Supplementary Materials

# Home Environment as a Therapeutic Target for Prevention and Treatment of Chronic Diseases: Delivering Restorative Living Spaces, Patient Education and Self-care by Bridging Biophilic Design, E-commerce and Digital Health Technologies

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## Supplementary figures:

Figure S1. A biophilic refuge space for people living with anxiety.
Figure S2. A kitchen nook space intended to reduce anxiety symptoms.
Figure S3. An overview of a typical digital health interventions, including digital therapeutics.
Figure S4. An example of a digital-behavioral-environmental intervention via the e-commerce platform targeting the therapeutic home environment.
Figure S5. Examples of adoption of the household goods e-commerce integrated with digital health platform delivering therapeutic home environments to diverse stakeholders using the B2B2C business model.

**Figure S1.** An example of a biophilic refuge space located in the living room and intended for stress reduction and relief of anxiety symptoms.



**Figure S2.** An example of a biophilic refuge space located in the kitchen and intended for stress reduction and relief of anxiety symptoms.



**Figure S3.** An overview of digital health interventions employing diverse non-pharmacological modalities.

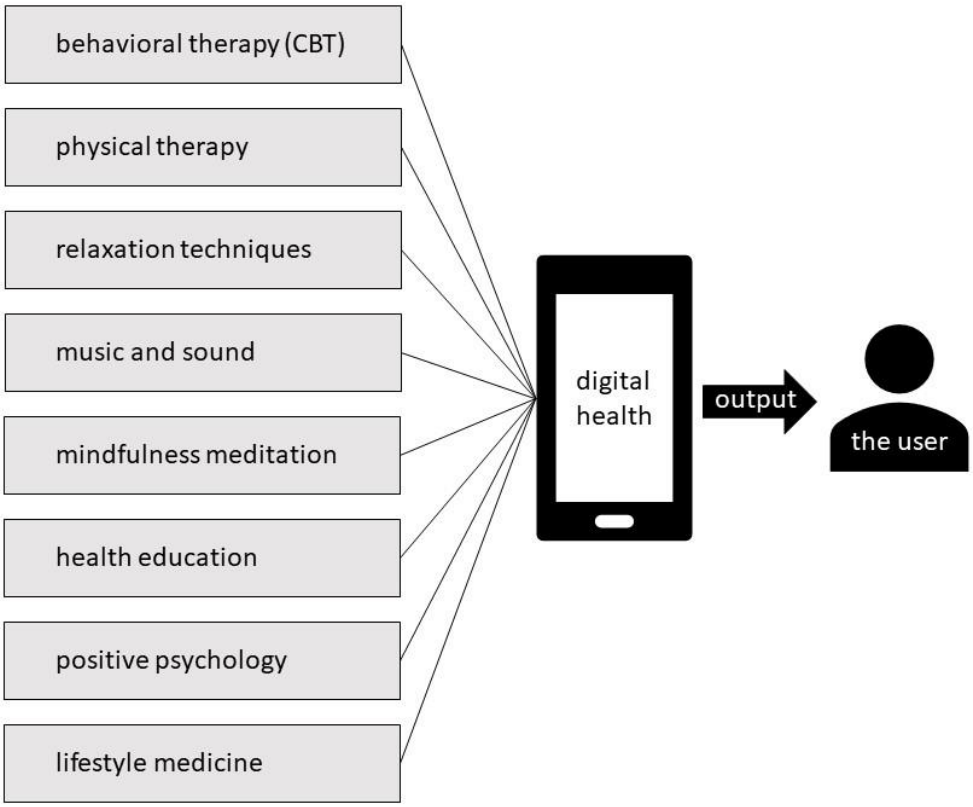


**Figure S4.** An example of digital-behavioral-environmental interventions using an e-commerce platform delivering the therapeutic home environment.

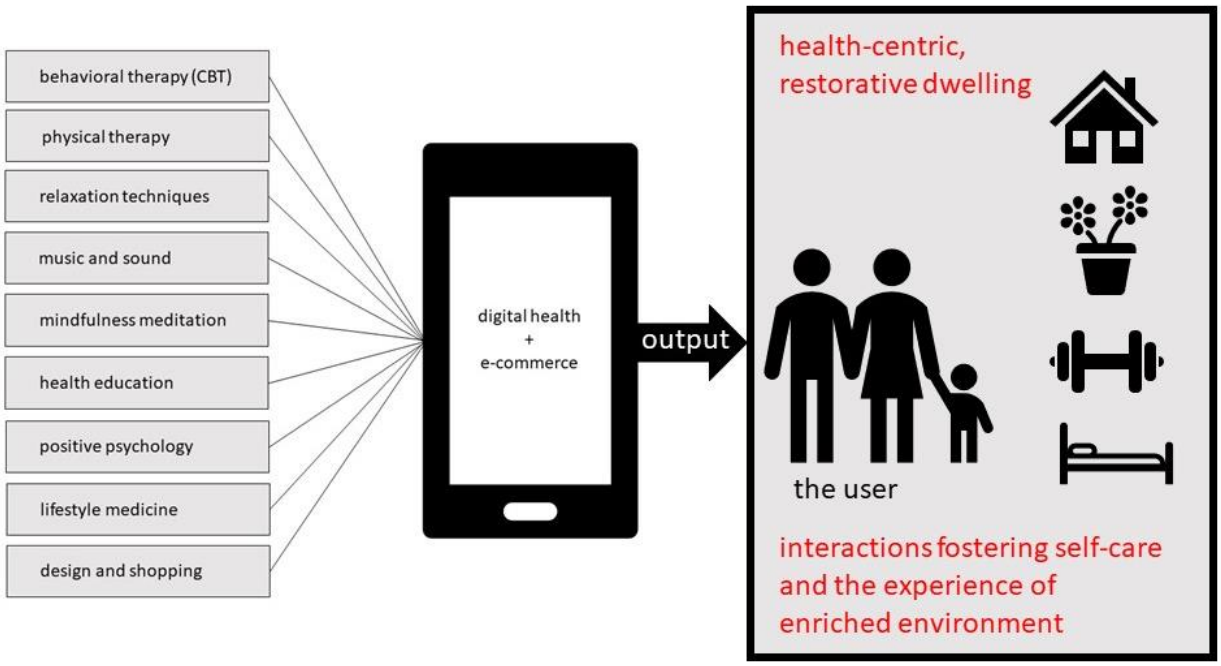


**Figure S5.** Examples of scaling up adoption of an integrated household goods e-commerce and digital health platform delivering the therapeutic home environments to diverse stakeholders.

