Supplementary Materials

Table S1. Indexers used to select publications.

PubMed 1335	("carcinoma, squamous cell"[MeSH Terms] OR "carcinomas squamous cell"[All Fields] OR "Squamous Cell Carcinomas"[All Fields] OR "Squamous Cell Carcinoma"[All Fields] OR "carcinoma squamous"[All Fields] OR "carcinomas squamous"[All Fields] OR "Squamous Carcinoma"[All Fields] OR "Squamous Carcinomas"[All Fields] OR "carcinoma epidermoid"[All Fields] OR "carcinomas epidermoid"[All Fields] OR "Epidermoid Carcinoma"[All Fields] OR "Epidermoid Carcinomas"[All Fields] OR ("carcinoma, squamous cell"[MeSH Terms] OR ("carcinoma"[All Fields] AND "squamous"[All Fields] AND "cell"[All Fields]) OR "Squamous Cell Carcinoma"[All Fields] OR ("carcinoma"[All Fields] AND "planocellular"[All Fields])) OR "carcinomas planocellular"[All Fields] OR "Planocellular Carcinoma"[All Fields] OR "Planocellular Carcinomas"[All Fields] OR "Squamous Cell Carcinoma of Head and Neck"[MeSH Terms] OR "Head And Neck Squamous Cell Carcinomas"[All Fields] OR "squamous cell carcinoma head and neck"[All Fields] OR "Squamous Cell Carcinoma of the Head and Neck"[All Fields] OR "Head and Neck Squamous Cell Carcinoma"[All Fields] OR "HNSCC"[All Fields] OR "carcinoma squamous cell of head and neck"[All Fields] OR "Squamous Cell Carcinoma of the Larynx"[All Fields] OR "Laryngeal Squamous Cell Carcinoma"[All Fields] OR "Squamous Cell Carcinoma of Larynx"[All Fields] OR "Squamous Cell Carcinoma of the Nasal Cavity"[All Fields] OR "Oral Tongue Squamous Cell Carcinoma"[All Fields] OR "Hypopharyngeal Squamous Cell Carcinoma"[All Fields] OR "Oral Squamous Cell Carcinoma"[All Fields] OR "Oral Cavity Squamous Cell Carcinoma"[All Fields] OR "Oral Squamous Cell Carcinomas"[All Fields] OR "Squamous Cell Carcinoma of the Mouth"[All Fields] OR "Oropharyngeal Squamous Cell Carcinoma"[All Fields]) AND ("Food"[MeSH Terms] OR "Foods"[All Fields] OR "diet, food, and nutrition"[MeSH Terms] OR "Diet"[MeSH Terms] OR "Diets"[All Fields] OR "Eating"[MeSH Terms] OR "Food Intake"[All Fields] OR "intake food"[All Fields] OR "Macronutrient Intake"[All Fields] OR "intake macronutrient"[All Fields] OR "Macronutrient Intakes"[All Fields] OR "Dietary Intake"[All Fields] OR "Dietary Intakes"[All Fields] OR "intake dietary"[All Fields] OR "Micronutrient Intake"[All Fields] OR "intake micronutrient"[All Fields] OR "Micronutrient Intakes"[All Fields] OR "Ingestion"[All Fields] OR "Feed Intake"[All Fields] OR "Feed Intakes"[All Fields] OR "intake feed"[All Fields] OR "Nutrient Intake"[All Fields] OR "intake nutrient"[All Fields] OR "Nutrient Intakes"[All Fields] OR "Nutritional Intake"[All Fields] OR "intake nutritional"[All Fields] OR "Nutritional Intakes"[All Fields]) AND ("cohort studies"[MeSH Terms] OR "case-control studies"[MeSH Terms] OR "comparative study"[Publication Type] OR "risk factors"[MeSH Terms] OR "cohort"[Text Word] OR "compared"[Text Word] OR "groups"[Text Word] OR "case control"[Text Word] OR "multivariate"[Text Word])
LILACS (by BVS) 92	#1 "Carcinoma de Células Escamosas" OR "Carcinoma, Squamous Cell" OR "Carcinome épidermoïde" OR "Carcinoma de Células Escamosas de Cabeça e Pescoço" OR "Squamous Cell Carcinoma of Head and Neck" OR "Carcinoma de Células Escamosas de Cabeza y Cuello" OR "Carcinome épidermoïde de la tête et du cou" #2 "Alimentos" OR "Food" OR "Alimentos" OR "Aliments" OR "Dieta" OR "Diet" OR "Régime alimentaire" OR "Ingestão de Alimentos" OR "Eating" OR "Ingestión de Alimentos" OR "Consommation alimentaire"
Embase 3225	'clinical article'/exp OR 'controlled study'/exp OR 'major clinical study'/exp OR 'prospective study'/exp OR 'cohort analysis'/exp OR 'cohort':ti,ab OR 'compared':ti,ab OR 'groups':ti,ab OR 'case control':ti,ab OR 'multivariate':ti,ab OR 'head and neck squamous cell carcinoma':ab,ti AND [embase]/lim OR ('head and neck squamous cell carcinoma'/exp OR 'head and neck squamous cell carcinoma'/syn) AND [embase]/lim OR 'mouth squamous cell carcinoma':ab,ti AND [embase]/lim OR ('mouth squamous cell carcinoma'/exp OR 'mouth squamous cell carcinoma'/syn) AND [embase]/lim OR (food:ab,ti OR 'nutrition':ab,ti OR diet:ab,ti OR 'dietary intake':ab,ti) AND [embase]/lim OR ('dietary intake'/exp OR 'dietary intake'/syn) AND [embase]/lim OR ('diet'/exp OR

	'diet'/syn) AND [embase]/lim OR ('nutrition'/exp OR 'nutrition'/syn) AND [embase]/lim OR ('food'/exp OR 'food'/syn) AND [embase]/lim
Web of Science 1302	("Carcinoma de Células Escamosas" OR "Carcinoma, Squamous Cell" OR "Carcinome épidermoïde" OR "Carcinoma de Células Escamosas de Cabeça e Pescoço" OR "Squamous Cell Carcinoma of Head and Neck" OR "Carcinoma de Células Escamosas de Cabeza y Cuello" OR "Carcinome épidermoïde de la tête et du cou") AND ("Alimentos" OR "Food" OR "Alimentos" OR "Aliments" OR "Dieta" OR "Diet" OR "Régime alimentaire" OR "Ingestão de Alimentos" OR "Eating" OR "Ingestión de Alimentos" OR "Consommation alimentaire") AND (db:("WPRIM" OR "LILACS" OR "IBECS" OR "BBO" OR "BINACIS" OR "CUMED" OR "BRISA"))

Table S2. Full-text excluded articles and reasons.

Author (year)	Reference	Exclusion Motif
Abe et al., 2021	[1]	2
Amin, Biswas, Ahmed (2015)	[2]	3
Amtha et al., 2009*	[3]	8
Anwar et al., 2020	[4]	3
Ayub et al., 2015	[5]	2
Bansal and Gupta (2022)	[6]	4
Bell et al., 2021	[7]	1
Boeing et al., 2006	[8]	1
Bravi et al., 2013	[9]	1
Brunnoto et al., 2019*	[10]	8
Casto et al., 2013	[11]	4
Chatelain et al., 2011	[12]	4
Das, Gheena, Kumar (2020)	[13]	2
Don et al., 2022*	[14]	8
Dwyer et al., 1991	[15]	7
Harada et al., 2019	[16]	2
Hassabou and Farag (2020)	[17]	4
Huang et al., 2017	[18]	5
Jagtap and Tele (2020)	[19]	6
Kansara et al., 2019	[20]	2
Kaokaen et al., 2020	[21]	4
Kapila et al., 2006	[22]	4
Kato et al., 2008	[23]	4
Keshani, et al.,2023*	[24]	8
Kune et al., 1993	[25]	1
Lawal et al., 2011	[26]	2
Liao et al., 2007	[27]	2
Liu et al., 2006	[28]	3
Llewellyn, et al.,2004*	[29]	8
Nagle et al., 2015	[30]	1
Petti S. (2009)	[31]	7
Ren et al., 2010*	[32]	8
Rodríguez-Molinero et al., 2021	[33]	4
Shirataki et al., 2000	[3][4]	4
Stefani et al., 2005*	[35]	8
Stefani et al., 2000	[36]	1
Stucken,Weissman and Spiegel (2010)	[37]	7
Sundermann et al., 2018	[38]	2

Trachootham et al., 2017	[39]	4
Turati et al., 2011	[40]	4
Vieytes et al., 2023*	[41]	8
Winn DM. (1995)	[42]	1
Wyk et al., 1993	[43]	3
Yan et al., 2016	[44]	5
Yang et al., 2021	[45]	4

Legend—Exclusion criteria: 1—Histopathological diagnosis incompatible with OSCC (n = 7); 2—No diet association (n = 8); 3—Use of herbs (n = 4); 4—Type study design (n = 12); 5—Language (n = 2); 6—Age (n = 1); 7—No access, authors contacted without reply (n = 3); 8 - Excluded from quantitative analysis due to lack of quantitative food consumption data (n = 8)*.

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