

Supplementary Materials

Table S1. Correlation among the vitamins intakes.

	Vitamins	1	2	3	4	5	6	7
1	Vitamin A	1.000						
2	Vitamin B ₂	0.466 **	1.000					
3	Vitamin B ₆	0.520 **	0.546 **	1.000				
4	Niacin	0.337 **	0.417 **	0.730 **	1.000			
5	Folic acid	0.615 **	0.594 **	0.793 **	0.557 **	1.000		
6	Vitamin E	0.522 **	0.509 **	0.553 **	0.564 **	0.548 **	1.000	
7	Vitamin K	0.482 **	0.431 **	0.590 **	0.426 **	0.675 **	0.505 **	1.000

**: $p < 0.01$.

Table S2. Correlation between %BOP and intake of vitamins.

Vitamins	Whole (n = 218)	Nonsmoking (n = 174)	Smoking (n = 44)
Vitamin A	0.00	0.02	-0.02
Vitamin B ₁	-0.09	-0.12	0.04
Vitamin B ₂	-0.07	-0.10	0.07
Vitamin B ₆	-0.02	-0.01	-0.01
Vitamin B ₁₂	-0.09	-0.09	-0.09
Folic Acid	0.06	0.09	0.00
Niacin	-0.08	-0.07	-0.11
Vitamin C	-0.01	0.00	0.05
Vitamin D	0.05	0.07	0.01
Vitamin E	-0.06	-0.04	-0.14
Vitamin K	0.07	0.06	0.13

Table S3. Differences of food intakes between two groups divided based on oral health behavior with interdental cleaning or tongue brushing.

Food (m, g/day)	Oral Health Behavior with		p-Value
	Interdental Cleaning or Tongue Brushing Yes (n = 133)	No (n = 85)	
Beans including processed food	31.7 (0–370)	32.1 (0–375)	0.388
Green and yellow vegetable	86.8 (0–496)	65.6 (0–422)	0.009
Milk, dairy products	140.0 (0–626)	60.0 (0–628)	0.069
Grains	375.0 (39–857)	400.0 (155–1180)	0.136