

No studies or elemental	5.69 (4.75)	7.16	<.001	8.62 (5.12)	3.59	.028	11.23 (6.03)	3.38	.035
Secondary studies	7.02 87.82) ^a			9.62 (9.32) ^a			13.83 (10.19) ^a		
University studies	5.20 (6.47) ^a			6.55 (7.87) ^a			11.47 (9.12) ^a		

Marital status

Single	7.19 (7.76) ^a	3.89	.009	10.64 (9.80) ^a	13.23	<.001	14.20 (10.72) ^a	4.11	.007
Married or living with a partner	5.19 (6.56) ^a			6.08 (7.12) ^a			11.28 (8.65) ^a		
Divorced	3.94 (4.56) ^a			4.11 (4.99) ^a			10.00 (7.06) ^a		
Widow/widower	4.67 (5.03)			7.33 (7.02)			11.33 (6.43)		

Note: Highlighted p were significant at .05, .01 or .001. * t –test were computed for comparison between gender; ANOVAs were computed for comparisons between more than 2 groups. Superscript letters refer to categories between which there are significant differences.

Table S2: Mean comparisons for mental health-related variables: worries (N=460).

Worries	Gender			Age				F (p)	Education			F (p)	Marital status				F (p)
	Female	Male	t (p)	18 - 24	25 - 40	41 - 65	>65		Elementary	Secondary	University		Single	Married living with a partner	Divorced	Widow / widower	
One's own health and of close people	8.20 (2.37)	7.30 (2.94)	2.94 (.004)	7.85 (2.57)	8.27 (2.54)	7.94 (2.58)	7.06 (1.48)	1.45 (.227)	8.79 (1.48)	8.13 (2.62)	7.86 (2.53)	1.37 (.256)	7.70 (2.88)	8.25 (2.18)	7.72 (2.88)	8.33 (1.53)	1.93 (.123)
Future	7.86 (2.53)	7.21 (2.48)	2.37 (.018)	8.14 (2.26) ^a	7.68 (2.57)	7.64 (2.50)	5.38 (3.46) ^a	6.02 (<.001)	8.21 (2.97)	8.17 (2.22) ^a	7.40 (2.65) ^a	5.63 (.004)	7.75 (2.54)	7.68 (2.51)	7.64 (2.76)	8.00 (2.00)	.06 (.982)
Being supportive with others	7.21 (2.68)	6.34 (2.62)	3.03 (.003)	6.77 (2.79)	7.01 (2.76)	7.11 (2.56)	7.69 (2.70)	.79 (.503)	7.71 (3.45)	7.19 (2.54)	6.87 (2.73)	1.27 (.282)	6.57 (2.97)	7.37 (2.36)	6.89 (2.94)	7.67 (1.53)	3.45 (.017)
Own education or the education of children	6.87 (3.57)	6.35 (3.60)	1.35 (.178)	7.37 (3.04)	6.46 (3.78)	6.74 (3.61)	4.44 (4.27)	3.92 (.009)	7.00 (3.94)	7.56 (3.12) ^a	6.23 (3.74) ^a	7.99 (<.001)	6.37 (3.65)	7.21 (3.32)	5.42 (4.42) ^a	9.00 (1.00) ^a	4.25 (.006)

a

a

Interpersonal relationships	6.80 (3.07)	5.96 (3.11)	2.51 (.012)	6.88 (2.99)	7.03 (2.98)	6.31 (3.14)	4.56 (3.29)	4.31 (.005)	6.36 (3.61)	7.01 (3.039)	6.38 (3.09)	2.36 (.095)	6.54 (3.18)	6.74 (3.00)	6.19 (3.36)	5.67 (2.08)	.49 (.688)
Household's income	6.76 (3.36)	5.99 (3.30)	2.13 (.033)	7.09 (3.06) ^a	7.17 (3.17) ^b	6.08 (3.52) ^{ab}	3.88 (3.18) ^{ab}	7.78 (<.001)	7.64 (3.43)	7.42 (3.03) ^a	6.03 (3.44) ^a	10.75 (<.001)	6.85 (3.30)	6.46 (3.37)	6.31 (3.55)	4.67 (4.73)	.92 (.429)
Work	6.20 (3.50)	5.66 (3.35)	1.42 (.156)	5.79 (3.43) ^a	6.98 (3.17) ^{ab}	5.96 (3.43) ^{bc}	1.88 (3.34) ^{abc}	12.21 (<.001)	6.29 (4.50)	6.06 (3.64)	6.08 (3.31)	.03 (.973)	5.83 (3.43)	4.29 (3.49)	6.22 (3.34)	2.67 (4.62)	1.64 (.178)
Others being supportive with you	6.03 (3.15)	5.15 (3.02)	2.61 (.009)	5.83 (3.17)	5.89 (3.22)	5.80 (3.05)	5.69 (3.59)	.03 (.992)	6.31 (3.59)	6.14 (3.04)	5.62 (3.17)	1.74 (.176)	5.66 (3.20)	6.01 (3.06)	5.42 (3.39)	7.00 (1.73)	.83 (.479)
Paying the mortgage/rent	5.63 (3.85)	4.75 (3.65)	2.12 (.034)	5.32 (3.70)	6.36 (3.75) ^a	5.05 (3.83) ^a	2.94 (3.30) ^a	6.03 (<.001)	6.64 (4.18)	6.31 (3.76) ^a	4.83 (3.72) ^a	9.53 (<.001)	5.28 (3.80)	5.50 (3.81)	5.92 (3.91)	4.00 (5.29)	.47 (.429)
Paying bills	5.58 (3.79)	4.70 (3.58)	2.17 (.031)	5.20 (3.67) ^a	6.40 (3.64) ^{ab}	4.96 (3.78) ^b	3.19 (3.25) ^b	6.48 (<.001)	6.36 (4.14)	6.20 (3.79) ^a	4.83 (3.63) ^a	8.25 (<.001)	5.32 (3.76)	5.43 (3.73)	5.50 (3.95)	4.33 (5.13)	.12 (.948)
Food	5.13 (3.28)	4.67 (3.04)	1.31 (.193)	4.57 (3.18)	5.45 (3.29)	5.04 (3.20)	4.81 (3.12)	1.71 (.164)	6.43 (3.03)	5.49 (3.13) ^a	4.67 (3.25) ^a	5.10 (.006)	4.66 (3.16)	5.24 (3.22)	5.36 (3.60)	7.33 (1.53)	1.88 (.132)

Note: Highlighted p were significant at .05, .01 or .001. Superscript letters refer to categories between which there are significant differences.

No studies or elemental	2.82 (2.92)	.19	.830	2.94 (1.14)	2.43	.089	3.00 (.61)	2.99	.051
Secondary studies	3.21 (2.59)			2.77 (1.09)			2.87 (1.03)		
University studies	3.16 (2.46)			2.59 (1.01)			2.68 (.93)		

Marital status

Single	3.22 (2.40)	.62	.602	2.52 (1.02)	2.52	.057	2.71 (1.02)	.30	.828
Married or living with a partner	3.14 (2.59)			2.77 (1.07)			2.78 (.94)		
Divorced	3.18 (2.70)			2.74 (1.02)			2.84 (.89)		
Widow/widower	1.50 (3.00)			2.75 (.50)			2.75 (.50)		

Note: Highlighted p were significant at .05, .01 or .001. * t –test were computed for comparison between gender; ANOVAs were computed for comparisons between more than 2 groups.

Table S4: Mean comparisons for socio-economic variables: COVID-19 interference (N=493).

	Gender			Age					Education				Marital status				
	Mean (SD)			Mean (SD)					Mean (SD)				Mean (SD)				
COVID-19 interference areas	Female	Male	t (p)	18 - 24	25 - 40	41 - 65	>65	F (p)	Elementary	Secondary	University	F (p)	Single	Married living with a partner	Divorced	Widow / widower	F (p)
Life in general	8.17 (2.11)	7.78 (1.88)	1.75 (.080)	7.83 (2.19) ^a	8.24 (1.83) ^b	8.33 (1.92) ^c	5.56 (2.90) ^{abc}	10.42 (<.001)	6.43 (2.98)	7.96 (2.22)	8.24 (1.88)	5.74 (.003)	8.24 (1.88)	8.26 (2.02)	8.06 (2.11)	8.00 (1.00)	1.37 (.251)
Interpersonal relationships	7.53 (2.68)	7.27 (2.35)	.92 (.359)	7.11 (2.74) ^a	7.40 (2.70)	7.89 (2.28) ^a	5.88 (3.52)	4.77 (.003)	5.71 (3.99)	7.42 (2.71)	7.59 (2.43)	3.57 (.029)	7.59 (2.43)	7.71 (2.57)	7.64 (2.39)	6.00 (4.36)	2.03 (.109)
Work	7.19 (3.38)	6.80 (3.34)	1.07 (.286)	6.72 (3.44) ^a	7.57 (3.15) ^b	7.32 (3.18) ^c	3.19 (4.37) ^{abc}	9.41 (<.001)	4.29 (5.14)	6.90 (3.60)	7.35 (3.05)	6.17 (.002)	7.35 (3.05)	7.26 (3.39)	7.22 (3.16)	3.00 (5.20)	1.87 (.133)
Motivation to work	6.48 (3.48)	5.42 (3.37)	2.85 (.005)	6.97 (3.04) ^a	6.73 (3.43) ^b	5.75 (3.52) ^a	2.38 (3.61) ^{ab}	11.47 (<.001)	5.29 (4.67)	6.45 (3.51)	6.18 (3.40)	.90 (.407)	6.18 (3.40) ^a	5.79 (3.63) ^a	5.92 (3.51)	2.67 (4.62)	5.49 (.001)

Satisfaction with life	6.43	5.57	2.62	6.27	6.45	6.18	5.06	1.06	6.21	6.42	6.14	.47	6.14	6.35	5.47	7.00	.93
	(3.06)	(2.89)	(.009)	(3.15)	(2.86)	(3.07)	(3.19)	(.367)	(3.47)	(3.16)	(2.94)	(.626)	(2.94)	(2.92)	(3.68)	(1.00)	(.425)
Happiness	5.98	4.83	3.56	5.73	5.99	5.67	4.13	1.88	5.36	5.90	5.64	.54	5.64	5.75	5.36	5.67	.19
	(3.02)	(2.87)	(<.001)	(3.04)	(2.92)	(3.09)	(2.53)	(.132)	(3.67)	(3.21)	(2.87)	(.585)	(2.87)	(2.91)	(3.63)	(2.08)	(.901)

Note: Highlighted p were significant at .05, .01 or .001. Superscript letters refer to categories between which there are significant differences.