub>2</sub>/gVS added at Day 3.

Test conditions	Pre-Treatment	Initial pH	Hydrogen Yield (mL-H <sub>2</sub> /g Glucose Added)	Reference
		5.5	153	а
Inoculum: Digested sewage sludge	Untreated	7	157	а
88		7	66	с
		5.5	171 (27.5)	This study
Substrate: Glucose		5.5	155	а
		7	141	а
Temperature: Mesophilic (35–37 °C)	HST	6.2	120	b
		7	221	с
		5.5	192 (1.4)	This study
Operational conditions: Batch reactor	DOT	7	136	с
operational conditions. Bateli reactor	BST	5.5	154 (4.9)	This study
		5.5	154	а
	1.07	7	145	а
	AST	7	99	с
		5.5	157 (0.8)	This study

Table 3. Comparison of different inoculum pre-treatment methods in BHP experiments.

(a) [32]: hydrogen yield is from the fifth batch, (b) [16] and (c) [28] HST: Heat shock, BST: Basic shock and AST: acid shock (STD: standard deviation from the mean (n = 3)).

A comparison between untreated inoculum, HST, AST and BST might imply that the BST and AST did not provide long-term inhibition of hydrogen-consuming bacteria, which led to no additional impact on hydrogen production, in contrast to HST. In agreement with Wang and Wan [28], the BHP test with HST pre-treatment had the highest hydrogen yield and production rate: Day 1 (85.93), Day 2 (79.30), Day 3 (26.61) and Day 4 (-15.85) (negative (-) value because of hydrogen consumption this day) mL-H<sub>2</sub>/gVS added (on a daily basis), as shown in Figure 4. In all conditions, however, hydrogen production peaked by Day 3, followed by an observed decline in the hydrogen yield by Day 4. This decrease might be because of the bio-conversion of hydrogen gas to acetic acid through homoacetogenesis under anaerobic conditions [34,35], considering that homoacetogenic bacteria are spore-forming bacteria that can survive even after harsh pre-treatments while temporarily de-activated [36]. This reduction in hydrogen gas on Day 4 indicates the time needed to reach maximum hydrogen production for the specific type of inoculum and substrate used in this study: sewage digestate and glucose, respectively.

A simple energy balance was calculated based on the energy consumption of using an autoclave for HST pre-treatment and the estimated energy production from hydrogen yield in BHP<sub>HST</sub>. Table 4 shows the energy balance for the best inoculum pre-treatments (HST) according to hydrogen yield in Figure 4. The results show that the net energy was positive over 1 year of DF operation, which indicates that using an autoclave for HST is feasible from an energy production perspective. However, more energy can be produced by using the effluent of DF (reached by VFAs) in AD for biogas production, improving the net energy and making the overall process more feasible and attractive. More investigation is needed to optimise the hydrogen production for high/positive net energy production. This can be achieved using another heating instrument, such as a furnace, with lower energy consumption than an autoclave. Further, testing different periods of HST (less than 20 min) may improve the net energy production.

Energy Consumption (Ec)	Energy Production (Ep)	Net Energy (E <i>p</i> -Ec)
Kwh/Kg inoculum.year	Kwh/Kg substrate.year	Kwh
23.7 <sup>a</sup>	42.3 <sup>b</sup>	+18.64

Table 4. Energy balance of BHP with HST pre-treatment based on 1 Kg substrate and 1 year of operation.

<sup>a</sup> Ec was calculated according to the energy consumption of heating the inoculum (digestate) (HST pre-treatment) from its initial temperature (37 °C) to the final temperature (115 °C). A water-heating calculator [30] was used to calculate (Ec) with the assumption that the density of inoculum is equal to the density of water because of the inoculum vs. value (30 g/L). <sup>b</sup> Ep was calculated according to the maximum hydrogen yield (191.8 mL-H<sub>2</sub>/g glucose added) and the energy production of hydrogen gas (33.6 Kwh/kg of hydrogen, [31]).

#### 3.2. Volatile Fatty Acids and By-Product from Glucose Transformation

VFA analysis provides an understanding of the predominant glucose conversion pathways in the present study. The conversion pathway can affect the hydrogen yield from the BHP test. For example, 1 mole of glucose could theoretically yield 12 moles of hydrogen via complete oxidation, as shown in Equation (1) [37]; however, in the DF process, if the reaction follows the acetate pathway, only 4 moles of hydrogen would be produced, as shown in Equation (2) [13], while the butyrate pathway can produce only 2 moles of hydrogen.

$$C_6H_{12}O_6 + 6H_2O \to 12H_2 + 6CO_2$$
 (1)

$$C_6H_{12}O_6 + 2H_2O \to 4H_2 + 6CO_2 + 2CH_3COOH \Delta G^0 = -211 \text{ kj/molglucose}$$
 (2)

$$C_6H_{12}O_6 \rightarrow 2H_2 + 2CO_2 + CH_3CH_2CH_2COOH \Delta G^0 = -266 \text{kj/molglucose}$$
(3)

Moreover, the lactic and ethanol pathways (as shown in Figure 1) yield no hydrogen, while the propionate pathway consumes hydrogen [12]. Therefore, the concentration of VFAs at the end of a DF process can be used as an indication of the conversion pathway and the maximum theoretical hydrogen production that could be achieved.

In the present study, the butyrate conversion route was the predominant one, followed by acetate accumulation, as shown in Figure 5a–d, in which case, Equations (2) and (3) would best describe the expected hydrogen yield from the BHP. The prevalence of butyrate and acetate production might be due to the low pH ranges (between 4.2 and 4.6) observed for all conditions (see Section 3.3). Several studies reported that the accumulation of butyric acid and acetic acid can be related to low pH ranges between 4.5 and 6.0, while ethanol and propionate can accumulate in DF that has neutral pH 7.0 or higher [14,38,39].

For all conditions, butyrate peaked at Day 3, with a concentration of 1490 mg/L, 1446 mg/L, 1388 mg/L and 1012 mg/L in the untreated, HST, BST and AST reactors, respectively, while acetic acid had a lower accumulation.

The low accumulation of acetic acid in comparison to butyric acid in the treated and untreated inoculum had a negative impact on hydrogen production by reducing and consuming the hydrogen in the reactors between Day 3 and Day 4, as shown in Table 5.

 Table 5. The effect of acetic acid on hydrogen production during 5-day BHP tests.

Pre-Treatment	Acetic Acid Concentration (mg/L)			Maximum Hydrogen Yield	Hydrogen Reduction (%)	
	Day 3	Day 4	Increment <sup>a</sup>	(mL-H <sub>2</sub> /g Glucose Added)	at Day 4	
Untreated	189 (38.2)	348 (43.9)	159	171 (27.5)	38%	
HST	222 (51.6)	251 (7.1)	29	192 (1.4)	8%	
AST	178 (15.5)	157 (17.4)	-21	154 (0.9)	6%	
BST	155 (22.7)	246 (83.7)	91	157 (4.9)	13%	

HST: Heat shock; BST: Basic shock; AST: acid shock. <sup>a</sup> difference between Day 3 and Day 4. (STD: standard deviation from the mean (n = 3)).



**Figure 5.** VFA accumulation during 5-day BHP tests: (**a**) untreated inoculum, (**b**) HST, (**c**) AST and (**d**) BST.

The decline in butyrate between Day 3 and Day 4 might be due to the re-activation of the acetogens and, consequently, the use of butyrate as a substrate for the production of acetic acid and hydrogen [40]. However, the corresponding decline in the hydrogen yield between Day 3 and Day 4 (Section 3.1) indicates a simultaneous bio-conversion of hydrogen gas to acetic acid via the homoacetogenesis reaction, which is a possible hydrogen sink under anaerobic conditions [35]. According to Table 5, there is a relationship between Day 3 and Day 4. For example, the highest increment in acetate was observed with the untreated inoculum, which also had the highest reduction in hydrogen and AST, which had the lowest acetate increment and the lowest percentage hydrogen reduction. Similar results regarding the negative impact of acetic acid accumulation on hydrogen production were reported by [18,19,28,32].

The decrease in hydrogen production when a pre-treated inoculum was used was lower than when an untreated inoculum was used, indicating the effect of inoculum pretreatment on sustaining the inactivation of hydrogen consumers during the DF process. Moreover, this drop in hydrogen yield on Day 4 indicates the point at which the pre-treated inoculum should be added to the reactor media (applicable to continuous DF) to sustain the inhibition of the hydrogen-consuming bacteria.

# 3.3. pH and Alkalinity

The pH and alkalinity have a crucial influence on the reactions occurring during DF. The pH value affects VFA accumulation; lower pH ranges (4.0–6.0) support butyrate and acetate accumulation and higher pH ranges (7.0–9.0) support ethanol and

propionate accumulation [38,39]. Conversely, the pH also influences the diversity in the microbial community and, effectively, hydrogen production, i.e., at low pH levels, the dominant species is Clostridium, responsible for the production of butyrate, acetate and hydrogen [38,41]. The optimum pH range, which enhances the hydrogenases (hydrogen producers) in DF, was suggested to be between pH 5.0 and pH 7.0. [15].

Alkalinity also has an effect on hydrogen production in DF as the VFA accumulation results in a drop in pH; alkalinity helps to puffer the pH within the optimal range of hydrogen production in DF. Mtui [42] reported that alkalinity was the most important parameter affecting hydrogen production. Bina and Amin [43] reported that the optimum starting alkalinity for DF that allowed for the highest hydrogen yield (220 mL/d) was 1325 mg/L CaCO<sub>3</sub>, for initial alkalinity tested between 670 and 2678 mg/L CaCO<sub>3</sub>.

In this study, the initial pH was adjusted to 5.5 for both control (untreated inoculum) and tests (treated inoculum), which is within the recommended pH level mentioned earlier. The production of VFA by Day 1 resulted in a decline in pH in the control and test reactors (Figure 6a) and HST, which had the highest VFA production at Day 1 (829 mg/L) also had the lowest pH value, 4.3, on Day 1. However, the VFA composition of HST was predominantly butyrate and acetate and, hence, a higher hydrogen yield was obtained from the same (see Section 3.1). Nonetheless, the final pH for the control and all tests was between 4.2 and 4.6. Similarly, a final pH of 4.6 was reported by [44] for batch BHP tests.

The starting alkalinity (Day 0) was between 200 and 287 mg CaCO<sub>3</sub>/L for control and three tests (Figure 6b). Like the pH, VFA production led to the consumption of the alkalinity (Figure 6b) and as VFA accumulation progressed through time, a continuous decline in the alkalinity was observed for all conditions. However, HST and BST showed better alkalinity recovery potentials, consequently providing pH buffering, which allowed for slightly higher pH levels under these treatment conditions. Although the starting alkalinity levels in this study were lower than levels reported in other studies, the production of hydrogen production for all conditions in this study demonstrates that hydrogen can still be produced during DF under very low alkalinity.

#### 3.4. Process Kinetics

The fitting was run for the period of hydrogen accumulation from Day 0 to Day 3 where hydrogen reached its peak, as this model (MGompertz) is extensively used for batch experiments that have a growth rate without gas consumption [17,45,46]. Theoretical hydrogen potential (BHP<sub>th</sub>) can be determined either by Equation (2) or (3) (Section 3.2); both equations are based on the butyrate or acetate pathway conversion. Table 6 shows the comparison between experimental hydrogen potential (BHP<sub>th</sub> according to the dominant conversion pathway, which is the butyrate pathway, as shown in Figure 5a–d.

**Table 6.** Comparison between experimental hydrogen potential (BHP<sub>exp</sub>) and theoretical hydrogen potential (BHP<sub>th</sub>).

Conversion Pathway Type	Pre-Treatment	Theoretical Hydrogen Yield Potential (BHP <sub>th</sub> )	Experimental Hydrogen Yield Potential (BHP <sub>exp</sub> )	(BHP <sub>exp</sub> /BHP <sub>th</sub> )
		Mole-H <sub>2</sub> /Mol	%	
Butyrate	Untreated	2.00	1.37 (0.22)	68.5
	HST		1.54 (0.01)	77.0
	AST		1.26 (0.01)	63.0
	BST		1.24 (0.00)	62.0

HST: Heat shock; BST: Basic shock; AST: acid shock. (STD: standard deviation from the mean (n = 3)).

As butyrate conversion was dominant from day 0 to day 3, as shown in Table 6, the highest percentage of  $(BHP_{exp}/BHP_{th})$  was for HST (77%), although the others (untreated, AST and BST) were 63%, 62% and 68.5, respectively. The HST is the most suitable



pre-treatment for this type of inoculum and substrate in term of maximizing hydrogen production and inhibiting hydrogen-consuming bacteria (homoacetogenic and methanogens).

**Figure 6.** The behaviour curve of (**a**) pH and (**b**) alkalinity during 5-day BHP tests (average value of triplicate with max/min bar).

Table 7 shows the process kinetics for untreated and treated inoculum. HST has the highest hydrogen production potential (P) and maximum hydrogen production rate (Rm). The long lag phase for the untreated inoculum (19.54 h), compared with the treated inoculum (4.25–6.64 h), shows the positive impact of pre-treatment on enhancing a rapid production of hydrogen after setup, hence, shortening the time needed to reach maximum hydrogen during the DF process. The R<sup>2</sup> value, as shown in Table 7, ranged from 0.987 to 0.999, which demonstrates that the MGompertz model provided a good fit to the data. These results also show that there is a relationship between lag time and VFA accumulation, especially the dominant VFA, which, in this study, was butyric acid. As shown in Figure 5a, butyrate slowly increased during the first 24 h and reached 125 mg/L, while for the treated inoculum, there was a fast rate of accumulation of butyrate, as shown in Figure 5b–d. The increment was around 3.5-fold for AST and BST and 5-fold for HST.

The statistical analysis presented in Table 8 shows the correlation relationship between hydrogen yield, butyrate and acetate obtained from Minitab 18.

As mentioned earlier, the acetate pathway has higher hydrogen production potential than the butyrate pathway [13]. Table 8 shows that the correlation analysis is consistent with hydrogen yield. HST had the highest hydrogen yield and significant correlation with both acetate and butyrate, while untreated and BST had lower hydrogen yield and significant correlation with butyrate only. However, AST shows that even if the correlation is significant between hydrogen and both VFAs, the hydrogen yield may be reduced. A

similar result was reported by [17], as BST had higher hydrogen yield than untreated inoculum because of the conversion type, as there was a significant correlation between hydrogen yield and both acetate and butyrate in BST, while in the untreated inoculum, significant correlation was found only between hydrogen and butyrate.

Pre-Treatment -	Р	R <sub>m</sub>	λ	- 2
	(mL)	(mL/h)	(h)	R²
untreated	178.8	4.31	19.54	0.997
HST	197.2	4.90	6.64	0.999
AST	195.5	2.60	4.25	0.987
BST	159.8	3.53	5.16	0.998

Table 7. Process kinetics for untreated and treated inoculum during 5-day BHP tests.

HST: Heat shock, BST: Basic shock and AST: acid shock.

Table 8. Correlation analysis between hydrogen, butyrate and acetate.

Pre-Treatment	Correlation (Hydrogen-Acetate)	Correlation (Hydrogen-Butyrate)	n	
Untreated	0.594 *	0.939 **	14	
HST	0.936 **	0.996 **	15	
AST	0.821 **	0.991 **	13	
BST	0.417	0.973 **	13	

HST: Heat shock, BST: Basic shock and AST: acid shock. \* significant correlation with 0.05 > p-value > 0.01. \*\* significant correlation with 0.01 > p-value.

### 4. Conclusions

This study demonstrates that an inoculum pre-treatment is an essential step toward enhancing hydrogen production in the DF process. HST was the best pre-treatment for hydrogen production and the stability of DF, while AST and BST made no difference to BHP performance. The highest cumulative hydrogen production was achieved with HST, which could be attributed to the longer inhibition of hydrogen consumers. In terms of VFA analysis, the dominant conversion pathway for glucose in this study was the butyrate pathway for the untreated and treated inoculum. This study also shows that there is a relationship between lag time and VFA accumulation, as lag time of DF processes might be used as an indicator of how efficient the pre-treatment on inhibiting hydrogen-consuming bacteria is.

However, fermentation operation conditions, such as temperature, alkalinity, initial pH and ISR, have a crucial impact. Hence, without selecting the proper conditions for the inoculum and substrate types, a high re-activation of hydrogen-consuming bacteria (aceto-bacteria or methanogens) will occur. Moreover, this study demonstrated that hydrogen can still be produced during DF under very low alkalinity. Therefore, it is very important to control the operating conditions to ensure the best VFA route to gain maximum hydrogen production from DF.

The hydrogen production values in this study may differ when a different substrate, such as food waste, sewage sludge or agricultural waste, is used. To create a guideline procedure for all DF experiments in future, therefore, the first step is to understand the capability of using an inoculum (sole or complex) for hydrogen production and how it may react with different pre-treatment methods (HST, BST and AST). Moreover, it is necessary to understand which pre-treatments lead to maximum hydrogen production and ensure maximum time for inhibiting the activity of hydrogen-consuming bacteria.

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