

Supplementary Materials

Supplementary Table S1. Quality assessment of included studies (*n* = 13).

Introduction			Methods			Results			Discussion		Score
First author (year)	Objectives clearly defined	Study design explained	Sample size justified	Target population clearly defined	Outcome variables measured correctly using instruments that had been piloted or previously published	Methods (including statistical methods) sufficiently reported	Ethical clearance reported	Results reported in accordance with the described methods	Results relevance discussed	Limitations discussed	
Claude (2018) [16]	1	1	0	1	1	1	1	1	1	1	9
Winters (2018)[17]	1	1	0	1	1	1	1	1	1	1	9
Tenkorang (2018)[18]	1	1	0	0	1	0	1	0	0	0	9
Jalloh (2017)[21]	1	1	1	1	1	1	1	1	1	1	10
Jalloh (2017)[20]	1	1	1	1	1	1	0	1	1	1	9
Jalloh (2017)[19]	1	1	0	1	0	1	1	1	1	1	8
Mohamed (2017)[22]	1	1	0	1	1	1	1	1	1	0	8
Nyakarahuka (2017)[29]	1	1	1		1	1	1	1	1	1	10
Jiang (2016)[23]	1	1	0	1	0	0	1	1	1	1	7
Iliyasu (2015)[25]	1	1	0	1	1	1	1	1	1	1	9
Buli (2015)[26]	1	1	1	1	0	1	1	1	0	0	7
Gidado (2015)[27]	1	1	1	1	0	1	0	1	1	0	7
Kobayashi (2015)[28]	1	1	0	1	1	1	1	1	1	0	8

A score “1” was given for each reported item. Scores were classified as high (8-10), moderate (5-7), or of low quality (≤4).

Supplementary Table S2. Methodological assessment of included studies with qualitative design using a modified CASP tool (*n* = 3).

First author (year)	Was There a Clear Statement of the Aims of the Research?	Is a Qualitative Methodology Appropriate?	Was the Research Design Appropriate to Address the Aims of the Research?	Was the Recruitment Strategy Appropriate to the Aims of the Research?	Was the Data Collected in a Way that Addressed the Research Issue?	Have Ethical Issues Been Taken into Consideration?	Was the Data Analysis Sufficiently Rigorous?	Is There a Clear Statement of Findings?	Is the Research Valuable?
Adongo (2016)[24]	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Claude (2018)[16]	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes

CASP= Critical Appraisal Skills Programme

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