

Initial management of small-cell lung cancer (limited- and extensive-stage) and the role of thoracic radiotherapy and first-line chemotherapy: a systematic review

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ABSTRACT

Background Patients with limited-stage (LS) or extensive-stage (ES) small-cell lung cancer (SCLC) are commonly given platinum-based chemotherapy as first-line treatment. Standard chemotherapy for patients with LS SCLC includes a platinum agent such as cisplatin combined with the non-platinum agent etoposide. The objective of the present systematic review was to investigate the efficacy of adding radiotherapy to chemotherapy in patients with ES SCLC and to determine the appropriate timing, dose, and schedule of chemotherapy or radiation for patients with SCLC.

Methods The MEDLINE and EMBASE databases were searched for randomized controlled trials (RCTS) comparing treatment with radiotherapy plus chemotherapy against treatment with chemotherapy alone in patients with ES SCLC. Identified RCTS were also included if they compared various timings, doses, and schedules of treatment for patients with ES SCLC or LS SCLC.

Results Sixty-four RCTS were included. In patients with LS SCLC, overall survival was greatest with platinum– etoposide compared with other chemotherapy regimens. In patients with ES SCLC, overall survival was greatest with chemotherapy containing platinum–irinotecan than with chemotherapy containing platinum–etoposide (hazard ratio: 0.84; 95% confidence interval: 0.74 to 0.95; p = 0.006). The addition of radiation to chemotherapy for patients with ES SCLC showed mixed results. There was no conclusive evidence that the timing, dose, or schedule of thoracic radiation affected treatment outcomes in SCLC.

Conclusions In patients with LS SCLC, cisplatin–etoposide plus radiotherapy should remain the standard therapy. In patients with ES SCLC, the evidence is insufficient to recommend the addition of radiotherapy to chemotherapy as standard practice to improve overall survival. However, on a case-by-case basis, radiotherapy might be added to reduce local recurrence. The most commonly used chemotherapy is platinum–etoposide; however, platinum–irinotecan can be considered.

Key Words Cisplatin, etoposide, irinotecan, systemic therapy, platinum agents, radiation

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INTRODUCTION

Because of the aggressive nature and early metastatic spread of small-cell lung cancer (SCLC), chemotherapy is the most common treatment for affected patients. Platinum-based chemotherapy is the standard of care for first-line therapy in limited-stage (LS) and extensive-stage (ES) sclc. The platinum agents most commonly used are cisplatin and carboplatin, which are often combined with the non-platinum agent etoposide. For patients with LS sclc, the addition of thoracic radiation therapy to standard combination chemotherapy improves both local

Correspondence to: Alexander Sun, c/o Lisa Durocher-Allen, Program in Evidence-Based Care, McMaster University, Juravinski Hospital, G Wing, 2nd Floor, 711 Concession Street, Hamilton, Ontario L8V 1C3. E-mail: ccopgi@mcmaster.ca DOI: https://doi.org/10.3747/co.26.4481 control and overall survival (os) and reflects the current standard of care 1,2 .

To be able to make recommendations as part of a clinical practice guideline about the initial management of sclc, Cancer Care Ontario's Program in Evidence-Based Care, together with the Lung Cancer Disease Site Group, developed the evidentiary base presented here. The objective of the review was to investigate radiotherapy and first-line chemotherapy in the treatment of patients with non-resected sclc. Given that objective, the authors derived these research questions:

Thoracic radiation

For patients with non-resected ES SCLC only, what are the benefits and harms in terms of os, quality of life (QOL), and toxicity for chemotherapy and radiotherapy compared with chemotherapy alone?

For patients with non-resected LS SCLC or ES SCLC undergoing chemotherapy, what are the benefits and harms in terms of os, QOL and toxicity for

- early compared with late radiotherapy, or
- sequential compared with concurrent radiotherapy, or
- various doses and schedules of radiotherapy?
- Chemotherapy

For patients with non-resected LS SCLC or ES SCLC undergoing chemotherapy, what are the benefits and harms in terms of os, QOL, and toxicity for

- various chemotherapy combinations, or
- various doses and schedules of chemotherapy?

METHODS

The Program in Evidence-Based Care produces evidencebased and evidence-informed guidance documents using the methods of the practice guidelines development cycle^{3,4}. The evidentiary base presented here replaces two older practice guidelines that targeted LS SCLC and extends its scope to include ES SCLC. The literature searches for the two original practice guidelines for LS SCLC were conducted for 1996–2002 and are described elsewhere^{1,5}. For the present work, the evidence in LS SCLC was updated for 2002 to June 2016, and the search was extended to include evidence in ES SCLC for 1996 to June 2016.

Literature Search Strategy

A search of the Cochrane Library and the MEDLINE and EMBASE databases for systematic reviews and randomized controlled trials (RCTS) was conducted for the period 1996 to June 2016 (Table I). Before the primary studies were screened, the systematic reviews were evaluated based on their clinical content and relevance. Abstracts from conferences of the American Society of Clinical Oncology, the American Society for Radiation Oncology, and the World Lung Cancer Conference were searched for the years 1996 through June 2016.

Study Selection Criteria and Process

Studies were included if they were full reports or abstracts of meta-analyses or RCTS with more than 30 participants

and if they addressed at least one of the research questions. Studies were excluded if the data were not reported separately for patients with LS SCLC or ES SCLC; if they used chemotherapy regimens containing procarbazine or lomustine (or both), or another nitrosourea; if they involved palliative treatment; if they were studying granulocyte colony–stimulating factor, and the dose or administration schedule of the chemotherapy was the same in both arms; and if they did not use an appropriate contemporary standard of care as the control arm. Papers not written in the English language were excluded.

Data Extraction and Synthesis and Assessment of Study Quality

All eligible studies underwent data extraction independently by a research methodologist (LDDA), and the data were independently audited. Hazard ratios (HRS) are expressed as a ratio less than 1.0 when they indicate benefit for the investigational treatment compared with the control. The quality of the primary studies was assessed using the Cochrane Risk of Bias tool⁶. The GRADE (Grading of Recommendations, Assessment, Development and Evaluation) method for assessing the quality of aggregate evidence was used for each comparison⁷. The Kaplan-Meier curve from each study was visually inspected for os at 12 months, and the median was calculated⁸.

If appropriate, a meta-analysis was conducted using the Review Manager software application (RevMan 5.3: The Cochrane Collaboration, Copenhagen, Denmark). For time-to-event outcomes, if the HR or its standard error was not reported, the missing value was derived from other information reported in the study, using the methods described by Parmar *et al.*⁹. The generic inverse variance model with random effects was used. A probability level for the chi-square statistic less than or equal to 10% ($p \le 0.10$) or an I^2 greater than 50% (or both) was considered indicative of statistical heterogeneity.

RESULTS

Search for Existing Systematic Reviews

Of the 563 systematic reviews or meta-analyses found, none addressed the pre-defined research questions and adhered to the study eligibility criteria. They were therefore used only as a source of references.

Search for Primary Literature

Literature Search Results

Of 3626 English and foreign-language studies identified, 296 were selected for full-text review, with 64 being found to meet the pre-defined eligibility criteria for this systematic review¹⁰⁻⁷³ (Figure 1).

Study Design and Quality

Approximately one third of the fully published papers gave details of the randomization process, suggesting allocation concealment. There was no indication that allocation was not concealed or that researchers influenced the treatment received. In most trials, the baseline patient and disease characteristics were well balanced,

TABLE I Literature search strategy

Step	Query
1	Carcinoma, Non-Small-Cell Lung/ or NSCLC.ti. or (non adj small).ti. or nonsmall.ti. or non small cell lung cancer/
2	((small adj cell adj lung adj2 (tumo?r\$ or adenocarcinoma\$ or cancer\$ or carcinoma\$ or neoplasm\$)) or SCLC or (oatcell or oat-cell or oat cell)).tw.
3	2 not 1
4	small cell lung carcinoma/ or small cell lung cancer/
5	3 or 4
6	exp Randomized Controlled Trial/ or Clinical Trial, Phase III/ or Clinical Trial, Phase IV/ or Phase 3 Clinical Trial/ or Phase 4 Clinical Trial/ or ((exp Clinical Trial/ or Prospective Studies/) and Random\$.tw.) or exp Randomized Controlled Trials as topic/ or Clinical Trials, Phase III as Topic/ or Clinical Trials, Phase IV as Topic/ or exp "Randomized Controlled Trial (Topic)"/ or "Phase 3 Clinical Trial (Topic)"/ or "Phase 4 Clinical Trials, Phase IV as Topic/ or exp "Randomized Controlled Trial (Topic)"/ or "Phase 3 Clinical Trial (Topic)"/ or "Phase 4 Clinical Trial (Topic)"/ or "Phase 4 Clinical Trials, Phase IV as Topic/ or exp "Clinical Trial (Topic)"/ and random\$.tw.) or Random Allocation/ or Randomization/ or Single-Blind Method/ or Double-Blind Method/ or Single Blind Procedure/ or Double Blind Procedure/ or Triple Blind Procedure/ or Placebos/ or Placebos/ or ((singl\$ or doubl\$ or tripl\$) adj3 (blind\$3 or mask\$3 or dummy)).tw. or (random\$ control\$ trial? or rct or phase III or phase 1V or phase 3 or phase 4).tw. or (((phase II or phase 2 or clinic\$) adj3 trial\$) and random\$).tw. or (placebo? or (allocat\$ adj2 random\$)).tw. or (random\$ adj3 trial\$).mp. or "clinicaltrials.gov".mp.
7	(exp evidence based practice/ or exp practice guideline/ or exp consensus development conference/ or guideline.pt. or practice parameter\$. tw. or practice guideline\$.mp. or (guideline: or recommend: or consensus or standards).ti. or (guideline: or recommend: or consensus or standards).kw.) not 6
8	(exp meta analysis/ or exp "meta analysis (topic)"/ or exp meta-analysis as topic/ or exp "systematic review"/ or exp "systematic review (topic)"/ or ((exp "review"/ or exp "review literature as topic"/ or review.pt.) and ((systematic or selection criteria or data extraction or quality assessment or jaded scale or methodologic\$ quality or study) adj selection).tw.) or meta-analysis.mp. or (meta-analy: or metaanaly: or meta analy:).tw. or (systematic review or systematic overview).mp. or ((cochrane or medline or embase or cancerlit or hand search\$ or hand-search\$ or manual search\$ or reference list\$ or bibliograph\$ or relevant journal\$ or pooled analys\$ or statistical pooling or mathematical pooling or statistical summar\$ or mathematical summar\$ or quantitative synthes?s or quantitative overview\$ or systematic) adj2 (review\$ or overview\$)).tw. or (medline or med-line or pubmed or pub-med or embase or concerlit).ab.) not (6 or 7)
9	5 and 6
10	5 and 7
11	5 and 8
12	remove duplicates from 9
13	remove duplicates from 10
14	remove duplicates from 11
15	12 or 13 or 14

with some exceptions: more than 5% weight loss¹⁰, slightly older patients²⁵, difference in median body mass index⁴⁵, and more brain and lung metastases^{26,68} in one group. Although not routinely reported, most trials appeared to use an open design without blinding of investigators or participants. The power and required sample size were calculated and reported in most studies, but were not calculated in four trials^{68,70–72}. Fifteen trials were partly terminated early (that is, one arm in the study) or fully terminated early because of slow accrual^{13,24,34,38,52,56}, unacceptable toxicity^{17,36,39,60}, an interim analysis that showed benefit for one group over another or no meaningful difference between groups^{43,70}, negative effects observed in another trial²⁷, or futility after a planned interim analysis^{19,63}.

OS, QOL, and Toxicity Outcomes (Benefits and Harms)

Patients with Non-resected ES SCLC Only

Chemotherapy and Radiotherapy Compared with Chemotherapy Alone: Four moderate aggregate quality RCTS reported on os. One study²⁸ showed an improved 1-year os with the addition of hyperfractionated radiation to chemotherapy in patients with Es SCLC (p = 0.041), and three studies did not^{19,41,62}. Slotman *et al.*⁶² reported that, for the primary endpoint of 1-year os, the addition of thoracic radiotherapy to standard chemotherapy did not improve os; however, a secondary analysis did find significant improvements in 18-month (p = 0.03) and 2-year os (p = 0.004). Similarly, Narayan *et al.*⁴¹ reported a significant improvement for 3-year os [HR: 0.83; 95% confidence interval (cI): 0.72 to 1.08; p = 0.047], but the difference in 5-year os was nonsignificant.

Three low aggregate quality RCTS reported on adverse effects. One study showed significantly more grade 4 nausea or vomiting (p = 0.0038) and alopecia (p < 0.001) for patients undergoing chemotherapy alone compared with chemotherapy and thoracic radiotherapy²⁸. Although the differences were nonsignificant, patients also showed more leucopenia, thrombocytopenia, and anemia. Slotman *et al.*⁶² reported slightly higher, but nonsignificantly different, rates of fatigue, insomnia, and headache in the chemotherapy plus radiation group. Gore *et al.*¹⁹ reported similar rates of grade 4 toxicity in both groups.

No trial reported on QOL.



Patients with Non-resected LS SCLC and ES SCLC Undergoing Chemotherapy

Early Compared with Late Radiotherapy: LS SCLC: In terms of os, the aggregate quality of the trials was moderate. Overall survival was comparable in both the early and the late thoracic radiotherapy $\operatorname{arms}^{65,66}$.

The aggregate quality of the RCTS reporting on toxicity was moderate. Sun *et al.*⁶⁶ found that patients undergoing early thoracic radiotherapy experienced greater hematologic toxicities such as febrile neutropenia, neutropenia, and anemia (*p* values not reported). Similarly, Spiro *et al.*⁶⁵ found that nonhematologic toxicities were significantly greater in those undergoing early thoracic radiotherapy (*p* = 0.001) and that hematologic toxicities were similar.

No trial reported QOL outcomes.

ESSCLC: No evidence was found for patients with ESSCLC.

Sequential Compared with Concurrent Radiotherapy: No trials comparing sequential with concurrent radiotherapy for patients with non-resected LS SCLC and ES SCLC undergoing chemotherapy met the inclusion criteria.

Various Doses and Schedules of Radiotherapy: LS SCLC: Five trials reported data for os^{13,15,16,20,53} and ranged from low to medium in quality. No trial showed a significant survival advantage for one dose or schedule over another. Most trials were small and not powered to answer questions about os.

ES SCLC: No evidence was found for patients with ES SCLC.

Various Chemotherapy Combinations: Platinum Plus Another Agent Compared with Platinum–Etoposide: LS SCLC: Two moderate-quality trials reported os and toxicity^{10,30}. In Artal-Cortes *et al.*¹⁰, patients received either cisplatin–epirubicin or cisplatin–etoposide, and median os in the two groups was comparable. However, a significantly elevated rate of neutropenia was seen in the cisplatin– etoposide group (p = 0.005). Kubota *et al.*³⁰ compared cisplatin–irinotecan with cisplatin–etoposide and found that patients in the cisplatin–etoposide group had slightly but nonsignificantly higher median 3-year os and 5-year os. Patients receiving cisplatin–etoposide had higher rates of leucopenia and neutropenia (p value not reported).

ES SCLC: Eight trials compared platinum-irinotecan with platinum-etoposide for os in patients with ES SCLC^{22,25,29,32,43,55,61,73}. Data for os from seven trials of moderate aggregate quality were included in a metaanalyses (Table II). The os duration was longer in patients who received irinotecan than in those who received etoposide (HR: 0.84; 95% CI: 0.74 to 0.95; *p* = 0.006; Figure 2). There was, however, evidence of statistical heterogeneity $(I^2 =$ 52%, chi-square = 12.48, p = 0.05). A sensitivity analysis that omitted the Noda et al. trial⁴³ (because of an a priori suspicion that pharmacogenomics differences in the Japanese population might result in different outcomes with irinotecan) still demonstrated a significant benefit for irinotecan and eliminated the statistical heterogeneity (HR: 0.88; 95% ci: 0.79 to 0.98; p = 0.02; $I^2 = 31\%$, chi-square [5] = 7.24, p = 0.20). In an exploratory analysis excluding Asian trials^{29,43}, the HR was 0.87 (95% ci: 0.76 to 1.00; p = 0.05; $I^2 = 45\%$, chi-square [4] = 7.23, p = 0.12).

Three trials compared platinum–topotecan with platinum–etoposide. Data for os from those trials (moderate aggregate quality) were included in a metaanalysis^{14,17,38}. The os duration was not significantly longer in patients who received topotecan than in those who received etoposide (HR: 0.97; 95% cr: 0.87 to 1.07; p = 0.55). There was no evidence of heterogeneity (chi-square[2] = 1.98, p = 0.37). A test for subgroup differences between irinotecan and topotecan revealed no statistically significant differences (chi-square = 1.68, p = 0.19). Overall, a benefit was shown for irinotecan–topotecan compared with etoposide (HR: 0.88; 95% cr: 0.80 to 0.97; p = 0.008). There was evidence of statistical heterogeneity ($l^2 = 48\%$, chi-square[9] = 17.25, p = 0.04).

Four trials comparing other chemotherapy combinations with platinum–etoposide were not included in the os meta-analyses^{10,45,63,67}. In one trial, pemetrexed–carboplatin was compared with carboplatin–etoposide and found to be significantly inferior to carboplatin–etoposide (HR: 1.56; 95% cr: 1.27 to 1.92; p < 0.01)⁶³. Sun *et al.* compared amrubicin–cisplatin with cisplatin–etoposide and found that median survival was greater, but nonsignificantly so, in the amrubicin–cisplatin group⁶⁷. Lastly, two trials found survival in their experimental cisplatin–epirubicin¹⁰ and

TABLE II Included st	udies comparing platinum-iri	notecan with platinum-etoposic	le in extensive-stage small-cell lung cance	er	
Reference	Study details		Patients	Arms or comparisons	atients
		<i>(u)</i>	Details	an	nalyzed (n)
Noda <i>et al.,</i> 2002 ⁴³	 Phase II Japan Japan 	 No prior chemother measurable lesions; 	apy, radiation therapy,or surgery; ECOG PS 0–2; age < 70 years;	Irinotecan 60 mg/m ² days 1, 8, and 15, plus cisplatin 60 mg/m ² day 1, in four 4-week cycles (IP)	77
	Nov 1995 to Nov 1998	life expectancy > 3 hepatic, and renal fi	montns, adequate nematologic, inction	Cisplatin 80 mg/m² day 1, plus etoposide 100 mg/m² days 1–3, in four 3-week cycles (PE)	77
	<i>Overall survival:</i> Median – 58.4% (95% CI: 47.4% to 65.2% (95% CI: 0.2% to 10.	12.8 months (95% Cl: 11.7 mor 59.4%) vs. 37.7% (95% Cl: 26.8 2%)	iths to 15.2 months) with IP vs. 9.4 month % to 48.5%); HR, 0.60 (95% Cl: 0.43 to C	ns (95% Cl: 8.1 months to 10.8 months) with PE, <i>p</i> =0.002; 1-ye 0.83), <i>p</i> not reported; 2-year rate, 19.5% (95% Cl: 10.6% to 28.	/ear rate, 3.3%) vs.
	<i>Toxicity:</i> Grades 3 and 4 (IP 5.3% vs. 18.2%, <i>p</i> =0.02	vs. PE) – neutropenia, 65.3% vs.	92.2%, <i>p</i> <0.001; leucopenia, 26.7% vs. 5	:1.9%, <i>p</i> =0.002; anemia, 26.7% vs. 29.9%, <i>p</i> =0.72; thrombocyt	/topenia,
	Quality of life: Not reported	ł			
	Authors' conclusions: IP is	an attractive option for patients	with good PS		
Hanna <i>et al.,</i> 2006 ²²	 Phase III Australia, United States, 	331 Measurable disease: and renal function; I	adequate hematologic, hepatic, COG PS 0–2; no prior anticancer	Irinotecan 65 mg/m ² and platinum agent 30 mg/m ² days 1 and 8, every 21 days, for a minimum of 4 cycles (IP)	221
	Dec 2000 to Jun 2003	 systemic uterapy Randomly assigned 		Platinum agent 60 mg/m ² day 1, etoposide 120 mg/m ² days 1–3, every 21 days, for a minimum of 4 cycles (PE)	110
	Overall survival: Median - vs. 7.9%	9.3 months (0.1–32.6 months) v	vith IP vs. 10.2 months (0.3–44.6 months)) with PE, <i>p</i> =0.74; 1-year rate – 34.95% vs. 35.19%;2 year rate	e – 8.0%
	<i>Toxicity:</i> Grade 3 or 4 (IP vs. 3.7% vs. 10.4%, <i>p</i> =0.06	. PE) – neutropenia, 36.2 % vs. 80	o.5%, p<0.01; anemia, 4.8% vs. 11.5%, p=	=0.03; thrombocytopenia, 4.3% vs. 19.2%, p <0.01; febrile neutro	tropenia,
	Quality of life: Not reported	7			
	<i>Authors' conclusions:</i> IP ca found to be severe during e	n be an equally effective regim arly cycles of PE	en with a different toxicity profile that car	n be used when hematologic toxicity is anticipated to be limitir	ting or is
Hermes <i>et al.</i> , 2008 ²⁵	 Phase III Norway 	220 Age > 18 years; ade and renal function	quate hematologic, hepatic,	Intravenous irinotecan 175 mg/m ² plus carboplatin AUC 5 day 1, every 21 days for 4 cycles (IC)	105
		 No upper age limit Randomly assigned 	or limit for WHO PS	Carboplatin AUC 5 day 1 plus etoposide 120 mg/m ² days $1-5$, every 21 days for 4 cycles (CE)	104
	Overall survival: Median –	8.5 months with IC vs. 7.1 mon	ths with CE, p=0.02; HR (CE vs. IC), 1.41	(95% CI: 1.06 to 1.87), <i>p</i> =0.02	
	Toxicity: (IC vs. CE) leucope	enia 33% vs. 34%, <i>p</i> not reporte	d; anemia, 5% vs. 8%, <i>p</i> not reported; thro	ombocytopenia, 15% vs. 26%, <i>p=</i> 0.05; diarrhea, 11% vs. 1%, <i>p</i>	<i>p</i> =0.003
	Quality of life: EORTC QLC	Q-C30 – no difference in global	quality of life, functioning, symptom scale	es at baseline or during follow-up	
	Authors' conclusions: Com	pared with oral EC, induction ch	iemotherapy with IC prolongs overall surv	vival without compromising quality of life	

TABLE II IContinued					
Reference	Study details		Patients	Arms or comparisons	Patients
		<i>(u)</i>	Details	•	analyzeu (<i>n</i>)
Lara <i>et al.,</i> 2009 ³²	 Phase III North America 	651 No prior radiation t Zubrod PS 0–1; life	herapy, chemotherapy, or surgery; expectancy of at least 3 months	lrinotecan 60 mg/m ² days 1, 8, and 15, plus cisplatin 60 mg/m ² day 1, in a 4-week cycle (IP)	324
	Nov 2002 to Mar 2007	 Kandomly assigned 		Cisplatin 80 mg/m ² day 1 plus etoposide 100 mg/m ² days 1–3, in a 3-week cycle (PE)	327
	<i>Overall survival:</i> Median – 9 rate, 41% vs. 34%	9.9 months (95% Cl: 9.2 month	s to 11.1 months) with IP vs. 9.1 months (9	5% CI: 8.4 months to 9.9 months) with PE, $p=0.71$; estimat	ted 1-year
	<i>Toxicity:</i> Grades 3 and 4 (IF 12%; renal, 4% vs. 4%; hep	* vs. PE) – neutropenia, 33% vs batic, 3% vs. 5%	. 68%; thrombocytopenia, 4% vs. 15%; dia	rrhea, 19% vs. 3%; infection, 11% vs. 18%; cardiovascula	r, 10% vs.
	Quality of life: Not reported				
	Authors' conclusions: EP rer	mains the reference treatment s	tandard in North America		
Zatloukal <i>et al.,</i> 2010 ⁷³	Phase III12 Countries	407 WHO PS 0–1; age clinical biochemistr	18–75 years; adequate hematology, Iri y, and organ function; no previous	notecan 65 mg/m ² days 1 and 8, plus cisplatin 80 mg/m ² day 1, every 3 weeks for up to 6 cycles (IP)	202
	(59 centres) Sep 2003 to Jun 2007	radiation therapy or Randomized	surgery on the primary tumour	Cisplatin 80 mg/m ² day 1, plus etoposide 100 mg/m ² days 1–3), every 3 weeks for up to 6 cycles (PE)	203
	Overall survival: Median –1 vs. 38.9%; 2-year rate, 16.3	0.2 months (95% Cl: 9.0 mont % vs. 8.2%	hs to 11.7 months) with IP vs. vs. 9.7 month	ıs (95% Cl: 8.9 months to 11.1 months) with PE; 1-year ra	lte, 41.9%
	<i>Toxicity:</i> IP vs. PE – HR, 0.8 vs. 9.9%	1 (95% Cl: 0.65 to 1.01), <i>p</i> =0.(06; anemia, 6.9% vs. 6.4%; neutropenia, 38	1% vs. 59.6%; thrombocytopenia, 5.4% vs. 4.4%; leucope	enia, 6.4%
	Quality of life: Not reported				
	Authors' conclusions: Study to be equal to that of PE, wi	failed to show significant super th a different toxicity profile	iority in overall survival for IP compared with	r standard therapy; however, the effectiveness of IP can be c	onsidered
Schmittel <i>et al.</i> , 2011 ⁵⁵	 Phase III Germany 	216 No prior chemother Karnofsky PS > 50%	apy; life expectancy > 3 months;	Irinotecan 50 mg/m ² days 1, 8, and 15, plus carboplatin AUC 5 day 1, repeated on day 29 (IC)	106
	(8 institutions) Aug 2002 to Sep 2008	 Kandomized 	U	Carboplatin AUC 5 day 1, plus toposide 140 mg/m ² days 1–3, repeated on day 22 (CE)	110
	<i>Overall survival:</i> Median – 1 Cl: 0.97 to 1.85), <i>p</i> =0.06	0.0 months (95% Cl: 8.4 mont	hs to 11.6 months) with IC vs. 9.0 (95% CI: 7	. 6 months -10.4 months) with CE, <i>p</i> =0.06; HR (CE vs. IC), 1	1.34 (95%
	<i>Toxicity:</i> Grades 3 and 4 (IC 5%, <i>p</i> =0.018	C vs. CE) – anemia, 17% vs. 28	%, p=0.029; leucopenia, 24% vs. 60%, p≺	0.001; thrombocytopenia, 23% vs. 46%, p<0.001; diarrhea	a, 14% vs.
	Quality of life: Not reported				
	Authors' conclusions: Cisple	atin-etoposide or CE should rei	nain standard treatment		

Rafaranca	Study dataile		atiante	Arms or communicone	Datiante
Velerence	Siuuy uelalis	Ľ	auents	Arms or comparisons and and	nalvzed
		<i>(u)</i>	Details		(<i>n</i>)
Kim <i>et al.</i> , 2013 ²⁹ (abstract)	KoreaMulticentreDates unknown	362 Randomized until dise unacceptable toxicity	ease progression or ii	Intravenous cisplatin 70 mg/m² day 1 plus atravenous irinotecan 65 mg/m² days 1 and 8, every 3 weeks for a maximum of 6 cycles (IP)	173
				Intravenous cisplatin 70 mg/m² day 1 plus intravenous etoposide 100 mg/m² days 1–3, every 3 weeks for a maximum of 6 cycles (PE)	189
	Overall survival: Median –	10.9 months with IP vs. 10.3 mon	nths with PE; HR (IP vs. PE), 0.879 (95% CI: 0 t	0.1.054), <i>p</i> =0.1207	
	<i>Toxicity:</i> Grades 3 or 4 and fever, or infection	emia, nausea, and diarrhea more f	frequent with IP (no values reported); no differ	ence observed for neutropenia, thrombocytopenia, neutr	utropenic
	Quality of life: Not reporte	d			
	Authors' conclusions: in Ko	orean patients, overall survival was	s not superior for IP compared with EP		
Shi <i>et al.,</i> 2015 ⁶¹	 Phase II China China 	62 ECOG PS 0–2; life exp between 18 and 70 ye	pectancy of at least 3 months; ears of age	Irinotecan 65 mg/m² days 1 and 8, plus cisplatin 75 mg/m² day 1, every 3 weeks	30
	Apr 2010 to Dec 2012	Randomized	U	Cisplatin 75 mg/m² day 1, plus toposide 100 mg/m² days 1–3), every 3 weeks	32
	Overall survival: Median –	18.1 months with IP vs. 15.8 mon	ths with PE, p not reported		
	<i>Toxicity:</i> Grades 3 and 4 (IP 6.7% vs. 18.8%, <i>p</i> =0.035	vs. PE) – neutropenia, 53.3% vs. 71	1.9%, <i>p</i> =0.057; leucopenia, 43.3% vs. 53.1%, <i>p</i>	=0.291; anemia, 30.0% vs. 31.3%, <i>p</i> =0.114; thrombocyt	ytopenia,
	Quality of life: Not reporte	d			
	Authors' conclusions: Com	pared with PE in this regimen, IP f	failed to show significant superiority in efficacy		
ECOG = Eastern Coo Organisation for Rese	perative Oncology Group; PS sarch and Treatment of Cancer;	= performance status; CI = confid ; QLQ-C30 = 30-question core Qu	ence interval; HR = hazard ratio; WHO = Wor uality of Life Questionnaire.	ld Health Organization; AUC = area under the curve; EC	EORTC =





belotecan–cisplatin⁴⁵ groups to be comparable to that in the cisplatin–etoposide group.

In terms of toxicity, eight trials compared platinumirinotecan with platinum-etoposide for patients with ES SCLC^{22,25,29,32,43,55,61,73}. Significantly fewer incidences of neutropenia^{22,43}, anemia^{22,55}, thrombocytopenia^{22,25,43,55,61}, and febrile neutropenia²², and significantly more incidences of diarrhea^{25,29,32,55} were reported in patients receiving irinotecan-platinum. A large study conducted by Kim et al.²⁹ found that grade 3 or 4 anemia and nausea were significantly more frequent in their irinotecan-platinum group. Three trials comparing topotecan-cisplatin with cisplatin-etoposide reported on toxicity^{14,17,38}. In one trial, patients received oral topotecan with intravenous cisplatin, and higher rates of leucopenia, thrombocytopenia, and anemia were found in the oral topotecan group (p values not reported)¹⁴. In two large studies in which patients received topotecan-cisplatin, significantly fewer incidences of neutropenia (p = 0.004)¹⁷, anemia (p = 0.03)¹⁷, and leucopenia $(p < 0.01)^{38}$ were observed. More incidences of thrombocytopenia were observed in one trial $(p = 0.006)^{17}$, and fewer in the other trial $(p < 0.01)^{38}$. In addition, four trials compared toxicities between other chemotherapy combinations and platinum-etoposide^{10,45,63,67}. A large trial conducted by Socinski and colleagues⁶³ compared pemetrexed-carboplatin with carboplatin-etoposide and found that patients in the pemetrexed group experienced significantly less neutropenia (p < 0.001), leucopenia (p =0.01), and febrile neutropenia (p = 0.009), and significantly more anemia (p = 0.049). Another large trial by Sun *et al.*⁶⁷ compared amrubicin-cisplatin with cisplatin-etoposide and found higher rates of leucopenia, neutropenia, and thrombocytopenia in patients receiving amrubicincisplatin (p values not reported). Oh et al.45 found significantly higher rates of anemia (p = 0.003) and thrombocytopenia (p < 0.001) in patients receiving belotecan–cisplatin compared with those receiving cisplatin-etoposide.

Lastly, two trials reporting on QOL found no difference between the groups, suggesting that QOL was not compromised based on the arm to which patients were randomized^{14,25}.

Non-platinum Compared with Platinum–Etoposide Regimens: LS SCLC: Two moderate-quality trials reported on non-platinum compared with platinum– etoposide regimens^{12,68}. One trial compared doxorubicin– cyclophosphamide–etoposide with cisplatin–etoposide and found that the median os duration was slightly but nonsignificantly greater in the patients receiving cisplatin– etoposide¹². Sundstrom *et al.*⁶⁸ compared epirubicin– cyclophosphamide–vincristine with cisplatin–etoposide and found that patients receiving cisplatin–etoposide and found that patients receiving cisplatin–etoposide and found that patients receiving cisplatin–etoposide experienced a significantly longer median survival duration (p = 0.001). Neither study reported on toxicity or QoL outcomes.

ES SCLC: The aggregate os scores of trials comparing amrubicin with cisplatin-etoposide or carboplatinetoposide were of moderate quality. In one study, the median os was slightly but nonsignificantly greater for patients receiving carboplatin-etoposide⁶⁰. O'Brien et al.⁴⁴ conducted a 3-arm study comparing amrubicin alone with amrubicin-cisplatin and with cisplatin-etoposide, finding that os for patients in the amrubicin arms was slightly but nonsignificantly greater. In the trials comparing other chemotherapy combinations (moderate quality), Baka et al.12 compared doxorubicin-cyclophosphamide-etoposide with cisplatin-etoposide and found that median os was slightly but nonsignificantly greater in patients receiving doxorubicin-cyclophosphamide-etoposide. However, the trial by Sundstrom et al.68 found that the median os duration was longer in patients receiving cisplatin-etoposide than in those receiving cyclophosphamide-etoposidevincristine (p value not reported). The evidence does not support the use of non-platinum-based regimens over platinum-etoposide combinations.

Platinum-Etoposide Plus Another Agent Compared with *Platinum–Etoposide:* LS SCLC: Aggregate scores for the trials were not possible because the two trials reported on different types of chemotherapy. One trial with highquality evidence comparing tamoxifen-cisplatinetoposide with cisplatin-etoposide found that median and 3-year os were significantly improved for patients receiving cisplatin–etoposide (p values not reported)⁴⁰. Another trial of moderate quality that compared the addition of paclitaxel to cisplatin-etoposide with cisplatin-etoposide alone demonstrated a slightly better but nonsignificantly different median os in the paclitaxel-cisplatin-etoposide arm (p value not reported)³⁹. In addition, one trial reported on toxicity, finding that the toxicity profiles were relatively similar for patients receiving tamoxifen plus cisplatinetoposide and for those receiving cisplatin-etoposide⁴⁰. No trial reported on QOL.

ES SCLC: Two trials of moderate quality compared paclitaxel-cisplatin-etoposide with cisplatinetoposide^{27,39}. One trial showed that the median os was slightly but nonsignificantly higher in the cisplatinetoposide group than in the paclitaxel-cisplatin-etoposide group³⁹. Results from both Mavroudis et al.³⁹ and Niell et al.⁴² suggested that the addition of paclitaxel to standard doses of cisplatin-etoposide did not improve os. Similarly, another study compared palifosfamide-carboplatinetoposide with carboplatin-etoposide alone and found that the addition of palifosfamide to carboplatinetoposide did not improve os²⁷. On the other hand, Pujol et al.46 found that os was significantly better with the addition of 4'-epidoxorubicin-cyclophosphamide to cisplatinetoposide than with cisplatin–etoposide alone (p = 0.0067). The available evidence does not support the addition of a third agent to platinum-etoposide.

Platinum–Etoposide Plus a Targeted Agent Compared with Platinum–Etoposide: LS SCLC: In one high-quality study, patients received carboplatin–etoposide plus either thalidomide or a placebo³³. Median os was slightly but nonsignificantly higher for patients in the group receiving added thalidomide. No trials reported on toxicity or QOL.

ES SCLC: Two moderate-quality trials with os scores compared bevacizumab with chemotherapy alone. In both trials, the median survival duration was shown to be slightly but nonsignificantly longer in patients receiving chemotherapy alone (carboplatin-etoposide or cisplatinetoposide) than in those receiving chemotherapy and bevacizumab, suggesting that the addition of bevacizumab was not associated with any os benefit^{47,64}. Four other trials compared different types of chemotherapy. Langer et al.³¹ found that the addition of obatoclax to carboplatinetoposide did not yield a significant improvement in os. Lee etal.33 found that the addition of thalidomide to carboplatinetoposide was also not associated with a significant os benefit. Lu et al.35 reported that the addition of recombinant human endostatin to carboplatin-etoposide does not improve os in patients with ES SCLC. Similarly, Rudin et al.⁵⁰ found no additional os benefit with the addition of oblimersen to carboplatin-etoposide.

Current evidence does not support the addition of a targeted agent to platinum–etoposide therapy.

Maintenance Compared with No Maintenance Therapy: Four moderate-quality RCTs compared maintenance therapy with no maintenance therapy. Han *et al.*²¹ compared irinotecan maintenance with observation and found that the median os was lower for patients in the maintenance group (*p* value not reported). Similarly, Schiller *et al.*⁵⁴ found that topotecan maintenance therapy did not result in a significant os benefit. A phase II study using sunitinib as maintenance therapy found that os was greater, but nonsignificantly so, in the group receiving maintenance therapy⁴⁹. Hanna *et al.*²³ reported similar results for etoposide maintenance therapy, with os being slightly longer, but nonsignificantly so, than that in the observation group.

Four moderate-quality studies reported on toxicity^{21,23,49,54}. Depending on the type of maintenance therapy used, the percentages of fatigue, neutropenia, anemia, and thrombocytopenia were increased in patients who received maintenance treatment (*p* values not reported). In addition, one trial reported on QOL, finding, over a period of 4 months, no significant difference in QOL between patients receiving topotecan as maintenance therapy and those in the observation group⁵⁴.

Platinum-Topoisomerase Inhibitor Compared with Another *Regimen:* The aggregate os scores of trials comparing amrubicin-cisplatin with irinotecan-cisplatin were of moderate quality^{18,51}. In both trials, median survival was shown to be longer, but nonsignificantly so, in patients receiving irinotecan-cisplatin. Similarly, a trial by Sekine et al.59 found that os duration was slightly but nonsignificantly longer for patients receiving irinotecan-cisplatin than for those receiving irinotecan-cisplatin and etoposide. Tamiya et al.69 found that median and 1-year os were similar for patients receiving amrubicin-irinotecan and for those receiving irinotecan-cisplatin. Quoix et al.48 found that patients receiving either topotecan-etoposide or topotecan-cisplatin experienced a similar median os. Lyss et al.36 found that median os duration was longer for patients receiving paclitaxeltopotecan than for those receiving either paclitaxel-topotecan or topotecan-cisplatin (p values not reported). The trials were all small and underpowered for survival outcomes and therefore should not influence practice.

Various Doses and Schedules of Chemotherapy: LS SCLC: Two moderate-quality trials that examined various chemotherapy doses reported on os. In a phase III trial conducted by Leyvraz *et al.*³⁴, the conventional doses of ifosfamide, carboplatin, etoposide, and uromitexan were compared with high doses of the same drugs. No difference in os was observed³⁴. Sculier *et al.*⁵⁶ evaluated standarddose cisplatin–etoposide plus thoracic radiotherapy against daily low-dose cisplatin plus standard-dose etoposide and again found no difference in os. Patients receiving daily cisplatin–etoposide experienced significantly more thrombocytopenia (p < 0.001)⁵⁶. No trial reported on qot.

ES SCLC: One moderate-quality trial compared chemotherapy doses for best os and least toxicity²⁴. In that trial, patients were randomized to conventional carboplatin– etoposide or dose-intensified therapy with carboplatin– etoposide. No significant differences for os were observed between the groups. Compared with the group of patients receiving dose-intensified treatment, the group receiving conventional carboplatin–etoposide experienced significantly more neutropenia (p = 0.009) and less thrombocytopenia (p = 0.03).

Nine moderate- to high-quality trials looking at varying schedules reported on os^{11,26,37,52,57,58,70–72}. Some trials demonstrated no difference in os; others demonstrated improvements in os. Most trials were small and not powered to answer questions about os.

DISCUSSION

When platinum–etoposide was compared with other regimens in patients with Ls SCLC, platinum–etoposide was found to be associated with the greatest os and the fewest adverse effects. Those findings suggest that platinum– etoposide in combination with radiotherapy should remain the standard therapy for LS SCLC.

In patients with ES SCLC, platinum–etoposide remains an effective treatment compared with other regimens. However, in our meta-analysis of seven trials involving patients with ES SCLC, OS duration was longer after treatment with platinum-irinotecan than with platinum-etoposide. Based on an a priori suspicion (raised by evidence from previous studies) that the Japanese population might respond differently to irinotecan³², a sensitivity analysis that omitted the Noda et al. trial⁴³ was conducted. In that analysis, platinum-irinotecan still demonstrated a significant os benefit. Based on those findings, platinum-irinotecan should be considered to be an option for patients with ES SCLC. Whether the benefit is greater in Asian subpopulations cannot be determined at this time. The small survival benefit and lower myelosuppression seen with irinotecan should be balanced against the greater incidence of diarrhea.

Systemic therapy recommendations in sCLC have not changed since the end of the 1990s. However, since the present systematic review was completed, new data evaluating atezolizumab, a PD-L1 immune checkpoint inhibitor, have been presented and published⁷⁴. The Impower 133 trial randomized 403 patients with Es sCLC, a good performance status, and no history of autoimmune disease to first-line carboplatin–etoposide plus either atezolizumab or placebo. Median os was improved in patients randomized to atezolizumab (12.3 months vs. 10.3 months; HR: 0.70; 95% CI: 0.54 to 0.91; p = 0.007). Response rates did not differ between the arms, and immune adverse events were as expected. Multiple trials evaluating immune checkpoint inhibitors are ongoing, and the role of those agents in sCLC will become clearer over the next few years.

The use of chemotherapy and thoracic radiation therapy reflects the current standard of care for patients with Ls scLC^{1,2}. In the present review, we investigated the addition of thoracic radiotherapy to chemotherapy for patients with Es scLC. The addition of thoracic radiotherapy was shown to be associated with a significant improvement in median os in one trial; however, that small trial was conducted more than 15 years ago, and the thoracic radiotherapy was given in higher doses and to larger volumes than are typically used in North America²⁸. A phase III trial reported that the addition of thoracic radiotherapy showed a trend toward improved 1-year os (primary endpoint) that did not reach statistical significance⁶². The secondary endpoints of 18-month and 2-year os did reach statistical significance⁶². Another randomized phase II trial did not show a difference in os, although that trial also included thoracic radiotherapy to oligometastatic sites in addition to thoracic radiotherapy¹⁹. The foregoing data suggest that the addition of thoracic radiotherapy to chemotherapy in ES SCLC should be considered on a case-by-case basis (for example, low-volume extrathoracic disease with residual intrathoracic disease or high-volume pre-treatment disease), but cannot be considered to be the standard of care.

The administration of thoracic radiotherapy and the optimal timing, dose, and schedule has been of interest in many studies. With respect to the optimal timing of radiotherapy (early vs. late), the literature search revealed conflicting evidence and no new evidence for an optimal schedule (concurrent vs. sequential) for patients with LS SCLC. It was the consensus of the Working Group members that, for pragmatic reasons, thoracic radiotherapy should be started as early as feasible and administered concurrently (for example, early consultation with radiation oncology). Although an optimal dose of thoracic radiotherapy has not yet been established, trials demonstrating superior os have generally used a total dose of at least 40 Gy in 15 fractions given daily over 3 weeks or 45 Gy in 30 fractions given twice daily (or a biologically equivalent dose). In patients with ES SCLC, no evidence about the optimal timing, dose, and schedule of thoracic radiotherapy has currently been developed.

SUMMARY

In patients with non-resected LS SCLC (stages I–III), there is evidence to suggest that cisplatin–etoposide in combination with thoracic radiotherapy should remain the standard therapy. The evidence is insufficient to recommend an optimal timing (early vs. late) or an optimal schedule (concurrent vs. sequential) of radiotherapy. Based on the consensus of the Working Group members, thoracic radiotherapy should be started as early as feasible and concurrently. Furthermore, the evidence was insufficient to define an optimal dose of thoracic radiotherapy; however, it is suggested that a total dose of at least 40 Gy in 15 fractions over 3 weeks or 45 Gy in 30 fractions given twice daily (or a biologically equivalent dose) be used.

In patients with non-resected ES SCLC (stage IV), the evidence is currently insufficient to recommend the addition of thoracic radiotherapy to standard combination chemotherapy as standard practice. The addition of thoracic radiotherapy could, however, be considered on a case-by-case basis. The evidence was insufficient to recommend optimal timing, schedule, or dose of thoracic radiotherapy. The most commonly used induction chemotherapy is platinum–etoposide; however, based on new evidence, platinum–irinotecan has been added as an option. A randomized trial now supports atezolizumab in combination with carboplatin–etoposide.

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CONFLICT OF INTEREST DISCLOSURES

We have read and understood *Current Oncology*'s policy on disclosing conflicts of interest, and we declare the following interests: JRG has received honoraria from Amgen, Boehringer Ingelheim, and Bristol–Myers Squibb. The remaining authors have no conflicts to disclose.

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