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Improvement of the Pseudocapacitive Performance of Cobalt Oxide-Based Electrodes for Electrochemical Capacitors

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Abstract: Cobalt oxide nanopowders are synthesized by the pyrolysis of aerosol particles of water solution of cobalt acetate. Cobalt nanopowder is obtained by subsequent reduction of obtained cobalt oxide by annealing under a hydrogen atmosphere. The average crystallite size of the synthesized porous particles ranged from 7 to 30 nm, depending on the synthesis temperature. The electrochemical characteristics of electrodes based on synthesized cobalt oxide and reduced cobalt oxide are investigated in an electrochemical cell using a 3.5 M KOH solution as the electrolyte. The results of electrochemical measurements show that the electrode based on reduced cobalt oxide (Re-Co₃O₄) exhibits significantly higher capacity, and lower Faradaic charge-transfer and ion diffusion resistances when compared to the electrodes based on the initial cobalt oxide Co₃O₄. This observed effect is mainly due to a wide range of reversible redox transitions such as Co(II) ↔ Co(III) and Co(III) ↔ Co(IV) associated with different cobalt oxide/hydroxide species formed on the surface of metal particles during the cell operation; the small thickness of the oxide/hydroxide layer providing a high reaction rate, and also the presence of a metal skeleton leading to a low series resistance of the electrode.

Keywords: cobalt oxide nanoparticles; reduced cobalt oxide; core-shell nanoparticles; electrode material; supercapacitor

1. Introduction

Energy in the form of electricity generated from renewable resources such as wind, tidal and solar energy will contribute prominently and play an important role in our future energy demands by: (i) offering enormous potential for powering our future systems to overcome the concerns associated with the future energy shortage due to the anticipated doubling of world energy consumption within the next 50 years [1] and (ii) the use of low—or even zero—emission energy sources to tackle the fundamental problems associated with the use of fossil fuels as the world strives to reduce greenhouse gas emissions. However the success and practicality of the employment of renewable energies as clean and efficient energy supplies in powering our future energy demands depend on the development and

the design of versatile energy-storage/power-supply systems capable of storing and delivering energy with longer calendar and cycle lifetimes and with a wide range of power density and energy density to respond to the inherent intermittency of supply/and at the same time fulfil the continuous demands of contemporary applications.

Along with different energy storage/conversion technologies such as lithium-ion batteries and fuel cells, which are well suited to absorbing/releasing energy over long charge/discharge times in a flat voltage fashion [2], supercapacitors are also considered as an important class of energy storage technology which is intensively developed at the present day [1,3–5]. This technology is distinct from batteries and plays a central role in the energy storage-and-delivery spectrum by absorbing/delivering energy very quickly within short charge/discharge periods; it ensures the quality of power supply, and the safety and health of other energy storage technologies through peak shaving and load shifting voltage regulations in cases of power fluctuations and pulse power applications. Energy storage/delivery in supercapacitors is based on the storage and release of electric charges and according to the mechanism of charge storage, supercapacitors are classified as three main types: (i) electrical double layer capacitors (EDLC) in which electric charges are stored electrostatically at the electrode/electrolyte interface where the electrode materials are predominantly carbonaceous materials, (ii) pseudocapacitors (PC) in which electric charges are stored Faradaically through fast reversible redox reactions on the surface/or in shallow depth of the active materials, and (iii) asymmetric supercapacitors (ASCs), which consist of a battery-type Faradaic electrode (cathode) as an energy source and a capacitor-type electrode (anode) as a power source.

Predominantly, transition metal oxides are used as electrode material in supercapacitors and battery-type Faradaic electrodes for ASCs [6–13]; and the oxides of a variety of metals such as iron, nickel, cobalt, silver, manganese, copper and ruthenium have been intensely investigated for this purpose in recent years [14–22]. Ruthenium oxide, RuO_2 , has exhibited an extraordinary specific capacitance [23] and is considered as one of the most favorable transition metal oxide for pseudocapacitor applications, however despite its large specific capacitance and excellent electrochemical performance, the environmental toxicity and high cost of RuO_2 have hindered its wider commercialization in the supercapacitor industry [24]. Other transition metal oxides have also shown promising performance as electrode materials for supercapacitors, but their electrochemical properties yet need to be improved to meet the requirement of commercial applications.

Different methods such as (i) the hydrothermal method [25–28]; (ii) template method [29–31] and (iii) sol–gel method [32–34] have been employed to improve the porous structure and surface area of metal oxide nanoparticles. In the case of supercapacitors, the mesoporous structured transition metal oxides are favorable for specific capacitance by facilitating fast redox processes and providing a large specific surface which is beneficial for electrode/electrolyte contact on the electrochemically active sites. The use of metal oxide nanoparticles in the manufacture of electrodes for electrochemical capacitors is a fairly common practice and a promising route to achieve high storage capacity. In order to increase the storage capacity of supercapacitors, composite electrodes based on carbon materials (activated carbon, carbon nanotubes, graphene, etc.), which provide a high specific surface area combined with heteroatoms or nanoparticles of metal oxides, which exhibit a pseudocapacitive effect are also developed [34–38], although utilizing graphene and achieving good dispersion might not be particularly cost effective. Further to these other approaches in which an oxide layer is coated on a metal plate using magnetron sputtering or electrodeposition techniques, the formation of transition metal oxide-based electrodes is also practiced and applied in the manufacture of electrolytic capacitors [19,39–43].

Due to its many benefits such as fast redox reactions, high reversibility, relatively high surface-to-volume ratio, ease of preparation, green and eco-friendly nature, good chemical strength, wide range of morphological characteristics and a significant theoretical capacity of 3560 F g^{-1} , cobalt oxide Co_3O_4 is considered as a promising material as an electrode material for pseudocapacitors and ASCs [44–51]. However, its practical capacitance is far below and is yet to reach its theoretical

value due to its slow electron kinetics, fast capacity decay and impaired morphologies during its redox electrochemical reactions [51].

Thus, numerous efforts are being made to increase the electrochemical activity of electrode materials based on metal oxides [52,53], in particular, on the basis of cobalt oxide as a viable electrode material for supercapacitors [44–49,53–55]. In this article we demonstrate a new effect of enhancing the electrochemical activity of the Co_3O_4 electrode as a result of hydrogen reduction of the oxide to metal and the subsequent formation of core-shell structure by forming a thin oxide/hydroxide layer obtained by the in situ electrochemical oxidation of the cobalt nanoparticles surface. This new and simple method of enhancing electrochemical activity is mainly related to the redox activity of electroactive material.

2. Experiment

Cobalt oxide nanopowders were prepared by the pyrolysis of aerosol of aqueous solutions of 0.06 M and 0.12 M cobalt acetate tetrahydrate $\text{Co}(\text{CH}_3\text{COO})_2 \cdot 4\text{H}_2\text{O}$ (AcCo). The aerosol was obtained using a piezo ultrasonic atomizer. The mist of aerosol droplets was transferred by air stream into a tubular furnace heated to a temperature between 300 and 550 °C at a flow rate of about 1 L min^{−1}. The cobalt oxide particles formed in the hot zone of the furnace were carried by the gas stream into an electrostatic filter. The temperature of the filter was maintained at ~200 °C to prevent water vapor condensing on the walls of the electrostatic filter. The synthesized powder trapped by the filter was collected for further investigation.

Samples of metal particles of cobalt were obtained by thermal hydrogen reduction of the cobalt oxide synthesized using 0.06 M AcCo solution. The reduction was carried out in a quartz furnace at a temperature in the range of 200–300 °C for between 1 and 2 h, and the samples then were cooled down to the room temperature. The entire process was performed under hydrogen flowing at 60 mL min^{−1}.

X-ray diffraction (XRD) analysis was carried out by a MiniFlex Rigaku diffractometer with current and voltage kept at 15 mA and 40 kV, respectively, using Cu K α radiation to study the crystalline structure of the samples and identify their crystalline phases and their chemical composition. Raman spectra were taken by a Ntegra Spectra (NT-MDT) spectrometer with a 473-nm solid-state exciting laser in the range of 100–2600 cm^{−1} to investigate the chemical composition and crystallinity of the cobalt oxide samples synthesized at different temperatures. The surface morphology and microstructure of the samples were studied using a Quanta 3D 200i FEI scanning electron microscope (SEM). All electrochemical measurements including cyclic voltammetry (CV), galvanostatic charge/discharge (GCD) and electrochemical impedance spectroscopy (EIS) were performed using an Elins P-40X potentiostat in conjunction with an FRA-24M electrochemical impedance measurement module in a conventional three-electrode electrochemical cell. A platinum electrode was used as the counter electrode along with Ag/AgCl electrode as the reference electrode. An electrode using a sample of cobalt oxide or reduced cobalt oxide as the electroactive material was used as the working electrode where a 3.5 M KOH solution was used as the electrolyte. CV measurements were used as the most appropriate method for characterizing redox processes during the cell operation. CV measurements were performed in the potential range of ± 0.5 V at a scan rate of 50 mV s^{−1}. EIS measurements were performed at AC amplitude of 100 mV in the frequency range of 1–100 KHz. All cell measurements were performed at room temperature.

In order to prepare the working electrodes, 0.05 g of a powdered sample was added to 3 mL of ethanol and processed in an ultrasonic bath for almost 30 min until a homogeneous suspension was obtained, which was then deposited on a 5 mm × 12 mm nickel foam substrate. It should be noted that the initial cobalt oxide powder had very good wettability; as a result, a stable suspension was formed while the reduced cobalt oxide powders clumped together significantly and the suspension of the reduced powders in ethanol was unstable and quickly precipitated.

The powdered sample on the nickel foam substrate was dried and pressed under a pressure of $\sim 10^8$ Pa. Subsequent treatment of the electrode in ethanol in an ultrasonic bath for 10 min was

performed in order to remove any weakly attached particles from the electrode. The sample mass was determined as a difference between the mass of the manufactured electrode and the initial mass of the substrate.

3. Results and Discussion

Figure 1 shows the XRD patterns of the samples obtained by the pyrolysis of cobalt acetate aerosol at the synthesis temperatures of $T_{\text{syn}} = 300$ °C and 550 °C. Only XRD peaks of Co_3O_4 (JCPDS card No-00-043-1003) were detected as shown in Figure 1. The average crystallite size estimated from the XRD patterns using a MiniFlex Rigaku diffractometer processing program based on the Williamson-Hall method [56] was 25 Å for the sample synthesized at 300 °C and 97 Å for the sample synthesized at 550 °C.

Figure 1. XRD patterns of the cobalt oxide (Co_3O_4) samples synthesized at the temperature of 300 °C (1) and 550 °C (3) and annealed in hydrogen at 300 °C (2,4).

The obtained cobalt oxide powder was then reduced by annealing in hydrogen atmosphere. XRD studies showed (Figure 1) that annealing at temperatures as low as 250–300 °C results in the complete disappearance of the Co_3O_4 phase and the appearance of metallic cobalt phase, consisting of a mixture of cubic and hexagonal cobalt (PDF card #00-015-0806 and #01-089-7094, respectively).

The SEM images of the cobalt oxide nanoparticles synthesized by the pyrolysis of AcCo solutions with different concentrations given in Figure 2a,b show that the samples form almost round islands with little coalescence between them with clean surfaces. The size of Co_3O_4 nanoparticles decreases with a decrease in the concentration of AcCo solution leading to a more compacted structure with strong competition for space at the grain boundaries due to the accommodation of smaller particles in the

vicinity of each other. The SEM micrographs of Co_3O_4 nanoparticles synthesized at different synthesis temperatures are given in Figure 2c,d and as seen the size of nanoparticles is weakly dependent on the synthesis temperature T_{syn} .

Figure 2. SEM images of Co_3O_4 and reduced Co_3O_4 nanoparticles obtained by: the pyrolysis of (a) a 0.12-M solution of cobalt acetate tetrahydrate $\text{Co}(\text{CH}_3\text{COO})_2 \cdot 4\text{H}_2\text{O}$ (AcCo) and (b) a 0.06-M solution of AcCo at 500 °C. The pyrolysis of a 0.12-M solution of AcCo at the synthesis temperatures of: (c) 500 °C and (d) 350 °C. The hydrogen annealing of the Co_3O_4 powder synthesized from the pyrolysis of a 0.06-M solution of AcCo at 350 °C at the temperatures of: (e) 250 °C and (f) 300 °C.

Figure 2e,f show the morphology of the Re-Co₃O₄ samples synthesized at 350 °C and then reduced by annealing in hydrogen atmosphere for 1 h at 250 °C and 300 °C, respectively. The SEM images of the annealed samples show amorphous-like clusters where the size of clusters increases with increasing the annealing temperature. According to XRD data, these samples consist of metallic cobalt. An enlargement of particle size and their sticking take place, and as seen the sintering process accelerates with increasing the reduction temperature. This clearly leads to a decrease in the surface area of the annealed sample. On the study of the cobalt oxide and its activity in the reduced form used as catalyst for the preparation of synthetic liquid fuels from hydrogenation of carbon monoxide, Shults et al. have shown that surface area of the cobalt oxide decreases 20-fold (from 67 to 3.2 m² g^{−1}) upon hydrogen reduction mainly due to the sintering, shrinkage and reorientation of the reduced cobalt [57].

The Raman spectra of the Co₃O₄ samples synthesized at different temperatures are shown in Figure 3. The detected Raman bands at 193.3, 474.6, 518.9, 611.7, and 679.8 cm^{−1} belong to the characteristics Raman-active 3F_{2g}, E_g, 2F_{2g}, 1F_{2g}, and A_{1g}, respectively, which are related to the vibration modes of cobalt oxide [58]. The normal (unshifted) Raman bands of Co₃O₄ at room temperature appear at 197, 485, 523, 624, and 693 cm^{−1} [59]. The main Raman bands of Co₃O₄ samples obtained at 300–550 °C exhibit a red shift up to 30 cm^{−1} and more relative to the normal Raman bands of Co₃O₄ prepared at a temperature range of 250–500 °C given in Table 1. The noticeable red shift of the Raman bands observed in all samples is typical for both single and agglomerated cobalt oxide nanoparticles and is caused by high laser power [60]. Thus, lowering the synthesis temperature increases the Raman band width and red shift, which indicates a decrease in crystallite size. This is consistent with the XRD results.

Figure 3. Raman spectra of cobalt oxide synthesized at different temperatures. (1) 250 °C, (2) 350 °C, (3) 500 °C.

Table 1. Positions of the Raman peaks (cm^{−1}) for the samples synthesized at different temperatures T_{syn} compared with the literature data [59].

	Ref [59]	197	485	523	624	693
1	$T_{syn} = 250\text{ °C}$	184	462	508	596	659
2	$T_{syn} = 350\text{ °C}$	191	469	511	606	675
3	$T_{syn} = 500\text{ °C}$	193	475	519	612	680

The electrochemical performance of the electrodes prepared from the synthesized Co_3O_4 and reduced Co_3O_4 (Re- Co_3O_4) samples was investigated by cyclic voltammetry (CV), electrochemical impedance spectroscopy (EIS) and galvanostatic charge–discharge (GCD) measurements using the electrodes as the working electrode in a conventional three-electrode electrochemical cell with a 3.5 M KOH solution used as the electrolyte. Typical CV curves at a scan rate of 50 mV s^{-1} for the Co_3O_4 electrode (curve 1) and the Re- Co_3O_4 electrode (curve 2) are presented in Figure 4. The Co_3O_4 sample demonstrates two anodic peaks (A1 and A2) in the potential range of 0.2–0.4 V and the corresponding cathodic peaks denoted as C1 and C2. Anodic peaks A1 and A2 and corresponding cathodic peaks C1 and C2 can be attributed to the $\text{Co}^{2+} \rightarrow \text{Co}^{3+}$ and $\text{Co}^{3+} \rightarrow \text{Co}^{4+}$ reversible redox transitions, respectively. The two redox couples observed in the CV curves can be attributed to the following redox reactions according to the CV curves of the Co_3O_4 electrode in an alkaline solution reported in Samal et al. and Premalatha et al. works [61,62]:

The first reaction is $\text{Co}^{2+} \leftrightarrow \text{Co}^{3+}$ transformation (redox pair A1 and C1) that involves a reversible intercalation of OH^- into the reduced form of Co_3O_4 , forming CoOOH and leading to an improved charge storage capability of the electrode through pseudocapacitance. This is followed by a second reaction that is $\text{Co}^{3+} \leftrightarrow \text{Co}^{4+}$ transformation (redox pair A2 and C2) as a result of the adsorption of OH^- ions on the near-surface and the formation of CoO_2 during the reduction process. It corresponds to an irreversible non-faradaic process that still contributes to the capacitance. Samal et al. and Premalatha et al. have also observed similar redox peaks for the electrochemical activity of cobalt oxide in alkaline electrolytes [61,62]. Such redox couples are typical for the cyclic voltammetry of cobalt oxide and are in good agreement with other published works [63–66].

Figure 4. Cyclic voltammetry (CV) curves of Co_3O_4 (1) and reduced cobalt oxide (Re- Co_3O_4) (2) samples at a scan rate of 50 mV s^{-1} in a 3.5 M KOH aqueous solution. The inset shows the plot of capacity C_s versus potential scan rate for Co_3O_4 (1) and Re- Co_3O_4 (2) electrodes.

Annealing of Co_3O_4 samples in hydrogen results in a significant change in their electrochemical properties. As can be seen in Figure 4, the Re- Co_3O_4 sample displays a CV curve with four anodic peaks A1–A4 and the corresponding cathodic peaks C1–C4 in the potential range of -0.25 to $+0.4 \text{ V}$.

A number of oxidation states of cobalt in alkaline medium are stable, so different oxide/hydroxide species of Co(II) such as $\text{Co}(\text{OH})_2$ and CoO ; Co(II,III)– Co_3O_4 ; Co(III)– Co_2O_3 and $\text{Co}(\text{OH})_3$; Co(IV)– CoO_2 can be formed on metallic cobalt surface and involved in the electrochemical processes and different

studies have confirmed this [67–69]. The formation of the oxide layer on the surface of the metal electrode is a well-known process and this process is repeatedly described for different metals in the literature [70–73]. Although all the reports on the electrochemical formation of cobalt oxide films are based on the formation of the oxide directly on a bare electrode, studies of the anodic formation of cobalt oxide in alkaline solutions suggest that the anodic oxide film is CoO and/or Co(OH)₂ at relatively low potentials and changes to Co₃O₄ and Co₂O₃ (or CoOOH) at relatively high potentials. The presence of CoO₂ has also been suggested in the oxygen evolution potential region [74]. Consequently, the formation of both oxide and hydroxide compounds on the metallic cobalt surface provides a wide range of redox reactions and increases the electrochemical activity of the Re-Co₃O₄ electrode. Due to a wider extent of the redox activity of the Re-Co₃O₄ sample leading to the large number of redox peaks as observed in CV curves, the capacity of the reduced Co₃O₄ sample is much higher than that of the initial Co₃O₄ sample. Peaks at high potential (~0.2–0.4 V) correspond to oxide species, and peaks at low potential (from –0.2 V) correspond to hydroxide species. Peaks at low potential have very low intensity in the initial sample since the sample consists of a thick layer of cobalt oxide, and there are few hydroxide species. After H₂ reduction, all oxides transform into the metal, and a highly dispersed conductive electrode is formed. Then during in situ oxidation in the electrolyte, a thin layer consisting of a mixture of oxide and hydroxide grows on a metal surface, since there is a lack of oxygen and the presence of hydrogen. Therefore, additional processes of hydroxide recharging make a significant contribution and expand the range of possible redox reactions. A significant advantage is that this layer is very thin, and it is all involved in redox processes. In the study of pseudocapacitive behavior of different metal oxides for high-rate electrochemical energy storage, Augustyn et al. have also shown that thin layers exhibit more pseudo-capacitive behavior and can achieve very high specific capacitances [75].

Similar redox couples with good reversibility have been detected in the voltammetric profile of cobalt hydroxide nanosheet electrodes by Ji et al. [76], on the cyclic voltammograms of cobalt–nickel double hydroxide-based electrodes obtained through cathodic electrodeposition by Xiao et al. [77], and also on the CV curves of cobalt/nickel layered double hydroxides prepared through a facile one-step solvothermal method by Chu and his co-workers [78]. They have explained these redox peaks by the following Faradaic reactions:

Therefore, the observed redox couples at low potentials on the CV curves for reduced Co₃O₄ electrode in this work shown in Figure 4 can be attributed to the Faradaic activities originated from the in situ oxidation and reduction of cobalt hydroxide and reversible transformation between different hydroxide species, and these species are located very close to the surface.

As seen in Figure 4 the redox couples on the CV curves of Re-Co₃O₄ electrode shift towards lower voltages compared with those of Co₃O₄ electrode presumably as a result of the formation of Co(OH)₂. In their study on electrocatalytic performance evaluation of cobalt hydroxide and cobalt oxide thin films for oxygen evolution reaction, Babar et al., also found that Co(OH)₂ has much higher current density and lower over-potential than Co₃O₄ [79]. The specific capacitance for the electrodes can be calculated using CV curves on the basis of following equation:

$$C_s = \frac{1}{2mv(V_{max} - V_{min})} \oint I(V)dV \quad (5)$$

where, C_s is the specific capacitance (F g^{−1}), m is the mass of the electroactive material of the electrode (g), v is the scan rate (V s^{−1}), $V_{max} - V_{min}$ is the potential window (V), I is the current (A) and integration is performed over one CV cycle. The plot of C_s versus scan rate for both Co₃O₄ and Re-Co₃O₄ electrodes is shown as the inset in Figure 4.

It is known (Augustyn et al. [75]) that the peak current i in CV curves can be represented as a function of the sweep rate v as $i = av^b$, where $b = 0.5$ corresponds to battery material with diffusion-controlled redox reactions, and $b = 1$ corresponds to surface controlled capacitive current. The data on the dependence of the A1–C1 peak current in Co_3O_4 and A2–C2 in $\text{Re-Co}_3\text{O}_4$ on the scanning speed (Figure 5) allow us to estimate the parameter b . In both cases, the b value is in the range of 0.9–1.0, which indicates the predominance of capacitive currents at a sweep rate of at least more than 0.025 V s^{-1} .

Figure 5. CV curves of Co_3O_4 (a) and $\text{Re-Co}_3\text{O}_4$ (b) samples at scan rates from 25 to 100 mV s^{-1} in a 3.5-M KOH aqueous solution.

It is also known that the surface pseudocapacitance is characterized by a small potential difference between the CV peaks of the charging and discharging steps (Augustyn et al. [75]). Figure 5 shows that the difference of the potentials between the oxidation and reduction peaks A1–C1 in Co_3O_4 is 0.078, 0.103 and 0.125 V at scan rate of 0.025, 0.050 and 0.100 V s^{-1} , correspondingly. At the same time, for new oxidation–reduction peaks A2–C2 (Figure 5b) that emerge on the CV curves of $\text{Re-Co}_3\text{O}_4$, which are absent in the initial sample, the difference of the potential is 0.035, 0.061, and 0.082 V, respectively. It can also be noted that the potential difference between the CV peaks of the charging and discharging steps for peaks A4–C4 (Figure 5b) also increases much more slowly with increasing scanning speed than for the corresponding peaks A2–C2 in Figure 5a. This indicates that the new states in $\text{Re-Co}_3\text{O}_4$ are of a more surface-like nature.

The improved capacity of the $\text{Re-Co}_3\text{O}_4$ sample compared to Co_3O_4 is further confirmed by galvanostatic charge–discharge measurements (GCD), as shown in Figure 6. The capacity of the electrodes is calculated by the following equation:

$$Q = \int \frac{I}{m} dt \quad (6)$$

$$C = \frac{Q}{\Delta U} \quad (7)$$

where Q is the charge stored (expressed in mA h g^{-1}), I the discharge current (A), t the discharge time (s), C the specific capacity (F g^{-1}) and ΔU voltage drop. In this case the $\text{Re-Co}_3\text{O}_4$ sample exhibits a capacity of 60.2 mA h g^{-1} or $\sim 509.6 \text{ F g}^{-1}$ at a current density of 0.38 A g^{-1} while the Co_3O_4 sample shows a much lower capacity of 11.4 mA h g^{-1} or $\sim 91.3 \text{ F g}^{-1}$ at a current density of 0.24 A g^{-1} (Figure 6). Although the capacity is not as high, as will be shown below, the stability of the capacity during cycling is very high.

Figure 6. The galvanostatic charge/discharge (GCD) curves of Co_3O_4 (1) and $\text{Re-Co}_3\text{O}_4$ (2) electrodes at current density of 0.24 A g^{-1} and 0.38 A g^{-1} , respectively.

The electrochemical impedance of the samples was also measured in the frequency range of $1\text{--}10^5 \text{ Hz}$ for further comparison of the Co_3O_4 and $\text{Re-Co}_3\text{O}_4$ electrodes. The Nyquist plots for both Co_3O_4 and $\text{Re-Co}_3\text{O}_4$ samples shown in Figure 7 consist of a high-frequency semicircle and an almost straight line in the low-frequency section. The semicircle is associated with charge-transfer resistance (R_{ct}), and the straight line is attributed to the process of diffusion of ions from the electrolyte into the electrode. The $\text{Re-Co}_3\text{O}_4$ electrode has a smaller semicircle than the Co_3O_4 sample, meaning that the $\text{Re-Co}_3\text{O}_4$ electrode has a lower charge transfer resistance R_{ct} .

Figure 7. Nyquist plots of Co_3O_4 (1) and $\text{Re-Co}_3\text{O}_4$ (2) electrodes in the frequency range of $1\text{--}10^5 \text{ Hz}$; the inset indicates the Nyquist plots at high frequency region.

The intersection of the impedance spectra on the $\text{Re } Z$ axis in the high-frequency region gives the value of equivalent series resistance (R_s) for the electrodes, which is a combination of the ionic resistance of the electrolyte, the internal resistance of the electrode material and the electrode/electrolyte interfacial contact resistance. The R_s value for the $\text{Re-Co}_3\text{O}_4$ electrode (0.90 Ohm) is almost the same

as the R_s value for the Co_3O_4 electrode (0.87 Ohm) despite the fact that the wettability of the Co_3O_4 electrode is significantly higher than that of $\text{Re-Co}_3\text{O}_4$ [80,81].

In the low frequency range, the slope of the straight line corresponding to the $\text{Re-Co}_3\text{O}_4$ electrode is significantly higher than that of the Co_3O_4 electrode, indicating the resistance of ion diffusion in the $\text{Re-Co}_3\text{O}_4$ electrode is lower than that of Co_3O_4 . This demonstrates that the charge storage process in the $\text{Re-Co}_3\text{O}_4$ sample is more capacitive in nature than in Co_3O_4 .

Cycling stability of the capacitor is an important parameter for its practical application. Figure 8 shows that a capacity retention of 95% was obtained after 1000 charge/discharge cycles for the $\text{Re-Co}_3\text{O}_4$ electrode at a current density of 12 A g^{-1} . It can be seen that during the first ~300 cycles, the capacity dropped by about 5%, and then remained constant indicating a good stability for the electrode with cycling.

Figure 8. Cycling stability of the $\text{Re-Co}_3\text{O}_4$ electrode tested at a current density of 12 A g^{-1} . The inset shows the GCD curves at a current of 12 A g^{-1} during the first and last cycles.

In the experiments described above, the powder Co_3O_4 samples were first reduced by annealing in hydrogen and then electrodes were fabricated. Additional experiments were also carried out to study the electrochemical property of a manufactured Co_3O_4 electrode before and after hydrogen reduction. Figure 9 shows the GCD and EIS curves of the Co_3O_4 electrode before and after annealing in hydrogen. As can be seen from Figure 9a, the capacity of the Co_3O_4 electrode is increased about four times after hydrogen reduction. Figure 9b shows that the charge-transfer resistance R_{ct} is decreased significantly, and the slope of straight line at low frequency region of the EIS spectrum is increased as a result of hydrogen reduction. This indicates improvement in the capacitive behavior and the ion diffusion resistance of the $\text{Re-Co}_3\text{O}_4$ electrode compared with those in the Co_3O_4 electrode before reduction.

The results of CV, EIS and GCD measurements show that reduced Co_3O_4 provides significantly better electrochemical charge storage characteristics than the initial Co_3O_4 sample. The greater capacity of the $\text{Re-Co}_3\text{O}_4$ sample compared with the capacity of Co_3O_4 sample can be attributed to the capacitive redox reactions associated with a thin submicron layer composed of various oxide and hydroxide species covering the surface of metallic-Co particles obtained as a result of hydrogen reduction process. This layer is formed due to both natural oxidation and anodic oxidation during cyclic voltammetry measurements. The presence of oxide and hydroxide species provides a wide range of redox reactions. This is evidenced by a significantly larger number of peaks on the CV curves corresponding to redox couples. The small thickness of the oxide/hydroxide layer provides a high diffusion rate of ions

involved in redox reactions resulting in rapid kinetics of these reactions and low series resistance of the electrode. Therefore, applying metal particles instead of oxide particles in some cases can provide significant advantages in the manufacture of electrodes for high energy supercapacitors.

Figure 9. The GCD curves at a current density of 2 A g^{-1} (a) and Nyquist plots (b) of Co_3O_4 electrode and the same electrode after reduction in H_2 ($\text{Re-Co}_3\text{O}_4$), the inset indicates the Nyquist plots at high frequency region.

Urso et al. have also reported [82] a novel electrode material consisting of $\text{Ni}(\text{OH})_2/\text{Ni}$ core-shell nanochains with promising high-rate energy storage performance. These discovered features of the $\text{Ni}(\text{OH})_2/\text{Ni}$ core-shell nanochains obtained by reduction in forming gas are explained by the quicker electron transport, greater electric field and better use of the active material when compared with those of similar NiO and $\text{Ni}(\text{OH})_2$ -based nanostructures. Our results on enhancing the electrochemical activity of reduced cobalt oxide electrodes presented in this work largely coincide with these results.

4. Conclusions

In summary, a new effect of a significant increase in the electrochemical activity of reduced Co_3O_4 electrodes is demonstrated in the present work. It is shown that the reduced Co_3O_4 can ensure a higher storage capacity compared to the initial Co_3O_4 due to the presence of different forms of oxide and hydroxide species formed on the surface of metallic Co particles. These species provide a wide range of reversible redox reactions, all contributing to the overall storage capacity of the $\text{Re-Co}_3\text{O}_4$ electrode. In addition to these, the small thickness of the oxide/hydroxide layer provides a high reaction rate, and the presence of a metal skeleton leads to a low series resistance of the electrode. The proposed simple method can be applied to other metal oxides (e.g., nickel [82] or tungsten [83]) which are able to recover under a hydrogen atmosphere, as well as to Co_3O_4 electrodes obtained by other methods.

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